



LaVonne Mary Sjogren

February 17, 1935 - April 3, 2020

Sjogren (Helmerick), LaVonne Mary Age 85 of Monticello, formerly of Mpls. died peacefully at St. Cloud, MN Hospital. Preceded in death by parents Minnie and Herman Helmerick; sisters Arlean Long and Sharon Childs; son Randy Sjogren. Survived by daughter Pamela (Rick) Fricano; sons Kevin (Mary) Helmerick and Rich (Diana) Borg; daughter Lisa; 7 grandchildren; 3 great grandchildren; brother Art Helmerick; sister Shirley Smith; other family and friends. She worked hard in the insurance industry, was a single mother and lived a simple, quiet and contented life -- always happy, laughing and joking with friends. Known to be very generous with what little she had. LaVonne was loved by many and will be greatly missed. Private service at a later date. Washburn-McReavy.com Glen Haven Chapel 763-533-8643

Cemetery Details

Hillside Crematory

2610 19th Ave NE
Minneapolis, MN 55418