Alexander Marah

September 25, 2003

Marah Alexander G., age 18 of NE Mpls, suddenly on Monday, Sept. 22, 2003 in St. Cloud. Survived by parents, Greg & Deb; brother, Graham; sister, Shelby; grandparents, Millard & Bev Helgeson; aunt, Eileen Laib; uncles, Tim Helgeson (Diane), Gene Marah (Debbie); 10 cousins; special friends, Ali Pickens and Nick Clarity; also many other wonderful friends and relatives. Alex was a 2003 graduate of North High School and presently a student at St. Cloud State University. He was on staff at Audubon Park in NE Mpls, played varsity baseball at North High School, and was a member of National Honor Society. He brought joy to every life he touched. Memorials may be directed to the Alex Marah Memorial Fund c/o St. Anthony Park Bank, 2171 University Ave, St. Paul, MN 55114. Funeral service Saturday 1 PM, Shiloh Bethany Presbyterian Church, 4301 Benjamin St. NE, Columbia Heights. Visitation 1 hour prior to service and Friday 5-8 PM at: Washburn-McReavy Northeast Chapel 2901 Johnson St. NE 612-781-6828

Tribute Wall

BH

Hi honey,I can just picture what a handsome man of 27 you would be today. Made yoo a new tree for Christmas this year and your brother took it out and set it in our little cubby hole. I guess you can say it is for all who are buried in the vault where you are because ours seems to be the only decorations to ve put on the grave site at any time. I'm glad that we can share it with all who are there but especially for you! Did it in blue and silver balls this year as I know you loved the blue Christmas decorations best. It has red berries too. I hope it pleases you. Maybe you can let me know somehow - okay? I love you and miss you so very much, Alex. Merry Christmas to our forever angel. Love,Gramma

~

Beverly Helgeson,

Willmar, Minnesota

Beverly Helgeson - December 06, 2011 at 12:00 AM

BH

Hi honey,I can just picture what a handsome man of 27 you would be today. Made yoo a new tree for Christmas this year and your brother took it out and set it in our little cubby hole. I guess you can say it is for all who are buried in the vault where you are because ours seems to be the only decorations to ve put on the grave site at any time. I'm glad that we can share it with all who are there but especially for you! Did it in blue and silver balls this year as I know you loved the blue Christmas decorations best. It has red berries too. I hope it pleases you. Maybe you can let me know somehow - okay? I love you and miss you so very much, Alex. Merry Christmas to our forever angel. Love,Gramma

~

Beverly Helgeson,

Willmar, Minnesota

Beverly Helgeson - December 06, 2011 at 12:00 AM

Happy Birthday, Alex! Are you having your favorite cake? (minus the burnt part ;) I heard you call me a few weeks ago... had missed that voice so much! I finished your angel tree this morning... put it right in the entryway this year. I'm going through some of your things today... precious, precious memories of you, hon. I don't mind the deep pain these anniversaries bring.. it only serves to remind me how much I love you and how I can't wait to see you again! Wishing you the best birthday filled with loads of decorations in purple and blue... and legos, crab legs, ribs, Weezer and video games! Lovin' you the mostest everything,Mom

December 03, 2011 at 12:00 AM

Happy Birthday, Alex! Are you having your favorite cake? (minus the burnt part ;) I heard you call me a few weeks ago... had missed that voice so much! I finished your angel tree this morning... put it right in the entryway this year. I'm going through some of your things today... precious, precious memories of you, hon. I don't mind the deep pain these anniversaries bring.. it only serves to remind me how much I love you and how I can't wait to see you again! Wishing you the best birthday filled with loads of decorations in purple and blue... and legos, crab legs, ribs, Weezer and video games! Lovin' you the mostest everything,Mom

December 03, 2011 at 12:00 AM

BH

Hello sweetheart,I keep you in my heart always and I hopeyou get all my messages. I would giveanything to be able to see you and talk to you but I will in due time and I hold on to that thought. You are soloved by so many of us, honey. Jake and Mel had a little boy named Oliver.He is so cute and very precious. Didn't have a chance to have Shelby with me this summer but had lunch withher and your Dad. Also had dinner withGraham when Eileen was here. They areboth doing good.I love you, Alex, andmiss you so much.
Gramma

~

Beverly Helgeson,

Willmar, Minnesota

Beverly Helgeson - September 23, 2011 at 12:00 AM

BH

Hello sweetheart,I keep you in my heart always and I hopeyou get all my messages. I would giveanything to be able to see you and talk to you but I will in due time and I hold on to that thought. You are soloved by so many of us, honey. Jake and Mel had a little boy named Oliver.He is so cute and very precious. Didn't have a chance to have Shelby with me this summer but had lunch withher and your Dad. Also had dinner withGraham when Eileen was here. They areboth doing good.I love you, Alex, andmiss you so much.
Gramma

~

Beverly Helgeson,

Willmar, Minnesota

Beverly Helgeson - September 23, 2011 at 12:00 AM

DA

8 years, hon.... It's hard to believe. My whole being is aching to have you with me. These anniversaries don't get any easier at all. I hate having to add another year to how long you've been gone from us. I hold you forever in my heart and mind... and I love you the mostest everything.~Mom

~

Deb Adler,

San Antonio, Texas

Contact Me

Deb Adler - September 22, 2011 at 12:00 AM

DA

8 years, hon.... It's hard to believe. My whole being is aching to have you with me. These anniversaries don't get any easier at all. I hate having to add another year to how long you've been gone from us. I hold you forever in my heart and mind... and I love you the mostest everything.~Mom

~

Deb Adler,

San Antonio, Texas

Contact Me

Deb Adler - September 22, 2011 at 12:00 AM

DA

Merry Christmas, baby boy... how I miss your love and laughter. My heart aches for you, and will until I can see you again. I love you so very, very much...always and forever... the mostest everything.~Mom

~

Debra Marah Adler,

San Antonio, Texas

Debra Marah Adler - December 25, 2010 at 12:00 AM

DA

Merry Christmas, baby boy... how I miss your love and laughter. My heart aches for you, and will until I can see you again. I love you so very, very much...always and forever... the mostest everything.~Mom

~

Debra Marah Adler,

San Antonio, Texas

Debra Marah Adler - December 25, 2010 at 12:00 AM

DA

Oh, honey...such a hard day for us all... marking another year without you here. Graham, Shelby and I have had some wonderful trips down memory lane last night and today. What a wonderful brother you are! What an awesome son!! I made a video with a beautiful song from Mercy Me called "Homesick". I've had many comments on it...so many people are sharing their memories of you and that means so much. I am so proud of you, Hondo. Keep smiling down on us and we'll keep smiling with our memories.Love you the mostest everything,Mom

~

Deb Marah Adler,

San Antonio, Texas

Contact Me

Deb Marah Adler - September 22, 2010 at 12:00 AM

DA

Oh, honey...such a hard day for us all... marking another year without you here. Graham, Shelby and I have had some wonderful trips down memory lane last night and today. What a wonderful brother you are! What an awesome son!! I made a video with a beautiful song from Mercy Me called "Homesick". I've had many comments on it...so many people are sharing their memories of you and that means so much. I am so proud of you, Hondo. Keep smiling down on us and we'll keep smiling with our memories.Love you the mostest everything,Mom

~

Deb Marah Adler,

San Antonio, Texas

Contact Me

Deb Marah Adler - September 22, 2010 at 12:00 AM

BH

Hi Allie,We visited you at your cemetery last week. Eileen, Roxanne, Sara, Madison Zach and me. Sarahad never been there. Eileen left flowers for you from yourmom and her. You have some nice plantings and it looks very nice - something new. Shelby had her checkup with Dr.Maron and she is okay. Good news huh? We had a good time up at Uncle Tim's cabin and it was good to get together as family. Love you and miss youso darn much Alex!! Hope you are up there waiting for me! Love and hugs, Gramma

~

Beverly Helgeson,

Willmar, Minnesota

Beverly Helgeson - July 27, 2010 at 12:00 AM

BH

Hi Allie,We visited you at your cemetery last week. Eileen, Roxanne, Sara, Madison Zach and me. Sarahad never been there. Eileen left flowers for you from yourmom and her. You have some nice plantings and it looks very nice - something new. Shelby had her checkup with Dr.Maron and she is okay. Good news huh? We had a good time up at Uncle Tim's cabin and it was good to get together as family. Love you and miss youso darn much Alex!! Hope you are up there waiting for me! Love and hugs, Gramma

~

Beverly Helgeson,

Willmar, Minnesota

Beverly Helgeson - July 27, 2010 at 12:00 AM

DA

Thinking of you with so much love and pride, hon.... and missing you deeply. Wish Davon a happy birthday for me. Your two smiles together will be something to see!!Love you the mostest everything,Mom

~

Deb Marah Adler,

San Antonio, Texas

Contact Me

Deb Marah Adler - July 16, 2010 at 12:00 AM

DA

Thinking of you with so much love and pride, hon.... and missing you deeply. Wish Davon a happy birthday for me. Your two smiles together will be something to see!!Love you the mostest everything,Mom

~

Deb Marah Adler,

San Antonio, Texas

Contact Me

Deb Marah Adler - July 16, 2010 at 12:00 AM

BH

Hi honey,My New Year would be happier if you were here. I just finished tabulating your AlexMarah Scholarship Fund and we have almost $3,000 in it to keep your memory at North High alive giving scholarships in your name. Isn't that great! I am so pleased that every year one of us is able to stand up on that stage and giveto another student on your behalf. You would be proud, Alex. We were so very proud of you and everything you did.I love you honey and miss you.Loe and hugs, Gramma

~

Beverly Helgeson,

Willmar, Minnesota

Beverly Helgeson - January 06, 2010 at 12:00 AM

BH

Hi honey,My New Year would be happier if you were here. I just finished tabulating your AlexMarah Scholarship Fund and we have almost $3,000 in it to keep your memory at North High alive giving scholarships in your name. Isn't that great! I am so pleased that every year one of us is able to stand up on that stage and giveto another student on your behalf. You would be proud, Alex. We were so very proud of you and everything you did.I love you honey and miss you.Loe and hugs, Gramma

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Beverly Helgeson,

Willmar, Minnesota

Beverly Helgeson - January 06, 2010 at 12:00 AM

DA

Hondo,Christmas just isn't the same without your jolliness. I wonder... would you still be asking for Lego's?! It was a nice time tonight with Gray, Shelbs, Tim, Sarah, Matt and Granny. Tomorrow we'll be at Granny's. You'd love her cooking! It's great having Graham here. It's always sad to see him leave. I know it's terribly hard on him and Shelbs to not have you with us. You are always on our minds and forever in our hearts, hon. I miss you so very, very much and love you the mostest everything.Merry Christmas, baby boy. Give Grandpa a hug for me, please.~Mom

~

Deb Marah Adler,

San Antonio, Texas

Contact Me

Deb Marah Adler - December 24, 2009 at 12:00 AM

DA

Hondo,Christmas just isn't the same without your jolliness. I wonder... would you still be asking for Lego's?! It was a nice time tonight with Gray, Shelbs, Tim, Sarah, Matt and Granny. Tomorrow we'll be at Granny's. You'd love her cooking! It's great having Graham here. It's always sad to see him leave. I know it's terribly hard on him and Shelbs to not have you with us. You are always on our minds and forever in our hearts, hon. I miss you so very, very much and love you the mostest everything.Merry Christmas, baby boy. Give Grandpa a hug for me, please.~Mom

~

Deb Marah Adler,

San Antonio, Texas

Contact Me

Deb Marah Adler - December 24, 2009 at 12:00 AM

BH

Hi Aley,I found a penny on your birthday Thursday so I know youwere celebrating with us that you are 25 now. I put the penny in your bucket to add tothe scholarship fund honey andam adding another $25.00 for your birthday. You have a grandma and 3 grandpas with younow. We have been having greatweather this year. I know you would be interested in knowing that Mr. Weatherman. Love youand miss you every day and I am sending a big (really big)hug to you, Alex - Gramma

~

Beverly Helgeson,

Willmar, Minnesota

Beverly Helgeson - December 05, 2009 at 12:00 AM

BH

Hi Aley,I found a penny on your birthday Thursday so I know youwere celebrating with us that you are 25 now. I put the penny in your bucket to add tothe scholarship fund honey andam adding another $25.00 for your birthday. You have a grandma and 3 grandpas with younow. We have been having greatweather this year. I know you would be interested in knowing that Mr. Weatherman. Love youand miss you every day and I am sending a big (really big)hug to you, Alex - Gramma

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Beverly Helgeson,

Willmar, Minnesota

Beverly Helgeson - December 05, 2009 at 12:00 AM

DA

Happy Birthday to my precious son. You are 25 today and I dearly wish we were celebrating together. It just doesn't get easier, Bud. I have your angel tree up and have spent a lot of time with all the sweet memories your photos give me. My heart is with you always.Love (the mostest everything),Mom

~

Deb Marah Adler,

San Antonio, Texas

Deb Marah Adler - December 03, 2009 at 12:00 AM

DA

Happy Birthday to my precious son. You are 25 today and I dearly wish we were celebrating together. It just doesn't get easier, Bud. I have your angel tree up and have spent a lot of time with all the sweet memories your photos give me. My heart is with you always.Love (the mostest everything),Mom

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Deb Marah Adler,

San Antonio, Texas

Deb Marah Adler - December 03, 2009 at 12:00 AM

The rain and change in weather here today was in ALEX's memory!!I never met him, but I feel I know him,so I talk to him,often. I know that Gramps has now met him!! Love and Prayers Granny

September 22, 2009 at 12:00 AM

DA

Hon,6 years and it's not any easier. Graham called and he's bringing flowers to the cemetary today. I'll bring flowers to the Angel of Hope.I've received a lot of nice messages about you today. You are SO LOVED!Have your dorm sheets wrapped around me and have been watching the rain. Your tree is blooming the most it ever has. You are all around us. We feel your love, baby boy. Please keep watching over Graham and Shelby and pray with us that we make the right decision for Shelbs. I see so much of you in her these days. I know you're proud. 11 more hours to get through this day. Stay with me. I love you the mostest everything,Mom

~

Deb Marah Adler,

San Antonio, Texas

Contact Me

Deb Marah Adler - September 22, 2009 at 12:00 AM

The rain and change in weather here today was in ALEX's memory!!I never met him, but I feel I know him,so I talk to him,often. I know that Gramps has now met him!! Love and Prayers Granny

September 22, 2009 at 12:00 AM

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~

Deb Marah Adler,

San Antonio, Texas

Contact Me

Deb Marah Adler - September 22, 2009 at 12:00 AM

AP

Alex -The last time we saw one another was August 26, 2003. I cannot believe how long it's been. Not a day goes by that I don't think about you and miss you. But, I know that you are with me and watching over me. I go by the cemetery often, now that I am back in Minnesota. And, it's good to have that time to talk to you. I always feel your presence in those moments. I went to Flameburger with your sister, Ann, and Nick... kinda Graham too... but he ditched us. We haven't gone there much since you passed. It just doesn't feel the same without you there. I just wanted to let you know that I'm still thinking of you. Please continue to watch over me, our friends, and your family.Love,Ali

~

Ali Pickens,

Minneapolis, Minnesota

Ali Pickens - August 26, 2009 at 12:00 AM

AP

Alex -The last time we saw one another was August 26, 2003. I cannot believe how long it's been. Not a day goes by that I don't think about you and miss you. But, I know that you are with me and watching over me. I go by the cemetery often, now that I am back in Minnesota. And, it's good to have that time to talk to you. I always feel your presence in those moments. I went to Flameburger with your sister, Ann, and Nick... kinda Graham too... but he ditched us. We haven't gone there much since you passed. It just doesn't feel the same without you there. I just wanted to let you know that I'm still thinking of you. Please continue to watch over me, our friends, and your family.Love,Ali

~

Ali Pickens,

Minneapolis, Minnesota

Ali Pickens - August 26, 2009 at 12:00 AM

BH

Hi Alex,Wanted to let you know that the other night I presented the Alex Marah Scholarship Award to Jamie Lee at North High. Sat next to Ms. Rasmussen who gave out the summatech awards. She remembered you and even remembered that you wanted to be a weatherman - isn't that amazing. I know you would be so proud of the awards given in your honor - two actually - the Alex Marah Scholarship Aware and one from the Honor Society.I got to meet Mr. Mountin also who remembered you. I congratulated the whole group that were getting awards that night. I love you and miss youeach and every day Alex. My love to you always - Gramma

~

Beverly Helgeson,

Willmar, Minnesota

Beverly Helgeson - May 22, 2009 at 12:00 AM

BH

Hi Alex,Wanted to let you know that the other night I presented the Alex Marah Scholarship Award to Jamie Lee at North High. Sat next to Ms. Rasmussen who gave out the summatech awards. She remembered you and even remembered that you wanted to be a weatherman - isn't that amazing. I know you would be so proud of the awards given in your honor - two actually - the Alex Marah Scholarship Aware and one from the Honor Society.I got to meet Mr. Mountin also who remembered you. I congratulated the whole group that were getting awards that night. I love you and miss youeach and every day Alex. My love to you always - Gramma

~

Beverly Helgeson,

Willmar, Minnesota

Beverly Helgeson - May 22, 2009 at 12:00 AM

DA

My precious son,Mother's Day is a hard one for me and I don't think it will ever get better. I remember my last Mother's day with you. Gray, Shelbs and you took me to Ruby Tuesdays for lunch. It was so special to me and, of course, there was lots of laughter. I miss laughing with you hon...I miss it so much! Graham called and Shelby made me a sweet card. I'd give anything if I could just get a phonecall from you...to hear your voice one more time. Oh Alex, my heart, soul, mind and whole being wants you here with us. I can't stop the tears today. I can't understand it all. But I am very grateful that God gave me 3 wonderful children and Graham,Shelby, myself and all of your family and friends will carry sweet memories of you with us always. We WILL keep your light shining sweetie.Love you always and the mostest everything,Mom

~

Deb Marah Adler,

San Antonio, Texas

Deb Marah Adler - May 10, 2009 at 12:00 AM

DA

My precious son,Mother's Day is a hard one for me and I don't think it will ever get better. I remember my last Mother's day with you. Gray, Shelbs and you took me to Ruby Tuesdays for lunch. It was so special to me and, of course, there was lots of laughter. I miss laughing with you hon...I miss it so much! Graham called and Shelby made me a sweet card. I'd give anything if I could just get a phonecall from you...to hear your voice one more time. Oh Alex, my heart, soul, mind and whole being wants you here with us. I can't stop the tears today. I can't understand it all. But I am very grateful that God gave me 3 wonderful children and Graham,Shelby, myself and all of your family and friends will carry sweet memories of you with us always. We WILL keep your light shining sweetie.Love you always and the mostest everything,Mom

~

Deb Marah Adler,

San Antonio, Texas

Deb Marah Adler - May 10, 2009 at 12:00 AM

BH

My dear Alex,Easter has come and gone again andin going through my Easter decorations, I found a chicken youpainted for us when you were 7 1/2in 1992. How precious are thosethings now that we can't have youwith us to share Easter. I willprobably pass it on to Shelby oneof these days so that little partof you remains with us forever andstays in the family. I love youAlex, and think of you oh so veryoften. You are very special to meand always will be. Hugs, Gramma

