



## Vincent Patrick Trammel

August 21, 1963 - November 28, 2020

Trammel, Vincent Patrick 8/21/1963 - 11/28/2020 Vincent Patrick Trammel was born August 21, 1963 in Kansas City, Kansas to Marvin Trammel and Erma Jean Johnson Trammel, 3 minutes after his twin brother Mark Christopher. As a Christian, he passed through God's Heavenly Gates 57 years later on November 28, 2020 unexpectedly, due to natural causes. One of Vincent's trademark tenets was that dedication, perseverance and hard work pay off. He proved this through his success in athletics as well as in his life in general. He was an intense competitor with a pleasant demeanor. Vincent attended Willard Elementary and Anwatin Middle School in Minneapolis. He attended Wayzata Junior and Wayzata Senior High School where he excelled in track, basketball, and cross country. He earned two gold medals in the 1981 Minnesota State High School track meet - winning the individual 800 meter event and running a leg on the championship 4x400 meter relay. As a starter in varsity basketball during his senior year, he was named WCCO's Most Valuable Player and Basketball Player of the Week after starring in a feature game at Williams Arena. He helped Wayzata compile a 19-2 record and was selected best male athlete by his senior class. As a middle distance runner in college, he was a 2-year letter winner at The University of Iowa. Vincent earned a Masters Degrees in Education from St. Cloud St. University and a Master's Degree in Education Administration from Hamline University. He taught students in Minneapolis Public Schools before re-directing his career. He became keenly dedicated to community service

and served honorably for over twenty-five years as a police officer in Apple Valley and Bloomington, Minnesota before retiring. After retirement, he worked as a full-time security officer at North Memorial Hospital. He was a world traveler and visited various countries in Europe and South and Central America, many times accompanied by his two sons. Before booking a trip, he always immersed himself in becoming familiar with the language of countries he visited. As a volunteer, Vincent showed a deep passion for working with youth. He developed championship lacrosse teams in after-school activities. An accomplished chess player, he helped develop championship chess tournament teams composed of St. Paul inner city youth. More than anything else, Vincent was a dedicated father and family member. He worked tirelessly to anchor his sons' value system with honesty, hard work, and avoiding wasteful spending. He loved watching his sons mature into adulthood and develop successful professional careers. Besides his sons Jordan Marvin and Matthew Vincent Trammel, Vincent is survived by his parents Dr. Marvin Trammel and Erma Jean Trammel; siblings Mark Christopher Trammel and his wife Susan Trammel, Kimberly Elise Trammel, Karla Elaine Trammel; nieces Samantha Amara Trammel, AjaBleu Oldham, Butterfly Oldham, and Lyric Trammel; and nephews Mark Christopher Trammel, Jr. (MJ), and Marvin L. Trammel; Sheila Howes Trammel, and step children Benjamin Fiers (Jaycee), Rebecca Fiers and Nathaniel Fiers. Vincent, your family loves you. You will be missed. Private funeral and burial ceremonies are being arranged. Celebration of life activities will be announced. In lieu of flowers, contributions can be sent to The Vincent Patrick Trammel Memorial Foundation, C/O: Washburn-McReavy.com Werness Brothers 952-884-8145 2300 W. Old Shakopee Rd.

# Cemetery Details

## Lakewood Cemetery (Minneapolis)

3600 Hennepin Avenue South  
Minneapolis, MN 55408

# Tribute Wall

Kitty  
Calhoun

“ *The Vincent Patrick Trammel Family Foundation (VPTFF) is a non profit endowment fund dedicated to serving boys and girls whose needs are often overlooked or neglected. The fund considers support for single dads of color and their children as a high priority. Other focal points of the VPTFF include Minnesota organizations that are dedicated to computer and technology development for youth of color; raising the self-esteem and skills of children of color through development and use of crafts; organizations that create and manage chess clubs for inner city youth; and funds for private athletic development skills of low income inner city boys and girls. The foundation offers financial support to low income men of color who are pursuing careers in law enforcement as well as men of color in transition homes after recently reentering society after incarceration.*

*Contributions can be sent to: The Vincent Patrick Trammel Family Foundation, C/O Washburn McReavey, 2300 W. Old Shakopee Rd., Bloomington, MN 55431*

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**Kitty Calhoun** - December 19, 2020 at 06:49 PM

KC

“ *I remember that he was always such a nice guy. He was so kind to everyone. He was always humble and always made everything fun. He was the kind of person everyone liked and thought of as a friend. I don't think he realized how much he was liked because he was so humble. I think the world lost a beautiful person. We are so very sad to hear of his passing. Please know your family is in our prayers . God bless, sincerely, Kathryn onstad clayton*

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**Kathryn Clayton** - December 04, 2020 at 11:16 PM

DN

“ *Condolences to the entire Trammel family. Gone too soon! As Vince's junior high math teacher and track and cross country coach, I remember Vince well for his conscientious effort and resolve to always improve. To read about his accomplishments in life don't surprise me, however, they do remind me of what an honor it was to have crossed paths with such a quality individual. Many memories of Vince and Mark run through my mind as well as the stellar support you (Marv & Erma Jean) gave to your children as they went through the junior and senior high school years in Wayzata. May you find healing in the sharing of fond memories as a family. It is especially good news to hear of his Christian faith and the rewards and future that await him. Blessed be his memory!*

*Dave Nelson*

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**Dave Nelson** - December 03, 2020 at 10:41 AM

JG

“ *Hi Marvin & Erma, Jordan and Matthew-- Sorry we can't be there, but we are sending our love to you and your family. We know Vincent was a bright light in your family and he will be missed.*



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**Joyce Garvin** - December 02, 2020 at 11:06 AM