



Regina Moench

February 15, 2008

Moench, Regina Rae age 25, passed away unexpectedly on Feb. 11th. Regina was an incredibly gifted and accomplished individual who was passionate about everything she did. On the soccer field she made friends at Bloomington Jefferson, the St. Paul Black Hawk's, Creighton University and the U of M. Her spirit, laughter and love, determination and work ethic inspired all who knew her. Memorials preferred in lieu of flowers. Memorial service 1:00 PM Saturday, Feb. 16, with visitation one hour before the service at: Washburn-McReavy Edina Chapel 952-920-3996 West 50th St. & Hwy. 100

Tribute Wall



“ *God bless Regina. She was such a beautiful person inside and out....always so upbeat and happy. She will be missed but not forgotten. My prayers are with your family.*

Minnesota

October 29, 2011 at 12:00 AM



“ *It's been three years and almost three months, which is very hard to understand. I miss your beautiful face and smile, your zest for life, your compassion, your love for people around you and everything that made you a daughter, sister, niece, and cousin. I love and miss you my baby girl. Some day we will be together. Mom*

April 28, 2011 at 12:00 AM

LM

“ Dear Moech Family, I have just heard of your loss, as I live in Australia and was looking for Reg on facebook. I am so sorry for your loss... As you know Ref was a beautiful spirit and someone who I touched base with each year after leaving Creighton in 2002. My prayers are with you. xoxo lisa

~

lisa mcewan,

australia

lisa mcewan - January 13, 2009 at 12:00 AM

KO

“ Rachel Lyle Kathy and family,It's been a long LONG road. I still think of Reg all the time. ESPECIALLY during a great run or remembering the good ol' soccer days. I miss her ALL THE TIME. I feel incredibly privileged to have had her as a close friend. You are forever and always in my prayers.

~

kendra ottum,

Liberty Lake, Washington

Contact Me

kendra ottum - September 25, 2008 at 12:00 AM

RL

“ Regina was one of the most amazing individuals I ever met. She touched my life in so many ways. I'll never forget the little things...her smile, her warmth, and her heart. She will be missed but not forgotten. Her spirit lives on in all of her friends and family...

~

Ryan Lutzka,

Minneapolis, Minnesota

Ryan Lutzka - March 31, 2008 at 12:00 AM

TG

“ *I am sorry to hear about your loss, May God's peace be with the family and friends of Regina.*

~

Tonya Gilmore,

Eden Prairie, Minnesota

Tonya Gilmore - March 12, 2008 at 12:00 AM

KC

“ *My deepest sympathy to your family. I knew Regina from Adler and we became instant friends. She always had a funny story to tell and was an awesome teammate and friend. I am so shocked to hear this news and my heart is broken. My prayers are with her and her family and friends. I'm sure she's looking down at us with a big smile.*

~

Katie Curtis,

Rogers, Minnesota

Contact Me

Katie Curtis - March 12, 2008 at 12:00 AM

JB

“ I knew Regina from Adler, we attended and drove to class together. She had an amazing spirit and a way of touching the hearts of everyone she came across. My thoughts and prayers are with everyone who is hurting.

~

Jamie Boerboom,

Minneapolis, Minnesota

Contact Me

Jamie Boerboom - March 12, 2008 at 12:00 AM

XX

“ I knew Regina at Adler, an individual that had the ability to inspire others with her smile. Regina touched and inspired many around her. My thoughts and prayers for her family and friends.

~

Xoua Xiong,

St. Paul, Minnesota

Contact Me

Xoua Xiong - March 12, 2008 at 12:00 AM

AD

“ Regina left a lasting impression with all who met her. She was a wonderful person with an amazing heart- she will be deeply missed and never, ever forgotten. My thoughts are with you Rachael & family.

~

Annie Deckert,

Burnsville, Minnesota

Contact Me

Annie Deckert - March 12, 2008 at 12:00 AM

LF

“ *Moench Family ~ My deepest sympathy to you on the loss of Regina. She was a classmate of mine at Adler and it was a joy to have her in class. She would always have a great story to share.*
Lesley

~

Lesley Farnham,

Richfield, Minnesota

Lesley Farnham - March 11, 2008 at 12:00 AM

EO

“ I was in 2 classes last fall with Regina at Adler Graduate School. Regina was a very vibrant person and a lot of fun to be around. I was just informed about her passing and I'm shocked! I wish you all the strength you need to be able to deal with your loss! E

~

Elisabeth Ockeloen,

Minneapolis, Minnesota

Contact Me

Elisabeth Ockeloen - March 11, 2008 at 12:00 AM

AK

“ I am so Sorry, My prayer are with you all. I was am Regina's teacher at Adler Grad school. I just received notice of your loss. She was a spark in class and enjoyed her participation.