~

Beverly Helgeson,

Willmar, Minnesota

Beverly Helgeson - April 14, 2009 at 12:00 AM

BH

My dear Alex,Easter has come and gone again andin going through my Easter decorations, I found a chicken youpainted for us when you were 7 1/2in 1992. How precious are thosethings now that we can't have youwith us to share Easter. I willprobably pass it on to Shelby oneof these days so that little partof you remains with us forever andstays in the family. I love youAlex, and think of you oh so veryoften. You are very special to meand always will be. Hugs, Gramma

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Beverly Helgeson,

Willmar, Minnesota

Beverly Helgeson - April 14, 2009 at 12:00 AM

AP

Al,I can't believe that another holiday has come and gone without you. I take these as opportunities to reflect on the time that we had together, and what I learned from loving you and losing you. You were such an amazing boyfriend, and best friend, and I truly miss your company. Its days like these that I am confident that you have guided me in a positive direction in my life. When I feel the need for an extra boost to get through the day, I know I get it from you. I miss you. I love you. I think of you often. Love,ALi

~

Ali Pickens,

Muncie, Indiana

Ali Pickens - April 12, 2009 at 12:00 AM

AP

Al,I can't believe that another holiday has come and gone without you. I take these as opportunities to reflect on the time that we had together, and what I learned from loving you and losing you. You were such an amazing boyfriend, and best friend, and I truly miss your company. Its days like these that I am confident that you have guided me in a positive direction in my life. When I feel the need for an extra boost to get through the day, I know I get it from you. I miss you. I love you. I think of you often. Love,ALi

~

Ali Pickens,

Muncie, Indiana

Ali Pickens - April 12, 2009 at 12:00 AM

DA

I'm just missing you so very much Bud. I keep trying to fill up this huge hole in me with different things. Some days are ok and some days I can hardly stand being without you. All I know is that I WILL see you again sweetie and everything will someday make some sense.Missing you beyond words and loving you the mostest everything,Mom

~

Debra Marah Adler,

San Antonio, Texas

Contact Me

Debra Marah Adler - April 04, 2009 at 12:00 AM

DA

I'm just missing you so very much Bud. I keep trying to fill up this huge hole in me with different things. Some days are ok and some days I can hardly stand being without you. All I know is that I WILL see you again sweetie and everything will someday make some sense.Missing you beyond words and loving you the mostest everything,Mom

~

Debra Marah Adler,

San Antonio, Texas

Contact Me

Debra Marah Adler - April 04, 2009 at 12:00 AM

DA

Merry Christmas Baby boy,It's hard to go through another Christmas without you. It was always your holiday...with your smile and eyes lit up brighter than any Christmas tree! You were missed very much tonight by all your family. We've all had sad thoughts today...but happy memories, which we are forever grateful for. Matt and Sarah were here with Tim, Gray, Shelbs and me for dinner and gift opening. It was a nice time. I'm just extremely thankful Graham can be with us this week. I've missed him so much. We only wish Grandma could be with us as well. What did you do for Christmas? How amazing to celebrate it in the presence of our Lord! I can only imagine. It must be absolutely beautiful!Please continue to watch over your family and friends and know that your light is still shining as bright as ever. I love you the mostest everything.Always and forever,Mom

~

Deb Marah Adler,

San Antonio, Texas

Contact Me

Deb Marah Adler - December 24, 2008 at 12:00 AM

DA

Merry Christmas Baby boy,It's hard to go through another Christmas without you. It was always your holiday...with your smile and eyes lit up brighter than any Christmas tree! You were missed very much tonight by all your family. We've all had sad thoughts today...but happy memories, which we are forever grateful for. Matt and Sarah were here with Tim, Gray, Shelbs and me for dinner and gift opening. It was a nice time. I'm just extremely thankful Graham can be with us this week. I've missed him so much. We only wish Grandma could be with us as well. What did you do for Christmas? How amazing to celebrate it in the presence of our Lord! I can only imagine. It must be absolutely beautiful!Please continue to watch over your family and friends and know that your light is still shining as bright as ever. I love you the mostest everything.Always and forever,Mom

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Deb Marah Adler,

San Antonio, Texas

Contact Me

Deb Marah Adler - December 24, 2008 at 12:00 AM

BH

To my sweet Alex - Happy Birthday belatedly honey. Graham and I put the little Christmas tree out for you today. I love seeing that little tree there because there is an ornament with each of our names on wishing you a wonderful Christmas and it makes me feel like we are all there celebrating it with you. I hope you feel our love - not only at Christmasbut every single day. I had a nice dinner with Graham today and it's so nice to have some time with just him. He is going to be taking some business classes in January and I am so glad for that. I hope he gets a degree in business. That will give him access to many good jobs. Shelby is doing so well - on the honor roll again - you would be so proud of both of them. Shelby spent a week here with me this summer and I really enjoyed that.She is getting to be a fine younglady. You are in our hearts and on our minds each and every day, Alex.I love you and miss you so so much.Gramma

~

Beverly Helgeson,

Willmar, Minnesota

Contact Me

Beverly Helgeson - December 04, 2008 at 12:00 AM

BH

To my sweet Alex - Happy Birthday belatedly honey. Graham and I put the little Christmas tree out for you today. I love seeing that little tree there because there is an ornament with each of our names on wishing you a wonderful Christmas and it makes me feel like we are all there celebrating it with you. I hope you feel our love - not only at Christmasbut every single day. I had a nice dinner with Graham today and it's so nice to have some time with just him. He is going to be taking some business classes in January and I am so glad for that. I hope he gets a degree in business. That will give him access to many good jobs. Shelby is doing so well - on the honor roll again - you would be so proud of both of them. Shelby spent a week here with me this summer and I really enjoyed that.She is getting to be a fine younglady. You are in our hearts and on our minds each and every day, Alex.I love you and miss you so so much.Gramma

~

Beverly Helgeson,

Willmar, Minnesota

Contact Me

Beverly Helgeson - December 04, 2008 at 12:00 AM

AP

Alex -I've been thinking about you a lot lately. Reflecting on the precious time that we had together, and how that time deeply affected me. You helped make me who I am now, you helped open my eyes to so many new ideas, you helped me realize what I can become. I feel you with me often. When the going gets tough, I remember how you would encourage me to get through it. You were such an amazing person to be around. I loved your sense of humor, your smile, and even your singing. I fondly remember how excited you would get when you learned about a new musical artist, and how excited you would get to share them with your friends. I never new what was in store when I would talk to you, but I always need there was a treasure waiting for me.I can't forget the days in school when we'd e-mail each other back and forth during breaks, and waiting impatiently for you to get home so we could hang out. Even if we were simply watching T.V. my soul was settled just being in your presence. I can't even image what great things you would be accomplishing in this 24th year. But, I know that you continue to look over those you loved. Please keep close watch over your parents, siblings, and the rest of your family. But, please dear Alex, don't forget your friends that you have left behind. You left a hole deep in each one of our hearts... one that cannot be mended with stitches, one that time will never fully heal... but one with which, we learn to go on each day, without you.Alex, I miss the birthdays we celebrated together. Talking to each other for the entire night, going to school the next day not having slept. Working to find that perfect present for each other, and succeeding. Celebrating with my family one night, and yours the next. Having the most amazing cake. Enjoying a party with our closest friends. I miss those days dearly. I still have the presents that you gave me for my birthdays. I miss you every day, and forever you will be in my thoughts.Love,ALi.

~

ALi Pickens,

Muncie, Indiana

ALi Pickens - December 03, 2008 at 12:00 AM

DA

Happy Birthday, precious son! How are you celebrating today? Do you know how much I miss you? I remember your birth like it was yesterday. It was the day I found out just how strongly a mother can love a child. It truly was a magical day and we were all so blessed to have wonderful, sweet, awesome you in our lives. Shelby put the nutcracker ornament on for you this morning before she left for school. She misses you so very much. She cried for you too when Gramps died last Saturday. She, again, amazed everyone with her compassion. What sweet kids you 3 are! Graham will be here for Christmas and we are so excited! Please watch over your brother and sister... just like you always have. Hope you're enjoying all your favorite things today. (ribs, crab legs, shepherd's pie, cheesecake and you-know-what cake)You should be celebrating turning 24 today. It's just so hard to believe. You'd probably be on tv doing the weather report and flashing that heart-melting smile. I don't get it, Alex.... I just don't get it. I'm going to the Angel of Hope statue today to visit quietly with you. See you there.Love you the mostest everything forever and ever,Mom

~

Deb Marah Adler,

San Antonio, Texas

Contact Me

Deb Marah Adler - December 03, 2008 at 12:00 AM

DA

Happy Birthday, precious son! How are you celebrating today? Do you know how much I miss you? I remember your birth like it was yesterday. It was the day I found out just how strongly a mother can love a child. It truly was a magical day and we were all so blessed to have wonderful, sweet, awesome you in our lives. Shelby put the nutcracker ornament on for you this morning before she left for school. She misses you so very much. She cried for you too when Gramps died last Saturday. She, again, amazed everyone with her compassion. What sweet kids you 3 are! Graham will be here for Christmas and we are so excited! Please watch over your brother and sister... just like you always have. Hope you're enjoying all your favorite things today. (ribs, crab legs, shepherd's pie, cheesecake and you-know-what cake)You should be celebrating turning 24 today. It's just so hard to believe. You'd probably be on tv doing the weather report and flashing that heart-melting smile. I don't get it, Alex.... I just don't get it. I'm going to the Angel of Hope statue today to visit quietly with you. See you there.Love you the mostest everything forever and ever,Mom

~

Deb Marah Adler,

San Antonio, Texas

Contact Me

Deb Marah Adler - December 03, 2008 at 12:00 AM

AP

Alex -I've been thinking about you a lot lately. Reflecting on the precious time that we had together, and how that time deeply affected me. You helped make me who I am now, you helped open my eyes to so many new ideas, you helped me realize what I can become. I feel you with me often. When the going gets tough, I remember how you would encourage me to get through it. You were such an amazing person to be around. I loved your sense of humor, your smile, and even your singing. I fondly remember how excited you would get when you learned about a new musical artist, and how excited you would get to share them with your friends. I never new what was in store when I would talk to you, but I always need there was a treasure waiting for me.I can't forget the days in school when we'd e-mail each other back and forth during breaks, and waiting impatiently for you to get home so we could hang out. Even if we were simply watching T.V. my soul was settled just being in your presence. I can't even image what great things you would be accomplishing in this 24th year. But, I know that you continue to look over those you loved. Please keep close watch over your parents, siblings, and the rest of your family. But, please dear Alex, don't forget your friends that you have left behind. You left a hole deep in each one of our hearts... one that cannot be mended with stitches, one that time will never fully heal... but one with which, we learn to go on each day, without you.Alex, I miss the birthdays we celebrated together. Talking to each other for the entire night, going to school the next day not having slept. Working to find that perfect present for each other, and succeeding. Celebrating with my family one night, and yours the next. Having the most amazing cake. Enjoying a party with our closest friends. I miss those days dearly. I still have the presents that you gave me for my birthdays. I miss you every day, and forever you will be in my thoughts.Love,ALi.

~

ALi Pickens,

Muncie, Indiana

ALi Pickens - December 03, 2008 at 12:00 AM

ND

Hi, Alex,I haven't said, 'hi' for quite some time. I do apologize. I think of what you might be doing with your life if you were here. But, you're not. Have you met Aaron Christopherson, yet? He is Dom's best friend who joined you in Heaven July of 2007. He's another fantastic young man who had big dreams to do great things in life. I just don't get it, Alex. I should be hearing stories from your mom about what you are up to. Why you're not here! You know you're missed so very much. Please keep a good eye on Carlos and Dominic; they're good guys, too. Miss you, Alex.Love, Nancy, Carlos and Dominic

~

Nancy Davis-Ortiz,

Minneapolis, Minnesota

Nancy Davis-Ortiz - October 20, 2008 at 12:00 AM

ND

Hi, Alex,I haven't said, 'hi' for quite some time. I do apologize. I think of what you might be doing with your life if you were here. But, you're not. Have you met Aaron Christopherson, yet? He is Dom's best friend who joined you in Heaven July of 2007. He's another fantastic young man who had big dreams to do great things in life. I just don't get it, Alex. I should be hearing stories from your mom about what you are up to. Why you're not here! You know you're missed so very much. Please keep a good eye on Carlos and Dominic; they're good guys, too. Miss you, Alex.Love, Nancy, Carlos and Dominic

~

Nancy Davis-Ortiz,

Minneapolis, Minnesota

Nancy Davis-Ortiz - October 20, 2008 at 12:00 AM

BH

Hi Allie,I have been sitting here on the computer reading entries into the guest book made by so many of your friends and relatives. We all agree that we miss you so very much, Alex. You made such a wonderful impression on all youmet, you loved everyone and gaveyour best to everything you did. Ionly hope and pray that you arehaving a great time with your family whom you have joined. Had to postpone having dinner with Grabythis week because I got sick but Iwill be seeing him this week or nextand we will celebrate our birthdaystogether. Just found out that Shelbymade the honor roll again. Isn't thatjust great! She is so involved withher school and church down in SanAntonio. I am so happy for her. She spent a week with me this summer and helped me a whole lot.Well, honey, just wanted to touch base with you and tell you again how much I love you and miss you.Gramma

~

Beverly Helgeson,

Willmar, Minnesota

Beverly Helgeson - October 19, 2008 at 12:00 AM

BH

Hi Allie,I have been sitting here on the computer reading entries into the guest book made by so many of your friends and relatives. We all agree that we miss you so very much, Alex. You made such a wonderful impression on all youmet, you loved everyone and gaveyour best to everything you did. Ionly hope and pray that you arehaving a great time with your family whom you have joined. Had to postpone having dinner with Grabythis week because I got sick but Iwill be seeing him this week or nextand we will celebrate our birthdaystogether. Just found out that Shelbymade the honor roll again. Isn't thatjust great! She is so involved withher school and church down in SanAntonio. I am so happy for her. She spent a week with me this summer and helped me a whole lot.Well, honey, just wanted to touch base with you and tell you again how much I love you and miss you.Gramma

~

Beverly Helgeson,

Willmar, Minnesota

Beverly Helgeson - October 19, 2008 at 12:00 AM

DA

To my precious son,These are the hardest days to go through... the anniversaries of your leaving us. Five years of missing you and longing for you. I've got your dorm sheets wrapped around me and am going through your things, reading the funeral cards and looking at pictures. I can't wait to see you face to face again, hon! God's comfort and grace will carry me through until that day. Please watch over Graham and Shelby. Keep them in your prayers. We all miss you and love you the mostest everything.Love forever,Mama

~

Debra Marah Adler,

San Antonio, Texas

Contact Me

Debra Marah Adler - September 22, 2008 at 12:00 AM

DA

To my precious son,These are the hardest days to go through... the anniversaries of your leaving us. Five years of missing you and longing for you. I've got your dorm sheets wrapped around me and am going through your things, reading the funeral cards and looking at pictures. I can't wait to see you face to face again, hon! God's comfort and grace will carry me through until that day. Please watch over Graham and Shelby. Keep them in your prayers. We all miss you and love you the mostest everything.Love forever,Mama

~

Debra Marah Adler,

San Antonio, Texas

Contact Me

Debra Marah Adler - September 22, 2008 at 12:00 AM

DA

Hi hon...Been thinking about you so much lately. I put together a picture montage for you and have received many comments on what a handsome young man you are! Shelby saw Dr. Maron today and everything is looking fine.(Thank you, Lord!!) They are doing some genetic testing as well... pray with us that it will all turn out great. I miss you so very, very much and love you the mostest everything.Always,your Mom

~

Deb Marah Adler,

San Antonio, Texas

Contact Me

Deb Marah Adler - July 31, 2008 at 12:00 AM

DA

Hi hon...Been thinking about you so much lately. I put together a picture montage for you and have received many comments on what a handsome young man you are! Shelby saw Dr. Maron today and everything is looking fine.(Thank you, Lord!!) They are doing some genetic testing as well... pray with us that it will all turn out great. I miss you so very, very much and love you the mostest everything.Always,your Mom

~

Deb Marah Adler,

San Antonio, Texas

Contact Me

Deb Marah Adler - July 31, 2008 at 12:00 AM

BH

Hi Allie,It's me again - gramma! I wanted to tell you about the award ceremony and who got the Alex Marah Scholarship Award. Her name is Yang Khang and her many accomplishments parallel yours when you were at North High. She is a lovely young lady and a worthyrecipient of the scholarship. You would have been proud, Alex! Oh - I need to tell you too that Jonathan and Aviva, in New York, had a little baby boy Friday night. That's reallyexciting. We don't know what the name is yet but will let you know later. I brought some flowers for you for Memorial Day. I hope you are enjoying them. Love you, honey.Gramma

~

Beverly Helgeson,

Willmar, Minnesota

Contact Me

Beverly Helgeson - May 25, 2008 at 12:00 AM

BH

Hi Allie,It's me again - gramma! I wanted to tell you about the award ceremony and who got the Alex Marah Scholarship Award. Her name is Yang Khang and her many accomplishments parallel yours when you were at North High. She is a lovely young lady and a worthyrecipient of the scholarship. You would have been proud, Alex! Oh - I need to tell you too that Jonathan and Aviva, in New York, had a little baby boy Friday night. That's reallyexciting. We don't know what the name is yet but will let you know later. I brought some flowers for you for Memorial Day. I hope you are enjoying them. Love you, honey.Gramma

~

Beverly Helgeson,

Willmar, Minnesota

Contact Me

Beverly Helgeson - May 25, 2008 at 12:00 AM

BH

Hi Allie,Getting ready for scholarship time at North High again. I am going tobe there to give out the Alex MarahScholarship Award. It's going to avery deserving student, I think, bythe name of Vang Khang. She headed up the blood drive just like you did, Alex. I wrote up a little bitabout you to give to her along with your picture so she has some idea of what a fantastic person you were.I will be coming to visit you at Hillside on Wednesday with some flowers for Memorial Day. I miss you and love you and mourn losing you all the time. Say "hi" to grandpa. Love, Gramma

~

Beverly Helgeson,

Willmar, Minnesota

Beverly Helgeson - May 19, 2008 at 12:00 AM

BH

Hi Allie,Getting ready for scholarship time at North High again. I am going tobe there to give out the Alex MarahScholarship Award. It's going to avery deserving student, I think, bythe name of Vang Khang. She headed up the blood drive just like you did, Alex. I wrote up a little bitabout you to give to her along with your picture so she has some idea of what a fantastic person you were.I will be coming to visit you at Hillside on Wednesday with some flowers for Memorial Day. I miss you and love you and mourn losing you all the time. Say "hi" to grandpa. Love, Gramma

~

Beverly Helgeson,

Willmar, Minnesota

Beverly Helgeson - May 19, 2008 at 12:00 AM

SM

Hey Alex,Man, I miss you buddy. I didn't know they had made a facebook group for you until I stumbled upon it today. Im still doing the Marine thing but now Im out here in Hawaii! Im sure you would have been out here to visit a few times already! You know I still have to come back home every once in a while to see my family.. I cant believe ive been in or almost 6 years now!! So how's heaven man? You playing catch with Kirby still? Im sure you heard Dowzak got married.. And Chestine is coaching the baseball team at North now.. Anyways bro, hope to see you again one day! Keep an eye out from heaven! Your FriendShawn Manley (Class of 02)

~

Shawn Manley,

Honolulu, Hawaii

Contact Me

Shawn Manley - May 18, 2008 at 12:00 AM

SM

Hey Alex,Man, I miss you buddy. I didn't know they had made a facebook group for you until I stumbled upon it today. Im still doing the Marine thing but now Im out here in Hawaii! Im sure you would have been out here to visit a few times already! You know I still have to come back home every once in a while to see my family.. I cant believe ive been in or almost 6 years now!! So how's heaven man? You playing catch with Kirby still? Im sure you heard Dowzak got married.. And Chestine is coaching the baseball team at North now.. Anyways bro, hope to see you again one day! Keep an eye out from heaven! Your FriendShawn Manley (Class of 02)

~

Shawn Manley,

Honolulu, Hawaii

Contact Me

Shawn Manley - May 18, 2008 at 12:00 AM

DA

The CordWe are connected,My child and I, byAn invisible cordNot seen by the eye.It's not like the cordThat connects us 'til birthThis cord can't been seenBy any on Earth.This cord does it's workRight from the start.It binds us togetherAttached to my heart.I know that it's thereThough no one can seeThe invisible cordFrom my child to me.The strength of this cordIs hard to describe.It can't be destroyedIt can't be denied.It's stronger than any cordMan could createIt withstands the testCan hold any weight.And though you are gone,Though you're not here with me,The cord is still thereBut no one can see.It pulls at my heartI am bruised...I am sore,But this cord is my lifelineAs never before.I am thankful that GodConnects us this wayA mother and childDeath can't take it away!

