



## Kate Skophammer

June 10, 1971

Katherine (Kate) Skophammer, 52, of Bloomington, MN, passed away unexpectedly on February 25, 2024, after suffering a brain aneurysm while doing what she loved, running with her friends.

Kate was born on June 10, 1971, to Thomas and Cheryl Schmid in Fargo, North Dakota. She grew up in Burlington, ND, graduating from Des Lacs-Burlington High School in 1989 where her dad also taught science. She went on to NDSU, participating on the speech team and then to MSU-Minot where she completed her associate degree in medical transcription. In 2007, Kate graduated from Old Dominion University in Norfolk, Virginia with a degree in English literature and earned her master's degree in humanities at ODU two years later.

While in Virginia, Kate met Roger Skophammer, and after taking him to Baltimore on a date to see the Orioles play Roger's hometown Twins team, their fate was sealed. They were married on February 21, 2007. Kate and Roger welcomed Roger Thomas (Sam) Skophammer on May 11, 2011.

Kate worked as an adjunct instructor of communications at ODU and as a bridges program coordinator at Dakota College at Bottineau, ND before Kate and Roger moved to Boston where she landed a job at Northeastern University as an institutional review board (IRB) coordinator in 2012. After leaving Boston, Kate continued to work remotely at Northeastern for a total of 10 years before taking a position as IRB administrator at Children's Minnesota hospital in 2022.

Growing up, Kate was an avid reader who could nearly always be found with her younger sister, Nikki, and their cousin Harvey Schneider. A product of the 80's, she appreciated the movies, music and TV from that era throughout her life, but it was her parents who shaped her open-minded and thoughtful perspective on the world. She also loved spending time with her grandparents who were very influential and helped develop the well-rounded foundation that would serve her for the rest of her life.

As an adult, Kate had such a broad range of interests that she could connect with anyone. Whether it was complex policy issues, in-depth literary discussions or the Marvel Universe and her beloved NDSU Bison, she was comfortable talking about all of it. Kate hated to miss out on any opportunity to connect, so she was continually planning something new or showing up for others at their important events. And she always had just the right recipe or special dish to share and was sure to include options for those who needed something a little different. She looked out for everyone, which was true in everything she did.

Not only did she look out for everyone, Kate genuinely cared about them. It didn't matter how distant the connection, Kate empathized with them as if they were her own family. Anyone going through a tough time could expect a little gift on their doorstep or an encouraging text message or a card in the mail. She never missed birthdays or anniversaries and seemed to know all the important moments in people's lives. And Kate was a fierce advocate for those who were treated unfairly or were marginalized. Whether it was bullying that she witnessed firsthand or abuses on the other side of the world, Kate felt deeply for those involved and took action.

Kate's sanctuary was her running club. She was surrounded by an incredible group of supportive women who motivated and inspired her. Those friendships were dear to Kate, and their adventures extended beyond running and often included coffee, drinks, dinners and even travels together.

Kate touched many lives and will be missed by them all.

Kate was preceded in death by her grandparents Helmer Kristianson and

Sadie Kristianson, Robert Schmid and Agnes Schmid, her niece Maggie Robbins and Roger's parents Roger Skophammer Sr. and Laura Skophammer. She is survived by her husband Roger Skophammer, son Sam Skophammer, stepdaughter Elise Main (Mike), parents Thomas Schmid and Cheryl Schmid, sister Nikki Lundeen (Jon) and grandchildren Cassie, Owen and Delaney. She is also survived by Roger's siblings, Trish Skophammer, Gwen Kettinger (Jerry) and Pete Skophammer (Dawn) along with many aunts, uncles, cousins, nieces and nephews.

Kate's generous nature continued even after her passing as her organs were donated to change lives for people in desperate need. Her final way of looking out for others.

A Celebration of Life will be held at Washburn-McReavy Dawn Valley Chapel, 9940 Bush Lake Rd, Bloomington, MN at 2:00 p.m. on Saturday, March 2. Visitation will be held at 1:00 until the time of the service and a luncheon will be served afterward.

The family has asked that guests dress in whichever way makes them most comfortable, and informal attire is certainly welcomed.

