



## Helen Louise Kuduk

January 1, 1931 - March 26, 2021

Helen Louise (Hermstad) Kuduk, age 90, was born in N.E Minneapolis, Minnesota on January 1, 1931 to Arnold and Myrtle (Johnson) Hermstad. She passed away peacefully on March 26, 2021.

She grew up in N.E Minneapolis and graduated from Edison HS in 1948. Helen married Vernon Kuduk, her high school sweetheart on October 20, 1951. After raising 5 children, she was employed at St. Charles Borromeo Catholic church rectory and convent. She was also a pianist and organist for masses, weddings and funerals. She and Vern lived the cabin life style on Gun Lake in Aitkin County, MN for 25 years. In their golden years they enjoyed winters in Scottsdale, AZ, golfing, fishing, time with family, and always playing her beloved baby grand piano. She continued the lifestyle after losing Vern at the end of 2003.

Helen was continuously driven to better herself body, mind, and spirit until the very end. She loved to walk, hike, golf, lead aqua aerobics exercises with her friends in Scottsdale. She learned about nutrition, was an avid reader of self-improvement books, and did crosswords. She was a woman of deep faith and spirituality, attending weekend retreats, and was in a bible study and rosary group. Her family was extremely important to her and she loved them all very much. In her later years upon visits, she would always ask "how is the family doing?" and go through each child and grandchild. She looked forward to holiday family get togethers.

Helen is survived by her children, Terese Schultz, Sandi Singer, John (Laurie),

Judy Kuduk and Jennifer (Edward Reed) Kuduk; 8 grandchildren and 5 great grandchildren; and many other family and friends; and numerous nieces and nephews.

Preceded in death by her husband, Vern; siblings, Charlotte (Bob) Stanius and Donald Hermstad; son-in-law, Ronald Schultz; and great-grandchild Ashton Singer.

Mass of Christian Burial 11AM Friday April 30 (visitation begins at 10AM) at ST. CHARLES BORROMEO, 2739 NE Stinson Pkwy, St. Anthony. Interment St. John the Baptist Cemetery, New Brighton.

# Tribute Wall

BC

“ *Helen will always be in our best memories.  
She was truly an exceptional woman.  
She will be missed. Amen.*



---

**Bill and Barb Cant** - April 28, 2021 at 12:00 AM

DG

“ *We are do sorry for your loss. May God bless  
you and keep you, shine His face on you and  
give you peace.  
Helen was a vibrant, lively and lovely woman.  
She will be missed. We'll keep you in our  
prayers.*



---

**Daniel & Barbara Guhanick** - April 27, 2021 at 12:00 AM

KM

“ *Sandy and family,  
I am so sorry about your mom's passing. She was always so kind to  
me when we were kids. I have fond memories of baking in your  
kitchen and making a total mess! Wishing you sweet memories. She  
sounds like she was quite a gal, right up to the end!*

---

**Kathy Puchtel Mirocha** - April 14, 2021 at 12:00 AM

D(

“ *Terri, such a loss. I am very sorry. It is so difficult to lose a parent.  
You and your family are in my prayers*

---

**Deborah O'Davis (Steffens)** - April 14, 2021 at 12:00 AM

KR

“ *Prayers to you and your family.*

---

**Kelly Reed** - April 14, 2021 at 12:00 AM

DS

“ *What a fantastic legacy Helen left the world. So many wonderful children, grandchildren and great grandchildren. All from her. The world thanks you. God rest your soul.*



---

**Dave and Kristi Soenen** - April 14, 2021 at 12:00 AM