~

Deb Marah Adler,

San Antonio, Texas

Deb Marah Adler - April 17, 2008 at 12:00 AM

DA

The CordWe are connected,My child and I, byAn invisible cordNot seen by the eye.It's not like the cordThat connects us 'til birthThis cord can't been seenBy any on Earth.This cord does it's workRight from the start.It binds us togetherAttached to my heart.I know that it's thereThough no one can seeThe invisible cordFrom my child to me.The strength of this cordIs hard to describe.It can't be destroyedIt can't be denied.It's stronger than any cordMan could createIt withstands the testCan hold any weight.And though you are gone,Though you're not here with me,The cord is still thereBut no one can see.It pulls at my heartI am bruised...I am sore,But this cord is my lifelineAs never before.I am thankful that GodConnects us this wayA mother and childDeath can't take it away!

~

Deb Marah Adler,

San Antonio, Texas

Deb Marah Adler - April 17, 2008 at 12:00 AM

BH

Hi Allie,Been thinking about you lately and just wanted to check in with you and let you know I cashed your CD the other day for the spring scholarship in your name at North High. I think it's so wonderful that we can carry on your name and your wonderful works while you were with us by offering this scholarship to some student going off to college. Every time I go to St. Cloud, I think of that last time we had lunch together. I wish I had picked up on the fact that you weren't eating your lunch that day but you didn't say there was anything wrong and you would eat it later. I should have prodded you a bit to find out more but perhaps you wouldn't have told me anyway. I still miss the times I was planning on having you come here and stay with us over some of those weekends and get a better chance to visit with you then. We never got to do them. I am looking forward to our reunion some day, Alex. Know that I love you deeply and mourn the loss of you daily. Had a great lunch and visit with your brother a few weeks ago and your sister is blossoming into a beautiful and lovely young lady. You would be proud of her.Well, take care honey - Love, Gramma

~

Beverly Helgeson,

Willmar, Minnesota

Contact Me

Beverly Helgeson - March 09, 2008 at 12:00 AM

BH

Hi Allie,Been thinking about you lately and just wanted to check in with you and let you know I cashed your CD the other day for the spring scholarship in your name at North High. I think it's so wonderful that we can carry on your name and your wonderful works while you were with us by offering this scholarship to some student going off to college. Every time I go to St. Cloud, I think of that last time we had lunch together. I wish I had picked up on the fact that you weren't eating your lunch that day but you didn't say there was anything wrong and you would eat it later. I should have prodded you a bit to find out more but perhaps you wouldn't have told me anyway. I still miss the times I was planning on having you come here and stay with us over some of those weekends and get a better chance to visit with you then. We never got to do them. I am looking forward to our reunion some day, Alex. Know that I love you deeply and mourn the loss of you daily. Had a great lunch and visit with your brother a few weeks ago and your sister is blossoming into a beautiful and lovely young lady. You would be proud of her.Well, take care honey - Love, Gramma

~

Beverly Helgeson,

Willmar, Minnesota

Contact Me

Beverly Helgeson - March 09, 2008 at 12:00 AM

DA

To my precious baby boy,Merry Christmas, hon. I am so missing your laughter, warmth and love this Christmas. I feel you in my heart, but would do anything to see you and touch you and talk with you. It's nice having Grandma with us. She loves you and misses you so much, too. It's very hard not to have Graby here, but he's doing fine up in Minnesota with Dad. Shelby has been such a joy to us all. Please watch over her as she travels to Minnesota with the youth group. Both her and Graham need you as their guardian angel... and I know you'll do a great job because I've never known a sibling who loves his brother and sister more than you. We are all so blessed to have had you in our lives and we look forward to being with you again.Christmas in Heaven must be amazing! I'm sure your radiant smile is lighting up the face of Jesus right now. I love you the mostest everything. Merry Christmas to you and Grandpa.Always,Mom

~

Debra Marah Adler,

San Antonio, Texas

Contact Me

Debra Marah Adler - December 25, 2007 at 12:00 AM

DA

To my precious baby boy,Merry Christmas, hon. I am so missing your laughter, warmth and love this Christmas. I feel you in my heart, but would do anything to see you and touch you and talk with you. It's nice having Grandma with us. She loves you and misses you so much, too. It's very hard not to have Graby here, but he's doing fine up in Minnesota with Dad. Shelby has been such a joy to us all. Please watch over her as she travels to Minnesota with the youth group. Both her and Graham need you as their guardian angel... and I know you'll do a great job because I've never known a sibling who loves his brother and sister more than you. We are all so blessed to have had you in our lives and we look forward to being with you again.Christmas in Heaven must be amazing! I'm sure your radiant smile is lighting up the face of Jesus right now. I love you the mostest everything. Merry Christmas to you and Grandpa.Always,Mom

~

Debra Marah Adler,

San Antonio, Texas

Contact Me

Debra Marah Adler - December 25, 2007 at 12:00 AM

BH

Hi Sweetie,Belated Happy Birthday and early Merry Christmas! I just added another $25.00 to your scholarship fund. I'm so glad we can keep that going in your name. I know how happy you would be too. I still can't believe the little boy you baby sat was one of the recipients of the scholarship! That is awesome and unbelievable. Put your little tree out the other day and had lunch with your brother. We had such a nice visit and I got to see the house he shares with Walter, Matt, and 3 other friends near the U of M campus. Glad he is taking classes and working on his college degree again. Went to your cousin, Bethie's, graduation yesterday. She and Melanie (Jake's new wife) both graduated summa cum laude which is where I know you would have been too. I felt you there with us, Alex. I am flying to Texas to spend Christmas with your mom, Shelby and Tim and looking for some of that southern warmth.I love you, honey, and so miss the times we could have spent together.Hugs from Gramma

~

Beverly Helgeson,

Willmar, Minnesota

Contact Me

Beverly Helgeson - December 22, 2007 at 12:00 AM

BH

Hi Sweetie,Belated Happy Birthday and early Merry Christmas! I just added another $25.00 to your scholarship fund. I'm so glad we can keep that going in your name. I know how happy you would be too. I still can't believe the little boy you baby sat was one of the recipients of the scholarship! That is awesome and unbelievable. Put your little tree out the other day and had lunch with your brother. We had such a nice visit and I got to see the house he shares with Walter, Matt, and 3 other friends near the U of M campus. Glad he is taking classes and working on his college degree again. Went to your cousin, Bethie's, graduation yesterday. She and Melanie (Jake's new wife) both graduated summa cum laude which is where I know you would have been too. I felt you there with us, Alex. I am flying to Texas to spend Christmas with your mom, Shelby and Tim and looking for some of that southern warmth.I love you, honey, and so miss the times we could have spent together.Hugs from Gramma

~

Beverly Helgeson,

Willmar, Minnesota

Contact Me

Beverly Helgeson - December 22, 2007 at 12:00 AM

DA

Happy Birthday to my precious son. This is such a hard day to get through for us, hon. I received a beautiful cross stitched picture from Auntie Deb today. She worked very hard on it and thought of you with each stitch. You are so missed by so many! I have your angel tree up with all your photos on it and have been going through the memories of each photo in my mind. I am so thankful for all the happy times. I wish I had been a better mom, but then I know you know how much I have always loved you... the mostest everything. Funny how that was a conversation we had when I drove you back to college the last time. I treasure that conversation along with so many others. You are an amazing young man who brought so much joy and love to your family and friends. Thank you, Bud.Have a wonderful time celebrating yours and Grandma Jean's birthday and blowing out 23 candles.With all my love,Mom

~

Debra Marah Adler,

San Antonio, Texas

Contact Me

Debra Marah Adler - December 03, 2007 at 12:00 AM

DA

Happy Birthday to my precious son. This is such a hard day to get through for us, hon. I received a beautiful cross stitched picture from Auntie Deb today. She worked very hard on it and thought of you with each stitch. You are so missed by so many! I have your angel tree up with all your photos on it and have been going through the memories of each photo in my mind. I am so thankful for all the happy times. I wish I had been a better mom, but then I know you know how much I have always loved you... the mostest everything. Funny how that was a conversation we had when I drove you back to college the last time. I treasure that conversation along with so many others. You are an amazing young man who brought so much joy and love to your family and friends. Thank you, Bud.Have a wonderful time celebrating yours and Grandma Jean's birthday and blowing out 23 candles.With all my love,Mom

~

Debra Marah Adler,

San Antonio, Texas

Contact Me

Debra Marah Adler - December 03, 2007 at 12:00 AM

BH

Hi Sweetheart,I just signed up for one more yearon Legacy so we can leave you ourmessages and stay connected. I amso happy to have the Angel of Hopehere in Willmar where I can go andvisit you also. I give this in your memory as your Birthday gift each year. I hope all who use it are happy to have it continue. I love you, Alex, and need to be able to let you know that. Your Aunt Leenie and Uncle Tim and cousins Bethie and Andrew went to see your name at the Angel of Hopewhen they were here for Jake and Mel's wedding. It's a beautiful spot. Love and hugs, Gramma

~

Beverly Helgeson,

Willmar, Minnesota

Contact Me

Beverly Helgeson - October 14, 2007 at 12:00 AM

BH

Hi Sweetheart,I just signed up for one more yearon Legacy so we can leave you ourmessages and stay connected. I amso happy to have the Angel of Hopehere in Willmar where I can go andvisit you also. I give this in your memory as your Birthday gift each year. I hope all who use it are happy to have it continue. I love you, Alex, and need to be able to let you know that. Your Aunt Leenie and Uncle Tim and cousins Bethie and Andrew went to see your name at the Angel of Hopewhen they were here for Jake and Mel's wedding. It's a beautiful spot. Love and hugs, Gramma

~

Beverly Helgeson,

Willmar, Minnesota

Contact Me

Beverly Helgeson - October 14, 2007 at 12:00 AM

DA

Oops... I meant to have the photo of your brick with the last entry, too!Love you the mostest everything,Mom

~

Deb Marah Adler,

San Antonio, Texas

Deb Marah Adler - September 23, 2007 at 12:00 AM

DA

Hi Bud,We made it through yesterday... always a much dreaded day. Shelbs and I had a nice visit about you last night. Wanted to send you a picture of the Angel of Hope statue in Willmar and of your special brick. We thank Grandma for arranging it all. She loves you so much, hon. Your whole family is so proud of your legacy of love!Hugs and kisses,Mom

~

Deb Marah Adler,

San Antonio, Texas

Contact Me

Deb Marah Adler - September 23, 2007 at 12:00 AM

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Oops... I meant to have the photo of your brick with the last entry, too!Love you the mostest everything,Mom

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Deb Marah Adler,

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~

Deb Marah Adler,

San Antonio, Texas

Contact Me

Deb Marah Adler - September 23, 2007 at 12:00 AM

AP

Al -I just miss you so much. I listened to the CD you made me before I left for Spain. I love you so much and miss you even more!Besos - Ali

~

Ali Pickens,

St. Paul, Minnesota

Ali Pickens - September 22, 2007 at 12:00 AM

DA

Hi hon,This is a hard day for so many of us. We miss you so very, very much. I talked to Graham and he's going to the cemetary today. I visited the Angel of Hope statue here in San Antonio and, I'm sure, Grandma will be visiting the Angel of Hope in Willmar. We all want to honor you, keep your light shining and share your legacy of love with others. I was able to talk about you often yesterday at school and I enjoyed sharing what an awesome young man you are. Oh, Bud, you should be at Jacob's wedding today. You LOVED family gatherings and adored your cousins. I can just see that big smile you'll have for Jake from Heaven. I'm sure everyone will feel your presence there today.Shelby's with Tim, Matt and Sarah at a Cajun Festival today and I'm just having quiet time to think about you and go through all your things.Please be that special guardian angel for Graham, Shelby and Dad... today and every day. It can just be so hard to be here without you.I've been shedding many tears today, honey and my heart aches for you. What keeps me going is knowing you're in Heaven and that we will all be together someday forever. Until then, we will all carry on with your legacy of love and laughter and never forget all the happiness you gave to each of us. Thank you for all you gave of yourself to all of us. We love you and miss you the mostest everything.Always,Mama

~

Deb Marah Adler,

San Antonio, Texas

Contact Me

Deb Marah Adler - September 22, 2007 at 12:00 AM

AP

Al -I just miss you so much. I listened to the CD you made me before I left for Spain. I love you so much and miss you even more!Besos - Ali

~

Ali Pickens,

St. Paul, Minnesota

Ali Pickens - September 22, 2007 at 12:00 AM

DA

Hi hon,This is a hard day for so many of us. We miss you so very, very much. I talked to Graham and he's going to the cemetary today. I visited the Angel of Hope statue here in San Antonio and, I'm sure, Grandma will be visiting the Angel of Hope in Willmar. We all want to honor you, keep your light shining and share your legacy of love with others. I was able to talk about you often yesterday at school and I enjoyed sharing what an awesome young man you are. Oh, Bud, you should be at Jacob's wedding today. You LOVED family gatherings and adored your cousins. I can just see that big smile you'll have for Jake from Heaven. I'm sure everyone will feel your presence there today.Shelby's with Tim, Matt and Sarah at a Cajun Festival today and I'm just having quiet time to think about you and go through all your things.Please be that special guardian angel for Graham, Shelby and Dad... today and every day. It can just be so hard to be here without you.I've been shedding many tears today, honey and my heart aches for you. What keeps me going is knowing you're in Heaven and that we will all be together someday forever. Until then, we will all carry on with your legacy of love and laughter and never forget all the happiness you gave to each of us. Thank you for all you gave of yourself to all of us. We love you and miss you the mostest everything.Always,Mama

~

Deb Marah Adler,

San Antonio, Texas

Contact Me

Deb Marah Adler - September 22, 2007 at 12:00 AM

DA

Hi Bud,Thinking about you, missing you and loving you the mostest everything. Please watch over Shelbs while she is in Minnesota. It'll be nice to get up there in a few weeks and visit the cemetary and the Angel of Hope. Grandma has done such a wonderful job of keeping your light shining!Always and Forever,Mom

~

Deb Adler,

San Antonio, Texas

Contact Me

Deb Adler - August 10, 2007 at 12:00 AM

DA

Hi Bud,Thinking about you, missing you and loving you the mostest everything. Please watch over Shelbs while she is in Minnesota. It'll be nice to get up there in a few weeks and visit the cemetary and the Angel of Hope. Grandma has done such a wonderful job of keeping your light shining!Always and Forever,Mom

~

Deb Adler,

San Antonio, Texas

Contact Me

Deb Adler - August 10, 2007 at 12:00 AM

Hey Alex -I've been thinking about you a lot lately. Today would have been our 6 year anniversary! Can you believe that it's been 6 years since I told you how I felt about you? The two anniversaries that we celebrated together, the one at Valleyfair, and the other at MOA, were amazing! You put so much thought into planning them, and they are two of the memories that I savor from my time with you.Life for me is going really great these days. I am so glad to be done with school. I will be taking the FS Exam in December, so I have been studying for that a bit, but I need to get my butt into gear for that. I started a new job, it is going great. I am moving back to StP next week, so I am very excited about that.I feel you with me always, and I thank you for watching over me and those that you love.Te extrano mucho, y te quiero mas.Besos y Abrazos,Ali

~

Ali

July 26, 2007 at 12:00 AM

Hey Alex -I've been thinking about you a lot lately. Today would have been our 6 year anniversary! Can you believe that it's been 6 years since I told you how I felt about you? The two anniversaries that we celebrated together, the one at Valleyfair, and the other at MOA, were amazing! You put so much thought into planning them, and they are two of the memories that I savor from my time with you.Life for me is going really great these days. I am so glad to be done with school. I will be taking the FS Exam in December, so I have been studying for that a bit, but I need to get my butt into gear for that. I started a new job, it is going great. I am moving back to StP next week, so I am very excited about that.I feel you with me always, and I thank you for watching over me and those that you love.Te extrano mucho, y te quiero mas.Besos y Abrazos,Ali

~

Ali

July 26, 2007 at 12:00 AM

LK

Hello,It's been so long. I still can't believe you're not with us anymore. Time seems to go by so fast. Coming up on August 18 2007 is nick and my wedding. We always wanted you to be our best man. We hope that you will be smiling down from heaven on us. You were the reason we got together in the first place and we can't be more thankful. We think of you often and miss you lots.

~

Lee Khang,

Brooklyn Center, Minnesota

Contact Me

Lee Khang - June 18, 2007 at 12:00 AM

LK

Hello,It's been so long. I still can't believe you're not with us anymore. Time seems to go by so fast. Coming up on August 18 2007 is nick and my wedding. We always wanted you to be our best man. We hope that you will be smiling down from heaven on us. You were the reason we got together in the first place and we can't be more thankful. We think of you often and miss you lots.

