



## Thomas James Lindgren

August 4, 1941 - February 24, 2026

Thomas James Lindgren, age 84, of St. Anthony, passed away unexpectedly at home on the morning of February 24, 2026. In his passing, our family lost a truly great man—a beloved husband, father, and grandfather. Born August 4, 1941, in St. Paul, Tom was a proud graduate of Cretin High School, where he was a multi-sport athlete and served as Lieutenant Colonel in the ROTC. He went on to earn two Master's degrees from St. Thomas, fueling a 33-year career as a teacher and guidance counselor. The majority of those years were spent at Irondale High School, where he helped thousands of students navigate the complexities of life with his trademark down-to-earth nature and quick wit.

Tom's true north was his family, anchored by his 60-year marriage to his wife, Irene. They were more than just soulmates; they were each other's best friend. Inseparable in every sense, they did everything together—a rare match that served as an inspiration to everyone who knew them.

He never once said he was "too busy" for those he loved and never missed a single one of his children's sporting events. Tom was the family's ultimate resource; he always had the perfect tool for any task, could fix anything that broke, and could answer any question—even if it was something as obscure as the British Royal Family. He had a way of offering deeply caring advice that was often times humorous and always sincere.

Tom was a gifted storyteller whose amusing tales could make anyone laugh. He found his greatest joys in the simple moments: reading mysteries, fishing

with Jack, gardening with his granddaughters, and spending time at the cabin. He loved boat rides, relaxing on the deck, playing cards, and, above all, laughing together with his favorite people. He will be deeply missed.

Tom is survived by his devoted wife of 60 years, Irene; daughter Kristen Varpness (Vince); sons Erik Lindgren (Alesia D'Agostino) and TJ Lindgren; grandchildren Jack, Danica and Carly; and sister Diane Bifulk (Frank). He was preceded in death by his parents, Herman and Antoinette.

Funeral Mass will be on Friday, March 6 at 11:00am with visitation at 10:00am at Church of St. Charles Borromeo, 2739 Stinson Blvd NE, St. Anthony, MN 55418. Lunch will follow, where guests are invited to share their favorite memories of Tom. Interment at Calvary Cemetery.

# Previous Events

## Visitation

MAR 6. 10:00 AM - 11:00 AM (CT)

Church of St. Charles Borromeo  
2739 Stinson Boulevard NE  
St. Anthony, MN 55418

## Mass of Christian Burial

MAR 6. 11:00 AM - 12:00 PM (CT)

Church of St. Charles Borromeo  
2739 Stinson Boulevard NE  
St. Anthony, MN 55418

# Tribute Wall

K(

“ I'm so sorry for your loss. Thinking of the whole family.

Karen Newman (Lindskog) - March 10 at 07:29 PM

PA

“ Paul Anderson planted a [Memorial Tree](/store/Product.aspx?ProductId=4518) in honor of Thomas James Lindgren.

Paul Anderson - March 05 at 07:03 AM

PA

“ Paul Anderson purchased the Simply Elegant Sp  
athiphyllum for the family of Thomas James  
Lindgren.



Paul Anderson - March 05 at 07:03 AM

KM

“ Tom was my first cousin. My mother Esther Lindgren Cummings was Tom's father Herman's sister. I was quite a bit younger than Tom, but I remember he had a kind smile and was very good to my mother Esther. Tom was always very dapper and handsome! He also was nice to his sister Dede, which I thought was very special. My prayers are with your family as you celebrate his life. Kathy Cummings.

Kathleen McCann - February 27 at 08:00 PM

PC

“ To Erik and all the members of Tom's family, I send you my sympathy at this sad time. Tom was my first cousin on the Lindgren side of my family. My mother Esther was your grandfather Herman's sister. Even though I was four years older than Tom, I remember playing with him when we were kids. As too often happens, our families saw less of each other as we all grew up and grew old. The last time I saw Tom and Irene was at a family reunion at my cabin in Wisconsin--decades ago. Unfortunately, I can't be at the Service next Friday, but my thoughts will be with you as you say your last "goodbyes.”

*Pat Cummings*

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**Patricia Cummings** - February 27 at 03:00 PM