~

Andre Koen,

Minneapolis

Contact Me

Andre Koen - March 11, 2008 at 12:00 AM

PH

“ *Dearest Ones: I was very privileged to have had Regina as a student in class. Though no longer of this corporeal world, her spirit will continue to light our paths, sparkling with joyous beauty in every ray of sun, in the brightest of stars, and in the tiniest and most delicate of dewdrops. As James Whitcomb Riley said, "She is not dead...she is just away." Love and many blessings, and thank you for giving all of us such a beautiful person!*

~

Portia Heller,

Shakopee, Minnesota

Portia Heller - March 11, 2008 at 12:00 AM

KH

“ *Moench Family, I am so sorry to hear about this terrible loss. I attended Adler with Regina and enjoyed the time I had with her. My thoughts are with you and take care. Kim Holmquist-Fischer*

~

Kim Holmquist-fischer,

Edina

Contact Me

Kim Holmquist-fischer - March 11, 2008 at 12:00 AM

JS

“ I am so sorry to hear about Regina and hope your whole family the best. I remember Regina being just about as hyper and crazy as me, she had some great athletic skills and a great laugh (mostly laughing at me:)) My thoughts and prayers are with your family. Hugs to you all! Chicky

~

Jeff "Chicky" Stimac,

Hibbing/Roseville, Minnesota

Contact Me

Jeff "Chicky" Stimac - February 27, 2008 at 12:00 AM

SA

“ *Moench family, I am so sorry to hear about your loss. I will always remember Regina as a very important teammate and friend. She made a special effort to look out for me when I was a freshman on the basketball team. She had such a wonderful heart and compassion for others. My prayers are with you during the times ahead. With love,*

~

Stephanie Austin,

Omaha, Nebraska

Stephanie Austin - February 22, 2008 at 12:00 AM

TL

“ *Kathy and Family, My thoughts and prayers go out to you and your family.*

~

Tanya Loehr,

Blaine, Minnesota

Tanya Loehr - February 21, 2008 at 12:00 AM



“ *I was very sad to hear about Regina's passing. I knew her through Red Bull. Regina had a bright smile & cheerful disposition! I'm sorry for your loss.*

February 21, 2008 at 12:00 AM

JS

“ Rachel and family- Words cannot express my sympathy for the pain and loss you are feeling now. I lived with Rachel in St. Cloud and I know how close the sisters were, and I know there is nothing worse for parents than losing a child. May you find comfort in each other's love and the many wonderful memories of Regina. I will be praying for and thinking of your family. My deepest condolences.

~

Jessica Slobodzian,

Golden Valley, Minnesota

Contact Me

Jessica Slobodzian - February 21, 2008 at 12:00 AM

TV

“ I didn't know Regina all that well, but I did have the opportunity to share the field with her during the last couple winters. My experience was more than great with being her teammate and sharing laughs on the sideline before and after games. She will be greatly missed from all of us on the co-ed team, on and off the field. My heart goes out to you at this time and in the days ahead.

~

Tony Vanyo,

Circle Pines, Minnesota

Tony Vanyo - February 20, 2008 at 12:00 AM

MF

“*Rachael and Family, I am so deeply saddened to hear of your loss. My heart goes out to you.*

~

Matt Futrell,

Boston, Massachusetts

Contact Me

Matt Futrell - February 20, 2008 at 12:00 AM

SB

“ Lyle, Kathy and Rachel, I am so deeply sorry for your loss. I will always remember Regina as a beautiful girl with an amazing sense of humor and someone who could always make me and everyone around her smile. She was one of my first friends in MN and I am thankful for all of the time I shared with her. She was a lovely person, inside and out. She will be dearly missed. My prayers are with you and your family.

~

Stratton Boudreau,

Orlando, Florida

Contact Me

Stratton Boudreau - February 20, 2008 at 12:00 AM

LT

“ Kathy I am so sorry to hear about the loss of your daughter, Regina. I remember when we worked together how close you were and all the sporting events. My heart goes out to you cannot imagine what you are going through. I will keep you in my thoughts and prayers. God bless, Linda Thalacker

~

Linda Thalacker,

Chanhassen, Minnesota

Contact Me

Linda Thalacker - February 20, 2008 at 12:00 AM

DH

“ *Kathy, Lyle, & Rachael, I just wanted to express how deeply sorry I am that your family is going through this. My thoughts and prayers are with your family. God Bless.*

~

Dawn Hirman,

Cottage Grove, Minnesota

Contact Me

Dawn Hirman - February 20, 2008 at 12:00 AM

CM

“ *Moench Family-I did not get to know Regina very well but I was a classmate of hers at Jefferson. She always seemed to be so happy and so enthusiastic! She inspired me alot with her ambition in the sports she played in and her determination to succeed. May God bless you all. I will hold your family in my prayers!*

