



Christopher Myles Foley, MD

May 8, 1950 - October 15, 2021

Foley, MD

Christopher Myles

Age 71 of Dellwood

Passed away peacefully on October 15, 2021 after an unexpected illness. Chris was born to Logan and Mimi (Zoccola) Foley on May 8th, 1950 in South Orange, New Jersey. After losing his mother during childbirth, he was raised by his aunt and uncle Ruth and Frank Zoccola who resided in Cleveland, OH. At age 12, he moved to Minnesota and resided in North Oaks with the Zoccola family. He graduated from Mounds View High School in 1968 where he was captain of the swimming and golf teams. He first met Janet (Sorensen) at Mounds View and after being told by a friend that she was too tall for him, the two would go on to share a lifelong relationship that would transcend his final day. They were married in 1975 at Prince of Peace Church in Roseville, MN. After high school, Chris graduated from the University of Notre Dame in 1972, followed by the University of Minnesota School of Medicine in 1976. In 1979, he finished his residency and began his medical practice at St. Joseph's Hospital in St. Paul, MN. His work in the HealthEast medical system as a practicing physician and internist spanned 22 years, which included leading the building of the integrative medicine program at the HealthEast Healing Center and the opening of Woodwinds Health Campus in Woodbury, MN. In 2001 with Jan at his side, he founded Minnesota Natural Medicine which soon became a pillar of integrative and functional medicine in the state and nation.

Along with his hardworking team, he has since cared for thousands of patients and even assisted them during the time his condition worsened. Undoubtedly, his primary professional passion lay in helping people.

Chris was truly, all-around, one of the good ones. Outside of medicine, his passions revolved around his family. He was a loving and dedicated husband, father, son, and brother; a generous neighbor and friend; a brilliant and compassionate physician. He was a truth-seeker in both faith and knowledge. Chris played and promoted handball as often as able, part of a unique troop of athletes keeping the "perfect game" growing in Minnesota. He passionately lived a full, boundless life that included the outdoors, Hobie kayak boating, biking with Jan, and playing/singing with his guitar or banjo. He was proud of his grandchildren and taught them how to be healthy, bike, and make the best popcorn. He loved his dogs Luther & Sligo ("the hounds") dearly and always found an inner peace in the Wisconsin north woods sitting on a deck listening to good Irish music. Quick-witted and never shy, he could be counted on to willingly share a story or conversation over a pint or a dram. He will be gravely missed by all whose lives he touched.

Chris is survived by his loving wife of 46 years, Jan; their 4 sons, Logan (Amanda), Donovan (Wendee), Griffin (Sarah), Quinn (Jessie); 8 grandchildren, Lillian, Marian, Catherine, Vince, Maximus, Brianna, Gloria, and Paisley; sister, Bry; brother, Bob; and many extended family members. He was preceded in death by Mimi and Logan Foley; and Ruth and Frank Zoccola.

Visitation will be held at St. John the Baptist Church (835 2nd Ave NW, New Brighton, MN) from 5-8pm on Fri 29 Oct. Funeral service will be held at the same location at 10:30 am on Sat 30 Oct. with luncheon to follow.

In lieu of flowers, memorials are preferred in his name to one of his many passions: St. John the Baptist Catholic School in New Brighton, MN (<https://stjohnnyb.org/>), Nativity Catholic School in Burke, VA (<https://nativityschool.org/>), Soldier's Angels (<https://soldiersangels.org/>), or the United States Handball Association First Ace Fund (<https://www.ushandba>

ll.org/product/first-ace-development-fund/).

Tribute Wall

RS

“ So sorry to learn about Chris's unfortunate passing. I knew Chris at Notre Dame. A great guy who clearly has made a difference in the lives of so many and is truly missed.

Richard Slawson - January 04, 2023 at 12:00 AM

GD

“ Hi Jan, I'm so surprised and sad to hear about your loss of Chris. We had great times together at Edgewood and mounds view and then coaching agin each other when Donavan and my Kelly played all those years ago. Kelly still plays, maybe Donavan would like to also. They are still young you know. Best to you and family. Yours, Gary DeGross

Gary DeGross - May 15, 2022 at 12:00 AM

KS

“ Thank you for your honesty. God bless you and your family.



Kelly Smith - November 12, 2021 at 12:00 AM

LG

“ Chris,
To say we are so grateful for the personal attention you gave us, is an understatement. You eased our fears.
Guided us to health.
Shocked... to hear you left us on earth.... Is still a shock and so sad.
Thank you so much, Chris. The vision of you meeting us on your recumbent bike, on a non-office day, to bring us what we needed, made us smile with disbelief, that day and still does today, as we envision you coming up the road. Grateful to that heart-warming cherished vision.
How much.... We wish... we would still have had an opportunity... to hug each other. ... again.
Much love to you, Jan and your entire family. 🤍👩🏻♀️🤍👩🏻♀️🥹

Lorraine and Clancy Gallagher - November 12, 2021 at 12:00 AM

CM

“ I am so sorry to hear about Dr Foley's passing. Dr Foley helped my son in the early 2000's with Vitamin D def (that helped cause his depression) when no one else had the knowledge to investigate, let alone treat. I always respected Dr Foley and his knowledge. May God bless you all.

