



John Paulick

September 20, 1946 - June 7, 2026

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John Paul Paulick was born in Benson, Minnesota, on September 20, 1946, and passed away peacefully at his home in Plymouth, Minnesota, on June 7, 2026, at the age of 79.

A longtime resident of Plymouth, he was preceded in death by his parents, James Albert Paulick and Erna Ann Skala Paulick. He is survived by his son, Brandon Paulick, and his grandchildren, Skylar, Mason, and Silas Paulick. He also leaves behind his lifelong friend, Ron Kaegle, who knew John for most of his life.

After beginning his career at Northrop King, John became a leader at Sandoz Nutrition in St. Louis Park. Following a merger, he continued in a leadership role with Novartis. He poured his energy into his work and was a dedicated leader throughout his career.

John was also passionate about adventure, including scuba diving, biking, flying remote-controlled airplanes, playing foosball, and boating. One of our greatest adventures was a boat trip we took together from Grand Portage, Minnesota, to Isle Royale, and then across Lake Superior to Michigan's Upper

Peninsula. During the trip, we explored and scuba dived on shipwrecks at Isle Royale and throughout Michigan's Upper Peninsula. At times, we barreled through seven-foot waves on Lake Superior, and while it was a little terrifying in the moment, it became one of his favorite stories to tell and a memory he would later share with great excitement.

We also shared many years building and maintaining saltwater aquariums and reef tanks, a passion he introduced me to that became a significant part of our lives.

Above all, he was my dad. He exposed me to these hobbies, these adventures, and a love of life that most parents do not. He also found great peace in transcendental meditation, which gave him a calm and centered outlook. He did an incredible job of staying positive and looking at life through a positive lens. He believed that happiness was something worth pursuing and encouraged those around him to find joy in life whenever possible.

His lessons, his love, and his spirit will live on in all of us. I will teach my own children to carry forward his passion for adventure, appreciation for happiness, and the values he passed on to me. One of the greatest gifts my dad gave me was exposing me to so many experiences, hobbies, and opportunities. In his honor, I will do my best to provide those same opportunities to my own children.

He will be deeply missed by all who knew and loved him.

A graveside service will be held Thursday June 25th @ 12 Noon at the St. Francis Cemetery, 170 20th Ave NE., Benson, Minnesota.

Tribute Wall



“ *Simply Elegant Spathiphyllum was purchased for the family of John Paulick.* ”



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