~

Christina Moore,

Apple Valley, Minnesota

Christina Moore - February 19, 2008 at 12:00 AM

BH

“ *The Moench Family ~I cherish the memories I have of Regina and I am grateful for the time I was able to spend with her. No words can express how much she will be missed. Know that my thoughts and prayers are with you always.*

~

Beth Hetterman,

Kansas City

Beth Hetterman - February 19, 2008 at 12:00 AM

KF

“ *Rachael and family, I am so sorry to hear of your loss. You will be in my thoughts and prayers.*

~

Katie Fish,

Bloomington, Minnesota

Contact Me

Katie Fish - February 19, 2008 at 12:00 AM

L(

“ Kathy, Lyle & Rachael, I was so saddened to hear of your great loss. I have not seen you and the girls for years but only have the fondest of memories for all of you. I know the special place that your girls hold in your hearts. It is never easy to lose someone so near and dear to you and that at this time you feel there will be no end to your incredible grief. In time healing will occur and you will be able to think back with such gratitude for having been blessed for 25 yrs with such a beautiful, bright and gifted child. Focus on her bright light to bring you through the next hour, days and months. Many blessings and deepest sympathy from my home to yours.

~

Lucille Paden (Quittem),

Slayton, Minnesota

Contact Me

Lucille Paden (Quittem) - February 19, 2008 at 12:00 AM

CB

“ *Our thoughts and prayers are with you in your time of grief. May your memories bring you comfort.*

~

Cliff and Lisa Boudreau,

Bloomington

Cliff and Lisa Boudreau - February 19, 2008 at 12:00 AM

CB

“ Lyle, Kathy & Rachael~I am so sorry for your loss. For me, Regina will be most remembered by her enthusiasm and excitement. You are in my thoughts and prayers. Blessings,Courtney

~

Courtney Van Bockel,

Chanhassen, Minnesota

Contact Me

Courtney Van Bockel - February 19, 2008 at 12:00 AM



“ *Kathy and the entire Moench family-No words can express how deeply saddened I am to hear of your loss. May you find peace through her spirit, comfort in memories and strength through God. My thoughts and prayers will be with you always. With Love,*

~

Crystal Rosebur (Sears),

Inver Grove Heights, Minnesota

Contact Me

Crystal Rosebur (Sears) - February 19, 2008 at 12:00 AM

L(

“ *Regina was such an amazing women. Her laugh and smile could always brighten any room. You are all in my prayers. Take comfort in knowing that Regina will always be safe and watching over you.*

~

Laura Fritz (Kolthoff),

Maple Grove, Minnesota

Laura Fritz (Kolthoff) - February 18, 2008 at 12:00 AM

KB

“ *My thoughts and prayers are with you all. Regina was a wonderful person, she will be missed by everyone who knew her.*

~

Kelan Brill,

Dallas, Texas

Kelan Brill - February 18, 2008 at 12:00 AM

RB

“ *Kathy & family, My heart breaks for the pain you must be feeling. Please contact me if you need ANYTHING. My thoughts & prayers are with you! I love ya Kath! Love, Rachie :-)*

~

Rachel Benish,

Hastings, Minnesota

Contact Me

Rachel Benish - February 18, 2008 at 12:00 AM

LW

“ *The Moench Family- Thank you for sharing Reg with us. I was blessed to call her my friend and teammate. She was loved by everyone who knew her and will be greatly missed. The thoughts and prayers of many are with you.*

~

Lissa Waid,

Olathe, Kansas

Contact Me

Lissa Waid - February 18, 2008 at 12:00 AM

CA

“ Lyle, Kathy and Rachael, I am so sorry for your loss. Regina was one of those people that lit up a room without even trying to. Her passion for everything she did was contagious and that's what I will remember most about her. She will be greatly missed by all that knew her. I pray that God watches over you and helps you in your healing process. Chris

~

Chris Austin,

Bloomington, Minnesota

Chris Austin - February 18, 2008 at 12:00 AM

JA

“ I didn't know Regina personally, but I am still saddened to hear of losing someone so young who had so much potential. I know from talking to others who knew Regina that she was a wonderful influence on everyone she met. Though her journey was short, it seemed so full and loving. I hope your hearts find peace with time...