Corinne M - November 11, 2021 at 12:00 AM

NA

“ I'm so sorry for your (and our) loss. He was helpful at helping me with my health challenges.

Nancy - November 11, 2021 at 12:00 AM

ST

“ I am mourning the loss of a great friend and mentor with the passing of this great humanitarian and true doctor! I met Chris in 2000 and had many enlightening and great conversations regarding Functional Medicine, health and healing with him! I sent dozens of patients to Chris, all of whom felt the same about him. There are few medical doctors whom I trust as much as I have trusted Chris! No one will ever replace this great man for how many people he helped and for too many reasons to ever list! The world is no longer the same, without you, Chris! Deepest sympathies to his family and shame on the media for the adverse information regarding him and his beliefs! His record of healing people far exceeds anything comparable the mainstream can vex him with regarding current health concerns and misinformation that will one day prove itself. I am saddened that Chris will not be here to see the truth revealed. God has a special place for you, Chris! Bless you and yours!

Sheila Smith, Nutritional Therapist - November 10, 2021 at 12:00 AM

BK

“ I wish I had known about Chris sooner than today. He, was one of the best and most unique people I have ever been associated with. He was my handball partner for many years and he helped me in the early 1980's when I needed some personal help. Even though I hadn't seen him in a while I will never forget him. He was as some have said an "original good guy".



Bill Kalseim - November 10, 2021 at 12:00 AM

PC

“ I just saw this and am very sad at hearing about Chris' death. I knew him at Notre Dame and have fond memories. He also lives across the street from my uncle in North Oaks, and knew my cousins. RIP Chris and condolences to his family!

Patricia Cotter - November 10, 2021 at 12:00 AM

DT

“ Chris was a friend & neighbor. He was the most passionate man of every aspect of his that I ever knew. As a friend he was always there for you. You knew where he stood on every issue, and he was committed to his beliefs. He will be missed. Those of us that knew him were truly blessed.



Don Thaemert - November 04, 2021 at 12:00 AM

JG

“ We are so shocked and grieved by Dr. Foley's passing. Unfortunately we didn't see the email until this week. Since we permanently moved to Arizona in 2020 we have been without his wonderful medical advice that we had through the years . Finding a replacement for that has become a daunting task. Now we can't even call back for a consult.

Joseph and Claryce Graham - November 04, 2021 at 12:00 AM

JG

“ We lost a great person to covid. Chris left an awesome legacy through his children.

Jim Grota - November 02, 2021 at 12:00 AM

JC

“ I waited to offer thoughts on Dr. Foley's passing not knowing how to express them in a time such as this. The comments already made do him great honor but also reflect on just how much an impact he had on so many people, including my wife and I. To say he is missed is an understatement, but more importantly he left us the knowledge and encouragement to continue on. To ask questions, keep an open mind and and act on improving not only our health concerns but everyone's. So thankful that he provided the tools to this. He is missed, but his legacy continues on.
Jan and family your in our thoughts. Thank you for sharing Chris's life with us. Truly a one of a kind Dr. and individual.

John Christianson - November 01, 2021 at 12:00 AM

JS

“ I was surprised to hear of Dr. Foley's death. I just saw him in July and he was full of energy and was always learning about new avenues of treatment. He was a blessing to what I call "medical refugees" who were unable to find answers to their medical issues with traditional medical providers. His death is a loss to me, his family and to the community



John Sandness - November 01, 2021 at 12:00 AM

RT

“ Chris will be profoundly missed. A world-class intellect, a courageous searcher, a spectacular and fearless friend,

Richard Thomas - October 30, 2021 at 12:00 AM

DR

“ Chris was a wonderful human being. I remember every family function Kathy and I were invited to, Chris always sought me out and we had a spirited conversation. Although we didn't always agree, he respected my opinion and treated me with kindness. I will miss him and his unique personality. God bless you and will see you again in Heaven



David Rondeau - October 30, 2021 at 12:00 AM

RS

“ Chris was truly one of the good ones. He was one of the only Docs I ever had who cared enough to put together a comprehensive plan for me. He will be truly missed.



