



Patricia Lynn McGowan

June 15, 1951 - May 21, 2025

Patricia Lynn McGowan (née Fricke), born June 15, 1951, in Forest Park, IL, passed away on May 21, 2025, in Wayzata, MN. A seeker of peace, Pat lived a life defined by connecting with nature, service, and deep spiritual resonance. She grew up in the suburbs of Chicago, learned to fly small planes in Kansas City, and then moved to Minnesota, where she raised her children, Richard and Caitlyn Ramberg. A lifelong horse lover, Pat jumped horses when she was young and later supported Caitlyn in competitive dressage. She earned her master's degree in Organizational Development from the University of St. Thomas and went on to impact countless lives through her work in instructional design and leadership. In her later years, Pat found profound fulfillment living in Tucson, AZ, embracing the truest expression of her inner self. She was deeply connected to Native American culture and the spiritual language of nature. A lover of all creatures, she shared a special bond with crows, ravens, and hummingbirds-with whom she developed distinctive animal communication and bird vocalizations. Pat was also fascinated by the strength and symbolism of trains, seeing in them the same power and purpose she sought in life-a true representation of God. She put others ahead of herself and always searched for peace. Now, she finally has it. She is survived by her two children, granddaughter Camille, and sister Sheree Mediavilla. A memorial will be held at Washburn-McReavy, 5000 W 50th St, Edina, MN 55436-visitation at 5 p.m.; service at 6 p.m. on July 15, 2025.

Previous Events

Visitation

JUL 15. 5:00 PM - 6:00 PM (CT)

Edina Chapel
5000 West 50th & Highway 100
Edina, MN 55436

Memorial Service

JUL 15. 6:00 PM - 7:00 PM (CT)

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