



Sally Ann Galman McCoy

October 12, 1964 - March 7, 2015

Age 50 of Shoreview, Minnesota Born on October 12, 1964 died on March 7, 2015. Graduated from Cypress Lake High School and attended Florida State University. Preceded in death by father James and grandparents Hank and Gwen Rugg. Survived by her beloved sons Alex, Jack, and Steve; mother and stepfather Janny and Steve Grice; sisters Kelly Floren, Jessica Draak, Caitlin Galman and Courtney Galman; and former husband Andy McCoy (Julie). Special thanks to Stacey and Natalie for their care and concern. Sally will be remembered for her wicked sense of humor, her traveling adventures, and her depiction of Tanya while in Alaska, her antics at Girl Scout camp with cousin Jane and sister Kelly, her cats Mario and Luigi, her love of books and her excellent skills in the kitchen. Memorial service 12PM (visitation 11:00AM) Thursday March 12th at HOLCOMB-HENRY-BOOM-PURCELL, 515 Hwy 96 W at Mackubin, Shoreview. In lieu of flowers, donations in her memory can be made to www.suicidepreventionlifeline.org, memorials made out to the family will also go to their charity of choice.

Tribute Wall

WE

“ *My heart is broken for her beautiful boys. Your mother brought me so many tears of laughter through the years, many times retelling tales of you three. I am so very sorry. God bless you and your entire family.*

Wendy - March 09, 2015 at 12:00 AM

MH

“ *What does a person say to offer comfort and ease the pain in such circumstances? Our paths crossed 9 months ago so I can't draw from years of experiences as her closest and dearest friends. I can say with certainty that our time together had a tremendous positive affect on Sally, yet still that wasn't enough for her to overcome the pain she was living in. We(Sally's close people)are all asking ourselves "what more should I have done"? We search our soles for answers that won't come. The truth that I can live with is that there was nothing any of us could have done that would change the outcome of this harsh reality. In Sally's world she had nothing left to loose and the only thing in her control was this final act. Some may say it's cowardly and selfish, but the truth is that Sally was at the end of her rope and she didn't have the strength to hold on any longer and we as her close people couldn't change that. I offer these memories for all of us to share: Her sparkling blue eyes that would twinkle with excitement and joy. A look of amazement with the new experiences we shared togheter. Her funny little smile when she was being pleasing. And that roar of laughter that you wouldn't think such a small person could possess. I saw the look of complete and utter contentment when she was on my boat and in my embrace.*

Mark Hazelquist - March 09, 2015 at 12:00 AM

ST

“ *I only met Sally once but she was quite a person. My condolences to her family and friends on the loss of such a radiance.* ”

Steve - March 09, 2015 at 12:00 AM