



Howard Allen Norman

June 14, 1944 - June 28, 2022

Norman, Howard Allen "Al" Al Norman passed away peacefully on June 28, 2022, surrounded by his family, after a long journey with leukemia, cardiomyopathy, and eventually dementia. He was 78 years old. Al was born in Seattle, WA to Howard and Alice Norman. He attended the University of Washington and graduated with a BS in economics. He took a break during college and spent almost 4 years in the US Coast Guard. He was stationed on the icebreaker Northwind, patrolling the Bearing Sea at the height of the Cold War. Through mutual friends, he met Lynette Ahiers of Cloquet, MN. They had a brief long distance courtship before he moved to Minnesota in 1971 where they got married and started a family. In 1977, Al and Lynette bought a small cabin on Round Lake in Northern Minnesota, where they spent their subsequent summers with their three children. He also enjoyed spending quality time with his sons as a Boy Scout leader. Al retired at 55 from his job as a large claim property/casualty insurance adjuster. For the next 10+ years, he and Lynette spent their springs, summers, and autumns at their new home on Round Lake and their winters in Fort Meyers, FL where they made new friends and reveled in their retirement. He also liked golfing and volunteering for the Lions Club. Even after his many diagnoses and declines, Al remained a caring, supportive person who put others before himself. He deeply loved and cherished his family and friends. Al is survived by his wife of 51 years, Lynette. His children: William (Michele), Jeffrey (Benjamin), and Julie (JanMichael). Grandchildren: Maxwell and Maya Guzman. Special Friends

who are also family: Al & Judy Albrecht. A small private family service will be held at Fort Snelling National Cemetery. If desired, the family suggests memorial(s) be sent to the Leukemia & Lymphoma Society, the Alzheimer's Association, or the ASPCA.