~

Lee Khang,

Brooklyn Center, Minnesota

Contact Me

Lee Khang - June 18, 2007 at 12:00 AM

DA

Hi Bud,Been thinking about you a lot today. I miss that smile so very much. Please wish Grandpa a Happy Father's Day for me. I miss him too. I have the cutest picture of the two of you laughing together. Did Grandpa sing his funny songs for you today? I can see you two laughing right now... thanks, hon.Love to you both... the mostest everything.Always and Forever,Mom

~

Deb Adler,

San Antonio, Texas

Contact Me

Deb Adler - June 17, 2007 at 12:00 AM

DA

Hi Bud,Been thinking about you a lot today. I miss that smile so very much. Please wish Grandpa a Happy Father's Day for me. I miss him too. I have the cutest picture of the two of you laughing together. Did Grandpa sing his funny songs for you today? I can see you two laughing right now... thanks, hon.Love to you both... the mostest everything.Always and Forever,Mom

~

Deb Adler,

San Antonio, Texas

Contact Me

Deb Adler - June 17, 2007 at 12:00 AM

BH

Hi Allie,Your brick with your name on has been engraved at the Angel of Hope here in Willmar. It's lovely and such a beautiful spot. I am so glad to have a place to visit you close by. The roses are in full bloom right now. I hope you like it. We are all reminded of your"Legacy of Love", Alex. You areforever in our hearts and on ourminds. Love you with all my heart,Gramma

~

Beverly Helgeson,

Willmar, Minnesota

Contact Me

Beverly Helgeson - June 15, 2007 at 12:00 AM

BH

Hi Allie,Your brick with your name on has been engraved at the Angel of Hope here in Willmar. It's lovely and such a beautiful spot. I am so glad to have a place to visit you close by. The roses are in full bloom right now. I hope you like it. We are all reminded of your"Legacy of Love", Alex. You areforever in our hearts and on ourminds. Love you with all my heart,Gramma

~

Beverly Helgeson,

Willmar, Minnesota

Contact Me

Beverly Helgeson - June 15, 2007 at 12:00 AM

BH

Hi honey,I went to your presentation of the Alex Marah scholarship program the other night. I think you would have been very pleased. The $1000 scholarship from ours went to Anastasia Hill, a very sweet little girl who will be attending the Univ. of MN. The Honor Society scholarship in your name went to Ly Her. Your dad made the presentation to Anastasia and did avery nice job. It was good to have a chance to visit with him again. I only got to see Graham for a few minutes when I put your plant out at the cemetery. He came and helped me with it and put my little red wagon back in the van for me. He had a game with his buddies in St. Paul somewhere. I hope you are enjoying your flowers. While I was at North High, I looked down and saw you had sent me a penny so I picked it up and put it in your jar. Thanks, Allie! Love you and miss you. Say hi to Grandpa for me. Gramma

~

Beverly Helgeson,

Willmar

Beverly Helgeson - May 28, 2007 at 12:00 AM

BH

Hi honey,I went to your presentation of the Alex Marah scholarship program the other night. I think you would have been very pleased. The $1000 scholarship from ours went to Anastasia Hill, a very sweet little girl who will be attending the Univ. of MN. The Honor Society scholarship in your name went to Ly Her. Your dad made the presentation to Anastasia and did avery nice job. It was good to have a chance to visit with him again. I only got to see Graham for a few minutes when I put your plant out at the cemetery. He came and helped me with it and put my little red wagon back in the van for me. He had a game with his buddies in St. Paul somewhere. I hope you are enjoying your flowers. While I was at North High, I looked down and saw you had sent me a penny so I picked it up and put it in your jar. Thanks, Allie! Love you and miss you. Say hi to Grandpa for me. Gramma

~

Beverly Helgeson,

Willmar

Beverly Helgeson - May 28, 2007 at 12:00 AM

DA

Hondo,Mother's Day was, again, very painful without you here. It's become a hard holiday to get through....just glad it's over.Your dad will be presenting your scholarship award this year and Grandma will also be there. Wish I could be there to honor you, too! We are all so proud of you, honey... always and forever will be.Love you the mostest everything,Mom

~

Deb Marah Adler,

San Antonio, Texas

Contact Me

Deb Marah Adler - May 15, 2007 at 12:00 AM

DA

Hondo,Mother's Day was, again, very painful without you here. It's become a hard holiday to get through....just glad it's over.Your dad will be presenting your scholarship award this year and Grandma will also be there. Wish I could be there to honor you, too! We are all so proud of you, honey... always and forever will be.Love you the mostest everything,Mom

~

Deb Marah Adler,

San Antonio, Texas

Contact Me

Deb Marah Adler - May 15, 2007 at 12:00 AM

To see you when I wake upIs a gift I didn't think could be real.To know that you feel the same as I doIs a three-fold, Utopian dream.You do something to me that I can't explain.So would I be out of line if I said "I miss you"?I see your picture.I smell your skin onThe empty pillow next to mine.You have only been gone ten days,But already I'm wasting away.I know I'll see you againWhether far or soon.But I need you to know that I care,And I miss you.

May 13, 2007 at 12:00 AM

To see you when I wake upIs a gift I didn't think could be real.To know that you feel the same as I doIs a three-fold, Utopian dream.You do something to me that I can't explain.So would I be out of line if I said "I miss you"?I see your picture.I smell your skin onThe empty pillow next to mine.You have only been gone ten days,But already I'm wasting away.I know I'll see you againWhether far or soon.But I need you to know that I care,And I miss you.

May 13, 2007 at 12:00 AM

BH

Hi Sweetie,Thanks for the pennies - keeps your scholarship jar filling up. It's that time of year again to be giving a scholarship in your name at North High. I remember so well how excited you were when you decided that North was where you wanted to go. You blossomed there and gave it your all. You did so much to better the programs at school and they gave back to you too. What a joy you were to your family, your school and your friends. I would like to be one of the presenters at the scholarship awards but don't think I could make it through. I was glad to last year be able to give Ms. Halcomb the roses. I sense you there each year to give your encouragement to the recipients of the award. I enjoy being able to attend each year. Your brother did a great job as did your Mom at the ones they presented. I'll visit you at the cemetery that day also and bring you some flowers. I love you and until we meet again- Love and hugs, Gramma

~

Beverly Helgeson,

Willmar, Minnesota

Beverly Helgeson - April 29, 2007 at 12:00 AM

BH

Hi Sweetie,Thanks for the pennies - keeps your scholarship jar filling up. It's that time of year again to be giving a scholarship in your name at North High. I remember so well how excited you were when you decided that North was where you wanted to go. You blossomed there and gave it your all. You did so much to better the programs at school and they gave back to you too. What a joy you were to your family, your school and your friends. I would like to be one of the presenters at the scholarship awards but don't think I could make it through. I was glad to last year be able to give Ms. Halcomb the roses. I sense you there each year to give your encouragement to the recipients of the award. I enjoy being able to attend each year. Your brother did a great job as did your Mom at the ones they presented. I'll visit you at the cemetery that day also and bring you some flowers. I love you and until we meet again- Love and hugs, Gramma

~

Beverly Helgeson,

Willmar, Minnesota

Beverly Helgeson - April 29, 2007 at 12:00 AM

DA

Hi Bud,It'll soon be time for your scholarship award to be given out. I can't believe it will be the 4th one. I'm in such need of one of your hugs. I miss you the mostest everything.Love Always,Mom

~

Deb Adler,

San Antonio, Texas

Deb Adler - April 28, 2007 at 12:00 AM

DA

Hi Bud,It'll soon be time for your scholarship award to be given out. I can't believe it will be the 4th one. I'm in such need of one of your hugs. I miss you the mostest everything.Love Always,Mom

~

Deb Adler,

San Antonio, Texas

Deb Adler - April 28, 2007 at 12:00 AM

Hey Al -I've been thinking about you a lot lately. I miss talking to you and I miss your advice. You would always give me the best advice on what I should do, no mater if you liked it or not. I am applying for a position in Spain for next year, so that could be exciting. Also, I have been applying for positions at colleges across the country. I'm getting that itch again to leave Minnesota, you know that I can never stay in one place for too long. I will be graduating in 5 weeks! Can you believe it? It feels like a life-time ago that I was preparing to graduate from high school. It's been a long 4 years; oh what a road it has been. I have grown a lot and really feel as if I know who I am and what I need to do for me. It's been tough tho, to be going through these last four years without you. I miss our late night phone calls, and our chats on line. I miss hearing you sing, and your excitement over a new band that you found. I think of you whenever there is a thunderstorm, because that was what you loved so much. I miss sitting on the hill with you watching the storms pass by, and how you would analyze the weather patterns. I still have that hole in my heart, and I think it actually get a little bit bigger every day. I think about you all the time, and oh how I wish that I could talk to you just one more time, that I could say good night to you, that I could wish you sweet dreams. I know you are with me always, because I can feel you with me. Keep watching over me and all of your friends.I will love you forever.

April 12, 2007 at 12:00 AM

Hey Al -I've been thinking about you a lot lately. I miss talking to you and I miss your advice. You would always give me the best advice on what I should do, no mater if you liked it or not. I am applying for a position in Spain for next year, so that could be exciting. Also, I have been applying for positions at colleges across the country. I'm getting that itch again to leave Minnesota, you know that I can never stay in one place for too long. I will be graduating in 5 weeks! Can you believe it? It feels like a life-time ago that I was preparing to graduate from high school. It's been a long 4 years; oh what a road it has been. I have grown a lot and really feel as if I know who I am and what I need to do for me. It's been tough tho, to be going through these last four years without you. I miss our late night phone calls, and our chats on line. I miss hearing you sing, and your excitement over a new band that you found. I think of you whenever there is a thunderstorm, because that was what you loved so much. I miss sitting on the hill with you watching the storms pass by, and how you would analyze the weather patterns. I still have that hole in my heart, and I think it actually get a little bit bigger every day. I think about you all the time, and oh how I wish that I could talk to you just one more time, that I could say good night to you, that I could wish you sweet dreams. I know you are with me always, because I can feel you with me. Keep watching over me and all of your friends.I will love you forever.

April 12, 2007 at 12:00 AM

DA

Another Easter without your sweet enthusiasm. I keep waiting for it to get easier. Your basket is sitting empty here next to me... much like a big piece of my heart. We miss you so very, very much and love you the mostest everything.Big hugs and kisses,Mom

~

Deb Adler,

San Antonio, Texas

Deb Adler - April 08, 2007 at 12:00 AM

DA

Another Easter without your sweet enthusiasm. I keep waiting for it to get easier. Your basket is sitting empty here next to me... much like a big piece of my heart. We miss you so very, very much and love you the mostest everything.Big hugs and kisses,Mom

~

Deb Adler,

San Antonio, Texas

Deb Adler - April 08, 2007 at 12:00 AM

DA

Hondo,All this rain makes me think of you and how much you loved the storms. I can just see your face so clearly right now! Thank you for all the wonderful, vivid memories I have and hold so dear. Know how much I love you? Yep, the mostest everything.Hugs and kisses,Mom

~

Deb Adler,

San Antonio, Texas

Deb Adler - March 29, 2007 at 12:00 AM

DA

Hondo,All this rain makes me think of you and how much you loved the storms. I can just see your face so clearly right now! Thank you for all the wonderful, vivid memories I have and hold so dear. Know how much I love you? Yep, the mostest everything.Hugs and kisses,Mom

~

Deb Adler,

San Antonio, Texas

Deb Adler - March 29, 2007 at 12:00 AM

we all miss you so much. we know that your spirit is with us every day. i think about you all the time, you are always on my mind and always in my heart. please help me through these tough times and bring some luck my way. te amo

March 23, 2007 at 12:00 AM

we all miss you so much. we know that your spirit is with us every day. i think about you all the time, you are always on my mind and always in my heart. please help me through these tough times and bring some luck my way. te amo

March 23, 2007 at 12:00 AM

DA

Hi sweetie,I sure am thinking about you a lot... and missing you more than anything. It's nice having Graham here for a few days. We've been doing lots of fun things as well as just hanging around the house. We'll be back at SeaWorld again today. Your sister is on a luxury houseboat in Arkansas for spring break. They had 2 vans playing "The Amazing Race" so they didn't know where they were going until they got there. Thanks, Bud, for watching over her! (especially during all that stormy weather!) Please be her guardian angel that helps her get safely back home after a wonderful time with all her friends. And, please, watch over your brother as well. Thank you for setting such a good example of a loving, caring person. I hope we all can follow in your big footsteps!Time to get your "little" brother up. Love you and miss you the mostest everything.Hugs and Kisses,Mom

~

Deb Adler,

San Antonio, Texas

Contact Me

Deb Adler - March 13, 2007 at 12:00 AM

DA

Hi sweetie,I sure am thinking about you a lot... and missing you more than anything. It's nice having Graham here for a few days. We've been doing lots of fun things as well as just hanging around the house. We'll be back at SeaWorld again today. Your sister is on a luxury houseboat in Arkansas for spring break. They had 2 vans playing "The Amazing Race" so they didn't know where they were going until they got there. Thanks, Bud, for watching over her! (especially during all that stormy weather!) Please be her guardian angel that helps her get safely back home after a wonderful time with all her friends. And, please, watch over your brother as well. Thank you for setting such a good example of a loving, caring person. I hope we all can follow in your big footsteps!Time to get your "little" brother up. Love you and miss you the mostest everything.Hugs and Kisses,Mom

~

Deb Adler,

San Antonio, Texas

Contact Me

Deb Adler - March 13, 2007 at 12:00 AM

DA

Happy Valentine's Day, baby boy. All holidays have lost a major "spark" without your enthusiasm and love. I MISS you with all my heart and LOVE you the mostest everything.Prayerfully,Your Mom

~

Deb Adler,

San Antonio, Texas

Deb Adler - February 14, 2007 at 12:00 AM

DA

Happy Valentine's Day, baby boy. All holidays have lost a major "spark" without your enthusiasm and love. I MISS you with all my heart and LOVE you the mostest everything.Prayerfully,Your Mom

~

Deb Adler,

San Antonio, Texas

Deb Adler - February 14, 2007 at 12:00 AM

DS

Deb,My prayers are always with you. Your son and my daughter are rejoicing in heaven together. We will one day join both of them. Keep praying.

~

dolores stevens,

san antonio, Texas

dolores stevens - January 22, 2007 at 12:00 AM

JD

Deb, because I love you, I know I would have loved Alex. It is good to know we will all be rejoicing with him in heaven someday. May our Jesus continue to give you comfort and peace until that time.

~

Jeanene Dixon,

San Antonio, Texas

Jeanene Dixon - January 22, 2007 at 12:00 AM

DS

Deb,My prayers are always with you. Your son and my daughter are rejoicing in heaven together. We will one day join both of them. Keep praying.

~

dolores stevens,

san antonio, Texas

dolores stevens - January 22, 2007 at 12:00 AM

JD

Deb, because I love you, I know I would have loved Alex. It is good to know we will all be rejoicing with him in heaven someday. May our Jesus continue to give you comfort and peace until that time.

~

Jeanene Dixon,

San Antonio, Texas

Jeanene Dixon - January 22, 2007 at 12:00 AM

DA

"I thought of you with love today but that is nothing new, I thought about you yesterday and days before that too. I think of you in silence I often speak your name, all I have are memories and your picture in a frame. Your memory is my keepsake with which I'll never part God has you in His keeping I have you in my heart."Hi hon,Found this quote today while looking for something to put in our "Alex" garden area. I think about you all the time and miss you like crazy. Since I can't hold you in my arms, I'm glad God is doing it for me. I know He's richly blessing you for all your loving ways and good works you did during your short life on earth. I love you so very, very much baby boy.The mostest everything love,Mama

~

Deb Adler,

San Antonio, Texas

Contact Me

Deb Adler - January 20, 2007 at 12:00 AM

DA

"I thought of you with love today but that is nothing new, I thought about you yesterday and days before that too. I think of you in silence I often speak your name, all I have are memories and your picture in a frame. Your memory is my keepsake with which I'll never part God has you in His keeping I have you in my heart."Hi hon,Found this quote today while looking for something to put in our "Alex" garden area. I think about you all the time and miss you like crazy. Since I can't hold you in my arms, I'm glad God is doing it for me. I know He's richly blessing you for all your loving ways and good works you did during your short life on earth. I love you so very, very much baby boy.The mostest everything love,Mama

~

Deb Adler,

San Antonio, Texas

Contact Me

Deb Adler - January 20, 2007 at 12:00 AM

BH

Hi honey,Put some more money in your scholarship fund the other day. Wehave built up quite a sizable amount now so we can continue withthe scholarships for several yearsto come. I know that would make you so happy and makes me happy too. I hope you liked your littletree for Christmas. I am saving itfor next year and will add some more to it. The heavy rocks keptit in place very well and that little nook on the monument is justright to tuck it into. Well, honey, I hope you and Grandpa arehaving a great time together. Givehim a hug for me and have him giveyou one back for me too. I love you, Alex. Love and hugs, Gramma

~

Beverly Helgeson,

Willmar, Minnesota

Beverly Helgeson - January 16, 2007 at 12:00 AM

BH

Hi honey,Put some more money in your scholarship fund the other day. Wehave built up quite a sizable amount now so we can continue withthe scholarships for several yearsto come. I know that would make you so happy and makes me happy too. I hope you liked your littletree for Christmas. I am saving itfor next year and will add some more to it. The heavy rocks keptit in place very well and that little nook on the monument is justright to tuck it into. Well, honey, I hope you and Grandpa arehaving a great time together. Givehim a hug for me and have him giveyou one back for me too. I love you, Alex. Love and hugs, Gramma

~

Beverly Helgeson,

Willmar, Minnesota

Beverly Helgeson - January 16, 2007 at 12:00 AM

I wish you were here to talk to.I could use your good judgment andyour loving ways.I miss you like crazy. I miss and love you the mostest everything.~Mom

~

Deb Adler

January 14, 2007 at 12:00 AM

I wish you were here to talk to.I could use your good judgment andyour loving ways.I miss you like crazy. I miss and love you the mostest everything.~Mom

~

Deb Adler

January 14, 2007 at 12:00 AM

DA

New Year's Eve and it just hurts so much not having you with us. I have to keep reminding myself that YOU are in that perfect place and that I WILL see you again.Happy New Year, baby boy. I love you the mostest everything.Always and Forever,Mom

~

Deb Adler,

San Antonio, Texas

Contact Me

Deb Adler - December 31, 2006 at 12:00 AM

DA

New Year's Eve and it just hurts so much not having you with us. I have to keep reminding myself that YOU are in that perfect place and that I WILL see you again.Happy New Year, baby boy. I love you the mostest everything.Always and Forever,Mom

~

Deb Adler,

San Antonio, Texas

Contact Me

Deb Adler - December 31, 2006 at 12:00 AM

DA

Hi Sweetie,Hope your Christmas was awesome. I just wish I knew exactly what you're doing up there... you know how I am about those things!We missed you down here so, so much. Everyone has wonderful memories of the precious young man who carried the spirit of Christmas with him all year long. It's been nice having Grandma and Gray with us. We had a great Christmas with them and Matt and Sarah. Way too much good food, though! Graham, Grandma and I are going to Sea World today and Shelbs will be at the mall with friends. Please watch over her!You kids are the greatest gift I've ever received. Thank you, honey.Love you the mostest everything,Mom

~

Deb Adler,

San Antonio, Texas

Contact Me

Deb Adler - December 27, 2006 at 12:00 AM

DA

Hi Sweetie,Hope your Christmas was awesome. I just wish I knew exactly what you're doing up there... you know how I am about those things!We missed you down here so, so much. Everyone has wonderful memories of the precious young man who carried the spirit of Christmas with him all year long. It's been nice having Grandma and Gray with us. We had a great Christmas with them and Matt and Sarah. Way too much good food, though! Graham, Grandma and I are going to Sea World today and Shelbs will be at the mall with friends. Please watch over her!You kids are the greatest gift I've ever received. Thank you, honey.Love you the mostest everything,Mom

~

Deb Adler,

San Antonio, Texas

Contact Me

Deb Adler - December 27, 2006 at 12:00 AM

BH

Hi Honey,Hope you like your little Christmas tree. I put all the names on the little ornaments so you would know we all miss you somuch and wish you could be herewith us. I am leaving tomorrowmorning to spend Christmas in SanAntonio with your Mom, Tim, Shelbyand Graham. Looking forward to itand will stop by and see you againwhen I come back from there. Wewill all have you in our hearts andon our minds. You and your grandpas and grandma Jean give eachother a hug and one from us too.Love you sweetheart. Gramma

~

Beverly Helgeson,

Willmar, Minnesota

Beverly Helgeson - December 23, 2006 at 12:00 AM

BH

Hi Honey,Hope you like your little Christmas tree. I put all the names on the little ornaments so you would know we all miss you somuch and wish you could be herewith us. I am leaving tomorrowmorning to spend Christmas in SanAntonio with your Mom, Tim, Shelbyand Graham. Looking forward to itand will stop by and see you againwhen I come back from there. Wewill all have you in our hearts andon our minds. You and your grandpas and grandma Jean give eachother a hug and one from us too.Love you sweetheart. Gramma

~

Beverly Helgeson,

Willmar, Minnesota

Beverly Helgeson - December 23, 2006 at 12:00 AM

DA

Hi Sweetheart,Thinking about you a lot tonight and wishing so much I could see you, talk to you and touch you. Shelbs is in Minnesota enjoying the snow for a few days. It's too quiet here without her! We are very much looking forward to having Grandma and Gray with us at Christmas. I know you'll be here, too. Everyone loves your angel tree. I spend quite a lot of time with it looking over all your cute, cute pictures and remembering so many wonderful times.Watch over us all, please... our precious angel.Love you the mostest everything,Mom

~

Deb Adler,

San Antonio, Texas

Contact Me

Deb Adler - December 21, 2006 at 12:00 AM

DA

Hi Sweetheart,Thinking about you a lot tonight and wishing so much I could see you, talk to you and touch you. Shelbs is in Minnesota enjoying the snow for a few days. It's too quiet here without her! We are very much looking forward to having Grandma and Gray with us at Christmas. I know you'll be here, too. Everyone loves your angel tree. I spend quite a lot of time with it looking over all your cute, cute pictures and remembering so many wonderful times.Watch over us all, please... our precious angel.Love you the mostest everything,Mom

~

Deb Adler,

San Antonio, Texas

Contact Me

Deb Adler - December 21, 2006 at 12:00 AM

CR

Alex,from reading all the entries, I can see what an amazing person you were and why soooooo many people miss you. Although I never had the pleasure of meeting you (I am sure it would of been) just knowing your wonderful mother I can feel like I have known you. Thanks for looking out for your mother, she is one special person in my life. I feel so awesome and comforted when I see her smile and daily I see you shine through. Look out over all of us and save us a comfy spot up in Heaven.

