



## John M. Prok

September 28, 2017

Prok, John M age 90, of Minneapolis. Passed away peacefully on September 28, 2017. Preceded in death by his parents Rev. John Prok and Maria, two sisters Ruth Engel and Judy. Survived by wife Lillian of 64 years, sons Steve (Kim), Michael (Linda) and Thomas (Donna), grandchildren Matthew, Taylor, Joshua Henderson, Elijah, Jeremiah, Jessica (Richard) Magers and Cory (Alison) Johnson, six great grandchildren, brothers Silas (Pat), David (Lois), sisters Vera (Daniel) Marko, Lydia Marko and Goldie Fristedt. Visitation Friday 5-7pm, Washburn McReavy 1838 E. Minnehaha Parkway, Minneapolis. Funeral service Saturday 1pm at Holy Emmanuel Lutheran Church 201 E. 104th St, Bloomington, with visitation one hour prior. Private burial will take place on a later date at Fort Snelling Cemetery. Memorials to Holy Emmanuel Church preferred in lieu of flowers.

John Martin Prok, born March 29, 1927 in Boyceville, WI. John served two military tours – the first in WWII and then in Korea. Upon returning home he met Lillian at Holy Emmanuel Lutheran Church. They married later that year and remained for 64 years. At Holy Emmanuel, John was a member of the men's club and also served as an usher and volunteered his time mowing the church lawn. He had many good friends at church.

John worked for Remington Rand/Sperry Univac repairing office machines for many years. He retired early and then began working for Catholic Charities where he was able to use his many handyman talents to help others. John liked to watch his sons play softball for church and other teams. He was known for his morning drives to White Castle for coffee and to meet with friends. He liked to have fun and joke around. John's parents passed down to him his love for wrestling, from AWA up to WWE. He enjoyed sneaking downstairs or out to the garage for a cigarette or a cold one. Not long before passing, to the delight of many, John's stiff ways finally warmed up from a one armed hug to a full blown two armed hugger. We look forward to that warm, two armed hug when we meet again in eternity. (The daughters-in-law believe it's because of them!)

# Tribute Wall

JL

“ *Lil and family -*

*We are so sad to hear of John's passing. We enjoyed coming over to visit with the both of you a few months ago, and wish we would have visited more often. We'll carry the memory of the smiley hellos and garden updates from John for many years to come. Thinking of you and your family in your time of mourning and celebration - how wonderful to live such a long life with a beautiful family! Holding you all in love and light.*

*~Neighbors Jacquie, Dan, and Willa*

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**Jacquie Lonning** - October 04, 2017 at 10:18 PM