~

JHS 2000 Alumna,

Minneapolis

JHS 2000 Alumna - February 18, 2008 at 12:00 AM

MC

“*Rachael and Moench Family~I wanted to share a few thoughts about the impact Regina had. She was an incredibly motivated individual who expected nothing but the absolute best from herself and those around her. She had the unique ability to make the people around her better. Regina had a strong character and an unmatched desire to succeed in all facets of her life. She will be greatly missed by all. I send my heart felt prayers.*

~

Mark Carr,

Morgantown, West Virginia

Contact Me

Mark Carr - February 18, 2008 at 12:00 AM

TM

“ *Rachael, Kathy & Lyle: I am so sorry for your loss. I will keep your entire family in my prayers during this difficult time.*

~

Tiffany Meek,

Chicago, Illinois

Tiffany Meek - February 18, 2008 at 12:00 AM

DT

“ We are so sorry for your loss. Our hearts indeed go out to you in this time of incredible sorrow. May the Good Lord be with you to comfort you. Regina was a lovely person, very outgoing and friendly. She always brightened the world around her! We were traveling on business and not able to attend the service, however, our thoughts and prayers were with you all this week.

~

Dave and Wanda Teply,

Bloomington

Contact Me

Dave and Wanda Teply - February 17, 2008 at 12:00 AM



“ To all in the Moench family, We have never met but I know Regina's grandmother Betty, I was with her on Friday and I shared Tears with her at your loss and hers, How difficult this time is for you all. At this moment only God can see you through, also the many friends and others who are there for you in Person , in thought and holding you up in prayer, may you find comfort in the arms of the Lord , OUR ETERNAL LIGHT , We can trust in the Lord and the words he has spoken, His love is a promise that will not be broken. His wisdom and counsel dispel every fear, with tender compassion He blesses each tear, for His is the hope that turns night into day- Christ is our light...and our truth...and our way ...Cindy Cavanaugh Blaine MN

February 17, 2008 at 12:00 AM

MD

“ *Kathy and family....I have no words to express my deep sympathy for what you are all going through right now.Please know that you are always in my thoughts and prayers and love you dearly...God Bless*

~

Molly Dahl,

Eagan, Minnesota

Contact Me

Molly Dahl - February 17, 2008 at 12:00 AM

JS

“ Dear Moench family, I was saddened to hear of the sudden loss of your Regina. I appreciated her Beauty . . . both Inside and Out . . . her Kind and Loving Heart . . . as well as Regina's Humorous Soul. Holding you in my thoughts,

~

Julie Srsen,

Mpls, Minnesota

Contact Me

Julie Srsen - February 17, 2008 at 12:00 AM

TH

“ Our deepest sympathy goes out to the family of Regina. Regina was a wonderful, talented, beautiful, and gifted young lady. She will always be remembered by all that knew her. She was a teammate that could be counted on to give her best. It was an honor to have been her coach. May God be with you.

~

Terry Hunst,

Lakeville, Minnesota

Contact Me

Terry Hunst - February 17, 2008 at 12:00 AM

KM

“ Dear Kathy, Lyle and Rachel, We were so shocked and saddened to hear about Regina. We will always have such wonderful memories of 'traveling' basketball days and Jefferson basketball and Regina will be a part of those fond memories. I know losing a child (or your only sibling) must be the most heart breaking thing a parent (sister) can go through. Please know that our thoughts and prayers will be with you all as you go through this most difficult time. With deepest sympathy, Karen and Denny Meek

~

Karen Meek,

Savage, Minnesota

Contact Me

Karen Meek - February 17, 2008 at 12:00 AM

TN

“ *My heart goes out to Regina's family and friends. She was a beautiful girl full of determination and spirit.*

~

Tracy Nordstrom,

Bloomington, Minnesota

Tracy Nordstrom - February 17, 2008 at 12:00 AM

MA

“ *Lyle, Kathy and Rachael, My deepest sympathy goes out to you at the time of your loss. You will always be in my prayers.*

~

Melissa Antolik,

Burnsville, Minnesota

Contact Me

Melissa Antolik - February 17, 2008 at 12:00 AM

MM

“ WE ARE SO SORRY FOR YOUR LOSS.OUR PRAYERS ARE
WITH YOU CHRIS AND MARY MUZETRAS

~

MARY MUZETRAS,

MINNETONKA, Minnesota

MARY MUZETRAS - February 17, 2008 at 12:00 AM

HL

“ Although I know everything happens as a part of God's plan, I can't help but to ask why and the only answer Im getting is to have faith in that plan. Regina obviously has made a huge impact on people's lives and she will live on through all of our memories. I remember one time when I was little and used to come over to play, Regina had did something new with her hair and she was so beautiful that right when I got home I did my hair the same exact way to try and be like her. Even though she was a few years older than me she was always so sweet to me and Cory, and I thank you for that because you raised two wonderful daughters. You will be in my prayers, God bless.

~

Hannah LaBelle,

Bloomington, Minnesota

Contact Me

Hannah LaBelle - February 16, 2008 at 12:00 AM

JW

“ Regina was a ray of sunshine that brought joy to everyone that surrounded her. She gave us inspiration to be the best we can be and always gave her all. I will always remember the memories I have from being her teammate and friend. Our thoughts, love, and prayers go out to all her family and friends.

