



Jeffrey Pouliot

October 21, 2006

Pouliot, Jeffrey Gary age 34 of Mpls., died peacefully on October 17, 2006 after suffering a massive stroke. Jeff was born August 3, 1972 and grew up in Champlin, MN. He graduated from Anoka Sr. High and attended Anoka-Hennepin Technical College. He worked many years at Rainbow Foods in Plymouth, Alleygator's in Maple Grove, and most recently at Royalton Heating with his two uncles. Jeff loved life and even though he was given many challenges, he was determined to live life to the fullest. He loved music and going to rock concerts, watching movies, following the Twins and the Wild, and having fun with friends and family. He loved to fish, spending much time fishing from his parents dock on Lobster Lake, always certain he would catch "the big one". His optimism and easy going nature made people want to be around him and he was instantly liked by everyone he met. True to his giving nature, Jeff generously donated his organs and tissues so that others can benefit. He will be greatly missed by his parents, Greg and Debby Pouliot of Garfield, MN; sister, Becky Pouliot of Brooklyn Center; true love, Nancy Smith of Mpls.; many aunts, uncles, cousins, family and friends. Memorials preferred to LifeSource or Epilepsy Foundation of MN. Interment Crystal Lake Cemetery. Memorial Service 10:30 AM Saturday, October 21, with visitation from 9:00-10:30 AM all at: Washburn-McReavy Crystal Lake Chapel 612-521-3677 Penn & Dowling Aves N.