



Cean Frost

March 30, 1947

Frost, Cean Jo Age 72, Cean was born in Alliance, NE on 3/30/1947 and died on 9/9/2019 in Surprise, AZ. She will be greatly missed by her husband, Ralph Stenehjem; son, Lafe Larson; sister, Karen Siegfried; and other friends and family. She was preceded in death by her parents and son, Tyler. Service and interment on 10/1 at 2 PM with visitation one hour prior at: Washburn-McReavy.com Hillside Chapel 612-781-1999 2610 19th Ave. N.E., Mpls

Tribute Wall

MC

“Cean and I shared many memories as we spoke on the phone nearly every day back in the late 70s and 80s during our employment with the National Farmers Organization. When each of us found other employment we remained in touch for the next 35 to 40 years with phone calls and an occasional visit.

One of my favorite memories was when she and her husband, Ralph lived in Duluth and my husband and I went up to visit them. She had an assortment of beautiful potted plants out on the front steps of their home and one morning when we went outside, all those beautiful flowers had their little heads bowed as they had been frozen in the cold night air! The cold Duluth winter had set in!! Now this was the first part of August!! Even so it was a great visit!! She showed me around Duluth and going down to the lake was very impressive.

Just last year in July, 2018, my husband and I were able to visit her in their home in Surprise, AZ. We had a wonderful lunch of spaghetti and meatballs and all the trimmings including dessert! As she was in declining health, I was very thankful that we were able to get together to share an update on our lives. She was a wonderful host and loved to entertain her family and friends.

I will miss her phone calls with her distinctive voice saying "Mary, this is Cean" and her contagious laugh!! We always ended our conversation with an "I love you" and with her responding, "I love you more."

May she rest in peace in the arms of her Savior!

Mary Chambers - October 05, 2019 at 12:08 PM