~

Catherine Rodriguez,

San Antonio, Texas

Contact Me

Catherine Rodriguez - December 03, 2006 at 12:00 AM

BH

Happy Birthday Honey. Your 22nd birthday today. It seems like only yesterday you were that darling little boy we all loved so much. Then you became that big 6 foot plus teenager that we loved even more and now we have to waituntil we join you to see you again.At least I am pretty sure it will be me that sees you first! Think of you every day. Hope you are having a party in heaven with your two grandpas and grandma Jean. I am sure they are enjoying having you there but we all miss you down here. Stay close and here's a bigbirthday hug for you. Love you,Grandma

~

Beverly Helgeson,

Willmar, Minnesota

Beverly Helgeson - December 03, 2006 at 12:00 AM

DA

8lbs, 4 oz... at 4:08p.m... in '84.What precious memories for me! Happy Birthday to my wonderful son. It's so hard not to have you here with us. I miss your smile and your sweet disposition. I miss laughing with you. I miss you driving me nuts. I miss absolutely everything about you. We are planting another tree in your honor today. It's going to be a rough day for many of us. Help us through it, ok Bud? (especially Gray and Shelbs)Enjoy your celebration with everyone in heaven. You are so loved... the mostest everything.Always,Mom

~

Deb Marah Adler,

San Antonio, Texas

Contact Me

Deb Marah Adler - December 03, 2006 at 12:00 AM

DA

8lbs, 4 oz... at 4:08p.m... in '84.What precious memories for me! Happy Birthday to my wonderful son. It's so hard not to have you here with us. I miss your smile and your sweet disposition. I miss laughing with you. I miss you driving me nuts. I miss absolutely everything about you. We are planting another tree in your honor today. It's going to be a rough day for many of us. Help us through it, ok Bud? (especially Gray and Shelbs)Enjoy your celebration with everyone in heaven. You are so loved... the mostest everything.Always,Mom

~

Deb Marah Adler,

San Antonio, Texas

Contact Me

Deb Marah Adler - December 03, 2006 at 12:00 AM

BH

Happy Birthday Honey. Your 22nd birthday today. It seems like only yesterday you were that darling little boy we all loved so much. Then you became that big 6 foot plus teenager that we loved even more and now we have to waituntil we join you to see you again.At least I am pretty sure it will be me that sees you first! Think of you every day. Hope you are having a party in heaven with your two grandpas and grandma Jean. I am sure they are enjoying having you there but we all miss you down here. Stay close and here's a bigbirthday hug for you. Love you,Grandma

~

Beverly Helgeson,

Willmar, Minnesota

Beverly Helgeson - December 03, 2006 at 12:00 AM

CR

Alex,from reading all the entries, I can see what an amazing person you were and why soooooo many people miss you. Although I never had the pleasure of meeting you (I am sure it would of been) just knowing your wonderful mother I can feel like I have known you. Thanks for looking out for your mother, she is one special person in my life. I feel so awesome and comforted when I see her smile and daily I see you shine through. Look out over all of us and save us a comfy spot up in Heaven.

~

Catherine Rodriguez,

San Antonio, Texas

Contact Me

Catherine Rodriguez - December 03, 2006 at 12:00 AM

DA

Hi Baby Boy,I was out to lunch with a group of friends today and we talked about you. They were all impressed with what an outstanding young man you are. The more I think and talk about you, the more in awe of you I am. I am richly blessed by you, Gray and Shelbs.Love you forver... the mostest everything,MomP.S. Aren't you SO proud of Shelby making the honor roll again??!!

~

Deb Adler,

San Antonio, Texas

Deb Adler - November 12, 2006 at 12:00 AM

DA

Hi Baby Boy,I was out to lunch with a group of friends today and we talked about you. They were all impressed with what an outstanding young man you are. The more I think and talk about you, the more in awe of you I am. I am richly blessed by you, Gray and Shelbs.Love you forver... the mostest everything,MomP.S. Aren't you SO proud of Shelby making the honor roll again??!!

~

Deb Adler,

San Antonio, Texas

Deb Adler - November 12, 2006 at 12:00 AM

DA

Hi Honey,How sweet of Grandma to, again, sponsor this guestbook! She loves you so much, Bud. We're looking forward to having her with us at Christmas.It's so hard to believe Graham turns 20 today! Our baby Graby is not a teen-ager anymore. I had such an awesome time with him a few weeks ago. He and I got season passes to Sea World and had so much fun. It's great to be able to spend time with him... only wish it was more often. Please watch over both him and Shelbs. You are such a driving force in their lives.We all miss you like crazy and keep you in our conversations all the time. It's so comforting to remember all the joy you brought to each one of us and to know that you are now receiving your Heavenly joy. Betcha they all love that infectious smile of yours up there!Off to pick up Shelbs from school for a dental appointment. She'll have braces soon! Love you and miss you... the mostest everything,Mom

~

Deb Adler,

San Antonio, Texas

Deb Adler - October 25, 2006 at 12:00 AM

DA

Hi Honey,How sweet of Grandma to, again, sponsor this guestbook! She loves you so much, Bud. We're looking forward to having her with us at Christmas.It's so hard to believe Graham turns 20 today! Our baby Graby is not a teen-ager anymore. I had such an awesome time with him a few weeks ago. He and I got season passes to Sea World and had so much fun. It's great to be able to spend time with him... only wish it was more often. Please watch over both him and Shelbs. You are such a driving force in their lives.We all miss you like crazy and keep you in our conversations all the time. It's so comforting to remember all the joy you brought to each one of us and to know that you are now receiving your Heavenly joy. Betcha they all love that infectious smile of yours up there!Off to pick up Shelbs from school for a dental appointment. She'll have braces soon! Love you and miss you... the mostest everything,Mom

~

Deb Adler,

San Antonio, Texas

Deb Adler - October 25, 2006 at 12:00 AM

TG

I was going through my high school photos yesturday and ran across a few with me and Alex in A.P.Literature with Ms. Sylwester. When I was down about something, Alex always lifted my spirits. A lot of times he didn't even have to say anything, his smile was enough to warm my heart. Alex is greatly missed and will never be forgot about! I pray that the family continue to hold on, and know that Alex is still here in your hearts and memories.

~

Tierza Groce,

St. Paul, Minnesota

Contact Me

Tierza Groce - October 19, 2006 at 12:00 AM

TG

I was going through my high school photos yesturday and ran across a few with me and Alex in A.P.Literature with Ms. Sylwester. When I was down about something, Alex always lifted my spirits. A lot of times he didn't even have to say anything, his smile was enough to warm my heart. Alex is greatly missed and will never be forgot about! I pray that the family continue to hold on, and know that Alex is still here in your hearts and memories.

~

Tierza Groce,

St. Paul, Minnesota

Contact Me

Tierza Groce - October 19, 2006 at 12:00 AM

PT

Hi Alex,I'm never really good at writing,but there is something I have to ask of you. Our Twins are on the line and if the don't win on Friday we can close the book on this year. There for I would like to know if you can put a bug in Kirby's ear. I sure you had seen what happend in the outfield withTorii on Wed.You know they were downby 10 games. I would so hate to see this end.In the back of my mind I was thinking of the movie Angles Inthe Outfield. So maybe you can be that Angle. By the way I hope you are looking out for my Marissa she had a Birthday last month a big 12 years I know that you are a wonderful big brother.So pleses watch her for me. It is late so I have to go Lots of Hugs and Kisses to you both. Love Paula

~

Paula Tucker,

St Paul, Minnesota

Paula Tucker - October 06, 2006 at 12:00 AM

PT

Hi Alex,I'm never really good at writing,but there is something I have to ask of you. Our Twins are on the line and if the don't win on Friday we can close the book on this year. There for I would like to know if you can put a bug in Kirby's ear. I sure you had seen what happend in the outfield withTorii on Wed.You know they were downby 10 games. I would so hate to see this end.In the back of my mind I was thinking of the movie Angles Inthe Outfield. So maybe you can be that Angle. By the way I hope you are looking out for my Marissa she had a Birthday last month a big 12 years I know that you are a wonderful big brother.So pleses watch her for me. It is late so I have to go Lots of Hugs and Kisses to you both. Love Paula

~

Paula Tucker,

St Paul, Minnesota

Paula Tucker - October 06, 2006 at 12:00 AM

SM

Hey AlexI cant brlive its been soooo long scince you have gone away. I MISS YOU SOOOOO MUCH!!! Say Hi to grandpa for me. LOVE YA~Shelby~

~

Shelby Marah,

san antonio, Texas

Shelby Marah - September 23, 2006 at 12:00 AM

SM

Hey AlexI cant brlive its been soooo long scince you have gone away. I MISS YOU SOOOOO MUCH!!! Say Hi to grandpa for me. LOVE YA~Shelby~

~

Shelby Marah,

san antonio, Texas

Shelby Marah - September 23, 2006 at 12:00 AM

BH

Hi Sweetheart,I just got back from St. Cloud where I met Grandpa's cousin and her husband for lunch. It brought me back to that last day we had together when we had lunch in St. Cloud, saw your dorm room, and had such a wonderful visit. I will never forget that last kiss from you. You weren't embarrassed at all to stick your head in the car and give me a big kiss and hug with all the other kids around there. I was so proud of you. Iwas also worried about you that day. You didn't eat your lunch and just toyed with your food. You said you just weren't hungry and would eat it later. I wish I had pursued that more and taken you to the ER that day to find out what was wrong. There are so many"if only I would have" feelings for so many of us. Hope you and your two grandpa's and grandma Jean are spending time together. You are all missed by all of us here but one day we'll join you and the circle will come together again. Until then, honey, I love you with all my heart and miss youevery day. Grandma

~

Beverly Helgeson,

Willmar, Minnesota

Beverly Helgeson - September 23, 2006 at 12:00 AM

EL

Hi big Al.....Its me Auntie Leenie, haven't written much lately, but you know i think of you daily, especially when i find coins laying around. We all miss you very very much still after 3 yrs. Your Mom made a beautiful set of photos of you and emailed..probably to everyone she knows!!! But its special, like you, and you would be soooo proud of her. It was fun to have her here visiting, we laugh when we are together and thats so very healthy and fun!! Love to you and Grandpa, hugs all around. Love, Auntie Leenie or Little Al to you...hehehe.

~

Eileen Laib,

Lakewood, Colorado

Eileen Laib - September 23, 2006 at 12:00 AM

EL

Hi big Al.....Its me Auntie Leenie, haven't written much lately, but you know i think of you daily, especially when i find coins laying around. We all miss you very very much still after 3 yrs. Your Mom made a beautiful set of photos of you and emailed..probably to everyone she knows!!! But its special, like you, and you would be soooo proud of her. It was fun to have her here visiting, we laugh when we are together and thats so very healthy and fun!! Love to you and Grandpa, hugs all around. Love, Auntie Leenie or Little Al to you...hehehe.

~

Eileen Laib,

Lakewood, Colorado

Eileen Laib - September 23, 2006 at 12:00 AM

BH

Hi Sweetheart,I just got back from St. Cloud where I met Grandpa's cousin and her husband for lunch. It brought me back to that last day we had together when we had lunch in St. Cloud, saw your dorm room, and had such a wonderful visit. I will never forget that last kiss from you. You weren't embarrassed at all to stick your head in the car and give me a big kiss and hug with all the other kids around there. I was so proud of you. Iwas also worried about you that day. You didn't eat your lunch and just toyed with your food. You said you just weren't hungry and would eat it later. I wish I had pursued that more and taken you to the ER that day to find out what was wrong. There are so many"if only I would have" feelings for so many of us. Hope you and your two grandpa's and grandma Jean are spending time together. You are all missed by all of us here but one day we'll join you and the circle will come together again. Until then, honey, I love you with all my heart and miss youevery day. Grandma

~

Beverly Helgeson,

Willmar, Minnesota

Beverly Helgeson - September 23, 2006 at 12:00 AM

Can you believe it has been so long. I miss you more and more each day. The pain will not fade. Love you bud.

September 22, 2006 at 12:00 AM

TA

It's hard to believe it's already been 3 years. It seems like yesterday that I first met you. I was impressed the first time I spoke to you. I'd never seen a big brother so devoted to his younger brother and sister. Shelby and Graham are shining examples of your inspiration. They are both awesome young people. Please watch over them. (Like I had to tell you that) And watch over your Mom and Dad too. Help them through the tough times. You have been an influence on so many of us. We sure miss you. Say hi to your Grandpa and try not to beat him in dominoes too often.

~

Tim Adler,

San Antonio, Texas

Contact Me

Tim Adler - September 22, 2006 at 12:00 AM

DA

It's 3 years and the pain of losing you is still horrendous. My heart aches for you, baby boy. I've been going through your things, going through pictures and reliving big and little moments in my mind. Shelbs is sleeping in clothes of yours and will be wearing one of your old t-shirts to school today. I'm glad she's finding comfort in that. Graham will be here in 2 weeks. I'm really looking forward to seeing him!

I've already received wonderful notes from many people in reply to my e-mail and pictures I sent out about you. Oh, Alex, you are SO loved and SO missed by SO many!

My one comfort is that you are in a perfect place and that we will be together one day for eternity. I thank God for you 3 kids every day. I truly was blessed with amazing children.

Please watch over and pray for us all. I love you, sweetheart.... the mostest everything.

Forever,

Mom

~

Deb Marah Adler,

San Antonio, Texas

Contact Me

Deb Marah Adler - September 22, 2006 at 12:00 AM

TA

It's hard to believe it's already been 3 years. It seems like yesterday that I first met you. I was impressed the first time I spoke to you. I'd never seen a big brother so devoted to his younger brother and sister. Shelby and Graham are shining examples of your inspiration. They are both awesome young people. Please watch over them. (Like I had to tell you that) And watch over your Mom and Dad too. Help them through the tough times. You have been an influence on so many of us. We sure miss you. Say hi to your Grandpa and try not to beat him in dominoes too often.

~

Tim Adler,

San Antonio, Texas

Contact Me

Tim Adler - September 22, 2006 at 12:00 AM

Can you believe it has been so long. I miss you more and more each day. The pain will not fade. Love you bud.

September 22, 2006 at 12:00 AM

DA

It's 3 years and the pain of losing you is still horrendous. My heart aches for you, baby boy. I've been going through your things, going through pictures and reliving big and little moments in my mind. Shelbs is sleeping in clothes of yours and will be wearing one of your old t-shirts to school today. I'm glad she's finding comfort in that. Graham will be here in 2 weeks. I'm really looking forward to seeing him!

I've already received wonderful notes from many people in reply to my e-mail and pictures I sent out about you. Oh, Alex, you are SO loved and SO missed by SO many!

My one comfort is that you are in a perfect place and that we will be together one day for eternity. I thank God for you 3 kids every day. I truly was blessed with amazing children.

Please watch over and pray for us all. I love you, sweetheart.... the mostest everything.

