



## Carol Anne Uppgaard

November 22, 1930 - May 12, 2020

Uppgaard, Carol Anne (nee Helgeson) passed away peacefully March 12, 2020 after a stroke. She was preceded in death by her husband Richard and triplet sons Peter, Eric, and Kurt. She is survived by her children Heidi, David (Marie), Anne Stone, and Kristen Dowson, as well as 12 grandchildren and 6 great-grandchildren. Carol spent many hours volunteering at Normandale Church, from putting together the church bulletin, to helping in the library, and spending time with the preschoolers. She also drove for Meals on Wheels for many years. Her strong faith kept her going during trying times. She had a wonderful, loving presence and was truly The Best Mom Ever. She will be deeply missed. There will be no funeral at this time. A memorial service is planned for a later date. Memorials preferred to Normandale Church or Normandale Center for Healing & Wholeness.