Robert Storeygard - October 30, 2021 at 12:00 AM

IA

“ Thank you to Dr. Foley's family for sharing their father and husband for so many years with his patients. His advice, my family believes, saved my life and greatly improved the life of my husband. Sixteen years ago, at my first appointment with him, he advised me to read a particular book. "Just read it; see what you think." That was the beginning of my getting on a healthy life-style path. At every appointment, he would ask, "What are you reading?" Philosophy, history, semantics, religion... health... With my husband, Dr. Foley would discuss various health problems and various protocols presented by researchers whose works interested my husband. Dr. Foley was patient, supportive, and encouraging. Dr. Foley's medical practice exemplified: You treat a husband, a wife, you treat a whole family." Dr. Foley's death makes us sad; but, the conversation, Dr. Foley's memory, and Dr. Foley's influence goes on. Peace and Blessings to Mrs. Foley and the Foley Family.

Inez and Robert Agar - October 30, 2021 at 12:00 AM

RH

“ Please accept my sincere condolences Jan - I am out of the country until Sunday and I would like to have attended the events for Chris in person. I have known Chris for nearly 20 years as a brilliant, expertly informed clinician and policy analyst on many matters - not only medical, but as regards to the wider concerns of citizens of this country. I am so saddened by his loss - particularly to our collective of physicians discussing the interchange policy and therapy - but perhaps most importantly to his patients for which there may be few if any comparable options for care. Chris was always generous with his time and expertise - on challenging matters I felt comfortable asking Chris, and he always responded thoughtfully and respectfully. I don't think we replace the irreplaceable - know my thoughts and prayers are with you and your family these next days as are those of so many others who will miss Chris dearly.

Ronnell A Hansen - October 30, 2021 at 12:00 AM

PM

“ I never met Chris but he was a God send for my daughter (Tabitha Newgard) who has struggled with chronic Lyme for the past 10 years. Besides knowing how to treat Chronic Lyme, he was such an encourager to her. The news of his passing was quite a shock. Our condolences to his family and many friends



Peter & Bobbin Mock - October 30, 2021 at 12:00 AM

MM

“ I'm shocked and saddened by the loss of dr. Foley. His energy, passion and impact will live on. Please let me know if there's anything I can do to help-really.
Matt-Thousand Hills



Matthew Maier - October 30, 2021 at 12:00 AM

JG

“ I am really at a loss for the right words. I have never had a doctor treat me so well. Dr. Foley felt like an extension of my family and he meant so much to me over the years. He helped through some of the toughest times I ever faced and was always such an inspiration! I hope family and friends can celebrate such a wonderful man and caregiver - God bless.

Joseph Gardner - October 30, 2021 at 12:00 AM

SS

“ *I am deeply saddened that this vital and passionate man who helped so many people has left this realm. My condolences to his friends and family. May his soul's next journey be awesome.*

Sheryl Senkiw - October 30, 2021 at 12:00 AM

TM

“ *My sympathy and prayer to the family and friends, in our loss of a man who was and is a leader among men in the pursuit of God's truth.*

My family will miss Christopher Myles Foley.

Tim McLaughlin - October 29, 2021 at 12:00 AM



TB

“ My son and I met Dr. Foley in 2009 after years and a lot of misdiagnosed illnesses by Dr. After Dr. Including Mayo Clinic. It was not until a friend told me about Dr. Foley. Her and her husband were friends and patients of Dr. Foley for many years and came highly recommended by them. I made the appointment and we flew from Orlando to Minnesota with new hope that we would finally find out what was going on with my son's medical symptoms. Dr. Foley knew almost immediately what was causing his medical problems and ordered tests and cultures. Eight weeks later it was confirmed, Lyme disease. Dr. Foley began my son's treatment and he was on the road to recovery. He has been seeing Dr. Foley through the years to present day.

As a mother I thank Dr. Foley for giving my son back his life and helping him all through the years. Dr. Foley was there every time my son needed to talk to him. He always made himself available. I know people say everyone is replaceable, I do not think so, I believe Dr. Foley was one of a kind, an angel sent by God.

Our sincere condolences to the Foley family. No words can describe what a difference he made in our lives. I can only hope by telling our story it will help in some way, and we pray you will all find strength in God and that he will hold you up with his righteous right hand until you are strong enough to stand and walk on with him remaining by your side.

Tessa Biddle - October 29, 2021 at 12:00 AM

DC

“ Long time friend from King's Court days and long time patient getting me to the starting line. Dearly missed

Dr. John Cretzmeyer - October 29, 2021 at 12:00 AM

JT

“ To Jan, your family, Kelli, the many friends and patients of 'Doc'. We join you in mourning the passing of Doc. You have lost a husband and father. We have lost a friend. We first met Dr. Foley about ten years ago - with that first visit you knew the relationship was going to be different. Doc cared about us as people, not just as a patient. Each subsequent encounter with Doc always started with 'How are you doing'? Not just the health side of life but the life side of life as well. During that first meeting Doc learned that I had spent time in the USAF, ground support staff in a fighter squadron, and shared that he hadn't set out to be a Doctor but wanted to be a fighter pilot - something about trouble with the vision test. Yep, he had that fighter pilot personality. God created each of us, uniquely, in His image. He gave us skills and capabilities, gifts and talents, strengths and weaknesses. It is clear that Doc ended up in the right role. God also gives each of us a purpose for being here on this earth and He decides when that purpose has been fulfilled and takes us home. The timing doesn't make sense to us right now - someday it will when we see him again and can compare notes. Meanwhile we give thanks for Doc - a man who loved and was loved. We grieve his passing but celebrate his life and take comfort in knowing that he has heard what we all desire to hear - Well done good and faithful servant!