Forever,

Mom

~

Deb Marah Adler,

San Antonio, Texas

Contact Me

Deb Marah Adler - September 22, 2006 at 12:00 AM

DA

Hi Hon,
Gray and Shelbs had their appointments with Dr. Maron today. Shelbs is 100% ok, but Graham is wearing a Holter monitor for 24 hours because there was a bit of a question on his heart rythm. Please, please watch over him and pray with us that everything is fine. And, since you are the big brother and mentor, please nudge your bro to get healthier... I know your with us all in wanting long and healthy lives for both of them.
I love you all the mostest everything and I know you'll do what you can to help out Graby.
Love always,
Mom

~

Deb Adler,

San Antonio, Texas

Deb Adler - July 17, 2006 at 12:00 AM

DA

Hi Hon,
Gray and Shelbs had their appointments with Dr. Maron today. Shelbs is 100% ok, but Graham is wearing a Holter monitor for 24 hours because there was a bit of a question on his heart rythm. Please, please watch over him and pray with us that everything is fine. And, since you are the big brother and mentor, please nudge your bro to get healthier... I know your with us all in wanting long and healthy lives for both of them.
I love you all the mostest everything and I know you'll do what you can to help out Graby.
Love always,
Mom

~

Deb Adler,

San Antonio, Texas

Deb Adler - July 17, 2006 at 12:00 AM

DA

Hi Bud,
Sure am missing you, Gray and Shelbs today... especially after all the crap associated with yesterday. It was great to have Tom and Michelle here, though, to support Tim and me. We had such a good time with them. Please know that we're so grateful to all three of you for your unconditional love and kindness. Sure wish more kids were like you! I love you all the mostest everything.
Always and Forever,
Mom

~

Deb Adler,

San Antonio, Texas

Deb Adler - July 16, 2006 at 12:00 AM

DA

Hi Bud,
Sure am missing you, Gray and Shelbs today... especially after all the crap associated with yesterday. It was great to have Tom and Michelle here, though, to support Tim and me. We had such a good time with them. Please know that we're so grateful to all three of you for your unconditional love and kindness. Sure wish more kids were like you! I love you all the mostest everything.
Always and Forever,
Mom

~

Deb Adler,

San Antonio, Texas

Deb Adler - July 16, 2006 at 12:00 AM

BH

Hi Honey,
Missing you today and every day. I think of you so often and still wish we would have had some time when you could have come down to Willmar while at college and spent some time with us (when Grandpa was still here) and now with me. I
bet you and grandpa had a big reunion with each other when he joined you. Got a phone call from
Shelby last night. She is at Purdue with her church group and is having a great time. She is growing into a lovely young lady
and is active in her church group
and does well in school. You would be so proud of her. She has just blossomed this past year. Nice
to see. Help Graham with some of
his decisions now and glad he has a
job he is enjoying. It's so important to make the right decisions on careers in college. He
may need your help on that. Studies
are so important right now. Love you, Alex, with all my heart.
Gramma

~

Beverly Helgeson,

Willmar

Beverly Helgeson - July 04, 2006 at 12:00 AM

BH

Hi Honey,
Missing you today and every day. I think of you so often and still wish we would have had some time when you could have come down to Willmar while at college and spent some time with us (when Grandpa was still here) and now with me. I
bet you and grandpa had a big reunion with each other when he joined you. Got a phone call from
Shelby last night. She is at Purdue with her church group and is having a great time. She is growing into a lovely young lady
and is active in her church group
and does well in school. You would be so proud of her. She has just blossomed this past year. Nice
to see. Help Graham with some of
his decisions now and glad he has a
job he is enjoying. It's so important to make the right decisions on careers in college. He
may need your help on that. Studies
are so important right now. Love you, Alex, with all my heart.
Gramma

~

Beverly Helgeson,

Willmar

Beverly Helgeson - July 04, 2006 at 12:00 AM

SM

Alex,

Hey bud, I was just thinking man, I miss u! It seems like just yesterday I saw you working at the Taste Of Minnesota and I was telling you all about my adventures to Kuwait and Iraq, well guess what man 3 years later and im back over here. Funny how that works out. Anyways, hope everything is going good up there in Heaven bro. Im jealous, you get to play catch with Kirby, maybe one day ill be so lucky. Keep an eye on us man, and maybe one day we will see you again! Your buddy, Shawn

~

Shawn Manley,

Minneapolis but in Iraq right now, Minnesota

Contact Me

Shawn Manley - July 03, 2006 at 12:00 AM

SM

Alex,

Hey bud, I was just thinking man, I miss u! It seems like just yesterday I saw you working at the Taste Of Minnesota and I was telling you all about my adventures to Kuwait and Iraq, well guess what man 3 years later and im back over here. Funny how that works out. Anyways, hope everything is going good up there in Heaven bro. Im jealous, you get to play catch with Kirby, maybe one day ill be so lucky. Keep an eye on us man, and maybe one day we will see you again! Your buddy, Shawn

~

Shawn Manley,

Minneapolis but in Iraq right now, Minnesota

Contact Me

Shawn Manley - July 03, 2006 at 12:00 AM

DA

Hi Hon,
I miss talking to you face to face. You had such a gift of making people happy. I miss your goofy looks you'd give me while I tried to talk seriously about something.
I can't wait to see all that again.
Please wish Grandpa Helgie a Happy Father's Day for me and give him a hug.
I love you, Bud... the mostest everything.
Always,
Your mom

~

Deb Adler,

San Antonio, Texas

Deb Adler - June 18, 2006 at 12:00 AM

DA

Hi Hon,
I miss talking to you face to face. You had such a gift of making people happy. I miss your goofy looks you'd give me while I tried to talk seriously about something.
I can't wait to see all that again.
Please wish Grandpa Helgie a Happy Father's Day for me and give him a hug.
I love you, Bud... the mostest everything.
Always,
Your mom

~

Deb Adler,

San Antonio, Texas

Deb Adler - June 18, 2006 at 12:00 AM

DA

Hi Bud,
Graham gets here on Wednesday and I can't wait! I was thinking how much fun it would be to have the three of you down here. You'd love San Antonio. I'm sure we'll all be thinking of you when we're at Six Flags... man o man, you loved the rides!
Aren't you thrilled about Shelbs making the honor roll? What a turnaround she has made! She also received the Tim Duncan Character Award... we are so proud of that. And we know you couldn't be more proud of her and how much she has blossomed into a beautiful, caring, fun young lady.
Please continue to watch over both Shelbs and Gray... they will always need your big brother touch.
Off to bed for me. I miss you and love you... the mostest everything. You are always in my heart and on my mind.
Love,
Mom

~

Deb Adler,

San Antonio, Texas

Deb Adler - June 05, 2006 at 12:00 AM

DA

Hi Bud,
Graham gets here on Wednesday and I can't wait! I was thinking how much fun it would be to have the three of you down here. You'd love San Antonio. I'm sure we'll all be thinking of you when we're at Six Flags... man o man, you loved the rides!
Aren't you thrilled about Shelbs making the honor roll? What a turnaround she has made! She also received the Tim Duncan Character Award... we are so proud of that. And we know you couldn't be more proud of her and how much she has blossomed into a beautiful, caring, fun young lady.
Please continue to watch over both Shelbs and Gray... they will always need your big brother touch.
Off to bed for me. I miss you and love you... the mostest everything. You are always in my heart and on my mind.
Love,
Mom

~

Deb Adler,

San Antonio, Texas

Deb Adler - June 05, 2006 at 12:00 AM

DA

Another Mother's Day without you. It still hurts so very much. I'm thankful you're in a better place... it's what keeps me going, knowing we will all be together again.
Graham just called to wish me a happy Mother's Day and we had a fun chat. Can't wait to see him in June. Shelby, Tim and I went on a mother's day outing yesterday and had a wonderful day. Shelby made me a beautiful silk butterly with your name and hearts on it and wrote me a precious letter. It sure meant a lot to me!
It's a priviledge to be Mom to three such awesome kids. I thank you all for the abundant joy you've given me. Love you all the mostest everything...
Mama

~

Debra Adler,

San Antonio, Texas

Debra Adler - May 14, 2006 at 12:00 AM

DA

Another Mother's Day without you. It still hurts so very much. I'm thankful you're in a better place... it's what keeps me going, knowing we will all be together again.
Graham just called to wish me a happy Mother's Day and we had a fun chat. Can't wait to see him in June. Shelby, Tim and I went on a mother's day outing yesterday and had a wonderful day. Shelby made me a beautiful silk butterly with your name and hearts on it and wrote me a precious letter. It sure meant a lot to me!
It's a priviledge to be Mom to three such awesome kids. I thank you all for the abundant joy you've given me. Love you all the mostest everything...
Mama

~

Debra Adler,

San Antonio, Texas

Debra Adler - May 14, 2006 at 12:00 AM

BH

Hi Honey,
I am still bummed out that we didn't get to have some fun times in St. Cloud! I was so looking forward to seeing a lot of you and having you come here and spend time with Grandpa and me. Now you and Grandpa are together and I am here missing you both! Had a great time in Texas with your mom, Tim and Shelby. Auntie Leen came too so we had fun shopping and eating lunch at cute little towns nearby.
Heading for Denver tomorrow for Aimee's graduation from college. She could use your help in getting into med school. Steer her in the right direction - okay? Just came back from taking care of your Alex Marah Scholarship Fund up at United
Prairie Bank. Have two CD's up there to keep the ball rolling. We will do something to honor Ms. Halcomb as she is retiring this year. What a sweetheart she is. I
can see why you loved her. Well, I
need to get some things done around
here before I head out again and need to call North High today and get the scholarship thing straight with them too. May 24th is the day. Be there with us please.
Love you always Alex. Gramma

~

Bev Helgeson,

Willmar, Minnesota

Bev Helgeson - May 09, 2006 at 12:00 AM

BH

Hi Honey,
I am still bummed out that we didn't get to have some fun times in St. Cloud! I was so looking forward to seeing a lot of you and having you come here and spend time with Grandpa and me. Now you and Grandpa are together and I am here missing you both! Had a great time in Texas with your mom, Tim and Shelby. Auntie Leen came too so we had fun shopping and eating lunch at cute little towns nearby.
Heading for Denver tomorrow for Aimee's graduation from college. She could use your help in getting into med school. Steer her in the right direction - okay? Just came back from taking care of your Alex Marah Scholarship Fund up at United
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need to get some things done around
here before I head out again and need to call North High today and get the scholarship thing straight with them too. May 24th is the day. Be there with us please.
Love you always Alex. Gramma

~

Bev Helgeson,

Willmar, Minnesota

Bev Helgeson - May 09, 2006 at 12:00 AM

DA

I miss you and love you, hon... the mostest everything. Shelby had a great birthday and has been such a joy to us. Thanks for wrapping your angel wings around her. Please watch carefully over Graham this week as he finishes up with finals and his freshman year. I'm looking forward to spending time with him in June... it's been a long stretch and I miss him so much.
I know you are very busy watching over so many of us, but could you please add Matt and Jessie? They need a "heavenly touch" in their lives to help them move on. I know it would mean a lot to Tim.
Thanks,Bud, for being such a great role model to so many. You're gonna love your scholarship fund program this year! It will, again, reveal what an awesome, thoughtful, loving and kind young man you are!!
Off to bed for me... sweet dreams, baby boy.
Love,
Mom

~

Debra Adler,

San Antonio, Texas

Debra Adler - May 08, 2006 at 12:00 AM

DA

I miss you and love you, hon... the mostest everything. Shelby had a great birthday and has been such a joy to us. Thanks for wrapping your angel wings around her. Please watch carefully over Graham this week as he finishes up with finals and his freshman year. I'm looking forward to spending time with him in June... it's been a long stretch and I miss him so much.
I know you are very busy watching over so many of us, but could you please add Matt and Jessie? They need a "heavenly touch" in their lives to help them move on. I know it would mean a lot to Tim.
Thanks,Bud, for being such a great role model to so many. You're gonna love your scholarship fund program this year! It will, again, reveal what an awesome, thoughtful, loving and kind young man you are!!
Off to bed for me... sweet dreams, baby boy.
Love,
Mom

~

Debra Adler,

San Antonio, Texas

Debra Adler - May 08, 2006 at 12:00 AM

DA

Hi Honey,
I sure love that brother of yours! Weird how I move farther away and he and I become closer. I miss him like crazy, but am sure enjoying his phone calls and seeing all the happy times he's been having. And I'm so very thankful to know you are the angel watching over him.
It still amazes me (and always will) how close you three were! Just don't find siblings as close as you guys much these days.
I know you'll continue being the guiding angel over both Gray and Shelbs.... nudge your sister on her studying, please! She's so close to that honor roll again!
Love you the mostest everything.
Mom

~

Deb Adler,

San Antonio, Texas

Deb Adler - April 11, 2006 at 12:00 AM

DA

Hi Honey,
I sure love that brother of yours! Weird how I move farther away and he and I become closer. I miss him like crazy, but am sure enjoying his phone calls and seeing all the happy times he's been having. And I'm so very thankful to know you are the angel watching over him.
It still amazes me (and always will) how close you three were! Just don't find siblings as close as you guys much these days.
I know you'll continue being the guiding angel over both Gray and Shelbs.... nudge your sister on her studying, please! She's so close to that honor roll again!
Love you the mostest everything.
Mom

~

Deb Adler,

San Antonio, Texas

Deb Adler - April 11, 2006 at 12:00 AM

DA

I'm missing you something fierce tonight, baby boy. I ache to hold you, see you, laugh with you. I ache to apologize to you for the times I let you down.I ache for your smile and your loving ways.I ache to see you with your brother and sister being so utterly goofy. I ache for all those happy family times we had.
But I have to believe you are in God's loving hands and that he has a purpose for all this... a purpose we won't be able to understand until we are with you again. I am so thankful to have Graham and Shelby and be able to watch them grow into amazing, loving and faithful young people. I see so much of your goodness in them both. You were an awesome brother and your wonderful legacy will be with them both forever. I know you are carefully watching over them. Sweet dreams, Bud... Love you the mostest everything,
Mama

~

Deb Adler,

San Antonio, Texas

Deb Adler - April 08, 2006 at 12:00 AM

MA

To my dearest family, some things I'd like to say...but first of all, to let you know, that I arrived okay.I'm writing this from heaven. Here I dwell with God above.Here, there's no more tears of sadness; here is just eternal love. Please do not be unhappy just because I'm out of sight.Remember that I'm with you every morning, noon and night.That day I had to leave you when my life on earth was through,God picked me up and hugged me and He said, "I welcome you." It's good to have you back again; you were missed while you were gone.As for your dearest family, they'll be here later on.I need you here badly; you're part of my plan.There's so much that we have to do, to help our mortal man." God gave me a list of things, that he wished for me to do.And foremost on the list, was to watch and care for you.And when you lie in bed at night, the day's chores put to flight.God and I are closest to you....in the middle of the night.When you think of my life on earth, and all those loving yearsbecause you are only human, they are bound to bring you tears.But do not be afraid to cry; it does relieve the pain.Remember there would be no flowers, unless there was some rain.I wish that I could tell you all that God has planned.But if I were to tell you, you wouldn't understand.But one thing is for certain, though my life on earth is o'er.I'm closer to you now, than I ever was before.There are many rocky roads ahead of you and many hills to climb;but together we can do it by taking one day at a time.It was always my philosophy and I'd like it for you too...that as you give unto the world, the world will give to you.If you can help somebody who's in sorrow and pain,then you can say to God at night....."My day was not in vain."And now I am contented....that my life has been worthwhile,knowing as I passed along the way, I made somebody smile.So if you meet somebody who is sad and feeling low,just lend a hand to pick him up, as on your way you go.When you're walking down the street, and you've got me on your mind;I'm walking in your footsteps only half a step behind.And when it's time for you to go.... from that body to be free,remember you're not going.....you're coming here to me. Ruth Ann Mahaffey (author) *© Copyright 1998-2006http://www.ruthann1.com*

~

Mama,

San Antonio, Texas

Mama - April 08, 2006 at 12:00 AM

DA

I'm missing you something fierce tonight, baby boy. I ache to hold you, see you, laugh with you. I ache to apologize to you for the times I let you down.I ache for your smile and your loving ways.I ache to see you with your brother and sister being so utterly goofy. I ache for all those happy family times we had.
But I have to believe you are in God's loving hands and that he has a purpose for all this... a purpose we won't be able to understand until we are with you again. I am so thankful to have Graham and Shelby and be able to watch them grow into amazing, loving and faithful young people. I see so much of your goodness in them both. You were an awesome brother and your wonderful legacy will be with them both forever. I know you are carefully watching over them. Sweet dreams, Bud... Love you the mostest everything,
Mama

~

Deb Adler,

San Antonio, Texas

Deb Adler - April 08, 2006 at 12:00 AM

MA

To my dearest family, some things I'd like to say...but first of all, to let you know, that I arrived okay.I'm writing this from heaven. Here I dwell with God above.Here, there's no more tears of sadness; here is just eternal love. Please do not be unhappy just because I'm out of sight.Remember that I'm with you every morning, noon and night.That day I had to leave you when my life on earth was through,God picked me up and hugged me and He said, "I welcome you." It's good to have you back again; you were missed while you were gone.As for your dearest family, they'll be here later on.I need you here badly; you're part of my plan.There's so much that we have to do, to help our mortal man." God gave me a list of things, that he wished for me to do.And foremost on the list, was to watch and care for you.And when you lie in bed at night, the day's chores put to flight.God and I are closest to you....in the middle of the night.When you think of my life on earth, and all those loving yearsbecause you are only human, they are bound to bring you tears.But do not be afraid to cry; it does relieve the pain.Remember there would be no flowers, unless there was some rain.I wish that I could tell you all that God has planned.But if I were to tell you, you wouldn't understand.But one thing is for certain, though my life on earth is o'er.I'm closer to you now, than I ever was before.There are many rocky roads ahead of you and many hills to climb;but together we can do it by taking one day at a time.It was always my philosophy and I'd like it for you too...that as you give unto the world, the world will give to you.If you can help somebody who's in sorrow and pain,then you can say to God at night....."My day was not in vain."And now I am contented....that my life has been worthwhile,knowing as I passed along the way, I made somebody smile.So if you meet somebody who is sad and feeling low,just lend a hand to pick him up, as on your way you go.When you're walking down the street, and you've got me on your mind;I'm walking in your footsteps only half a step behind.And when it's time for you to go.... from that body to be free,remember you're not going.....you're coming here to me. Ruth Ann Mahaffey (author) *© Copyright 1998-2006http://www.ruthann1.com*

~

Mama,

San Antonio, Texas

Mama - April 08, 2006 at 12:00 AM

NM

Hello Alex, Finally getting some Spring weather. Makes me want to get the fishing poles ready. Some nice fried Walleye would go great! Grandpa Larry would like that. Waiting to hear from Shelby. I better call your dad tonight and see if she is still coming. Love Ya Bunches and Bunches. Hugs to both Grandpas, Norma

~

Norma Marah,

Cohasset, Minnesota

Norma Marah - April 07, 2006 at 12:00 AM

NM

Hello Alex, Finally getting some Spring weather. Makes me want to get the fishing poles ready. Some nice fried Walleye would go great! Grandpa Larry would like that. Waiting to hear from Shelby. I better call your dad tonight and see if she is still coming. Love Ya Bunches and Bunches. Hugs to both Grandpas, Norma

~

Norma Marah,

Cohasset, Minnesota

Norma Marah - April 07, 2006 at 12:00 AM

AP

Alex ~

I can't believe it's been two and a half years. It seems like just yesterday we talked. You are always on my mind, and in my heart. I think about you every day. I thank-you for guiding me along and watching over me. I miss you like crazy.
I heart you soooo much.

Love,
ALi

~

Ali Pickens,

St. Paul, Minnesota

Ali Pickens - March 22, 2006 at 12:00 AM

AP

Alex ~

I can't believe it's been two and a half years. It seems like just yesterday we talked. You are always on my mind, and in my heart. I think about you every day. I thank-you for guiding me along and watching over me. I miss you like crazy.
I heart you soooo much.

