



## Steven John Quast

May 7, 1966 - May 23, 2024

Steven John Quast was an incredibly compassionate person who loved helping others. He passed away on May 23, 2024 at home. Although it was a surprise, he had been battling a genetic heart disease called Arrhythmogenic Right Ventricular Cardiomyopathy (ARVC), which appeared as a cardiac arrest in late January of 2023. He also suffered a brain injury from his resuscitation. He had multiple ablation procedures at Mayo Clinic and was hoping to participate in a research study for ARVC, the heart irregularity that took him too soon. We know that he is now at peace.

Steve was so much more than his life-ending health issues. He was a phenomenal cook and was always looking for recipes. He made an addictively delicious chicken and wild rice soup. You'd likely find him grilling on his Weber Kettle grill with a local craft beer in hand on a 70 degree summer evening. He was passionate about the beauty of nature and was a music lover who fell in love with jazz when he started playing the saxophone at Totino-Grace High School. He was a sports nut. He played both tennis and basketball earlier in his life, was a devoted fantasy football and baseball player, and could be found on golf courses all around Minnesota.

After graduating from St. Olaf College with a double major in Math and Economics, Steve started a career in analytics and worked for several companies including Comb, FDC, Sanofi Diagnostics, Infogroup and Allant.

He forged many great relationships with his clients and colleagues over his successful career.

Connection was very important to Steve. His friends meant the world to him. He loved his golf trips, poker parties and tap room outings. Laughing and connecting with others was his gift. He was a dad who was always there for his two daughters, Carly and Claire, and he loved his family with everything he had.

In celebration of his full, colorful life, we will have a 10 A.M. Visitation and 11 A.M. Memorial Service on Saturday, June 22 at Washburn McReavy, located at 1827 Coon Rapids Blvd. in Coon Rapids. This will be followed by a lunch at our home with many of Steve's favorite things. We ask guests to arrive at Steve's celebration of life in fun, comfortable clothes (no black, please) to honor the bright person that Steve was. Join us directly following the service at 2020 128th Lane NW, Coon Rapids. There will be a link to his Memorial Service posted here on the Washburn McReavy website. Memorials are preferred, or you may send plants instead of flowers to honor Steve's green thumb.

# Previous Events

## Visitation

JUN 22. 10:00 AM - 11:00 AM (CT)

Coon Rapids Chapel  
1827 Coon Rapids Blvd.  
Coon Rapids, MN 55433

## Memorial Service

JUN 22. 11:00 AM - 12:00 PM (CT)

Coon Rapids Chapel  
1827 Coon Rapids Blvd.  
Coon Rapids, MN 55433

## Reception

JUN 22. 12:15 PM - 2:00 PM (cst)

Residence  
2020 128th Lane NW  
Coon Rapids, MN 55448

# Tribute Wall



“ Washburn-McReavy Funeral Chapels created a Memorial Service for Steven John Quast in memory of Steven John Quast



Washburn-McReavy - May 27, 2024 at 09:26 AM

JS

Oh no, he was such a sweet guy and always had a great chuckle! I'm so very sorry for your family's enormous loss, Nancy! Sending hugs and prayers~ ❤️

Jaculin (Schneider) Sparling - May 28, 2024 at 12:47 AM

DN

He was a great guy to work with.

Dan Nelson - May 29, 2024 at 12:36 PM

FU

“ From all of staff at 3radical in the UK purchased the Serene Retreat for the family of Steven John Quast.



From all of staff at 3radical in the UK - June 18, 2024 at 07:44 AM

ML

“ MN MLB Dynasty Fantasy Baseball League purchased the Serene Retreat for the family of Steven John Quast.



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**MN MLB Dynasty Fantasy Baseball League** - June 13, 2024 at 03:11 AM

LL

“ A few of us T-G Alum got together at Keegan's Pub a few years ago and I remember the best conversation I had with Steve about his girls, and family life. He couldn't be prouder or happier. The love and joy in his smile was evident. I'm sad Steve left this world way too soon, it was a much better place because of him.

Prayers go out to you Nancy, Carly and Claire. May God give you comfort and peace ❤️ Louise (Kocon) Louiselle

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**Louise Kocon Louiselle** - May 31, 2024 at 06:38 PM



“ Simply Elegant Spathiphyllum was purchased for the family of Steven John Quast.



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May 30, 2024 at 12:24 PM



“ 1 file added to the album Memories



Washburn-McReavy - May 28, 2024 at 05:12 PM

PP

*Omgosh Nancy, your girls (your mini me's) have Beautiful smiles like their Mom!*

Polly Pastoors-Osman - May 30, 2024 at 04:49 PM

LL

*Beautiful Family Picture!*

Louise Kocon Louiselle - May 31, 2024 at 06:39 PM

PS

“ All my family's sympathies and prayers go out to the Quast Family .Steve was a very old Crystal Mn friend of mine .When we were younger Steve ,myself ,my brother Greg and a few others would shoot baskets at his neighbors house and his also if I remember right .Within the last year or so I have lost a few other of my old friends .I will miss him .But I will always remember my old friend Steve and Robbie his brother and fun times we had .God bless Willie and his wife and his widow Nancy and their kids too .From Patrick &Greg and Jean Shields.

patrick shields - May 28, 2024 at 12:40 PM