



Colleen Herrboldt Sehnert

July 8, 1929 - May 3, 2024

Colleen Herrboldt Sehnert, 94, of Minneapolis, MN, passed away peacefully on the morning of Friday, May 3, 2024, at Mt. Olivet Careview Home in Minneapolis, where she had resided for six months. A celebration of life service will be held at 11:00 AM on Friday, May 24, 2024, at Bethlehem Lutheran Church, 4100 Lyndale Avenue South, in Minneapolis with Pastor Adam Teske officiating. Visitation prior to the service. Interment at Lakewood Cemetery.

Born July 8, 1929, in Tolstoy, South Dakota, to Eugene and Alvina (Block) Herrboldt, Colleen was baptized and confirmed into the Christian faith which was the center of her life. The family lived in Minneapolis, as well as Eureka and Ipswich, SD before settling in Aberdeen, SD. She was a loving big sister to Ginger and Dick. After graduating from Aberdeen High School, Colleen attended Northern State Teachers College and then transferred to the University of South Dakota in Vermillion where she majored in English. She was a member of Kappa Alpha Theta sorority. While at the university, she met her future husband, Keith, who was also a student. He was working in the college dining hall and noticed her when she came in for meals. With little money to spend on dates, they would go on long walks which led to a lifetime of enjoying hiking, and later biking, together. They were married on June 21, 1952 in Aberdeen, SD and she devoted herself to supporting Keith as he completed his medical studies in Cleveland and Detroit. They moved to York,

Nebraska in 1954 where he began his medical career as a small town doctor. All three of their daughters - Kristie, Cindy and Sarah - were born in York. The deafness of their infant daughter Cindy led to their involvement with organizations to support deaf children.

The family moved to Lincoln, Nebraska where Colleen focused her energy on raising her family, being involved in her church and school activities of her daughters. In 1969, the family moved to Arlington, Virginia. Then in 1978, they relocated again, this time to Minneapolis, to be closer to Colleen's family and for Keith's medical practice. She was his clinic office manager and editor for his numerous books. Colleen was very active at Bethlehem Lutheran Church with Circle (a women's bible study group), her small group, and many ministries, including Stephen's Ministry, Homebound Communion, and the Care Ministries Health Cabinet. She was especially proud of her involvement with the Day of Remembering Grief Ministry, which she founded after Keith's death. She was active in PEO (a member for over 50 years) and Theta alumnae chapters. She loved watching football with her brother Dick, and was a Vikings and University of Nebraska Cornhuskers fan.

Before and after Keith died, Colleen made many trips to Bemidji to spend time with her sister Ginger and brother-in-law Arlo. Throughout her life, she traveled around the country visiting family and friends and took many adventures abroad to Mexico, the Caribbean, Italy, Costa Rica, England, Germany, Austria, Switzerland, Romania, and Greece. She loved to tend the roses in her backyard in Minneapolis and lived close to the Lake Harriet Rose Garden. She enjoyed hosting parties, social gatherings and holiday dinners. She excelled at baking and cooking. Her smile, charm and unending kindness were present in everything she did.

She is survived by her three daughters: Kristie (Karl) Shipley, Carlsbad, CA; Cindy (JJ) Jones, Overland Park, KS; and Sarah (Wilmer Telleria) Sehnert,

Minneapolis, MN, and her brother Dick (Barb) Herrboldt; Six grandchildren: Juliana (Josh) Ladd, Heather (Aaron) Hanshaw, Evan Shipley, Wade Shipley, Ruth Telleria and Lucia Telleria; and two great grandchildren: Xander and Lucy Ladd; along with many other relatives and friends.

She is preceded in death by her husband, Keith, on June 22, 1999; her parents, Eugene and Alvina; stepfather, Adam Oberlander; sister, Ginger Feiock; brother-in-law, Arlo Feiock; and son-in-law, Karl Shipley.

Memorial gifts to:

Memorial Gifts to:

1) Bethlehem Lutheran Church Care Ministries

Send checks to:

4100 Lyndale Avenue South

Minneapolis, MN 55409

2) Loaves & Fishes MN

<https://www.loavesandfishesmn.org/>

3) The Nature Conservancy

<https://www.nature.org/en-us/>

Colleen will be missed dearly - her love lives on in us.

Cemetery Details

Lakewood Cemetery (Minneapolis)

3600 Hennepin Avenue South
Minneapolis, MN 55408

Previous Events

Visitation

MAY 24. 10:00 AM - 11:00 AM (CT)

Bethlehem Lutheran Church Twin Cities, (Minneapolis Campus)
4100 Lyndale Avenue South
Minneapolis, MN 55409

Church Service

MAY 24. 11:00 AM - 12:00 PM (CT)

Bethlehem Lutheran Church Twin Cities, (Minneapolis Campus)
4100 Lyndale Avenue South
Minneapolis, MN 55409

Tribute Wall



“ Washburn-McReavy Funeral Chapels created a Webcast in memory of Colleen Herrboldt Sehnert



Washburn-McReavy - May 22, 2024 at 03:32 PM



“ 1 file added to the tribute wall



JJ Jones - May 27, 2024 at 10:06 AM



“ I met Colleen for the first time, visiting the office, for an appointment with Keith. Later, Keith offered me part time job in the office, processing billing. Joy, already worked there with Colleen, and soon Annie (Sharolyn) joined us also. Thus began a friendship for the 4 of us. After the office closed, we continued to share lunch once a month. I still love all the women of our little group. Annie and I live in Florida now and have stayed friends. I recently found Colleen and Joy and texted them Bible verses every morning. Colleen was a woman of God.

Cheryl Bernd - May 24, 2024 at 09:05 AM

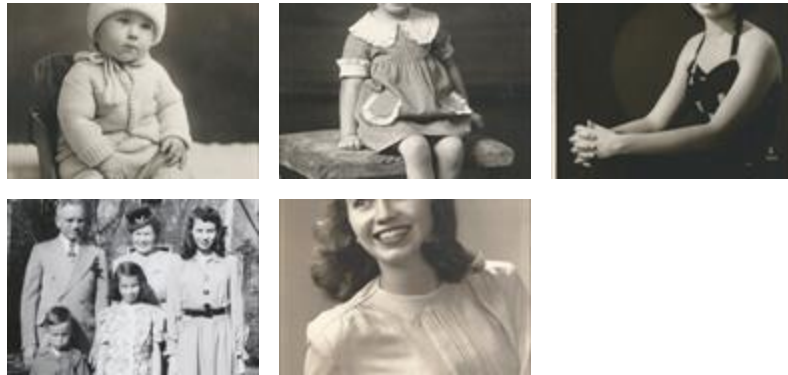
AF

Colleen was such a loving lady. Working with her in Keith's office was a huge blessing. She was a caring lady who kept the four ladies together in the office and and in fun, social times outside the office too. The memories from that time in our lives will always be with us. I am thankful to have Cheri close by in Florida, and we are forever friends because of the influence Colleen had in our lives.

Annie Sharolyn Feil - May 24, 2024 at 11:12 AM

JJ

“ 28 files added to the album Memories



JJ Jones - May 17, 2024 at 04:18 PM

PM

“ Peggy Virnig Mnich lit a candle in memory of Colleen Herrboldt Sehnert



Peggy Virnig Mnich - May 17, 2024 at 12:05 PM

IN

“ 3 files added to the album Memories



Info - May 17, 2024 at 09:12 AM