Love,
ALi

~

Ali Pickens,

St. Paul, Minnesota

Ali Pickens - March 22, 2006 at 12:00 AM

BH

Hi Honey,
Stopped at Hillcrest to see you the other day. You are always in my heart, Alie. Also talked to your brother and they may be out here next week some time. It's spring break time and Shelby will be coming up to Mpls. You have lots of company up there. Give your Grandpa a hug for me and tell
him I miss him and love him too.
Getting along okay and going down to see your mom and Tim and Shelby
on April 20th. Looking forward to
that trip. Auntie Leenie is going
too. The weather should be lots
warmer than here - hopefully not too warm though and the flowers are
blooming at that time too. Well,
keep those pennies coming, sweetie,
we have built up your scholarship
fund pretty good. Excited for the
presentation this year. I know you
will be pleased!! Wow - awesome!
Love you so much and miss you,
Gramma

~

Beverly Helgeson,

Willmar, Minnesota

Beverly Helgeson - March 12, 2006 at 12:00 AM

DA

a record setting 14 cents today...
wow!!!
thanks, bud!
love you the mostest everything,
mom

~

Debra Adler,

San Antonio, Texas

Debra Adler - March 12, 2006 at 12:00 AM

BH

Hi Honey,
Stopped at Hillcrest to see you the other day. You are always in my heart, Alie. Also talked to your brother and they may be out here next week some time. It's spring break time and Shelby will be coming up to Mpls. You have lots of company up there. Give your Grandpa a hug for me and tell
him I miss him and love him too.
Getting along okay and going down to see your mom and Tim and Shelby
on April 20th. Looking forward to
that trip. Auntie Leenie is going
too. The weather should be lots
warmer than here - hopefully not too warm though and the flowers are
blooming at that time too. Well,
keep those pennies coming, sweetie,
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presentation this year. I know you
will be pleased!! Wow - awesome!
Love you so much and miss you,
Gramma

~

Beverly Helgeson,

Willmar, Minnesota

Beverly Helgeson - March 12, 2006 at 12:00 AM

DA

a record setting 14 cents today...
wow!!!
thanks, bud!
love you the mostest everything,
mom

~

Debra Adler,

San Antonio, Texas

Debra Adler - March 12, 2006 at 12:00 AM

NM

Dear Alex, Kirby Puckett joined you the other day. Say Hi. Talked to your dad the other night. I guess Shelby is coming up for a few days, which makes your dad most happy. They are going to come up this summer sometime. It would be perfect if you were with them. Love Ya always. Hugs to all you guys and smootches too, Norma

~

Norma Marah,

Cohasset, Minnesota

Contact Me

Norma Marah - March 11, 2006 at 12:00 AM

DA

White wings that never grow weary
They carry me cheerily over the sea.
Night falls, I long for my dearie
I spread out my white wings
and fly home to thee.

Good night, Baby Boy. I love you... the mostest everything.
Kisses and hugs,
Mama

~

Debra Adler,

San Antonio, Texas

Debra Adler - March 11, 2006 at 12:00 AM

NM

Dear Alex, Kirby Puckett joined you the other day. Say Hi. Talked to your dad the other night. I guess Shelby is coming up for a few days, which makes your dad most happy. They are going to come up this summer sometime. It would be perfect if you were with them. Love Ya always. Hugs to all you guys and smootches too, Norma

~

Norma Marah,

Cohasset, Minnesota

Contact Me

Norma Marah - March 11, 2006 at 12:00 AM

DA

White wings that never grow weary
They carry me cheerily over the sea.
Night falls, I long for my dearie
I spread out my white wings
and fly home to thee.

Good night, Baby Boy. I love you... the mostest everything.
Kisses and hugs,
Mama

~

Debra Adler,

San Antonio, Texas

Debra Adler - March 11, 2006 at 12:00 AM

It's soo hard for me to forget the two valentine's days that I wasted while you were here with me. I miss you like crazy, and this time of the year only makes the ache stronger. Please remember that I love you til this day and forever. Baby, keep a watch over me as my life goes crazy. Know that you are always on my mind, my thoughts, my hopes, my dreams. I love you. Te extrano mucho.

February 16, 2006 at 12:00 AM

It's soo hard for me to forget the two valentine's days that I wasted while you were here with me. I miss you like crazy, and this time of the year only makes the ache stronger. Please remember that I love you til this day and forever. Baby, keep a watch over me as my life goes crazy. Know that you are always on my mind, my thoughts, my hopes, my dreams. I love you. Te extrano mucho.

February 16, 2006 at 12:00 AM

DA

Happy Valentine's Day to a wonderful son,
The school I'm working at is decorated with tons of hearts that make me think of you and your kind, kind heart. Thank you for being the awesome young man you are... and always will be. I love you, baby boy... the mostest everything.
Big hugs to you and Grandpa.
Love Always,
Mom

~

Debra Adler,

San Antonio, Texas

Debra Adler - February 14, 2006 at 12:00 AM

DA

Happy Valentine's Day to a wonderful son,
The school I'm working at is decorated with tons of hearts that make me think of you and your kind, kind heart. Thank you for being the awesome young man you are... and always will be. I love you, baby boy... the mostest everything.
Big hugs to you and Grandpa.
Love Always,
Mom

~

Debra Adler,

San Antonio, Texas

Debra Adler - February 14, 2006 at 12:00 AM

NM

Dear Alex, You ran thru my mind today (which is very often) and I thought how much I would love to have an Alex hug.You gave the best you know and never shy about it. Give grandpa Larry a big kiss from me. Love ya loads and loads. Norma

~

Norma Marah,

Cohasset, Minnesota

Contact Me

Norma Marah - February 08, 2006 at 12:00 AM

NM

Dear Alex, You ran thru my mind today (which is very often) and I thought how much I would love to have an Alex hug.You gave the best you know and never shy about it. Give grandpa Larry a big kiss from me. Love ya loads and loads. Norma

~

Norma Marah,

Cohasset, Minnesota

Contact Me

Norma Marah - February 08, 2006 at 12:00 AM

BH

Hi Honey,
I hope you and Grandpa are taking care of each other. You have lots
of family there with you. Grandma
Jean, both of your grandpas, Grandma and Grandpa Ball. We miss you every day and wish I could give
you a big hug. Stopped over to see
you at Hillcrest the other day. I
try to stop when I get to the cities. Auntie Leenie was with me
and our niece, Susan Thomas. She is the niece that was the pastor at
Grandpa's memorial service and our
other niece, Karin Thomas, sang 3
songs. Grandpa would have been pleased. Love you, Allie, and miss
you so much. Gramma

~

Beverly Helgeson,

Willmar, Minnesota

Beverly Helgeson - February 06, 2006 at 12:00 AM

BH

Hi Honey,
I hope you and Grandpa are taking care of each other. You have lots
of family there with you. Grandma
Jean, both of your grandpas, Grandma and Grandpa Ball. We miss you every day and wish I could give
you a big hug. Stopped over to see
you at Hillcrest the other day. I
try to stop when I get to the cities. Auntie Leenie was with me
and our niece, Susan Thomas. She is the niece that was the pastor at
Grandpa's memorial service and our
other niece, Karin Thomas, sang 3
songs. Grandpa would have been pleased. Love you, Allie, and miss
you so much. Gramma

~

Beverly Helgeson,

Willmar, Minnesota

Beverly Helgeson - February 06, 2006 at 12:00 AM

LP

“ ~

Linda Pritchard,

Cohasset, Minnesota

Linda Pritchard - February 04, 2006 at 12:00 AM

NM

Dearest Alex, Ifinally found how to send you a message.All the love and hugs come up to you and both of the grandpa's. I missyou and grandpa Marah so much but know you are watching over us down here. I think so often how much fun we could all have up in this country.I love it here and so did grandpa. I wish he could have been with me longer but I think GOD wanted you there together. I will write again Alex. A big hug. Norma

~

norma marah,

Cohasset, Minnesota

norma marah - February 04, 2006 at 12:00 AM

LP

“ ~

Linda Pritchard,

Cohasset, Minnesota

Linda Pritchard - February 04, 2006 at 12:00 AM

NM

Dearest Alex, Ifinally found how to send you a message.All the love and hugs come up to you and both of the grandpa's. I missyou and grandpa Marah so much but know you are watching over us down here. I think so often how much fun we could all have up in this country.I love it here and so did grandpa. I wish he could have been with me longer but I think GOD wanted you there together. I will write again Alex. A big hug. Norma

~

norma marah,

Cohasset, Minnesota

norma marah - February 04, 2006 at 12:00 AM

DA

Good Morning Honey,
Grandpa died this morning and I know you were right there to welcome him. Graham thinks you two are playing cards already! Please wrap your angel wings around Grandma and hold her close. She needs comfort. It's a hard time for us all, but we know he's in good hands.
Love you the mostest everything...
Mom

~

Debra Adler,

San Antonio, Texas

Debra Adler - January 27, 2006 at 12:00 AM

DA

Good Morning Honey,
Grandpa died this morning and I know you were right there to welcome him. Graham thinks you two are playing cards already! Please wrap your angel wings around Grandma and hold her close. She needs comfort. It's a hard time for us all, but we know he's in good hands.
Love you the mostest everything...
Mom

~

Debra Adler,

San Antonio, Texas

Debra Adler - January 27, 2006 at 12:00 AM

DA

Hi Hon,
Thinking of you so much lately. As you know, Grandpa will be joining you shortly in Heaven. I know you will be right there with that awesome smile and a big bear hug. Please watch over us all as we go through this, especially Grandma. We pray the Lord will give her the strength she needs now and in the future.
Have a good joke ready for Grandpa... you know he'll have one for you!
I love you and miss you... the mostest everything.
Thanks Alley,
Mom

~

Debra Adler,

SanAntonio, Texas

Debra Adler - January 26, 2006 at 12:00 AM

DA

Hi Hon,
Thinking of you so much lately. As you know, Grandpa will be joining you shortly in Heaven. I know you will be right there with that awesome smile and a big bear hug. Please watch over us all as we go through this, especially Grandma. We pray the Lord will give her the strength she needs now and in the future.
Have a good joke ready for Grandpa... you know he'll have one for you!
I love you and miss you... the mostest everything.
Thanks Alley,
Mom

~

Debra Adler,

SanAntonio, Texas

Debra Adler - January 26, 2006 at 12:00 AM

AC

Hi Alex,
Christmas just passed, and I hope you had a great one up there. I am sure you did, and I am sure you had fun. I bet Christmas up there is amazing beyond amazing. We all miss you down here, and wish you were with us again to talk to and see face to face. Even though you are not here, you are with us everyday.
We love you and miss you,

Alyssa

~

Alyssa Carlson,

Nashville, Tennessee

Alyssa Carlson - January 05, 2006 at 12:00 AM

AC

Hi Alex,
Christmas just passed, and I hope you had a great one up there. I am sure you did, and I am sure you had fun. I bet Christmas up there is amazing beyond amazing. We all miss you down here, and wish you were with us again to talk to and see face to face. Even though you are not here, you are with us everyday.
We love you and miss you,

Alyssa

~

Alyssa Carlson,

Nashville, Tennessee

Alyssa Carlson - January 05, 2006 at 12:00 AM

BH

Hi Honey,
Lovin'you and wishing you a Merry Christmas. Just want you to know what a special blessing you are in our lives and how thinking of your wonderful happy smile makes me smile too. Got your penny at Walmart the other day. All coins go to your scholarship fund. It's really growing. Gave all your aunts and uncle, cousins and my friends a donation to your scholarship fund. They were so pleased and some donated more on their own. It's going to be so special at the next presentation. You will love it! Grandpa isn't doing very well these days. We are hoping he will be okay to go south when he is through with his
radiation for lung cancer. Be his little angel and stay close to him. He needs you right now. We had such a wonderful time in San Antonio with your mom, Tim, Graham and Shelby for Christmas. A big change for us to be in a warm climate for Christmas. I wasn't sure how I would like that being away from snow and cold but it was great. You wouldn't believe all the lovely decorating your mom, Tim and Shelby did for Christmas this year. I am so glad.
She made the most beautiful angel tree for you - it's perfect! She had another regular tree too with all your special ornaments on. Such fun to see them and remember all the many times we spent Christmas together and how much fun it was. Now the grandkids are all grown up - Shelby is the youngest at 13 and we are on the great grandkids now. I cherish the time we had with all of you and the "special times" we had. So many memories. Thanks for those - they help keep us going here. I love you, Alex, with all my heart and miss you so much. Gramma

~

Beverly Helgeson,

Willmar, Minnesota

Beverly Helgeson - December 27, 2005 at 12:00 AM

AL

Alex ~ Te extrano mucho. Estoy pensando en ti todavia. Lo siento que no escribio en la dia de navidad, pero, estuvo en un avion por todo el dia.
Besos y Abrazos,
Tu amorcita.

~

Ali,

Madrid

Ali - December 27, 2005 at 12:00 AM

AL

Alex ~ Te extrano mucho. Estoy pensando en ti todavia. Lo siento que no escribio en la dia de navidad, pero, estuvo en un avion por todo el dia.
Besos y Abrazos,
Tu amorcita.

~

Ali,

Madrid

Ali - December 27, 2005 at 12:00 AM

BH

Hi Honey,
Lovin'you and wishing you a Merry Christmas. Just want you to know what a special blessing you are in our lives and how thinking of your wonderful happy smile makes me smile too. Got your penny at Walmart the other day. All coins go to your scholarship fund. It's really growing. Gave all your aunts and uncle, cousins and my friends a donation to your scholarship fund. They were so pleased and some donated more on their own. It's going to be so special at the next presentation. You will love it! Grandpa isn't doing very well these days. We are hoping he will be okay to go south when he is through with his
radiation for lung cancer. Be his little angel and stay close to him. He needs you right now. We had such a wonderful time in San Antonio with your mom, Tim, Graham and Shelby for Christmas. A big change for us to be in a warm climate for Christmas. I wasn't sure how I would like that being away from snow and cold but it was great. You wouldn't believe all the lovely decorating your mom, Tim and Shelby did for Christmas this year. I am so glad.
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~

Beverly Helgeson,

Willmar, Minnesota

Beverly Helgeson - December 27, 2005 at 12:00 AM

DA

Merry Christmas, baby boy. If only you were here, Christmas would be perfect. I am so enjoying having Graham, Grandma and Grandpa here. We had a nice time last night... church, dinner, driving around looking at all the beautiful lights (don't you just LOVE all the lights around here??), opening gifts and visiting with everyone. We drove down to the Riverwalk tonight and it was beautiful. It's been so warm! Gray, Shelbs and I sat outside in shorts and bare feet playing Yahtzee this afternoon. Graham has all kinds of things planned for us to do this week. I've missed him so much!
I love having your angel tree in the entranceway to reminisce of times with you. I have received several compliments on it. I might leave it up all year.
Well, honey, we feel you near and knowing you are in such a wonderful place on such a wonderful day helps. I miss you so very, very much and love you the mostest everything.
Christmas hugs and kisses,
Mama

~

Deb Adler,

SanAntonio, Texas

Deb Adler - December 25, 2005 at 12:00 AM

DA

Merry Christmas, baby boy. If only you were here, Christmas would be perfect. I am so enjoying having Graham, Grandma and Grandpa here. We had a nice time last night... church, dinner, driving around looking at all the beautiful lights (don't you just LOVE all the lights around here??), opening gifts and visiting with everyone. We drove down to the Riverwalk tonight and it was beautiful. It's been so warm! Gray, Shelbs and I sat outside in shorts and bare feet playing Yahtzee this afternoon. Graham has all kinds of things planned for us to do this week. I've missed him so much!
I love having your angel tree in the entranceway to reminisce of times with you. I have received several compliments on it. I might leave it up all year.
Well, honey, we feel you near and knowing you are in such a wonderful place on such a wonderful day helps. I miss you so very, very much and love you the mostest everything.
Christmas hugs and kisses,
Mama

~

Deb Adler,

SanAntonio, Texas

Deb Adler - December 25, 2005 at 12:00 AM

DA

Man o man... I miss you so very much. I have so much to say to you. You are always on my mind and forever in my heart, baby boy. Please keep watch over Graham and Shelby. I was so blessed with 3 awesome children. I thank God for you all.
Love Always,
Mom

~

Debra Adler,

San Antonio, Texas

Debra Adler - December 13, 2005 at 12:00 AM

DA

Man o man... I miss you so very much. I have so much to say to you. You are always on my mind and forever in my heart, baby boy. Please keep watch over Graham and Shelby. I was so blessed with 3 awesome children. I thank God for you all.
Love Always,
Mom

~

Debra Adler,

San Antonio, Texas

Debra Adler - December 13, 2005 at 12:00 AM

GM

Alex,
You have no idea ho much I wish you were here, you are 21 now, it's crazy how time has flown by so fast, it seems like the other day we were both goin to north and i was sitting behind u watching u play games on the computer or sitting up laughing about the weirdest stuff. I really wish you were here so we could celebrate together. I miss you so much, you were the greatest brother anyone could ask for. I really dont know what to write and stuff, you know this thing isnt what i do best, but i do want you to know that i really miss you more than ever and i love you.
- Graham

~

Graham Marah,

Minneapolis, Minnesota

Graham Marah - December 04, 2005 at 12:00 AM

BH

Belated Happy Birthday Honey,
I didn't forget your birthday but Auntie Leenie was here and we were busy visiting and she was helping me with stuff so I thought I could wait until today, Sunday, to write.
Your mom sent pictures of the tree
she put up for Christmas for you.
Looks great and am anxious to see it in person. We are going down to
San Antonio for Christmas and it will be so nice to be where it is warm. It is below zero here now.
Tomorrow I am visiting you at Hillside. Bringing you a wreath for Christmas and gave money to the
Alex Marah Scholarship Fund for your birthday. Your legacy lives on. Talked to Graham this afternoon. He sounded good and am anxious to see both he and Shelby.
Grandpa has been having his troubles with breathing. I know you know what that is! He was in
the ER again Friday evening. He is
also getting radiation for lung
cancer and has had 8 out of 33 sessions now. Well, honey, I do want you to know always how very
dear and precious you are to us.
You are in our hearts and minds
daily. Love you so - Gramma

~

Beverly Helgeson,

Willmar, Minnesota

Beverly Helgeson - December 04, 2005 at 12:00 AM

BH

Belated Happy Birthday Honey,
I didn't forget your birthday but Auntie Leenie was here and we were busy visiting and she was helping me with stuff so I thought I could wait until today, Sunday, to write.
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Looks great and am anxious to see it in person. We are going down to
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You are in our hearts and minds
daily. Love you so - Gramma

~

Beverly Helgeson,

Willmar, Minnesota

Beverly Helgeson - December 04, 2005 at 12:00 AM

GM

Alex,
You have no idea ho much I wish you were here, you are 21 now, it's crazy how time has flown by so fast, it seems like the other day we were both goin to north and i was sitting behind u watching u play games on the computer or sitting up laughing about the weirdest stuff. I really wish you were here so we could celebrate together. I miss you so much, you were the greatest brother anyone could ask for. I really dont know what to write and stuff, you know this thing isnt what i do best, but i do want you to know that i really miss you more than ever and i love you.
- Graham

~

Graham Marah,

Minneapolis, Minnesota

Graham Marah - December 04, 2005 at 12:00 AM

DA

Happy Birthday Bud! Just wanted to tell you we just finished planting your tree in the front yard. It's a crepe myrtle and it flowers all summer long. The flowers look like lilacs, but these are in that fuscia color you like so well... the color of rubrim lilies (your favorite flower). I know you'll like it! It was very weird planting a tree, and in bare feet no less, on December 3rd! I'm so glad we could do this on your birthday. I love having things around that represent you.
I love you, birthday boy... the mostest everything!
Hugs and kisses,
Mom
p.s. Tim bought 4 new angel ornaments for your tree today. The baseball playing angel one is perfect!

~

Deb Adler,

San Antonio, Texas

Deb Adler - December 03, 2005 at 12:00 AM

DA

Well, hon, 21 years ago today at 4:08 p.m. you came into this world with a whimper and made your dad and I first time parents. What a myriad of emotions you brought to us... with pure unconditional love topping that list. You developed jaundice in the hospital and had to stay under special lights in the nursery. It was so traumatic for us that I was actually scared to take you home when the time came. Thank God for Grandma in helping us understand you were going to be just fine! You were the best Christmas gift ever received and brought so much joy to us all.

