



Michael David Aafedt

February 4, 1943 - May 19, 2024

Michael "Mick" Aafedt, age 81, of Minneapolis passed away on May 19, 2024, from Lewy Body Dementia. Mick knew how to love and to give generously, live compassionately, and with integrity. He was a devoted husband, father, grandfather and friend. He is remembered for his intellect, charm, quick wit, and his strong "blue eyes."

Mick is survived by his loving wife, Deb Sundquist, his sons David (Katie) and Matt, and five grandchildren: Payton, Ryan, Fuzz, Reese, and Mac; sister-in-law Merilee Light; family Jody Aafedt; stepchildren, Britta (Andrew), Jack, Greta, and Kristin; nieces and nephews. He was preceded in death by his first wife, Patricia "Pat" Aafedt, nee "Light," his brother, Leroy, and his parents, Art and Marguerite, as well as Pat's parents Ken and Amelia Light.

Mick was born in Grand Forks, ND, and moved to Fargo where he graduated from Fargo Central High School. In 1961, he left North Dakota for St. Olaf College where he graduated with honors and met and fell in love with Pat. After graduating, Mick went to the University of Minnesota Law School while Pat's work as a teacher supported them. Mick was the youngest partner in the history of the 100-year plus law firm, and soon became the managing partner and president of the Minneapolis law firm of Aafedt, Forde, where he was a respected litigator and mediator in workers' compensation law. He was highly respected by both sides of the aisle while testifying at the Legislature, and in

litigation, by both parties in the case caption. He was repeatedly recognized honored in America's Best Lawyers and Super Lawyers, both as a litigator and mediator.

Mick was an unbelievably supportive parent and role model, not only for his two boys, but their countless friends who would often congregate at "the Aafedt's" on Lake Harriet. During these impromptu get-togethers in the Aafedt kitchen, den, or porch, he always attempted to provide little life lessons, usually when he sensed that his boys and friends were about to head out for a night on the town and do something unwise. He never missed a kids' sporting event, concert or other activity in which his boys or their friends participated, even if that meant that he had to work long hours well into the night.

Mick and Pat were Minnesota Gopher Men's Basketball super fans and created a scholarship fund after Pat died in 2007. Mick married Deb in 2011 and together they had a happy marriage. Mick was a member and board member at Mount Olivet Lutheran Church, a board member and volunteer at Southside Children's Center in Minneapolis, and member of the Minikahda Club.

A special thanks to the staff and medical professionals at Open Circle and The Waters on 50th for the excellent care provided to Mick.

Services will be held at Mount Olivet Lutheran Church in Minneapolis, 5025 Knox Ave. S., Minneapolis, MN on Wednesday, May 29, 2024 at 1:00 p.m., with a visitation at noon. A Reception will follow at Interlachen Country Club, 6200 Interlachen Blvd., Edina MN. Please wear a touch of blue to remember our Mickey Blue Eyes.

In lieu of flowers, memorial contributions can be made in Mick Aafedt's memory to the Alzheimer's Association of Minnesota and North Dakota, 12701

Whitewater Drive, Suite 290, Minnetonka, MN 55343, www.alz.org/mnnd or
the Safi School Foundation, Safi Foundation, PO Box 8275, Lacey WA 98509.

Previous Events

Visitation

MAY **29**. 12:00 PM - 1:00 PM (CT)

Mount Olivet Lutheran Church (So. Mpls)
5025 Knox Avenue South
Minneapolis, MN 55419

Funeral Service

MAY **29**. 1:00 PM - 2:00 PM (CT)

Mount Olivet Lutheran Church (So. Mpls)
5025 Knox Avenue South
Minneapolis, MN 55419

Tribute Wall

LP

“ *My name is Louis Patack, and live near Albany, New York. A few minutes ago, with the Mets losing I tuned into the convention for a few minutes. They were voting, and North Dakota was up next. When I think of North Dakota I think of Mick.*

I went to Hobart College, in Geneva, New York, and spent the second semester of my junior year in a political science program at American University in D.C.

Mick was there from St. Olaf, and we became good friends. I can still remember him talking glowingly about Pat Light, always with both her first and last name.

After the semester was over the two of us went up to NYC. I had dated a girl at AU a few times, and we were visiting her. I remember nothing else about the weekend.

Mick and I didn't stay in touch for very long after that. A few years ago, however, he called. I'm not sure at all, but I think it was because his new wife had a child who was doing something at Albany Medical School or the hospital.

We had a nice talk, and that was that.

So seeing North Dakota on TV I thought I'd Google Mick, and the obit appeared.

What a talented lawyer he was, and wonderful person.

My condolences to you, Deb and his entire family.

May his memory be for a blessing.

Louis

Louis Patack - August 20, 2024 at 09:21 PM

TM

“ As a treasured customer at Murray's for years, we send our deepest sympathies to his family.

The Murray family

Timothy Murray - June 25, 2024 at 11:30 AM

DF

“ I had many mediations at my office in Owatonna with Mike as my chosen mediator. He was always well prepared, professional, courteous, and smart. His efforts would invariably result in a fair and reasonable settlement. What I remember most fondly about Mike was his lovely stories about his family including about his then young granddaughter who he said had him wrapped around her little finger. What a kind and sweet man! My condolences to his family.

Dave Furness

David Furness - May 24, 2024 at 12:09 PM



“ Beautiful in Blue was purchased for the family of Michael David Aafedt.



May 24, 2024 at 11:27 AM



“ *Your friends at Lewis Brisbois purchased the Simply Elegant Spathiphyllum for the family of Michael David Aafedt.*



Your friends at Lewis Brisbois - May 23, 2024 at 12:53 PM



“ *Dreams From the Heart Bouquet was purchased for the family of Michael David Aafedt.*



May 23, 2024 at 11:47 AM