~

Jen, Ali, Rick, and Becky Walther,

Bloomington, Minnesota

Contact Me

Jen, Ali, Rick, and Becky Walther - February 16, 2008 at 12:00 AM

MR

“ I so enjoyed Regina's smile- she was wonderful to work with. She will be missed. My prayers are with her family.

~

Michelle Reidy,

Minneapolis, Minnesota

Michelle Reidy - February 16, 2008 at 12:00 AM

BH

“ *My heartfelt thoughts and prayers are with Regina's loved ones. I never got the chance to know her well but I have only heard wonderful things about her. RIP Regina...*

~

Brittany Hedberg,

Minneapolis

Contact Me

Brittany Hedberg - February 16, 2008 at 12:00 AM

DC

“ I send my thoughts and prayers to the Moench family for your drastic loss. Regina was an amazing individual that made the world a brighter place everywhere she traveled. She will be remembered and honored by many..

~

Dan Chapman,

Bloomington, Minnesota

Contact Me

Dan Chapman - February 16, 2008 at 12:00 AM

SW

“ *My prayers are with you in this difficult time. I will never forget Regina and the many wonderful memories I have of playing on the Blackhawks team together. She always made me laugh. I'll miss you Regina!!*

~

Sarah Werner,

Woodbury, Minnesota

Contact Me

Sarah Werner - February 16, 2008 at 12:00 AM

LQ

“ Dearest Moench Family, I wanted to say that i am so sorry for your loss. I want you to know how much i loved Regina so much.. she always brought great joy into my life and energy! Especially out on the field.. her love and passion for the game and her teammates were evident! I will always remember the great talks, laughter, and memories she placed within my heart! I pray that you will too and hold fast to the many blessings she blessed you all with! My thoughts and prayers are with you always... i pray you'de lean on Gods comfort and strength through this tough time. For He truly is a loving God.

~

Lulu Quigley,

Charlotte, North Carolina

Contact Me

Lulu Quigley - February 16, 2008 at 12:00 AM

JC

“ *Lyle, Kathy, Rachel, and the Moench's family. My prayer goes out to you.*

~

Jason Cheng,

Bloomington, Minnesota

Contact Me

Jason Cheng - February 16, 2008 at 12:00 AM

RF

“ *Moench family, We wanted to share with you how fortunate we all feel that we got to know Regina, even for a short time. She had the ability to light a room with her smile and her personality. She was so energetic and up beat that you could not help but to share in her enthusiasm for life. We have nothing but fond and happy memories of Regina and will keep those in our hearts forever. You have our most sincere condolences and prayers.*

~

Riddle/Yonak Family,

Zimmerman, Minnesota

Contact Me

Riddle/Yonak Family - February 16, 2008 at 12:00 AM

MF

“ *The loss of someone so close, especially a child, is difficult to bear. May God grant you strength and comfort as He brings an Angel Home. We share your grief. I lost my brother, Jay, 42, on the 8th. Our Prayers are with you. God Bless Jean Manning*

~

Manning Family,

Bloomington

Contact Me

Manning Family - February 16, 2008 at 12:00 AM

LB

“ *Regina will always be remembered. Her spirit and determination both on the field and off the field has always inspired others and will still continue. My thoughts and prayers are with you.*

~

Laura Baker,

Bloomington, Minnesota

Laura Baker - February 16, 2008 at 12:00 AM

AR

“ *I am deeply saddened at your loss. Your family is in my prayers and memories. May you feel God's comfort and care during this time.* ”

~

Andrea Reichert,

Bloomington

Andrea Reichert - February 16, 2008 at 12:00 AM

EN

“ *I'm so sorry for your loss. Regina brightened everyone's life that knew her. She was an extraordinarily giving person and I am lucky to have known her. May God be with your family through this time of healing.*

~

Emily Naslund,

Bloomington, Minnesota

Contact Me

Emily Naslund - February 16, 2008 at 12:00 AM

TS

“ To the Moench family: No words can express the deep sorrow that I feel at your loss - and I know that right now, words cannot heal the pain & grief you are feeling. Please know that you are all in the thoughts & prayers of my family & that we mourn with you! We will continue to lift you up in prayer in the days & weeks ahead & trust that in time, God will give peace to your hearts & restore your joy!