John and Sue T.

John Tomlinson - October 29, 2021 at 12:00 AM

RM

“ I am extremely devastated and shocked to hear about Dr. Foley's passing. I met him earlier this year, when I was able to cross the border from Canada to the states due to medical exemption. Dr. Foley cured my Crohn's Disease, and was helping my dad taper off harmful drugs for his Ulcerative Colitis. We cannot thank Dr. Foley enough... and was hoping to make another visit to Minnessota to speak with him. My husband and I have had numerous conversations about how Dr. Foley is absolutely the greatest physician we have ever met. He was not only a physician, but an amazing friend. Someone who truly cared to cure and help others. He was never about just treating the symptoms. I will never forget how much Dr. Foley has helped my family and I. He literally saved me, and I will always be grateful for meeting such a kind soul. May he rest in peace.



Rajetha Manothasan - October 29, 2021 at 12:00 AM

SA

“ I am so sorry for your loss. Your family is in my thoughts and prayers.



Scott Adams - October 29, 2021 at 12:00 AM

CM

“ *The news of Chris Foley's passing breaks my heart. He touched my life so personally 20 years ago, as a patient for a chronic illness. He was willing to take me in, do the work needed to make me whole, and frankly...changed my life. 5 years ago Chris also caught my pancreatic cancer early, gave me proper guidance and referrals, and was always there if I needed him through my battle. He was not only my doctor, but over the years truly became in a way, part of my family and life. He cared so much about his patients, their family and their lives. Most of all, he loved his family so much. There wasn't a single visit or phone call in which he wasn't beaming with pride about someone in his family. Maybe that was part of the healing. Sharing lives together outside of disease...being invited to be part of a bigger family. I still remember the last thing he said to me at a recent appt. "Craig, you make us doctor's look good". It was his way of saying he was proud of me for all that we'd gone through together. An acknowledgement of the imperfections of being human. I will miss you so much Chris Foley. The world is so much less, without you. May god hold you near, and bless your precious family, friends, and patients as they navigate such loss. Craig Mincheff and Family*

Craig Mincheff - October 29, 2021 at 12:00 AM

JO

“ *I will dearly miss my friend and mentor in medicine. I'll especially miss his big heart, brilliance, and insatiable intellectual curiosity. He was a passionate healer and a bright spot for so many thousands of patients. May his dear wife, Jan, and his sons find comfort and peace in the love of each other and the love of the thousands of patients helped by this incredible physician.*

Jonathan Otten - October 29, 2021 at 12:00 AM

TZ

“ I'm so sorry for your loss. Chris's love for his family was always so evident, and it's what I'll always remember most about him.

We'll all miss him on the handball court.

Tim Zigmund - October 29, 2021 at 12:00 AM

JE

“ *Foley family, my husband and I are so very sad to hear this news. Dr. Foley was my doctor. He patiently walked me through the most difficult time of my life and gave me hope when I had none. Chris was an encourager. He was the kind of person that cared for you, not only professionally, but personally. He was genuinely interested in your life. My husband and I often left my appointments smiling and uplifted...we enjoyed our time and conversations with him so, so much! He truly was one of the loveliest people we've had the pleasure to know. Please know the incredible impact he made in my life, and so many others, will continue to make a difference for a long, long time. What a blessing he has been! We are sending love and lifting up your family in the days to come.*

Jennifer - October 29, 2021 at 12:00 AM

SO

“ My heartfelt condolences go out to the family, colleagues and friends of Dr. Chris Foley. This is devastating news and a true loss to all those that know Dr. Foley like I do. He has been my doctor for over sixteen years and is truly a special person. Passionate about the science of treating humans, high intelligence, very personable, sharp wit, but in the end someone who really cares. His contributions have made a such a positive impact on my life along with family, and someone I will truly miss.



Prayers and best wishes to those feeling this loss. God bless Dr. Foley.

Scott Ohser - October 29, 2021 at 12:00 AM

HR

“ Dr. Chris has been my life saving doctor since his beginning with Woodwinds health campus, Chris has always been ahead of the rest in my book. He would do things that most mainstream doctors would just glaze over if not for his vast knowledge I am sure I would not have made it this far in life. Thank you Chris for all of the things that you have done to help everyone who you have come in contact with though out your life you my friend are a true blessing to this earth.

