



Sarah Michelle Brengman

October 14, 1986 - December 16, 2025

Sarah Michelle Brengman was born on October 14, 1986 in Honolulu, Hawaii to Sylvia and Warren Brengman. She went to be with Lord on December 16, 2025, after a well fought battle with life-long illnesses.

Sarah had a rare and beautiful gift- her ability to light up a room was truly something to behold. Her presence brought warmth, laughter, and an unmistakable sense of joy wherever she went. She had a way of making people feel welcome, seen, and happy simply by being herself.

Sarah found her greatest happiness in the simple pleasures of life. She deeply loved being around people, especially her family members and friends. Family get-togethers, church socials or a Target run would all turn into a fun adventure. Mani-pedis and haircuts were to be enjoyed with coffee, soda, and lots of pictures.

Football Sundays were a day of dressing in purple and gold and cheering on her favorite team. She was a faithful Vikings fan, who could not be swayed. She enjoyed watching America's Funniest Home Videos, Wipeout, Golden Girls all while eating pizza and drinking soda.

Sarah was joyful and deeply loving, with a smile and laugh that could not be ignored and would linger long after the moment passed. She believed that all

babies and all dogs were meant to be kissed and loved- a simple belief that perfectly reflected the tenderness and affection she carried in her heart.

The Brengman family would like to thank: Dr Sue Berry, Dr Jill Rorinson, Dr Jill Gettings, Dr Anne Kelly, Accurate Home Care, Crisland Care, Davita Dialysis, ACCRA Care, Rise CIP, Handi Medical, PHS, Mike at Cub Pharmacy, Julie at Anoka County, Sherri at Bluestone, and the many caregivers over the years who dedicated their time, compassion, and care to Sarah.

Sarah is proceeded in death by her grandparents: Vernon and Mary Ann Brengman of Crystal, MN and Phil Sanchez of Arroyo Seco, NM; brother Marcus of Andover, MN and uncle Clifford Sanchez of Arroyo Seco, NM.

She is survived by her parents, Warren and Sylvia of Coon Rapids, MN; sister Consuelo (Joseph) Genin of Duluth, MN, Carlo Brengman of Fort Hood, TX; grandparents: Maria and Felipe Romo of Melbourne, FL, uncles Steve Sanchez (MaryEllen), Manuel Romo (Dawn), Michael and Gregory (Jennifer) Brengman; aunts Cindy Brengman, Kris Fuller and Cheryl Eckerman; numerous nieces, nephews and cousins. Current caregivers: Catriece, Tammi, Addie, Emily, Melada, Nancy, Kiya, Renata, and Chelsea.

A Mass of Christian Burial will be held Tuesday, December 30th at 10:30am with visitation one hour prior at The Church of The Epiphany, 1900 111th Ave NW, Coon Rapids. Visitation will also be held the evening of Monday, December 29th from 4-6pm, with a Rosary service at 6pm, at the Washburn-McReavy Coon Rapids Chapel.

Previous Events

Visitation

DEC **29**. 4:00 PM - 6:00 PM (CT)

Coon Rapids Chapel
1827 Coon Rapids Blvd.
Coon Rapids, MN 55433

Rosary

DEC **29**. 6:00 PM - 7:00 PM (CT)

Coon Rapids Chapel
1827 Coon Rapids Blvd.
Coon Rapids, MN 55433

Visitation

DEC **30**. 9:30 AM - 10:30 AM (CT)

Church of the Epiphany (Coon Rapids)
11001 Hanson Boulevard Northwest
Coon Rapids, MN 55433

Mass of Christian Burial

DEC **30**. 10:30 AM - 11:30 AM (CT)

Church of the Epiphany (Coon Rapids)
11001 Hanson Boulevard Northwest
Coon Rapids, MN 55433

Tribute Wall

MG

“ *Sylvia, Warren and Family, our sincerest condolences to all. We hope that memories of happy times with Sarah will help to ease the loss you are feeling. You are all in our prayers. From the Gonzales cousins in Taos, New Mexico (Marcia, Marian, Merly, Tony, Monica and Andrew (RIP)).*