~

Teresa Spegal,

Newport, Minnesota

Teresa Spegal - February 16, 2008 at 12:00 AM

JE

“ Regina was one of those athletes that left her mark in everything that she did, she will be missed. To the friends and family...thoughts and prayers are with you all...Creighton Strength and Conditioning Staff

~

Jennifer,

Nebraska

Jennifer - February 16, 2008 at 12:00 AM

SS

“ *Regina was an amazingly talented and spirited woman. I feel privileged to have known her. My prayers are with Lyle & Kathy during this very difficult time.*

~

Stacy Severa,

Omaha

Stacy Severa - February 16, 2008 at 12:00 AM

LM

“ *My thoughts and prayers go out to the Moench family and friends. She was a talented individual with a big heart full of love. She will be missed by the many friends she made in her life journey.*

~

Laura Mayerle,

Bloomington, Minnesota

Contact Me

Laura Mayerle - February 16, 2008 at 12:00 AM

EW

“ *Dear Moench's, I have so many wonderful memories of Regina, on the soccer field, boating and countless others. You all are such important people to my family and I. She will truly be missed!*

~

Erin Weldon,

Bloomington, Minnesota

Erin Weldon - February 16, 2008 at 12:00 AM

SQ

“ *Very sorry for your loss. May God help you through these very dark days...*

~

Scott & Judith Q,

Golden Valley

Contact Me

Scott & Judith Q - February 15, 2008 at 12:00 AM

MS

“ *My thoughts and prayers are with you Lyle, Kathy, Rachael, and the rest of the Moench family. Regina has and always will hold a special place in my heart!*

~

Mike Stansberry,

Bloomington, Minnesota

Contact Me

Mike Stansberry - February 15, 2008 at 12:00 AM

LE

“ *Kathy, I am deeply sorry to hear about the loss of your daughter. I know there are no words that can comfort you or your family right now. Just know that so many people are thinking of you all and holding you close in their hearts.*

~

Lorie Ellis,

Burnsville, Minnesota

Lorie Ellis - February 15, 2008 at 12:00 AM

HS

“ Regina was a close friend and a great teammate, and by far the nicest girl I have ever met. Her energy and passion in everything she did on a daily basis, inspired everyone around her to do better and push farther. She will be loved and missed deeply, but the fond memories that were captured of her will live on through friends and family forever.

~

Hilary Stowell,

Minneapolis, Minnesota

Contact Me

Hilary Stowell - February 15, 2008 at 12:00 AM



“ *Regina will be missed by every person that she came in contact with. She was an amazing person. My thoughts and prayers are with you all through this time of grief.* ”

~

Kristine Kading (Kruger),

Richfield, Minnesota

Kristine Kading (Kruger) - February 15, 2008 at 12:00 AM

DB

“ You are in my prayers. Words seem so empty at this time. But may you have a peace that passes understanding.

~

Dale Bentley,

South St Paul, Minnesota

Dale Bentley - February 15, 2008 at 12:00 AM

NS

“ I was so sorry to hear about Regina. You and your family are in my thoughts & prayers. Hold fast to your memories and know that she lives always in your hearts.

~

Nancy Stevens,

Lakeville, Minnesota

Contact Me

Nancy Stevens - February 15, 2008 at 12:00 AM

PE

“ *Kathy, Lyle & Rachel: We are both shocked and saddened to hear of your loss. Please accept our deepest sympathy. There are so many good memories of those soccer and basketball days. Regina was such an outstanding competitor and delightful person. Truly a tragic loss. We are in AZ and thus will be unable to attend the memorial service, but you are in our prayers and thoughts.*

~

Pat and Tom Ehlen,

Bloomington, Minnesota

Pat and Tom Ehlen - February 15, 2008 at 12:00 AM

JL

“ We are saddened to hear this news...We didn't know Regina well but enough to know that we are so sorry to hear this and our thoughts are with her many friends & her very close family.

~

Jamie & Jordan Leopold,

Denver, Colorado

Contact Me

Jamie & Jordan Leopold - February 15, 2008 at 12:00 AM

LM

“ *In many ways she changed our world and left it a better place to ever be forgotten. May the memories held deep within help soothe your spirit at this difficult time.*

~

Lindsay Mertz,

Bloomington, Minnesota

Lindsay Mertz - February 15, 2008 at 12:00 AM

NS

“ You are in my thoughts and prayers during this time and in the time to come.

