



Helen (Negus) Heath

August 24, 2018

Heath (Negus), Helen Age 97 of Golden Valley, MN passed away peacefully in her home Friday, Aug. 24, 2018. She was preceded in death by her husband, Les Heath; daughter, Becky Johnson; foster son, Gerry White; 5 sisters & 3 brothers. She was proud to be a life-long Minnesotan. During WWII she worked for a time on airplane assembly like "Rosie The Riveter". After his military service, Les and Helen were wed in 1946. Over their 66 years of marriage that followed, the two felt blessed in their lives mostly because of the people they shared friendships with. Perhaps Helen's greatest joy was bringing happiness to others through service. In much of her 23 years of service at Meadowbrook Elementary School, she supervised the lunch kitchen. She continued working with food during 10 years at General Mills in Golden Valley. Gatherings at the Heath Household often included good food prepared by Helen, who would then be more concerned about everyone else getting enough to eat than having some herself. She also would take care of the household chores so that when Les came home from work during the week, the family could take the boat out fishing on the weekend. Other joys included years square dancing with the Crystal Crosstrailers, playing 500 card games, and Tuesday morning Bingo at McDonalds. In the years after Les passed, she enjoyed talking with new people at Calvary's Thursday Evening Meals and with old neighbors sitting outside the garage at her house. Among the simple joys Helen and her grandson, Steven, enjoyed the last year were watching the news followed by Wheel of Fortune weekdays, and the

Lawrence Welk Show on Saturday nights. All those that knew her are sad to see her go, but are happy for the time she spent in their lives. Helen was thankful for her neighbors, friends, and family as evidenced by the smile on her face and the many happy memories they all have of her. Interment Glen Haven Cemetery. Celebration of life Thursday 8/30/18 11AM with visitation 1 hour prior to service at: Washburn-McReavy.com Glen Haven Chapel 763-533-8643 5125 W. Broadway, Crystal

Tribute Wall



“ *Adoring Heart was purchased for the family of Helen (Negus) Heath.*



August 29, 2018 at 09:44 AM



“ *We adored Helen and her late husband Les. A gem of a couple who would always wave to us on our walks with our dogs, making us feel welcomed to the neighborhood 10 years ago. We would often stop and chat and they would have gentle pets with our 145lb dog who was bigger than Helen, she was fearless and had a beautiful heart and smile. They are both missed.*

Suzanne Forward - August 27, 2018 at 08:35 PM



“ *1 file added to the album New Album Name*



DR. MIKE WHITE - August 27, 2018 at 01:57 PM



Me and my Grandmother in 2016

mike white - August 29, 2018 at 05:48 PM

AN

“ My sincere condolences go to the family for the loss of their dear loved one. I would like to share a Comforting thought from the bible found at *Philippians 4:7:And the peace of God that surpasses all understanding will guard your hearts and your mental powers by means of Christ Jesus.* 🌹

Anastasia - August 27, 2018 at 10:21 AM

MB

“ 1 file added to the album *New Album Name*



Maria Sonia Butler - August 26, 2018 at 10:22 PM

VK

“ Vera, Harley and Kenny purchased the *Pretty Please* for the family of Helen (Negus) Heath.



Vera, Harley and Kenny - August 26, 2018 at 02:15 PM