



Therese Meszaros

September 25, 1930 - March 17, 2023

Therese M. Meszaros, 92, a resident of Edina, Minnesota for more than 50 years, passed away on March 17 in Durham, North Carolina. She is survived by four sons, five grandsons, two daughters-in-law, two great-grandchildren, three nieces and a sister-in-law. Her husband of 65 years, Edward, passed away in 2015, and her eldest son, Ed, passed away in 2001.

Therese retired in 2015 after a long career as a dietary specialist at the Minneapolis Heart Institute, where she counseled patients with heart disease and diabetes. Therese was born in Lakewood, Ohio in 1930. She and her growing family would move to Portland Oregon and then to San Jose, California, before moving to Edina in 1971, where her husband was an executive at Deluxe Corporation.

With her five sons grown up, Therese enrolled in Normandale Community College and earned an associate degree in Dietary Sciences. She also earned a certificate from the School Le Cordon Bleu in Paris, France, one of the world's most prestigious culinary institutes. Cooking was a passion throughout her life and she was a member of a gourmet club with friends.

Therese and Ed enjoyed ballroom dancing. She was also a competitive dancer. With a professional partner, Therese competed for more than 20 years in DanceSport pro-amateur championship competitions around the

country, where she excelled in rhythm, Latin, swing, American smooth and international ballroom categories and won more than 30 "best student" awards. She competed in the senior category throughout her 70s, 80s, and early 90's, She was weeks before her 92nd birthday when she competed in her final competition at the Capital DanceSport Championships in Arlington, Virginia, in August 2022, where she again earned "best student" honors.

Therese enjoyed traveling around the world with family and close friends, playing golf, lunching and playing bridge with close friends, and long nature walks. She took her last international trip in September 2022 to England, Scotland, and Ireland.

In lieu of flowers, please make a donation to Sharing and Caring Hands of Minnesota at <https://sharingandcaringhands.org/donate>

Visitation 4-7pm Thursday April 20th with a time of remembrances at 6:00pm at Washburn-McReavy Edina Chapel, 5000 West 50th St., Edina. Mass of Christian Burial 10:30am Friday April 21st at The Church of Our Lady of Grace, 5051 Eden Ave. South, Edina.