My heart goes out to his wonderful family, God bless them in this trying time.

Harmon Ruliffson - October 28, 2021 at 12:00 AM

DF

“ Though I did not know Dr Foley personally, his work touched my life as I was blessed to work at the beautiful Woodwinds campus for 13 years as a nurse. Thank you, Foley family, for sharing him with all of us who benefitted because of his Being all that God made him to be. May Jesus' peace be upon you now.



Dianne Fouts - October 28, 2021 at 12:00 AM

PR

“ Mike and I are so very sorry to hear of the passing of Dr. Foley. He was *THE* best doctor, ever. So very personable, and ntelligent as can be in what was happening in medicine. We lost one of the best, but Heaven has a doctor with wings. You will be terribly missed, Dr. Foley. Our thoughts and prayers are with the family. 🙏

Patricia Robinson - October 28, 2021 at 12:00 AM

VS

“ Thankful for a wonderful Doctor and friend.! my sympathy Jan and family,



vivian straumann - October 28, 2021 at 12:00 AM

BF

“ I am sorry for your loss to this family and friends. Dr. Foley was God's provision to our family. He uncovered the illness and walked out a treatment plan, as busy as HE was, he always gave us access to Him. That speaks to his character. He gave our son a new opportunity at life, after a devastating disease. We are forever grateful.

Ballinger Family - October 28, 2021 at 12:00 AM

AS

“ I have been a patient of Dr Foley's for over 20 years. He saved my life and helped me when no one else could. His knowledge and perseverance as a Dr was truly incredible. I will miss him dearly.



Anita Simonton - October 28, 2021 at 12:00 AM

TE

“ I remember Chris when he was at Saint Joe's at the same time I was doing my residency at Saint Joe's. He had a great sense of humor and I liked his transparency and open speak. I respected his opinions and he was very outspoken about them. He was definitely an influential person on my life and will be missed greatly



Thomas Egger - October 28, 2021 at 12:00 AM

CG

“ We met Dr. Foley in 2007. We had been asking our Chiropractor in Owatonna if he knew a holistic MD. We are eating and living organically. We set up a meeting with Dr. Foley - when he asked me (Chip) what brought me here today? I told him my Mom died of Cancer and Dad died of Alzheimer's and I did not want my wife to have to deal with that by me - he looked up and said" I guess you want me the reduce your rate of morbidity" - we laughed and I said of course.

I (Chip) have worked with Dr. Foley for almost 15 years and express my gratitude for all he has done to improve my health and last year during our visit everything we have done has my body and mind 15 years younger than my actual age.

We also talked a lot of politics at the appointments

In my last visit we found out he had looked at lot on Silver Lake in Cumberland, WI.

We have a family cabin on the lake and almost became neighbors after all these years!

He is in our prayers as well as the family.

Chip and Nancy Greene - October 28, 2021 at 12:00 AM

HC

“ I want to share my deepest condolences with Dr. Foley's immediate family and to those at Minnesota Natural Medicine. Several members of my family were patients of his over the past few years. He was the first doctor to really listen to us, diagnose us and heal us - and for that we will be forever grateful. Additionally, I looked forward to my appointments with him on a personal level where I would learn so much from him as he shared new research, poignant stories and healthy dialogue. Though I only knew him through our clinic visits, he clearly loved his family, had a zest for life and was one of the smartest people I have ever met. He will be missed and always remembered.



heidi clear - October 28, 2021 at 12:00 AM

NP

“ We had plans for age 100. I'm very sorry.



Nels Petersen - October 28, 2021 at 12:00 AM

HD

“ Ross and I are deeply saddened by the news of Dr. Foley's passing! He was truly a God-send to both of us and set us on a path of natural healing for me that over about 4 years restored me to health without surgery or lifelong medication. He was always gracious, helpful, and passed along his vast knowledge and new discoveries generously. He truly will be missed! Our prayers are with the family and his associates at this time.

Helen Davidson - October 28, 2021 at 12:00 AM

KA

“ So sorry! He will be missed by so many. This is shocking as he seemed to be so incredibly healthy and strong!



Karen P. Anderson - October 28, 2021 at 12:00 AM

SS

“ We found Chris after Donna had struggled with a long term health condition. After a long search someone suggested Dr Foley. Nutraceuticals solved the problem in less than two weeks. We both have been so very blessed by Chris, Jan, Kellie and the whole team. Hard shoes to fill.

