



Amanda Maude Helm

March 10, 1980 - February 23, 2025

Amanda Maude Helm (Wold), age 44 of Blaine MN, passed away peacefully at home surrounded by her family after losing a courageous battle to Melanoma on February 23, 2025. She was born to Bert and Kathleen Wold on March 10, 1980, in Aitkin, Minnesota. Amanda was united in marriage to Daniel Helm in 2007 in Blaine MN.

Amanda was a compassionate nurse for 15 years and raised her two beautiful children as a young widow for 9 years after losing her husband to ALS at the age of 38.

She introduced her children Daniel and Hope to Jesus from day one and attended Eagle Brook Church on a regular basis. Her main priority was to raise her children to have faith in Jesus, to always trust in his plan and lean into him in times of despair and uncertainty.

Amanda was a quiet yet fierce warrior who never gave up on anything she committed herself to. She was a devoted mother, sister, daughter, aunt, wife, and friend. As the baby of the family, she had an unbreakable bond with her siblings and knew she was protected unconditionally, with each of them by her side.

She had a passion for running and ran in many Superhero Dashes to raise

money and awareness for ALS. When Amanda could no longer run, she walked in support of various charities until just weeks before her passing.

Amanda is preceded in death by her parents Bert and Katheen Wold, husband Daniel Helm, and nephew Ethan Wilcox.

She is survived by her son Daniel Thomas Helm II and Hope Kathleen Helm of Blaine, MN, siblings Michael (Mary) Paverud of Colorado, Amber (Kris) Livingston of Utah, Holly (Thomas) Mejdrich of McGregor, MN, Cynda (Brian) Keatts of Blaine, MN and Bert III (Josie) Wold of McGregor, MN, mother and fathers in law Sandy and Rick Balow and Brian Helm. She is also survived by her best childhood friend Christa Paukert and her loyal companion Mack. She held a special place in her heart for her many Nieces and Nephews. Her family was a mighty village consisting of many cousins, aunts, uncles and loyal friends who were supportive throughout her battle with Melanoma.

Amanda's last wishes were to make sure her children were raised together and protected by her mighty village.

We would like to thank the Mayo Clinic, St. Croix Hospice and Cousin Serena Litwin for the exceptional care they provided, and friends Leah Wothe and Julie Radil for the constant support and comfort they brought, and the countless people who provided meals, rides, and donations.

Amanda brought a light to this world that will not be dimmed. She was always the first to support others, even when she was battling her own sickness.

Please join the family for a memorial service in Amanda's honor on March 21, 2025, at 1pm at Emmanuel Christian Center in Spring Lake Park, MN. There will also be a Celebration of Life immediately following at the VFW, 1374 109th Ave in Blaine, MN.

In lieu of flowers the family requests that donations be made to Amanda's children through Amanda's Venmo account @Amanda-Helm-4

The family would like to remind everyone to get yearly skin checks for skin cancer. Awareness of Melanoma can prevent the tragic, untimely, and unfathomable loss her family has experienced.

Tribute Wall



“ Florist Choice Bouquet was purchased for the family of Amanda Maude Helm.



March 20, 2025 at 08:23 AM



“ The schillas purchased the Simply Elegant Spathi phyllum for the family of Amanda Maude Helm.



The schillas - March 20, 2025 at 07:19 AM



“ The schillas planted a [Memorial Tree](/store/Product.aspx?ProductId=4518) in honor of Amanda Maude Helm.

The schillas - March 20, 2025 at 07:19 AM



“ Cancer is indiscriminate and cares not who it affects but can't take away the impact of a beautiful soul. Amanda lives on as an inspiration to others and through her beautiful children, D.J. and Hope. 🥹❤️ Mary and Jeff Arellano

Mary Arellano - March 01, 2025 at 10:57 AM

TP

“ Amanda and I became friends through the Melanoma Warriors group. We shared this horrific battle but always encouraging each other. She was so positive and so determined. My heart is heavy. My prayers go out to her children and family. She was an amazing woman and leaves a great legacy of faith, courage and grace.

Timothee Puleo - March 01, 2025 at 05:25 AM

JC

“ Condolences to Amanda's family and friends. We were fortunate to have her two wonderful children at Madison. We will continue to support Hope while she spends her last year at our school. Jen Conlon, Assistant Principal

Jennifer Conlon - February 28, 2025 at 02:24 PM

BH

“ Brian Helm lit a candle in memory of Amanda Maude Helm



Brian Helm - February 28, 2025 at 02:00 PM