



## Michelle Aline Kimbrough

June 25, 1961 - September 15, 2022

Michelle was born on June 25, 1961 in Loiret, France, the only child of Joseph and Perpetual Kimbrough. She spent her early years in Chicago. She attended high school at Seton Academy in South Holland, Illinois. In 1983 she graduated from St. Olaf College in Northfield, Minnesota with a double major in English and American Studies.

Due to her lifelong quest for learning, Michelle held various positions both in the corporate and non-profit sector, including healthcare, educational testing, banking, and IT. This same determination led to her starting her own business in holistic care by becoming the founder and CEO of Balanced Journey, LLC.

Her positive attitude, sense of humor, and vibrant personality led to many lifelong friendships. She enjoyed visiting with friends and family over a tasty beverage or a good meal, traveling, and being a source of support to those close to her. Her laugh could make anyone smile.

Michelle is survived by many friends and relations. She was preceded in death by her parents, many family members, and her dog, Buddy.

Her friends and family would like to thank the staff in the ER at Hennepin County Medical Center, Minneapolis.

Memorials can be directed to the Animal Humane Society or to an animal rescue organization of the donor's choice.

A celebration of Michelle's life will happen at a later date.

# Tribute Wall

JD

“ I'm still stuck in disbelief...

*I spent more than four hours with Michelle, three days before her death. We met at Starbucks, sat outside, and reminisced about our 11 year friendship.*

*She recounted her latest time off work activities, including an ongoing battle with a critter determined to share a space under her home. She won by blocking it from entering, but gave it props for being a worthy opponent. Lol*

*We talked about love and loss, work and her new cravings for all things pumpkin...thx to Jay! She talked so fondly of recently making a pumpkin run to Jay's house!!!*

*She was planning a blog about practicing urban mindfulness...and had researched having a YouTube channel.*

*She was vibrant and enjoying life to the fullest.*

*We planned a trip the second week of Oct to take her favorite drive down to Red Wing MN to take in the Fall colors and drink wine while listening to some live jazz.*

*I knew of her health issues, and rejoiced at her triumph over cancer, never imagining that she would leave us this soon.*

*Oh Michelle...your loss here is heaven's gain.*

*Until we meet again, my sweet soul sister...I'll be sending my love upward to you.*

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**Julie Dia** - October 13, 2022 at 05:56 PM

SB

“ *Shaun Benford-Crump lit a candle in memory of Michelle Aline Kimbrough*



Shaun Benford-Crump - September 27, 2022 at 01:47 PM

SB

“ *I am in such disbelief.... my deepest sympathy to the family and close friends of Michelle. I pray for your comfort and peace. Michelle grew up on the next block from me... we went to St. Clotilde and to Elizabeth Seton together. She was a year older, but I remember her warmth, her intelligence and her laugh... what a joy! Heaven has gained another angel. Peace be with all those who knew and loved Michelle!*

Shaun Benford-Crump - September 27, 2022 at 01:45 PM



“ *Charles Eduardos lit a candle in memory of Michelle Aline Kimbrough*



Charles Eduardos - September 27, 2022 at 07:06 AM

JK

“ *Michelle was a wonderfully bright and energetic person, whose life and love touched so many people. I am truly blessed to have known her for 23 years and I will miss her greatly. Her spirit will be with me always. May she rest in peace. May she rest in power. And may her memory be a blessing.*

Jay R Kennedy - September 25, 2022 at 04:04 PM

SS

“ *Sharing our love for animals. the donation was dedicated to Michelle. Ape Action Africa Dedication: In memory of Michelle Aline Kimbrough  
Rest in Peace Seton Sister.*

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**Sheila L Simmons** - September 24, 2022 at 05:20 PM

SG

“ *I was shocked to hear of Michelle's passing. We have been neighbors for over 20 years. We were not close but looked out for each other especially during the civil unrest. I will miss her. I will miss her infectious laugh. Rest In Peace Michelle. You left us way to soon.*

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**Silvia G.** - September 22, 2022 at 10:01 PM

BJ

“ *I met Michelle in 2010 when I sat across from her at UHG and to be honest, her personality was so big, and she was so smart I was very intimidated, but I soon learned that she was also very kind and had a great sense of humor. We always stayed in touch over the years and even took a great girl's getaway to Palm Springs. She had just sent me a text on August 28th, laughing about "going head-to-head with a chipmunk the last 10 days; I think I finally won out". So very Michelle. I miss you with all my heart!*



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**Bonita Johnson** - September 21, 2022 at 02:01 PM

MT

“Michelle was my first friend. We met in 1977 at Muscular Dystrophy Camp in Illinois and remained friends. We lost touch but were reunited on Facebook. I will always remember Michelle, how easy it was to talk with her, her smile, her support and the person she was.

Michael D Telposky - September 21, 2022 at 08:52 AM

TW

“My heart is very saddened to hear of Michelle's Passing! We were childhood friends and our families shared many fond memories, she was a beautiful person inside and out. She will be missed! Rest well my Friend!

Tassie R Winn - September 21, 2022 at 01:59 AM

LH

“Michelle's passing was very shocking! I remember my friend fondly, who loved to laugh and had a great sense of adventure! Always one to try new things and encouraged you to do the same. Until we meet again, rest in power. 💕🌸



Lynne Hodges - September 20, 2022 at 11:53 PM

SA

“ *My heart is so heavy to hear the news of Michelle's passing. My sincere condolences to the Kimbrough family and friends.*



*Michelle had a heart of gold. She was beautiful inside and out. We had a lot of laughs together while we worked at UHG. We always had some funny stories to tell each other. And her infectious laugh and giggle always lighted up the room. There was a time when I flew to MN and we met up for dinner, just the two of us. And I will never forget that she introduced me to brussels sprouts that night. Ever since then, I always think of Michelle when I order or cook brussels spouts. Going to miss you dearly Michelle. XOXO - Sharon*

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**Sharon Au** - September 20, 2022 at 11:06 PM