



Paul Sadami Shimizu

April 24, 1920 - August 20, 2023

Dr. Paul Sadami Shimizu, age 103 of Hastings, MN, Formerly of St. Louis Park, MN passed away peacefully on August 20, 2023 with family members at his side. He was preceded in death by his wife Helene (Nishida) and son-in-law Thomas Scott. Born in Parlier, CA of father, Wakachi and mother, Kakomatsu (Mineta), Paul was the last living sibling of ten children in his family. Known as "Sammy," among his brothers and sisters, he grew up on the family's California fruit farm. Following his graduation from high school and starting college, WWII broke out, and although his family was sent to an internment camp, Paul volunteered for the U.S. Army. He was placed in the all-Japanese regiment, the 442nd infantry battalion and was stationed in Europe for most of his enlistment. Facing intense resistance from German forces, the 442nd became a distinguished unit that succeeded in every battle albeit with great loss of life. He was later awarded the Bronze Star and the Congressional Gold Medal for his service.

At the end of the war, Paul finished his Chiropractic studies in Minneapolis at Northwestern College of Chiropractic. Shortly after, he met his wife of 65 years, Helene. Together they raised three children: Diana (Tom) Scott, Randy (Terry), and Gregory. He had a rich life with five grandchildren; Jenell, David, Paul, Dayna and Lindsay and four great-grandchildren. Paul maintained a successful Chiropractic practice in Minneapolis and later in St. Louis Park. He was slow to retire feeling an obligation to keep his many longtime patients/

friends healthy. He eventually stopped working at age 77, claiming the longest running chiropractic license in MN.

Celebration of Life will be held at Washburn-McReavy Glen Haven Chapel, 5125 W. Broadway, Crystal, MN on Saturday, September 23, 2023. Visitation will begin at 10 AM with memorial service to follow at 11 AM. Memorials may be addressed to Northwestern Health Sciences University to sponsor a chiropractic scholarship.

Previous Events

Visitation

SEP **23**. 10:00 AM - 11:00 AM (CT)

Glen Haven Chapel
5125 West Broadway
Crystal, MN 55429

Memorial Service

SEP **23**. 11:00 AM - 12:00 PM (CT)

Glen Haven Chapel
5125 West Broadway
Crystal, MN 55429

Tribute Wall



“ A [Memorial Tree](/store/Product.aspx?ProductId=4518) was planted in honor of Paul Sadami Shimizu.

September 22, 2023 at 06:57 PM



“ He was the perfect Dad and role model. Always encouraging and not a mean bone in his body. He taught me attention to detail, modesty, and humility. I was most proud of his service to country in WWII and 442 RCT. I was glad to bond with him later in life as caregiver and pay back all he did for me to create the person I am today. Although we had 67 years together, I will still miss him so much!

Gregory Shimizu - September 19, 2023 at 06:31 PM