Steve and Donna Stricker - October 28, 2021 at 12:00 AM

PM

“ I was shocked and saddened to hear this news. Dr. Foley meant so much to me and to my family. He diagnosed things that nobody else could and helped get me on path to health. We will miss his brilliant mind, unwavering quest for the facts and his sense of humor. He was quite simply one-of-a-kind and a treasure for the world of medicine and his patients. My heart goes out to his family, friends and the many patients who deepened on his care and expertise. All the best - Patty McPhee

Patty McPhee - October 28, 2021 at 12:00 AM

TB

“ I have been a patient for 6 years. Chris gave me hope and the science to let myself off the hook for my real illness. Before I did think it was in my head. I will miss his humour and kindness.



Thomas Borden - October 28, 2021 at 12:00 AM

MK

“ We met in 2000. The first thing he said was, "I can help you." He was the one who discovered I had Lyme disease "for decades" and thanks to him, I am about 70% recovered after 16 years of illness. I told him I gave him the credit for that. I am able to paint, sing and write again, which means everything to me. He said he had a mission to change the medical paradigm. I hope his website will continue. Thank you, Dr. Foley, for your priceless aid.



Marie Kaplan - October 28, 2021 at 12:00 AM

BP

“ Foley, MD was more than just my doctor. He was my friend. I am a colon cancer survivor thanks to the over 15 years of his encouraging me to take my vitamins and work out. I had hope to tell I him at my age 80 this summer I logged 700 yards in my last swim work out. We shared the same faith - God is our shepherd and Jesus is our Lord and savior. See you in Heaven man.



Bruce M Piepho - October 28, 2021 at 12:00 AM

JL

“ A sad loss indeed. I will remember him for directing me down many healthy paths that have helped me in multiple ways. I enjoyed sharing stories about Notre Dame football and many other things. What a guy. My condolences to his family.

Joanne Lefebvre - October 28, 2021 at 12:00 AM

CB

“ He was my husband & my medical guru.
Dr Foley is a person as well as a doctor that cannot be replaced.
Rest in piece.

Colleen & Tom Barrows - October 27, 2021 at 12:00 AM

SC

“ Have so many great memories living with Chris and our housemates those 4 years at U of M Medical school. Chris playing guitar, singing, perhaps an adult beverage? Sincere condolences to Jan and all
Steve

STEVEN CHERNAUSEK - October 27, 2021 at 12:00 AM

DF

“ Chris was the most brilliant, compassionate physician I have ever met. He helped me during a difficult time and figured out what others had missed vastly improving my quality of life. I knew him also as a colleague & friend at HealthEast Woodwinds campus. He will be dearly missed and I am so sorry for your loss. Debra



Debra Freund - October 26, 2021 at 12:00 AM

JO

“ I cannot put into words the loss of this wonderful intelligent caring mindful person and what he has been to our family for over a decade, when several clinics including the male clinic could not diagnose my Lyme disease Dr. Foley did he gave me life he continued my life I will forever be thankful. His love for his Christian faith and care for others and their health is like none other. You will be missed greatly.
The Okeson Family Andover, MN



Jeanne Eric Alyssa Okeson - October 26, 2021 at 12:00 AM

NM

“ Thinking of you and your family my brother.



Neil McKinnon - October 26, 2021 at 12:00 AM

RC

“ Thankyou for many years of positive work.
Bless.



Rogers Colin - October 26, 2021 at 12:00 AM

JA

“ My sincere condolences to the entire Foley family on the loss of your father. I have fond memories of playing handball with Chris at a local Fairfax VA handball complex - a true competitor, sportsman, and gentleman. May you find comfort knowing that he will be on the courts of Heaven, shooting flat rollouts!



Jed Alexander - October 26, 2021 at 12:00 AM

CS

“ Chris, thank you so much for being my doctor, friend and teacher. You did so much to help me and my daughter. Im so sad I haven't come in recently to see you. I'll miss our conversations so much. I feel so blessed you came into my life. I wish it could have been longer. Rest In Peace Chris



Carl Sakamoto - October 26, 2021 at 12:00 AM

NS

“ So so sorry for your loss Logan, Mandy, & girls. You are in our thoughts & prayers. May God help your extended family during your hour of need.

Niomi Somerville - October 26, 2021 at 12:00 AM

AH

“ We are so deeply saddened to hear of the passing of Christopher. My family and I are keeping the entire Foley family in our thoughts and we will continue sending all our love during this incredibly difficult time.