# Previous Events

## Visitation

MAR 2. 1:00 PM - 2:00 PM (CT)

Dawn Valley Chapel  
9940 Bush Lake Road  
Bloomington, MN 55438

## Chapel Service

MAR 2. 2:00 PM - 2:45 PM (CT)

Dawn Valley Chapel  
9940 Bush Lake Road  
Bloomington, MN 55438

# Tribute Wall



“ Washburn-McReavy Funeral Chapels created a Chapel Service for Kate Skophammer in memory of Kate Skophammer



Washburn-McReavy - February 28, 2024 at 10:23 PM

KI

*My condolences to you all. I can't imagine the heartbreak and sorrow you feel. I went to high school with Kate and even though she was a year younger than me it felt like we all knew each other in our small town. Her dad taught me in school and her mom was always at school activities so it felt like her whole family was a big part of the community. Although we didn't keep in touch, I've read and have seen the pictures and posts of how Kate made such a positive impact on those around her. What a gift she was to impact so many in such loving ways. I pray for her family and her young boy. There is no doubt you have an angel with very large wings in heaven.*

Kristi Iverson - March 02, 2024 at 09:13 AM

KA

“ I knew Kate at ODU; she was a warm and wonderful person, always ready to help out. My heartfelt sympathies to her family.

Kathy - March 04, 2024 at 07:37 PM



“ *Simply Elegant Spathiphyllum was purchased for the family of Kate Skophammer.*



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March 02, 2024 at 10:25 AM



“ *Northeastern University GSE planted a [Memorial Tree](/store/Product.aspx?ProductId=4518) in honor of Kate Skophammer.*

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**Northeastern University GSE** - March 02, 2024 at 10:25 AM



“ *The Rutherford Family purchased the Beautiful in Blue for the family of Kate Skophammer.*



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**The Rutherford Family** - March 02, 2024 at 08:32 AM



“ *The Rutherford Family planted a [Memorial Tree](/store/Product.aspx?ProductId=4518) in honor of Kate Skophammer.*

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**The Rutherford Family** - March 02, 2024 at 08:32 AM

AD

“ Mrs. Skophammer, thank you for your friendship, your hard work, your sense of humor, your generosity, thoughtfulness and kindness, your can do attitude and your delicious lefse. Rest in peace, Kate. Our deepest sympathies to your family. May your memory be a blessing.

Andrea & Daniela - March 02, 2024 at 07:02 AM

FL

“ From Alex, Debra, and Liam. purchased the Country Basket Blooms for the family of Kate Skophammer.



From Alex, Debra, and Liam. - March 01, 2024 at 05:16 PM

FL

“ From Alex, Debra, and Liam. planted a [Memorial Tree](/store/Product.aspx?ProductId=4518) in honor of Kate Skophammer.

From Alex, Debra, and Liam. - March 01, 2024 at 05:16 PM



“ Arrive in Style was purchased for the family of Kate Skophammer.



March 01, 2024 at 04:12 PM



“ *Sweetest Sunrise Bouquet was purchased for the family of Kate Skophammer.*



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March 01, 2024 at 02:48 PM



“ *Kate was a long-time friend. I met Kate when we were both students at North Dakota State University (NDSU). Once a Bison, Always a Bison! She and I were on the Speech and Debate Team and we even did a Duo together. Although Kate was much younger than I am, she always greeted me at Communication classes with a welcoming smile. When she married Roger in the cities, I was at their celebration. When she was pregnant with her dearly loved son, we laughed at having "geriatric pregnancies." I also had my daughter when I was in my 30s. Our lives drifted in different directions due mostly to our location, but I always cherished the Christmas cards with pictures of family events. Kate was a part of my life journey, and I will miss her smile. My deepest sorrow to Kate's family and friends. We were all blessed to have her as a part of our own life journey.*

*Pat Venette*

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**Pat Venette** - March 01, 2024 at 12:13 PM



“ *Beautiful in Blue was purchased for the family of Kate Skophammer.*



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March 01, 2024 at 11:44 AM

JM

“ Jimmy Monson planted a [Memorial Tree](/store/Product.aspx?ProductId=4518) in honor of Kate Skophammer.

Jimmy Monson - March 01, 2024 at 11:44 AM

D1

“ DLB Class of 1991 purchased the Dreams From the Heart Bouquet for the family of Kate Skophammer.



DLB Class of 1991 - March 01, 2024 at 09:41 AM

D1

“ DLB Class of 1991 planted a [Memorial Tree](/store/Product.aspx?ProductId=4518) in honor of Kate Skophammer.

