



Alfreda Phyllis Betty Terry

May 29, 1936 - January 23, 2026

Terry, Alfreda Betty Phillis age 89, of Edina (formerly Holt, UK) passed away peacefully January 23rd, 2026, after a long and courageous battle with Alzheimer's. Freda was born May 29th, 1936 in Holt England. She received her nursing degree from Ashford Hospital Middlesex in September 1957. She began working in Windsor, UK where she met Peter Terry, who was in the Royal Airforce. They immigrated to America in 1959, to Minneapolis, MN In Minneapolis she worked at Abbott Hospital and later as the head nurse at Saint Mary's. Later she worked for Stratus Health in outreach traveling the state speaking to seniors about Medicare.

In 1972 Freda moved back to England to a small village Olveston, outside of Bristol, with her two sons. She stayed for two years before moving back to Minnesota.

Freda enjoyed many activities in her life including traveling and playing tennis. After returning to Minnesota, she was a member of DBE's - Daughters of the British Empire. She was very active in this group. In the mid-eighties she enjoyed going to Causeway on Gull every August for a week. Freda looked forward to the yearly trip for the next 30+ years.

She is survived by her two sons Alexander (Kelly) and Malcolm and four grandchildren, Anna, Brandon, Jacob and Amber.

A Memorial/Celebration of Life will be held in the spring. Updates to time and place will be posted on social media.