Alex Horton - October 26, 2021 at 12:00 AM

RK

“ *My heartfelt condolences to all for the unexpected loss of such a wonderful man.*



Rebecca Keith - October 25, 2021 at 12:00 AM

JD

“ *Chris was one of the good ones. He help me gain so much more health when no one else could help me. I am sure there are thousands of stories how he impacted others. He was ahead of his time in healthcare and I really appreciate that I benefitted from that. He was a blessing in my life that I will always treasure and be thankful for.*

Jaclynn Dean - October 25, 2021 at 12:00 AM

GP

“ *I am deeply saddened by Dr. Foley's passing. He was a great man who will be dearly missed -and my thoughts and prayers and positive thoughts are sent to the family, friends and patients during this difficult time. He made a true difference in my life, enabling me to successfully battle disease and optimize my health.*



Geoff Peterson - October 25, 2021 at 12:00 AM

JW

“ Our heart-felt condolences to Jan and family at the loss of their husband, father, brother... We ourselves were shocked to hear of Dr. Foley's illness and death. My husband and I have been his patients since the '90s. I remained a patient of his for 20 years. The last time I was in his clinic seeing one of his associates, I snapped a photo of a framed magazine article he had hung on the wall. It was dated October 1997 and showed a photo of him at about 47. The article was about the new medical services rising up in the Twin Cities. We were thrilled to have discovered him, a traditionally trained physician who seriously researched on behalf of this patients and, going against the all too common trend, was courageously open to alternative medical services we had been exploring. We recommended him to anyone who expressed their frustration with finding medical help. It was so easy to develop a trusting relationship with him. We will always remember him as a dear friend.



Jim and Diana Whelpley - October 25, 2021 at 12:00 AM

PC

“ I will truly miss our conversations..they were too far apart..but always memorable...we were on the "same page" on many things...Godspeed Dr. Foley

Paula comstock - October 25, 2021 at 12:00 AM

BG

“ Even though we have not been in touch, I was blessed by he and Janet, honored to officiate at their wedding. Chris was so vibrant and engaging. I recall riding in his car an shared of himself, "I am not the best handball player now, but I am going to work on my game so that when I am old enough for the Sr League I will hopefully be one of the best. He was the best, in so many ways. He was a gift of compassion and caring for so many. Peace to the family!!

Benson Gary - October 25, 2021 at 12:00 AM

MK

“ My sincere condolences. Will miss Chris on the court and great conversations over a pint afterwards.

The River Rats Handball Club has made a contribution to the USHA in his honor.



Mike Kloos - October 24, 2021 at 12:00 AM

KM

“ Sympathies to Jan and the family. Chris and I were friends of the sort who went for years without seeing one another and then took up our conversation as if we had spent the day before together; I consider that true friendship. I'm thankful to have known him.

KEN MOEN - October 23, 2021 at 12:00 AM

GM

“ I was absolutely shocked and saddened to the core when I heard that Chris had passed. He and his family were an important part of my life. He will be dearly missed. My condolences to the Foley family.

Greg Membrez - October 23, 2021 at 12:00 AM

EO

“ I first saw Dr. Foley when he was at Woodwinds. His enthusiasm and excitement at being able to help his patients onto a path towards greater wellness was obvious from the start. He has been different from any other doctor I've seen. The relationship seemed more than merely professional. He really listened and cared and never gave up.

I am so, so sorry, Jan, for this terrible loss. My heart goes out to you and your family. Much love, Eileen

Eileen O'Shaughnessy - October 23, 2021 at 12:00 AM

BE

“ I am so sorry for the loss for Dr Foley's family. I can only imagine what a wonderful husband, father and grandpa he was judging by the way he treated me as his patient. I suffered from I undiagnosed Lymes disease for 10 years before finding him and shudder at the thought of where my health would be had I not had his care. He never stopped looking for answers to help me get better. The world lost an unbelievable physician and human being who I am sure touched so many people. He was one of a kind!



Beverly - October 23, 2021 at 12:00 AM

AS

“ Really shocked to hear this. We had a mutual patient this summer and when we connected by phone, he seemed to have the same enthusiasm and energy as 40 years earlier

Anna Schorer - October 22, 2021 at 12:00 AM

WH

“ *Dr. Foley came into my life due to my severe Lyme disease. Thanks to him I am alive today to share my message. He will be missed by so many people that he saved. I am forever Grateful to him. May God reward him for all his healing on Earth.*



Walter Julius Hogendorf - October 22, 2021 at 12:00 AM

BR

“ *I was very fortunate to cross paths with you Chris. Your energy was contagious and I was intrigued by your thoughts and insight. Thank you for all that you did to help people. RIP.*



Brad Readnour - October 22, 2021 at 12:00 AM

RR

“ *Like so many, my family and I are deeply saddened to hear dr. Chris's passing. He was an extraordinary man who always took the time to help and listen. His bright light will be as sorely missed. You are all on our hearts and in our prayers! Renata & Ed, Alice & Greg*

Renata Rohleder - October 22, 2021 at 12:00 AM

KB

“ *Dear Jan and family,
Our hearts are broken with the news of your husband's passing. Such a great great loss to you and your sons and I know to your extended family.
We wish for you peace whenever it will come and pray that you will find comfort in knowing that your friends are praying for your strength.*

Kathy and Tony Bottini - October 22, 2021 at 12:00 AM

EB

“ My heart goes out to all the people that Dr. Foley touched. He has always been a great man, he made my day every time I got to see him. He had nothing but kind & endearing words/actions for everyone around him. Always a smile on his face, even if I beat him on the court, followed by a firm & sincere handshake. I will miss him.