Marcia Gonzales - January 05 at 07:44 PM

JU

“ *Sarah was a bright light to be around. She always had a smile on her face and wanted to have her picture taken. She will be missed.*

Julie - January 05 at 11:30 AM

JB

“ *1 file added to the album Rise Anoka*



Jodi Blume - December 31, 2025 at 11:48 AM

JB

Sarah was our ray of sunshine at Rise Anoka. She would brighten the day with her big smile, and she would call you out if you didn't have a smile on your face. She will be missed greatly. xoxo Sarah's Rise family

Jodi Blume - December 31, 2025 at 11:53 AM

JO

Sarah greeted everyone with her beautiful smile and was always ready to capture a moment on camera. Her joyful spirit will never be forgotten. Wishing peace, strength, and comfort to her family and all who loved her.

Janine O'Connell - December 31, 2025 at 12:20 PM

AN

“ *Sarah was a wonderful girl. I enjoyed taking care of Sarah and being apart of the Brengman family. Sarah was so loved and taken care of. Prayers for peace and comfort during this difficult time.*
Andrea

Andrea - December 30, 2025 at 09:07 AM

BG

“ *Brian G. planted a [Memorial Tree](/store/Product.aspx?ProductId=4518) in honor of Sarah Michelle Brengman.*

Brian G. - December 29, 2025 at 04:41 PM

EA

“ *I loved watching Sarah get a kick out of my clumsiness when I tripped or dropped something. Sarah loved being involved and asked for pictures with everyone. She was such a joy to be around, and I am so grateful to have had the privilege to know her. You will be deeply missed, Sarah.*

Emily Ayers-Johnson - December 29, 2025 at 03:54 PM

EF

“ *Emily Ayers-Johnson and family planted a [Memorial Tree](/store/Product.aspx?ProductId=4518) in honor of Sarah Michelle Brengman.*

Emily Ayers-Johnson and family - December 29, 2025 at 03:45 PM



“ *Simply Elegant Spathiphyllum was purchased for the family of Sarah Michelle Brengman.*



December 29, 2025 at 03:45 PM



“ *Pretty Please was purchased for the family of Sarah Michelle Brengman.*



December 29, 2025 at 11:05 AM



“ *It was an honor and privilege to have the chance to care for Sarah. She was always smiling even on her worst days and would “sign” for me to do the same! Praying for strength, comfort, and peace through this difficult time. - Catriece*

Catriece Lewis - December 29, 2025 at 10:36 AM



“ *Steve and Gail Stocker planted a [Memorial Tree](/store/Product.aspx?ProductId=4518) in honor of Sarah Michelle Brengman.*

Steve and Gail Stocker - December 29, 2025 at 09:08 AM

SS

“ Steve and Gail Stocker purchased the Forever Our Angel Bouquet for the family of Sarah Michelle Brengman.



Steve and Gail Stocker - December 29, 2025 at 09:08 AM

JP

“ Sarah was a beautiful lady who smiled often and was happy to be with her friends and family. She loved having pictures taken and loved having you sit right next to her and hold her hand..she will be missed terribly. We love you Sarah.

Joyce Pacey - December 27, 2025 at 10:21 AM

LG

“ Love, Mujwid's, Olson's, Hansen and Gram purchased the Enchanted Cottage for the family of Sarah Michelle Brengman.



Love, Mujwid's, Olson's, Hansen and Gram - December 27, 2025 at 10:02 AM

TM

“ So my fun and happy memories of my sweet Sarah. I do remember one time we where driving to the ymca to go swimming and Sarah signed "help" as I missed the off ramp to get there. I laughed and thought...look at you miss smarty pants! She never missed a thing. Knew everyone and loved everyone. She taught me a lot and it was a privilege caring for her. God bless her and her family. Prayers for peace and strength for the Brengmans as the grief- Tammi M.



Tammi Mujwid - December 26, 2025 at 10:57 PM



“ Sweetest Sunrise Bouquet was purchased for the family of Sarah Michelle Brengman.



December 22, 2025 at 09:27 AM

HM

“ Handi Medical planted a [Memorial Tree](/store/Product.aspx?ProductId=4518) in honor of Sarah Michelle Brengman.

Handi Medical - December 22, 2025 at 09:27 AM