



Michael Brock Heller, Sr.

March 15, 1948 - May 1, 2023

Michael "Brock" Heller Sr age 75 passed away May 1st 2023 at J A. Wedum Allina Health Residential Hospice Care. Life long resident of Fridley. Proceeded in death by his loving parents, Robert and Margie Heller (nee) Jones younger brother Steven Matthew Heller. Many friends & co-workers only knew him as Mike, his mother and family, he was always Brock. He was a wonderful loving husband, father, brother, grandpa and great-grandpa. A friend of so many and his spirit will live on in the hearts of those who knew him.

Survived by wife of 33 years. Julie (Swenson) One son Michael B. Heller Jr. (Wendy) bonus daughter Kelly Swenson (Jon) his newest grandson Jacob born November 17th, 2022. Grandchildren Hannah, Will (Marissa), Aurora, Alex, Andrea & Austin. One great grandson Adrian Heller/Ponce Brother Craig (Vicki) Heller, Craig's children, nephew Casey Heller (Lonna) Niece Bobbi Heller. Sister Denise "Buttons" Onstad (Jay) there twins nephew & niece Luke & Pilar Onstad.

As well as many, many other relatives, including a loving mother and father-in-law Lowell & Jean Swenson of Isle MN & big extended family of many sister and brother-in-law's who will miss him as a part of our family.

Brock was a skilled piledriver, bridge construction & construction foreman. He

was a legend from those years on any job site he worked or was foreman. He also was an under water welder. The first person in MN to acquire training & certificates for under water welding on bridge construction & contracts with formally known as NSP electric plant. He proudly served as president of Local Union 1847 for many years before retiring in 2003. Another goal & well laid out plan to retire at age 55.

For 20 wonderful years of retirement he enjoyed traveling every winter. For years to Jamaica & Mexico. Later we traveled Florida, Texas & Arizona. He would let Julie plan vacation & he'd just pack his bags. He truly loved Florida & our many travels there.

Brock was in his early years HS football athlete & then Golden Gloves boxing in his 20's. He had many hobbies & was a dedicated volunteer to Boys & Girls Club & was a boxing time keeper for the golden gloves. He was an avid deer hunter, duck hunting & of course the MN pass time fishing & ice fishing. He loved our second home we bought in 2010 near Rush Lake. If you can call mowing a hobby he loved it & his zero turn mower. Our four younger grandkids grew up coming to the cabin summer & winters with Gramps & Nana.

He was taken away to soon & he will never be forgotten.

The whole Heller family would like to thank Mercy Hospital staff in Emergency dept, 4 Heart & 4 West, Unity Hospital staff on 3 East & 2 West for the care you provided & finally JA Wedum Residential Hospice facility thank you for allowing us to talk & tell you all about this awesome man & fill our hearts with so many memories of our husband, father brother & grandpa.

Service Monday May 8th at Washburn McReavy-Seman 1827 Coon Rapids Blvd Coon Rapids MN 55433

Visitation at 2-3pm Chapel service 3pm.

Luncheon to follow 4-6pm

at VFW Post 9625 next door to funeral home.

••• In honor & remembrance of Michael Brock Heller SR & Grampa please wear your favorite hat. He was a hat man & he wore it well.

Previous Events

Visitation

MAY 8. 2:00 PM - 3:00 PM (CT)

Coon Rapids Chapel
1827 Coon Rapids Blvd.
Coon Rapids, MN 55433

Chapel Service

MAY 8. 3:00 PM - 3:45 PM (CT)

Coon Rapids Chapel
1827 Coon Rapids Blvd.
Coon Rapids, MN 55433

Tribute Wall



“ *Simply Elegant Spathiphyllum was purchased for the family of Michael Brock Heller, Sr..*



May 07, 2023 at 02:04 PM



“ *Brock, Great friends since High School with many fun times, fishing, hunting, softball and hanging out will always be cherished. God bless your family and I will see you later. Dale.*

Dale Steinke - May 05, 2023 at 11:26 PM



“ *Beautiful in Blue was purchased for the family of Michael Brock Heller, Sr..*



May 05, 2023 at 03:50 PM



“ Brock when I think of you I think of your beautiful smile and oh so cool demeanor.
You were like a big brother to me and I always felt like you watched over Buttons and I when you were out with us.
I am sad that I didn't get to see you much after I moved to Lake Tahoe but I always held you dear.
May Godspeed and Love surround you ☐
Lorrie Fredrickson Hunter

Lorrie Hunter - May 05, 2023 at 02:32 PM



“ Arrive in Style was purchased for the family of Michael Brock Heller, Sr..



May 05, 2023 at 11:07 AM



“ Loving Lilies and Roses Bouquet was purchased for the family of Michael Brock Heller, Sr..



May 05, 2023 at 11:04 AM



“ Local 1847 purchased the Sweetest Sunrise Bouquet for the family of Michael Brock Heller, Sr..



Local 1847 - May 05, 2023 at 09:13 AM