DLB Class of 1991 - March 01, 2024 at 09:41 AM

MD

“ Minot State University History Department planted a [Memorial Tree](/store/Product.aspx?ProductId=4518) in honor of Kate Skophammer.

Minot State University History Department - March 01, 2024 at 09:25 AM



“ Arrive in Style was purchased for the family of Kate Skophammer.



March 01, 2024 at 08:01 AM



“ Beautiful in Blue was purchased for the family of Kate Skophammer.



March 01, 2024 at 01:13 AM



“ The OHS Theater Family planted a [Memorial Tree](/store/Product.aspx?ProductId=4518) in honor of Kate Skophammer.

The OHS Theater Family - March 01, 2024 at 01:13 AM



“ I remember Kate fondly from back in our Valley City days. Sending much love to her family and friends.

Jonna Reule - February 29, 2024 at 10:35 PM

KA

“*Kate was our dog sitter during her NDSU speech team days, the stories of acini di Pepe originated while tending to our Freddie and Frank. Her annual Christmas cards were a delight. I feel privileged to have known such a great advocate for all.*”

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**Karen** - February 29, 2024 at 07:58 PM

LM

“*Although I never had the opportunity to meet Kate, I have come to care deeply for her parents, Cheryl and Tom. Knowing them for the caring, loving couple that they are, I am certain that Kate embodied the same deep goodness. With all my heart, I send my profound condolences to Kate's parents and to all her family and friends who love her.*”

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**Laura Mondon** - February 29, 2024 at 06:43 PM

CH

*Laura, thank you for kind words and friendship.*

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**Cheryl** - February 29, 2024 at 08:24 PM

JB

“*Jon B. planted a grove of 3 [Memorial Trees](/store/Product.aspx?ProductId=4518) in honor of Kate Celia Skophammer.*”

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**Jon B.** - February 29, 2024 at 05:13 PM

SG

“*My deepest condolences to Kate's family on this terrible loss. At Northeastern, Kate was instrumental in supporting my work as a doctoral student and later the work of my students and my research as faculty member. She was always very kind and supportive.*”

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**Sean G** - February 29, 2024 at 04:28 PM

DM

“ Kate joined me in IRB Administration at Children's about a year and a half ago. She brought sunshine and energy to our daily work. She became my friend and trusted colleague. She is greatly missed.

Debra McKeehen - February 29, 2024 at 11:17 AM

ME

“ We need more authentic, kind people in the world. Kate was one of them. God bless.

Melissa - February 29, 2024 at 09:59 AM



“ Simply Elegant Spathiphyllum was purchased for the family of Kate Skophammer.



February 29, 2024 at 09:59 AM

SO

“ My thoughts and condolences to all in Kate's family and friend orbit. We worked together at NU; she used to help during interview day for the Foundation Year program, something I'll always appreciate. Again, so sorry to hear this sad news.

Sean O'Connell - February 29, 2024 at 08:38 AM

DL

“ Deborah L. planted a [Memorial Tree](/store/Product.aspx?ProductId=4518) in honor of Kate Skophammer.

Deborah L. - February 28, 2024 at 10:44 PM

JA

“ Jennifer A. planted a [Memorial Tree](/store/Product.aspx?ProductId=4518) in honor of Katherine Celia Skophammer.

Jennifer A. - February 28, 2024 at 08:56 PM

LY

“ oh, Kate... She was always such a warm, joyful, and caring colleague. We worked together at Northeastern for several years, and I always looked forward to the times we could connect in person - sharing stories of motherhood and finding humor in tough times. We will all miss you, Kate. Sending love to Kate's family as you face her loss.



Lydia Young - February 28, 2024 at 07:58 PM

JB

“ Joan B. planted a [Memorial Tree](/store/Product.aspx?ProductId=4518) in honor of Katherine Celia Skophammer.

Joan B. - February 28, 2024 at 07:15 PM

DF

“ Dave, Sandy and families purchased the Enchanted Cottage for the family of Kate Skophammer.



Dave, Sandy and families - February 28, 2024 at 06:55 PM

DF

“ Dave, Sandy and families planted a [Memorial Tree](/store/Product.aspx?ProductId=4518) in honor of Katherine Celia Skophammer.

Dave, Sandy and families - February 28, 2024 at 06:55 PM

HF

“ Harvey Schneider family planted a [Memorial Tree](/store/Product.aspx?ProductId=4518) in honor of Katherine Skophammer.