~

naomi struve,

Minneapolis, Minnesota

naomi struve - February 15, 2008 at 12:00 AM

TR

“ *May your hearts begin their journey to healing by feeling the warmth and comfort that all of your happy memories bring and in time may your sorrow become peace.*

~

Tracey Ries,

Rosemount, Minnesota

Tracey Ries - February 15, 2008 at 12:00 AM

EA

“ *My deepest sympathies to the Moench Family. I know Regina will be missed by many.*

~

Erik Anderson,

Bloomington, Minnesota

Erik Anderson - February 15, 2008 at 12:00 AM

JC

“ *May you be granted strength, hope and peace.*

~

Josh Crane,

Hopkins, Minnesota

Josh Crane - February 15, 2008 at 12:00 AM



“ *My prayers are with you all. I can't imagine the sorrow you are going through and can only hope that you feel the love and presence of the Lord during this difficult time.*

~

Cindy White (Bloomer),

Louisville, Kentucky

Contact Me

Cindy White (Bloomer) - February 15, 2008 at 12:00 AM

SP

“ *Memories are the power to gather Roses in winter. Regina was a beautiful girl, full of warmth and Love, she will truly be missed and never forgot! My heartfelt sympathy goes out to all of her loved ones.*

~

Sunny Seri Pudulis,

Minneapolis, Minnesota

Contact Me

Sunny Seri Pudulis - February 15, 2008 at 12:00 AM

GG

“ Time keeps marching on, and all we have are the wonderful, loving memories of our loved ones. Remember the great moments Regina provided for all of us, we will. Our prayers will always include the Moench Family.

~

Greg Gagne,

bloomington, Minnesota

Contact Me

Greg Gagne - February 15, 2008 at 12:00 AM

DW

“ *As a parent myself, I too realize how the strength/determination you brought to her is being brought out in you in this very very difficult time. I don't know you, but am also an "M Club" Member. Regards,*

~

Dan Woog,

Eagan, Minnesota

Dan Woog - February 15, 2008 at 12:00 AM

KM

“ *My heart goes out to Regina's family and friends. In this loss, please remember the good times Regina brought to all of us. High school and basketball memories are ones I will never forget.*

~

Kelsey Maiers,

Bloomington, Minnesota

Contact Me

Kelsey Maiers - February 15, 2008 at 12:00 AM

CB

“ *May these few words of sympathy help, at least in part, to ease the burden that you bear and the sadness in your heart. Thinking of You At This Sad Time.*

~

Charlie Ball,

Surprise, Arizona

Contact Me

Charlie Ball - February 15, 2008 at 12:00 AM

CQ

“ Lyle, Kathy and Rachel, my thoughts and prayers are with you. Though I've not seen Regina in many years I remember my mom and dad bringing me and Eric over to your place when we were younger and I remember the little girls with the curly hair and running around your backyard. I also attended the U at the same time as Regina and remember reading about her soccer skills in the U paper. I know how proud you are of her and hope you find comfort from those who love you.

~

Christina Quittem,

Plymouth, Minnesota

Christina Quittem - February 15, 2008 at 12:00 AM

CL

“ *My thoughts and prayers are with you in your time of grief. May your memories bring you comfort.* ”

~

Chelsea Loving,

Omaha, Nebraska

Contact Me

Chelsea Loving - February 15, 2008 at 12:00 AM

MP

“ *My condolences for your loss. My thoughts and prayers are with you.*

~

Megan Pannier,

Eagan, Minnesota

Contact Me

Megan Pannier - February 15, 2008 at 12:00 AM

TD

“ Lyle, Rachael, Kathy....Although I never had the pleasure of meeting Regina personally, I feel like I knew her through stories Kathy told at work. What an amazing life she lived in just 25 years. It is hard to put in to words the sympathy I feel for you. You have a ton of people ready and willing to help in any way that we can. I will keep your family in my thoughts and prayers.

~

Tracy Davis,

Prior Lake, Minnesota

Tracy Davis - February 15, 2008 at 12:00 AM

RL

“ *May the love of friends and family carry you through your grief.
Much love, Renee Larson*

~

Renee Larson,

Edina, Minnesota

Contact Me

Renee Larson - February 15, 2008 at 12:00 AM

BE

“ *As the days and weeks pass, and as you return to life’s routine, may you continue to feel comforted by the love and support of family and friends.*

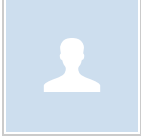
~

Bruce Erickson,

Omaha

Contact Me

Bruce Erickson - February 15, 2008 at 12:00 AM



“ *Moench Family* My son, Jack, was in Rachel's class at Jefferson. We are so sorry for your pain and loss. Please know that our thoughts and prayers are with you. God Bless and keep all of you safe and strong. Mike and Barb Zipoy

Minnesota

February 15, 2008 at 12:00 AM

CS

“ Dear sweet Kathy and family, My deep and abiding compassion and love to you and your family. I pray that you are all given the peace and comfort to sustain you during this most difficult time. My thoughts are with you. Love, Cheryl

~

Cheryl Sedoris,

Bloomington, Minnesota

Contact Me

Cheryl Sedoris - February 15, 2008 at 12:00 AM

NA

“ I remember our road trip to Toledo, Ohio when I was team manager of the Blackhawks. What a charming and delightful girl! God only takes the good ones.

