



Lauren Marie Kessen

November 22, 2014

Lauren was born on January 31, 1985 in Hinsdale, IL and died unexpectedly on November 22, 2014 in Minneapolis, MN. Lauren was an amazing wife, mother, daughter, sister, teacher, and friend. Lauren married the love of her life, Brian Robert Kessen in 2008. Lauren taught school for four years in the San Bernardino School District while Brian attended Medical School. After the birth of Benjamin Robert Kessen, Lauren's focus was her son and being a stay-at-home mom. She recently blessed the world with their newborn daughter Leah Marie Kessen, who completed their family. Lauren was currently completing her Master's Degree in Education Administration. Her love for books and knowledge will be continued in the legacy of her children. In addition to her husband Brian, son Benjamin, and daughter Leah, Lauren is survived by her parents, Pamela and Mark Krueger, Ronald Smith and Diane Aves; in-laws, Bob and Dee Kessen; as well as brother-in-law, Michael Kessen. Lauren is further survived by her sisters, Jamie (Justin) Fisher and their son Riley, and Jodie (Christopher) Savickis. She is also survived by grandparents, Margaret LaLonde, Bette Peterson, Ron and Arlene Krueger, Alfred Balzer, and Irene Liebers; and also Diane's children, Sarah, Emily and Christian. Lauren also leaves behind aunts, uncles, cousins, and many, many friends. Funeral services will be 2:00 PM Friday, November 28, 2014 with visitation from 12:30 PM until time of the service at Washburn-McReavy Funeral Home, West 50th St & Hwy. 100, Edina, MN. A private graveside service to follow. In honor of Lauren, we respectfully request that in lieu of

flowers that memorials be made in her name to the Sunny Hollow Montessori School, 636 South Mississippi River Blvd., St. Paul, MN. 55116. www.Washburn-McReavy.com Edina Chapel 952-920-3996

Tribute Wall

MA

“ Me and a few friends were in mrs kessens first class she ever taught in 2007-2008 for eight grade she was a wonderful person and I always knew she was going to be an amazing teacher sitting here talking with old middle school friends we all started talking about how cool and fun she was it was until we looked her up on Facebook that we discovered this tragic news and our hearts sank instantly if only we could have visited her one last time to thank her for giving us an amazing year of school you are dearly missed

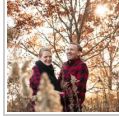
Sincerely
Marissa, Breanna, Emily

marissa - February 24, 2015 at 07:44 PM

IL

“ We read about Lauren in the Wausau WI obituaries. Her story sounds so much like our daughter and daughter in law's stories, who both passed away this fall at age 32 & 31. Our daughter was a third grade teacher and mother of two boys, age 3 1/2 & 8 months. She died unexpectedly in September, perhaps due to heart problem, which we were not aware of and are still waiting for autopsy answers. Our daughter in law passed away from complications of childbirth after giving us our first granddaughter. We wanted to reach out to your family with the loss of all of these wonderful women.

Irene Lewis - November 28, 2014 at 10:33 AM



Irene- I know this is an older post but felt compelled to comment! I have a genetic heart condition called Prolonged QT Syndrome. It's a syndrome that has to do with the electrical part of the heart so unless genetic testing is done, which can be extremely expensive, it is undetected after death. It can be diagnosed via electrocardiogram for obvious cases , but that won't detect if one actually has the mutation and is asymptomatic... that varies person to person along with severity of it. My father who has the chromosome 7 mutation, is mostly asymptomatic, but I have it horribly bad. I have a defibrillator implanted and gone into cardiac arrest a few times (and I'm 27) and my cousin who also had it bad passed away by age 25- he did not follow doc's recommendation for a defibrillator implant tho. I'm telling you this because it's more common than we know (some forms are NOT genetic, and it is believed to be a main culprit in SIDS deaths) and it does kill people who are unaware. If theres sudden death with no reason of a healthy young adult, and ESPECIALLY more than one, this should be looked into. It's actually a prolongation between the Q and T wave on the electrocardiogram. It causes arrhythmia which can result in cardiac arrest which can result in death. Simple things like being startled, exercise, an alarm clock, a nightmare in your sleep AND pregnancy/labor and delivery can cause this. Just a little info if they haven't found a real reason in the autopsy. Good luck to you and your family and feel free to contact me via Facebook at Elizabeth Hunsader from Fort Atkinson, Wisconsin :) God bless!

Elizabeth Hunsader - January 10, 2015 at 06:59 AM

Brenda Simpson

“ *Our hearts weep as we offer our deepest thoughts, sympathies, and prayers to Lauren's loving family. Jeff and Brenda Simpson*

Brenda Simpson - November 26, 2014 at 02:49 PM

RP

“ As posted on Facebook on Nov 22:

"This morning I received news that my friend Lauren from my home church in WI had complications with her delivery and has passed.

When my family switched churches and began attending The Shepherd's House during my junior high years, Lauren was one of the kindest persons who went out of her way to make sure I felt at home in the new church. She told me stories about everyone that helped me connect and network with all the members, as well as helped me learn which people to give an especially bad time to (BOB)! She also made sure that I was doing alright when I moved to Southern California, checking in to see if I ever needed anything as she also lived in the area during that time.

We all have family that is related to us by blood. Then sometimes we are blessed to have others who are given to us. I've been super lucky to have several "older sisters" who have looked out for me over the years. Today, I not only lost a good friend, but one of my older sisters. Lauren, thank you for the positive influence you have had on my life! You will be missed!!

"Even so, come quickly Lord Jesus!"

My condolences and continued prayers to the family!

- Richard C. Patchett

Richard Patchett - November 25, 2014 at 11:16 PM

DH

“ *Pam and family,
Holding you in heart and prayers
Debra Hofmann*

Debra Hofmann - November 25, 2014 at 03:36 PM

DS

“ *My thoughts and prayers are with you her family & friends for many days, months to come as you grieve the loss of this beautiful woman. Although I have not had the pleasure to have met her-her smile I can tell touched many lives and the heartbreak she lives behind will never be forgotten. There are no words to describe the pain of losing a child, I wish I had some to share but faith and support from so many will carry you all through. Prayers & Hugs.
Deanna Steuernagel*

Deanna Steuernagel - November 25, 2014 at 01:11 PM