Harvey Schneider family - February 28, 2024 at 03:05 PM

HF

“ Harvey Schneider family purchased the Simply Elegant Spathiphyllum for the family of Kate Skophammer.



Harvey Schneider family - February 28, 2024 at 03:05 PM

KS

“ Kate is my niece they lived in Fargo when she was born she became our special one until Harvey! Oh was jealous until I took her with me to the store. She became the best friend of Harvey and the best sister to Nikki they had there fights when they lived here. She came back then had RT (Sam!) Then they Moved to Boston I hadn't cried so hard but the for my grandchildren but I have always had a special place for RT. Because of health reasons I can't come. She and Nikki came up and saw us I will cherish for ever! Love auntie Karen and Uncle Harvey ❤️

Karen Schneider - February 28, 2024 at 12:38 PM

CT

“ Child Support Program Leadership Team planted a [Memorial Tree](/store/Product.aspx?ProductId=4518) in honor of Katherine Skophammer.

Child Support Program Leadership Team - February 28, 2024 at 11:57 AM



“ Enchanted Cottage was purchased for the family of Kate Skophammer.



February 28, 2024 at 11:57 AM

DD

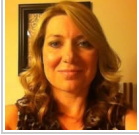
“ Kate was better than most and most assuredly better than me. She always made time for people whether listening, laughing, or making plans. She shared her life with others and she enjoyed that so much. We worked together at Northeastern for a lot of years and had some drinks at the top of the colonnade hotel as often as we could. She loved Roger and Sam and talked about them constantly. My well wishes go out to them. I am sorry someone who loved you so much was taken so quick. Hang in there! Sending love...sending it out all the way to MN from MA. ❤️

Davina Danian - February 28, 2024 at 11:21 AM

HW

“ Heather W. planted a [Memorial Tree](/store/Product.aspx?ProductId=4518) in honor of Katherine Skophammer.

Heather W. - February 28, 2024 at 11:19 AM



“ *Ann Haider-Bougard lit a candle in memory of Kate Skophammer*



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**Ann Haider-Bougard** - February 28, 2024 at 11:14 AM

DK

“ *Kate was a friend of mine since college. We both competed for NDSU speech team. I am heartbroken for the loss of this beautiful and kind woman. My heart goes out to her family. We need more "Kates" in this world.*

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**Donna Van Keulen** - February 28, 2024 at 06:24 AM

SE

“ *I worked with Kate for many years at Northeastern. She was a kind, thoughtful person who spoke so highly of her husband and son. My deepest condolences to her family. What a tremendous loss.*

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**Sara Ewell** - February 27, 2024 at 09:07 PM

BC

“ *Barbara C. planted a [Memorial Tree](/store/Product.aspx?ProductId=4518) in honor of Katherine Skophammer.*

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**Barbara C.** - February 27, 2024 at 11:49 AM

JL

“ *Jeanne L. planted a grove of 3 [Memorial Trees](/store/Product.aspx?ProductId=4518) in honor of Katherine Skophammer.*

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**Jeanne L.** - February 27, 2024 at 11:33 AM

BA

“ Bobby A. planted a [Memorial Tree](/store/Product.aspx?ProductId=4518) in honor of Katherine Skophammer.

Bobby A. - February 27, 2024 at 10:48 AM

BC

“ BOB, WIX, BOBBY AND CLAUDIA planted a [Memorial Tree](/store/Product.aspx?ProductId=4518) in honor of Katherine Skophammer.

BOB, WIX, BOBBY AND CLAUDIA - February 27, 2024 at 09:55 AM

BC

“ BOB, WIX, BOBBY AND CLAUDIA purchased the Beautiful in Blue for the family of Kate Skophammer.



BOB, WIX, BOBBY AND CLAUDIA - February 27, 2024 at 09:55 AM

JM

“ I never met Kate in person, but like many Northeastern students, she helped me through the very intimidating IRB process. IRB sounds so formal, but she was such a kind and caring person who just helped us. We need more helpers like Kate in the world, and certainly lost a great one in her. My deepest condolences to her family and those who had the privilege of knowing her better

Joseph M McDonald - February 27, 2024 at 09:03 AM

NL

*Thank you so much for your comment. She did love helping you all with your education journey.*

**Nicole Lundeen** - February 27, 2024 at 04:49 PM

MD

*Thank you Kate for being a kind, supportive colleague. My condolences to Kate's family and friends.*

**Mike Dean** - February 29, 2024 at 07:38 AM