



Ms. Sheila Marie Prokott

December 17, 1959 - September 11, 2019

Sheila Marie Prokott, age 59, of Columbia Heights, passed away surrounded by family on September 11, 2019. Sheila was born on 12/17/1959 to Robert (Bob) and Marlene Prokott at Saint Mary's Hospital in Minneapolis, MN. Sheila was preceded in death by her father, Bob, her Godparents (Art and Florence Burse) and other relatives. She is survived by her mother, Marlene and her four sisters and two brothers. Sheila is the oldest of the seven children: #2 Kathy Borchert (Todd), #3 Barb Koloff (Mark), #4 Joan Copa (Thad), #5 Patty Hartwig (Kent), #6 Joe (Sarah), #7 Dan (Molly) and 13 nieces and nephews: Stephanie, Kristen, Andrew, Patrick, Jon, Evan, Jessica, Alex, Josh, Julia, Emily, Sam and Braden. Sheila was a dedicated daughter, sister and aunt. Marlene was exposed to Rubella (German measles) while she was pregnant with Sheila. Unfortunately, a vaccination for Rubella was not available until the early 1960's. Due to this, Sheila was born with health challenges with her eyesight, hearing and other physical issues. Sheila had many dedicated specialists who helped her reach her full potential. Sheila became a grade 1-12 regular/special education licensed teacher, guitar and violin player, an active choir member at Immaculate Conception Church and St. Thomas Liturgical Choir, and a volunteer religious educator. Most recently Sheila currently was a substitute teacher who shared her love of learning with her students. She especially enjoyed educating students with special needs due to her own personal journey. Sheila was committed to her family and was always ready to support her parents, siblings, nieces and nephews at any

given moment. This included music, attending concerts, sporting events, school fairs, and going to the lake. She was unable to drive, but was ready to go, she just needed to know who was picking her up. Friends were also important to Sheila. She enjoyed going to concerts, to movies or simply socializing by going out to eat. Even when County Western Music was not cool in the 1970's, Sheila loved listening and singing to it. She followed her own path. Sheila was an active member of Immaculate Conception Parish since 1959. Her commitment to Catholicism along with her music helped foster a growing love for God and her faith. Sheila always had a positive view on life. She had a smile on her face and supported her family and friends in an uplifting manner. Thinking of others first was one of her greatest gifts.

Rejoice in that day and leap for joy. Because great is your reward in Heaven.

Luke 6:23

Cemetery Details

Epiphany Cemetery

10955 Hanson Boulevard
Coon Rapids, MN 55433

Previous Events

Visitation

SEP **15**. 4:00 PM - 7:00 PM (CT)

Columbia Heights Chapel
4101 Central Ave NE
Columbia Heights, MN 55421
(763) 789-4436
info@washburn-mcreavy.com

Prayer Service

SEP **15**. 7:00 PM - 9:00 PM (CT)

Columbia Heights Chapel
4101 Central Ave NE
Columbia Heights, MN 55421
(763) 789-4436
info@washburn-mcreavy.com

Visitation

SEP **16.** 10:30 AM - 11:30 AM (CT)

Immaculate Conception Catholic Church (Columbia Heights)
4030 Jackson St N.E.
Columbia Heights, MN 55103

Mass of Christian Burial

SEP **16.** 11:30 AM - 12:30 PM (CT)

Immaculate Conception Catholic Church (Columbia Heights)
4030 Jackson St N.E.
Columbia Heights, MN 55103

Tribute Wall

TL

“ *Sheila was my grade school classmate, I remember her vividly with her mother and my mother....even back then she was very genuine, i'm heartbroken to hear of her passing.*

Timothy LaBeaux

tim labeaux - February 11, 2020 at 06:38 PM

PG

“ *Joan,
So sorry for the loss of your sister. Please know I am praying for you & your family!*

Pam (Freundschuh) Goracke (Class of 83')

Pamela Goracke - September 16, 2019 at 07:18 AM

EL

“ *I was a classmate at Totino Grace with Sheila.
I always remember her Beautiful smile each and every day.
My best memory is when she sat with me and we sang “Delta Dawn” together 🎵❤️🎵*

My thoughts and prayers are with your family!

Beth Rosenthal Lewis

Elizabeth Roenthal Lewis - September 15, 2019 at 10:41 AM



“ *Enchanted Cottage was purchased for the family of Ms. Sheila Marie Prokott.*



September 13, 2019 at 11:20 PM

MG

“ I was a class mate of Sheila’s at Grace. She was so kind and always had a gift for making you feel loved. A mass at St. Joseph Catholic Church in Ft. Collins CO where I live will be in her honor on Christmas Day. Mary Longpre Gallegos

Mary Longpre Gallegos - September 13, 2019 at 08:18 PM



“ Large Basket Garden was purchased for the family of Ms. Sheila Marie Prokott.



September 13, 2019 at 05:20 PM



“ Country Basket Blooms was purchased for the family of Ms. Sheila Marie Prokott.



September 13, 2019 at 02:09 PM