



Kathryn "Kathi" M. Holmes

August 22, 1945 - August 9, 2024

Kathryn M. Holmes

Surrounded by her children, Kathryn ("Kathi") Mayleen Lundstrom Holmes, age 78, passed away in the early morning hours of August 9, 2024. Kathi was born in Brooklyn, New York and grew up in Richfield, Minnesota. She graduated from West High School in Minneapolis and earned her B.A. degree in communications while simultaneously working 40-hour weeks, attending night classes, and raising her two children. Kathi lived in Plymouth, Minnesota for 30 years, and moved to Minnetonka in 2002. She treasured that she lived a short distance from Oak Knoll Lutheran Church, where she was an active member and celebrated her faith.

Everyone knew Kathi as an insurmountable force, motivated by kindness, graciousness, and consistent positivity. She could always be counted on to offer a big, warm hug to anyone she knew. An avid reader, she had a passion for writing and enjoyed her long time involvement in two writing groups: Women of Words (WOW) and Writer's Circle. She loved spending time with her family, being a grandma, and walking her dog, Honey. Kathi's love for her children and her granddaughters was unsurpassed. She would frequently regale their exploits and share pictures of their lives. She prided herself on her Scandinavian heritage and continued to carry on the family tradition of making lefse (which her children and grandchildren continue to love) and lutefisk (which they don't) every Christmas. In 2008, Kathi suffered one of several life-threatening medical challenges that Mayo doctors predicted would leave her

paralyzed for the rest of her life. Undeterred and motivated by faith and a strong desire to play with her unborn granddaughter, Kathi redoubled her physical therapy, and against all odds, walked again. Because she believed her story could help and inspire others, she spent countless hours recounting her physical journey in her first published book, *I Stand with Courage: One Woman's Journey to Conquer Paralysis*. This spurred her writing career, and she went on to write four more books, *Reflections*, *Watershed Moments*, *Thoughts and Prayers for Those Experiencing Loss* and *Golden Ponderings*. Kathi's life was a testament to living each day as if it was the last. She was a ray of sunshine and touched many lives. Her family loved her very much. She will be greatly missed.

Preceded in death by her parents, Alton Lundstrom and Eileen Johnson Lundstrom and her loving husband of 28 years, Charles Holmes. Survived by her children; Paula (Chris) Madel, Miles Sieloff, grandchildren: Olivia MaryAnn Madel and Isabella Kathryn Madel, half-brother Lowell (Peggy) Johnson, her ex-husband William Sieloff, her dog Honey and many other relatives and friends.

Funeral Service Tuesday, August 20 at Oak Knoll Lutheran Church, 600 Hopkins

Crossroads, Minnetonka. Visitation begins at 10 am followed by service and lunch. All are welcome. Live stream link will be available at washburn-mcreavy.com. Memorials preferred to Oak Knoll Lutheran Church. To view service go to <https://youtube.com/live/01k6cWVCJ7k>

www.Washburn-McReavy.com

Strobeck-Johnon 952-938-9020

Previous Events

Visitation

AUG 20. 10:00 AM - 11:00 AM (CT)

Oak Knoll Lutheran Church
600 Hopkins Crossroad
Minnetonka, MN 55305

Memorial Service

AUG 20. 11:00 AM - 12:00 PM (CT)

Oak Knoll Lutheran Church
600 Hopkins Crossroad
Minnetonka, MN 55305

Graveside Service

AUG 20. 12:00 PM - 12:30 PM (CT)

Oak Knoll Lutheran Church Columbarium
600 Hopkins Cross Road
Minnetonka, MN 55305