



## Sean Thomas McGrath

October 16, 1990 - January 21, 2026

Sean Thomas McGrath age 35 of Crystal passed into eternity to be with Jesus on January 21st, 2026.

Sean was a loving, kind, and faithful husband, father, son, brother, uncle, and friend. He will be deeply missed by those who were blessed to know him.

Sean was born on October 16th, 1990 to Mark and Nancy (Hahn) McGrath. He attended Robbinsdale Armstrong High School where he met his future bride Lauren McGrath (Bennett).

After graduating from Armstrong in 2009 he went on to Hennepin Technical College to pursue a degree in the culinary arts.

In 2015 he married Lauren and the two spend 10 wonderful years together welcoming their daughter Frances Rose in 2019 and their son Oliver Thomas in 2022.

Sean is survived by his wife Lauren, daughter Frances, son Oliver, parents Mark and Nancy, brother Nick (Megan), brother Patrick, sister Annie (Sean), brother Quinn as well as dear nephews and niece, uncles, aunts, and cousins, and his Bennett family.

Sean is preceded in death by his grandparents Ed and Helen McGrath and Jim and Rose Hahn.

Sean's Celebration of Life will be held at Plymouth Covenant Church 4300 Vicksburg Lane N, Plymouth, MN 55446 on Saturday January 31st at 11 a.m. with a visitation one hour before.



# Previous Events

## Visitation

JAN 31. 10:00 AM - 11:00 AM (CT)

Plymouth Covenant Church  
4300 North Vicksburg Lane  
Plymouth, MN 55305

## Memorial Service

JAN 31. 11:00 AM - 12:00 PM (CT)

Plymouth Covenant Church  
4300 North Vicksburg Lane  
Plymouth, MN 55305

# Tribute Wall



“ *Serene Retreat was purchased for the family of Sean Thomas McGrath.*



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January 30 at 10:24 AM



“ *Seth and Kristibe Bollinger & family planted a [Memorial Tree](/store/Product.aspx?ProductId=4518) in honor of Sean Thomas McGrath.*

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**Seth and Kristibe Bollinger & family** - January 30 at 10:24 AM



“ *Love, your FAIR PL classmates purchased the Pretty Please for the family of Sean Thomas McGrath.*



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**Love, your FAIR PL classmates** - January 30 at 07:37 AM



“ *Love, your FAIR PL classmates planted a [Memorial Tree](/store/Product.aspx?ProductId=4518) in honor of Sean Thomas McGrath.*

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**Love, your FAIR PL classmates** - January 30 at 07:37 AM

SB

“ Seth B. planted a grove of 5 [Memorial Trees](/store/Product.aspx?ProductId=4518) in honor of Sean Thomas McGrath.

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Seth B. - January 28 at 02:21 PM



“ Beautiful in Blue was purchased for the family of Sean Thomas McGrath.



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January 27 at 11:41 AM

PB

“ Dearest Mark, I was deeply saddened to hear about the loss of your son, Sean. Please accept my heartfelt sympathy during this incredibly difficult time.

*There are no words that can ease the pain of such a profound loss, but I want you to know that my thoughts are with you and your family. I hope you find comfort in the love and support of those around you, and in the cherished memories you hold close.*

*If there is anything you need or anything I can do to support you, please don't hesitate to reach out.*

*With sincere condolences,  
Patricia Butterfield*

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Patricia Butterfield - January 27 at 11:13 AM