Eddie Brazman - October 22, 2021 at 12:00 AM

SS

“ The handball community will miss Chris's passion and stories. Peace.



Sheldon Silberman - October 22, 2021 at 12:00 AM

WI

“ My heart goes out to the you Foley family I'm deeply sorry for your loss, some people say that's circle of life you born, you grow, you multiply and then you check out. Well I call it the beginning of a new start but nobody knows how much it hurts the loss of a love one specially your parents. Mr. Foley was a great man, a lot of people would say how would you know that? I would say , well I have the privilege of knowing his 3 boys Quinn,Dunn and Logan they're perfect gentlemen a reflection of him,I met Doc at the handball court a couple of times never had a chance to play with him but I wouldn't say that'll never happen just let me get some more practice .for now rest in peace we'll see you later some day just make sure you put the good word for some of us up there with the big boss when it's our time to check out and open the gate for us God bless you and your wife and family until we meet again Mr Foley.



William - October 22, 2021 at 12:00 AM

WW

“ *Dr. Foley saved my life, and I feel so blessed to have had him in my life. I met him at a time when I was chronically ill, and I was ignored by other doctors. Dr. Foley listened to me, and he gave me my life back. Anyone who met him instantly knew he was a selfless and brilliant man, driven by his desire to free his patients from their illnesses as well as the oppressive world of traditional medicine. He always made sure to talk to me one-on-one to see how I was doing as a person, not just as his patient, and he will always be not only my doctor, but my friend.*



God Bless you Dr. Chris Foley, we will meet again.

-Wyatt

Wyatt Ward - October 22, 2021 at 12:00 AM

RH

“ *So sorry to hear about the passing of a great and passionate man. Have many fond memories of him. May God be with the family in this very difficult time.*



Roy and Darla Hope - October 21, 2021 at 12:00 AM

MN

“ *Dear Logan and family*

I'm very sorry for your loss

*Mike Naylor
Reston VA*

MICHAEL E. NAYLON - October 21, 2021 at 12:00 AM

“ Doc Foley. What was it like to be one of his patients?

Having known him for over 25 years, one appointment really stands out. I arrived at his office feeling depressed, unmotivated, unwell. By the end of the appointment, I was feeling like a kid.....hopeful, strong, determined. When he walked me to the door and asked one more time how I was feeling, I told him "SO much better. I literally want to twirl around and then skip down the hallway." He looked pretty proud of himself.

And proud he had every right to be; he was good at what he did. So what was his secret? I believe the reason for his success was actually quite simple, and I wish every single doctor was in on the secret. Dr. Foley took "do no harm" to another level. It wasn't just about do no harm. It was DO good. Do GREAT. He wanted his patients to live their best lives, to twirl and to skip just from the joy of being alive.

Through the years (and our shared love of everything dog) Doc Foley became more than just a doctor to me. He was a confidant and a friend. And my favorite memories are of conversations we had that had nothing to do with medicine or health.

These conversations stand out to me now: religion, politics, dog training, biking, friendship, marriage. I'm not exaggerating when I say that all of these talks had a way of ending up at the exact same place every single time: something about his wife or something about his sons, daughters-in-law or grandkids. "Proud family man" would be an understatement. It was "Jan this" and "Jan that." I've never known a man so eager and so happy to talk about the love he has for his wife.

As I reflect back on those talks, I understand what he was doing. He wasn't bragging about the love he had, he was helping me to see the importance of having it. He urged me to be open, forgiving, hopeful. He wanted me to live my best life.....to feel love, to feel

health, to feel joy.

I could literally twirl as I think of it.

Godspeed, healer

Jenifer Hedin - October 21, 2021 at 12:00 AM

TC

“ *He was a tremendous person and he will be missed.*

Tom Chaffin - October 21, 2021 at 12:00 AM

SH

“ *Thank you for all you did for patients and your encouragement and education of fellow providers. You are missed!*



Susan Haddow - October 20, 2021 at 12:00 AM

MB

“ *Chris was a great man and doctor. I'm sorry for his loss.*

Mark Brandenburg - October 20, 2021 at 12:00 AM

TS

“ *My sympathies and prayers go out to you and your family. He was a wonderful, smart and caring doctor to work for*

Terri Spencer - October 20, 2021 at 12:00 AM

DM

“ *a loss beyond words...a true brother in medicine
my most sincere condolences to the family*



Donald E Gehrig MD - October 20, 2021 at 12:00 AM

KM

“ *Chris may you Rest In Peace. Thank you for being a trail blazer in
thinking beyond the traditional allopathic box and being an example
others could emulate. Peace to your family also.*

Kim Lane MD - October 20, 2021 at 12:00 AM