~

Nancy Andrews,

So. St. Paul, Minnesota

Contact Me

Nancy Andrews - February 15, 2008 at 12:00 AM

GA

“ To the family and friends of Regina; on behalf of all the letterwinners before during and after Regina, the University of Minnesota "M" Club send our deepest sympathies. May she rest in peace. Very kindly, George Adzick, Director, "M" Club.

~

George Adzick,

Minneapolis, Minnesota

Contact Me

George Adzick - February 15, 2008 at 12:00 AM

JZ

“ *Rachael and Family – My thoughts and prayers are with you during this most difficult time. Words can not express how sorry I am for your loss. God bless and hang in there!* ”

~

Jack Zipoy,

Bloomington, Minnesota

Jack Zipoy - February 15, 2008 at 12:00 AM

MR

“ *I enjoyed Regina's laughter and sweet personality very much. I was deeply saddened to hear about her passing. My thoughts and prayers are with her family.*

~

Michelle Reidy,

Minneapolis

Michelle Reidy - February 15, 2008 at 12:00 AM

KM

“ *God bless the family of Regina. Please know that she is with the Lord and in peace. She knows you miss her and will be saddened but you will all be together again.*

~

Kay Michelson,

Ham Lake, Minnesota

Kay Michelson - February 15, 2008 at 12:00 AM

KM

“ *As a fellow athlete of Regina's at Jefferson and the U of M, it was difficult to hear this news. I pray that God will comfort your family and give you a sense of peace.*

~

Kim Magee,

Mounds View, Minnesota

Contact Me

Kim Magee - February 15, 2008 at 12:00 AM

BK

“ *Our thoughts and prayers are with you on the loss of your daughter,
She was a wonderful person.*

~

Barb and Keith Knutson,

Bloomington, Minnesota

Barb and Keith Knutson - February 15, 2008 at 12:00 AM

MC

“ *Moench Family and friends-I am terribly sorry to hear about your loss. My prayers are with you all. Mike Christopher*

~

Mike Christopher,

Illinois

Mike Christopher - February 15, 2008 at 12:00 AM

SA

“ To the Moench Family, Kathy, My heart goes out to you at this time and in the days ahead. My thoughts and prayers are with you and you family in your time of grief. May your memories bring you and your family comfort.

~

Sarah Andreoff,

Bloomington

Sarah Andreoff - February 15, 2008 at 12:00 AM

BA

“ Regina was one of my favorites on the Blackhawks. Our team was very close - we were more than teammates - we were like sisters. We spent more time together than we did with our own families sometimes, so to lose one of them, any of them, and especially Reg, leaves a huge hole in my heart. All I know is the world just lost not only a great teammate and friend, but a great person. The only thing that I can hold onto right now is faith - that God had a greater plan for her. As my mom told me yesterday - God only takes the good ones...but in this case...He took a great one. She will forever be in my thoughts.

~

Brenda Andrews,

Milwaukee, Wisconsin

Contact Me

Brenda Andrews - February 15, 2008 at 12:00 AM

RL

“ *May the love of friends and family carry you through your grief.
Regina will be missed by many.*

~

Renee Larson,

Edina, Minnesota

Contact Me

Renee Larson - February 15, 2008 at 12:00 AM

L(

“ *Kathy, I'm deeply sorry for your loss. Please know that you and your family are in my prayers and may you find the strength in God to heal.*

~

Lisa Morrissey (Chapman),

Cottage Grove, Minnesota

Lisa Morrissey (Chapman) - February 15, 2008 at 12:00 AM

CD

“ Dear Moench Family, I am so sorry for your loss, all tho I did not know your daughter or even you, my friend Rachel does and she shared her pain with me. I too lost my daughter she was 27 years old and there is nothing worse than losing a child. So my heart goes out to you in this hard time try to remember the good memories of your daughter and know that one day you will see her again in heaven. My prayers are with you all. Cindy

~

Cindy Danielson,

Hastings, Minnesota

Cindy Danielson - February 15, 2008 at 12:00 AM

MS

“ *I just wanted to let Regina's family know that my thoughts and prayers are with you! Regina had and always will hold a special place in my heart!* ”

~

Michael Stansberry,

Bloomington, Minnesota

Contact Me

Michael Stansberry - February 15, 2008 at 12:00 AM

KW

“ Although no words can really help to ease the loss you bear just know that you are very close in every thought and prayer.

~

Kari & Sheldon Wolf,

Minnetonka, Minnesota

Kari & Sheldon Wolf - February 15, 2008 at 12:00 AM

MB

“ *My thoughts and prayers are with you in your time of grief. May your memories bring you comfort.* ”

~

Molly Bellinger,

Plymouth, Minnesota

Molly Bellinger - February 15, 2008 at 12:00 AM