



Helen B.G. (nee Bergner) Rasmussen

January 18, 2016

Rasmussen, Helen B.G. (nee Bergner) Loved by all who knew her, Helen, age 94 of Golden Valley, passed away on January 18, 2016 surrounded by her family. She is survived by son Ward (Natalie), daughter Faye Armitage (Rob Retting), grandchildren Elise & Ethan, & many nieces & nephews. Preceded in death by devoted husband of 65 years, Carl Richard "Dick"; parents Peter & Gina Bergner; siblings Edward, Gladys Bickford, Palmer, Alice Victoria, Alice E. Van Meerten, & Florence Ditter. Helen was born on a farm near Alexandria, MN, where she had a happy childhood with her family, neighbors, church, & school. As a young adult, she moved to Minneapolis & completed her high school education. She worked as a dental assistant until she married Dick in 1947. She was the consummate homemaker, cook, & baker. Her specialty was pastries, especially home-made dinner rolls & Scandinavian treats. She enjoyed entertaining guests, particularly during holidays & birthdays when she could cook, bake, & decorate the house. A devoted mother, she was a Cub Scout den mother, Campfire Girl leader, & school volunteer. She was also very proud of her grandchildren. Helen & Dick were faithful attendees of their children's & grandchildren's music & sports events. Music was an important part of her life. She was a soprano & pianist, singing & playing by ear. She was also an expert clothes designer, seamstress, & tailor. A life-long Lutheran, she was a Sunday school teacher for many years. She & Dick were members of Lake of the Isles Lutheran Church. Helen was adventurous & was the main inspiration for family travel. She & her family took road trips to 47 states, to

most of Canada's provinces, & traveled to Alaska via a cruise through the Inside Passage. She found peace in nature during family canoe trips in the BWCA. She enjoyed history & genealogy; her favorite family journey was to Europe, where she met relatives & visited ancestral homes in Norway & Sweden. With a passion for learning & a deep interest in politics, she read the newspaper, thousands of books, and was a member of the National Geographic Society. Memorials preferred to American Cancer Society or Alzheimer's Association. Interment Glen Haven Memorial Gardens. Visitation Friday 1/29 from 4-7pm, Service Saturday 1/30 at 1:00pm with visitation beginning at 12 Noon ALL at: Washburn-McReavy.com Glen Haven Chapel 763-533-8643 5125 West Broadway, Crystal

Tribute Wall

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“ *Amy Michielle Freeman & Edina Realty City Lakes Staff purchased the Enchanted Cottage for the family of Helen B.G. (nee Bergner) Rasmussen.*



Amy Michielle Freeman & Edina Realty City Lakes Staff -
January 28, 2016 at 03:37 PM



“ *Arrive in Style was purchased for the family of Helen B.G. (nee Bergner) Rasmussen.*



January 26, 2016 at 02:56 PM

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“ *The passing of Helen has left a void. She was knowledgeable, kind and with a great sense of humour, and was a great person to have known. She was the cousin in America who I at once felt in rapport with when we met many years ago, and she will be missed. My thoughts are with the family*
Love
Ingvild

Ingvild Begg - January 26, 2016 at 03:44 AM