I can't believe you should be 21 today. You'd be so excited! Sometimes it seems like you've been gone from us longer than we had you and sometimes it seems like you were just born and sometimes it seems bearable and sometimes it doesn't. All I know is that I miss you with all my heart, baby boy and wish I was making your favorite cake for you today.

I've decided to put up the Christmas decorations for the first time since you went to heaven. It was a mixture of happy memories and tears. Shelby did a great job of arranging the Christmas village in your place. I know you are very proud of her. We made a special "Alex" tree in the front entrance. I made several black and white copies of various pictures of you in simple ribbon frames, hung them on the tree and added angel ornaments, white lights and white feathers. It turned out very nice and is a wonderful reminder of your vibrant personality.

I hope you are enjoying your dual birthday with Grandma Jean. Wish her a happy birthday from us too, please.

I miss you like crazy and love you the mostest everything...

Big hugs and loads of kisses,

Mom

~

Deb Adler,

San Antonio, Texas

Deb Adler - December 03, 2005 at 12:00 AM

DA

Well, hon, 21 years ago today at 4:08 p.m. you came into this world with a whimper and made your dad and I first time parents. What a myriad of emotions you brought to us... with pure unconditional love topping that list. You developed jaundice in the hospital and had to stay under special lights in the nursery. It was so traumatic for us that I was actually scared to take you home when the time came. Thank God for Grandma in helping us understand you were going to be just fine! You were the best Christmas gift ever received and brought so much joy to us all.

I can't believe you should be 21 today. You'd be so excited! Sometimes it seems like you've been gone from us longer than we had you and sometimes it seems like you were just born and sometimes it seems bearable and sometimes it doesn't. All I know is that I miss you with all my heart, baby boy and wish I was making your favorite cake for you today.

I've decided to put up the Christmas decorations for the first time since you went to heaven. It was a mixture of happy memories and tears. Shelby did a great job of arranging the Christmas village in your place. I know you are very proud of her. We made a special "Alex" tree in the front entrance. I made several black and white copies of various pictures of you in simple ribbon frames, hung them on the tree and added angel ornaments, white lights and white feathers. It turned out very nice and is a wonderful reminder of your vibrant personality.

I hope you are enjoying your dual birthday with Grandma Jean. Wish her a happy birthday from us too, please.

I miss you like crazy and love you the mostest everything...

Big hugs and loads of kisses,

Mom

~

Deb Adler,

San Antonio, Texas

Deb Adler - December 03, 2005 at 12:00 AM

DA

Happy Birthday Bud! Just wanted to tell you we just finished planting your tree in the front yard. It's a crepe myrtle and it flowers all summer long. The flowers look like lilacs, but these are in that fuscia color you like so well... the color of rubrim lilies (your favorite flower). I know you'll like it! It was very weird planting a tree, and in bare feet no less, on December 3rd! I'm so glad we could do this on your birthday. I love having things around that represent you.
I love you, birthday boy... the mostest everything!
Hugs and kisses,
Mom
p.s. Tim bought 4 new angel ornaments for your tree today. The baseball playing angel one is perfect!

~

Deb Adler,

San Antonio, Texas

Deb Adler - December 03, 2005 at 12:00 AM

BH

Hi honey,
Just Gramma checking in with you. I had a carpet cleaning lady here the other day and she saw your picture with the saying from the
funeral home and thought it was so
special. She had a good friend and
her daughter who were killed in a
car accident a few weeks ago and
wanted to get one of the sayings
with their picture on so I called
the funeral home and found out for
her how to do that. She was so glad. I showed her the one of you superimposed on the weather pics
and she really liked that too. We
had a good Thanksgiving dinner at
the community dinner in Spicer. I
missed having family though so I
counted you as our family that day
and know you were here in spirit
sharing the day with us. Was going
to have Graham and your dad out here but Grandpa is on such a strict diet that I thought it best
not to have all that food around for him. Well, our snow has come and we are anxious to get out of
the cold country as soon as Grandpa
finishes his radiation treatments.
Love you, sweetheart, and will greet Ms. Halcomb for you when I meet with her on Monday. She is a
sweet lady. Gramma

~

Beverly Helgeson,

Willmar

Beverly Helgeson - November 26, 2005 at 12:00 AM

BH

Hi honey,
Just Gramma checking in with you. I had a carpet cleaning lady here the other day and she saw your picture with the saying from the
funeral home and thought it was so
special. She had a good friend and
her daughter who were killed in a
car accident a few weeks ago and
wanted to get one of the sayings
with their picture on so I called
the funeral home and found out for
her how to do that. She was so glad. I showed her the one of you superimposed on the weather pics
and she really liked that too. We
had a good Thanksgiving dinner at
the community dinner in Spicer. I
missed having family though so I
counted you as our family that day
and know you were here in spirit
sharing the day with us. Was going
to have Graham and your dad out here but Grandpa is on such a strict diet that I thought it best
not to have all that food around for him. Well, our snow has come and we are anxious to get out of
the cold country as soon as Grandpa
finishes his radiation treatments.
Love you, sweetheart, and will greet Ms. Halcomb for you when I meet with her on Monday. She is a
sweet lady. Gramma

~

Beverly Helgeson,

Willmar

Beverly Helgeson - November 26, 2005 at 12:00 AM

PT

Hi Alex,
It is Thanksgiving not always my best day. In 1986 my Dad past away
and we had to have the visitaion on
Thanksgiving. Was not a good thing.
That will always be in the back of my mind. I do have some good news.
My Nephew's wife had a Baby Girl on
Oct 25. Her name is Madisyn Jean. I
know that she will be taken care of.
She has my middle name. I got a e-mail from your Mom the other day I
sure wish I was down her way. It is
starting to get cold. i don't mind winter to much. Just not the Ice and when it get really cold.Not to much we can do about that.Should get going have some things to do before I call it day. Hugs and Kisses your way. Don't forget to Marissa my love.
Love From Mn
Paula

~

Paula Tucker,

St.Paul, Minnesota

Paula Tucker - November 24, 2005 at 12:00 AM

PT

Hi Alex,
It is Thanksgiving not always my best day. In 1986 my Dad past away
and we had to have the visitaion on
Thanksgiving. Was not a good thing.
That will always be in the back of my mind. I do have some good news.
My Nephew's wife had a Baby Girl on
Oct 25. Her name is Madisyn Jean. I
know that she will be taken care of.
She has my middle name. I got a e-mail from your Mom the other day I
sure wish I was down her way. It is
starting to get cold. i don't mind winter to much. Just not the Ice and when it get really cold.Not to much we can do about that.Should get going have some things to do before I call it day. Hugs and Kisses your way. Don't forget to Marissa my love.
Love From Mn
Paula

~

Paula Tucker,

St.Paul, Minnesota

Paula Tucker - November 24, 2005 at 12:00 AM

Alejandro~
Not a day goes by without thinking about you. Yesterday made it two years and two months, longer than we were together. But these past 2 years seem like 2 seconds. The years we spent togeter seem like decades. I know you are looking down upon me, as I look up into the sky at you. Your smile I will never forget. You laugh I will never forget. You LOVE I will never ever forget. Forever in my heart and mind.

Your love.

~

Alicia

November 23, 2005 at 12:00 AM

Alejandro~
Not a day goes by without thinking about you. Yesterday made it two years and two months, longer than we were together. But these past 2 years seem like 2 seconds. The years we spent togeter seem like decades. I know you are looking down upon me, as I look up into the sky at you. Your smile I will never forget. You laugh I will never forget. You LOVE I will never ever forget. Forever in my heart and mind.

Your love.

~

Alicia

November 23, 2005 at 12:00 AM

DA

Hi Bud,
I lost it in church today. Sometimes I do fine with things that remind me of you and sometimes I don't do so well... there's really no rhyme or reason to it.
They played a music video that touched a whole new chord with me. The chorus goes like this:
Draw back the curtain, tear away the veil
There's a crown of glory waiting, for the witness that prevails
When the days have all been counted, when we face the final hour
We'll hear, "welcome home my child, it's your time to wear the crown."
The video showed a crown of thorns floating down a beautiful creek. You did so, so much good in your short life and I'm sure God is rewarding you with your crown and that you are wearing it proudly... and with that winning smile of yours. It's hard to realize that you ARE home and that there IS a reason and that we have to have blind faith that it is all for His divine plan. The sermon was on blind faith... a very hard thing, especially after losing such a wonderful son, but something I need to face head on. Please pray with all your family left here behind that we can have and follow that blind faith in God, leading us to our crown and eternity in Heaven... and to seeing that awesome smile of yours once again.
Thank you for being an example of Christ's unselfish love to us all. I love you, miss you and am so very proud of you. Wear that crown well, honey... you deserve it.
In blind faith,
Mom

~

Deb Adler,

San Antonio, Texas

Deb Adler - November 13, 2005 at 12:00 AM

DA

Hi Bud,
I lost it in church today. Sometimes I do fine with things that remind me of you and sometimes I don't do so well... there's really no rhyme or reason to it.
They played a music video that touched a whole new chord with me. The chorus goes like this:
Draw back the curtain, tear away the veil
There's a crown of glory waiting, for the witness that prevails
When the days have all been counted, when we face the final hour
We'll hear, "welcome home my child, it's your time to wear the crown."
The video showed a crown of thorns floating down a beautiful creek. You did so, so much good in your short life and I'm sure God is rewarding you with your crown and that you are wearing it proudly... and with that winning smile of yours. It's hard to realize that you ARE home and that there IS a reason and that we have to have blind faith that it is all for His divine plan. The sermon was on blind faith... a very hard thing, especially after losing such a wonderful son, but something I need to face head on. Please pray with all your family left here behind that we can have and follow that blind faith in God, leading us to our crown and eternity in Heaven... and to seeing that awesome smile of yours once again.
Thank you for being an example of Christ's unselfish love to us all. I love you, miss you and am so very proud of you. Wear that crown well, honey... you deserve it.
In blind faith,
Mom

~

Deb Adler,

San Antonio, Texas

Deb Adler - November 13, 2005 at 12:00 AM

BH

Hi honey,
I am having a hard time dealing with your loss tonight. I suppose it is because today I went to the
bank and opened a CD for the Alex
Marah Scholarship Fund. It has a
6 month frame of time at 3% interest on $1828.00 and will mature just before time to present
scholarships to one or two students
from North High in 2006. There is
now over $3600.00 in your scholarship fund, Allie. Gave your mom some printed thank you notes for donations to your fund for her birthday - her present. They have your picture on the front and I hope she will be pleased with them. Have tried to connect with Ms. Halcomb to have dinner but not
being successful. It may have to
wait until spring. I love you, Alex, and I miss you every single day. You live on in our hearts
forever. Big hug, Gramma

~

Beverly Helgeson,

Willmar, Minnesota

Beverly Helgeson - November 09, 2005 at 12:00 AM

BH

Hi honey,
I am having a hard time dealing with your loss tonight. I suppose it is because today I went to the
bank and opened a CD for the Alex
Marah Scholarship Fund. It has a
6 month frame of time at 3% interest on $1828.00 and will mature just before time to present
scholarships to one or two students
from North High in 2006. There is
now over $3600.00 in your scholarship fund, Allie. Gave your mom some printed thank you notes for donations to your fund for her birthday - her present. They have your picture on the front and I hope she will be pleased with them. Have tried to connect with Ms. Halcomb to have dinner but not
being successful. It may have to
wait until spring. I love you, Alex, and I miss you every single day. You live on in our hearts
forever. Big hug, Gramma

~

Beverly Helgeson,

Willmar, Minnesota

Beverly Helgeson - November 09, 2005 at 12:00 AM

PT

Alex

I'm sorry that we never got to meet
each other. My name is Paula I worked with your Mom at the Airport.And through her is all there was. I'm not to good at writing. You see the words are in my head. I just have to tell my fingers to type it. I would like to ask you to do something for me.My Daughter is with you and would really like it if you would look out for her. Her name is Marissa Ann she is 11 years old. You could be her big brother. She was just a baby when I lost her.Are Childern should not go before us. Sometimes I do have to ask God why.There are not always answers. I must go,but until we meet. I send lots of love your way. Give Some to my little
Missy.
In Gods Love
Paula Tucker

~

Paula Tucker,

St. Paul, Minnesota

Paula Tucker - October 16, 2005 at 12:00 AM

PT

Alex

I'm sorry that we never got to meet
each other. My name is Paula I worked with your Mom at the Airport.And through her is all there was. I'm not to good at writing. You see the words are in my head. I just have to tell my fingers to type it. I would like to ask you to do something for me.My Daughter is with you and would really like it if you would look out for her. Her name is Marissa Ann she is 11 years old. You could be her big brother. She was just a baby when I lost her.Are Childern should not go before us. Sometimes I do have to ask God why.There are not always answers. I must go,but until we meet. I send lots of love your way. Give Some to my little
Missy.
In Gods Love
Paula Tucker

~

Paula Tucker,

St. Paul, Minnesota

Paula Tucker - October 16, 2005 at 12:00 AM

ND

Alex-

I had such a hard time getting flowers to put on your grave on your 2 year anniversary. I didn't want to be doing such a task because you should be here. But, I did find some pretty ones with 2 shades of purple and they looked like end of Summer/beginning of Fall flowers so I knew you would like them. Once I got to your grave sight I was overwhelmed with sadness for your mom and all of the rest of us, but mostly for your mom, because I'm a mom and it's the worst thing to lose a child. But, I was happy to represent her and put the flowers at your grave site. That night you were so present, Alex. The evening sky had become darker while I was in the store and got darker and darker while I was at the cemetary, and I knew a storm was coming, probably one that you were sending our way. I could see lightning off to the north and the wind started to pick up, and I thought, this is Alex weather. I could picture you smiling at the weather, anticipating what was to happen. I felt your presence so strong at that point and I smiled to myself as well, remembering your passion for the weather and life. You are truly missed, Alex.

Love, Nancy
P.S. Carlos and Dominic say, 'Hi'.

~

Nancy Davis-Ortiz,

Minneapolis, Minnesota

Nancy Davis-Ortiz - September 30, 2005 at 12:00 AM

ND

Alex-

I had such a hard time getting flowers to put on your grave on your 2 year anniversary. I didn't want to be doing such a task because you should be here. But, I did find some pretty ones with 2 shades of purple and they looked like end of Summer/beginning of Fall flowers so I knew you would like them. Once I got to your grave sight I was overwhelmed with sadness for your mom and all of the rest of us, but mostly for your mom, because I'm a mom and it's the worst thing to lose a child. But, I was happy to represent her and put the flowers at your grave site. That night you were so present, Alex. The evening sky had become darker while I was in the store and got darker and darker while I was at the cemetary, and I knew a storm was coming, probably one that you were sending our way. I could see lightning off to the north and the wind started to pick up, and I thought, this is Alex weather. I could picture you smiling at the weather, anticipating what was to happen. I felt your presence so strong at that point and I smiled to myself as well, remembering your passion for the weather and life. You are truly missed, Alex.

Love, Nancy
P.S. Carlos and Dominic say, 'Hi'.

~

Nancy Davis-Ortiz,

Minneapolis, Minnesota

Nancy Davis-Ortiz - September 30, 2005 at 12:00 AM

BH

Hi Allie,
Just read Auntie Leen's note and it reminded me of something that happened a few weeks back that also reminded me of you! I was out picking dead flowers off the petunia plant hanging out on the patio when a little tiny hummingbird came to about 2 inches from my hand and was testing all the flowers and it also looked right at me and stayed where it was and kept testing. It was so strange that it got so close and it just made me think it was you also. Funny how we sense those moments when something happens and we seem to know it is someone we love connecting with us. Keep doing it. Love you and miss you honey. Gramma

~

Beverly Helgeson,

Willmar, Minnesota

Beverly Helgeson - September 23, 2005 at 12:00 AM

EL

Hiya Al....Just wanted to say its been 2 tough years for all of us just missing you! But yesterday was soooo awesome, a dragonfly landed right next to me for about 3 or 4 min. as I was getting out of my car to go into work. I just stared at it and it at me, was like I was connecting with you for just a brief moment, but it made me smile and feel great at that very moment. Thanks Alex. Missing you lots and enjoying visiting with your Mom on the net and playing wordox with her. Love you Alex. Auntie Leenie

~

Eileen Laib,

Denver, Colorado

Eileen Laib - September 23, 2005 at 12:00 AM

BH

Hi Allie,
Just read Auntie Leen's note and it reminded me of something that happened a few weeks back that also reminded me of you! I was out picking dead flowers off the petunia plant hanging out on the patio when a little tiny hummingbird came to about 2 inches from my hand and was testing all the flowers and it also looked right at me and stayed where it was and kept testing. It was so strange that it got so close and it just made me think it was you also. Funny how we sense those moments when something happens and we seem to know it is someone we love connecting with us. Keep doing it. Love you and miss you honey. Gramma

~

Beverly Helgeson,

Willmar, Minnesota

Beverly Helgeson - September 23, 2005 at 12:00 AM

EL

Hiya Al....Just wanted to say its been 2 tough years for all of us just missing you! But yesterday was soooo awesome, a dragonfly landed right next to me for about 3 or 4 min. as I was getting out of my car to go into work. I just stared at it and it at me, was like I was connecting with you for just a brief moment, but it made me smile and feel great at that very moment. Thanks Alex. Missing you lots and enjoying visiting with your Mom on the net and playing wordox with her. Love you Alex. Auntie Leenie

~

Eileen Laib,

Denver, Colorado

Eileen Laib - September 23, 2005 at 12:00 AM

DA

Bud,
The anniversary of your death is hard for so many of us. Your leaving has left a big ol' hole in many, many hearts.
I've spent the night looking through loads of pictures... man o man, I miss that smile!
May God watch over all of us and guide us to be kind and loving... to give of ourselves, just like you gave so much of yourself in so many ways.
Miss you... love you... the mostest everything.
Hugs and Kisses,
Mom

~

Debra Marah Adler,

San Antonio, Texas

Debra Marah Adler - September 22, 2005 at 12:00 AM

DA

Bud,
The anniversary of your death is hard for so many of us. Your leaving has left a big ol' hole in many, many hearts.
I've spent the night looking through loads of pictures... man o man, I miss that smile!
May God watch over all of us and guide us to be kind and loving... to give of ourselves, just like you gave so much of yourself in so many ways.
Miss you... love you... the mostest everything.
Hugs and Kisses,
Mom

~

Debra Marah Adler,

San Antonio, Texas

Debra Marah Adler - September 22, 2005 at 12:00 AM

AC

Alex,

Where do I start? It's been a long time since I've been on here, for some reason I couldn't bring myself to write. There are just too many unsaid words than ring through my head. Things that I wish I had said to you while you were still with us, things I will now regret for the rest of my life. I regret that I let my life get too busy to talk to you as much I wanted to. And now it's too late. I hope you can hear me and see this, because I want to apologize for not being the friend you always were to me. I miss you. I always remember how we used to run through the sprinklers, play football and baseball in the back yard--you always loved playing baseball. And jumping in leaf piles, having snow ball fights, going through my mom's garage sale stuff and rollerskating around the block...all these things I wish I could pull out and relive them all again. You were so full of energy and life. I don't know why this is so hard to write. Too many things to say, and not enough space to say them. You had so many people who love you, and I wish I could have told you that more. I wish I could have told you how much you meant to me, and still do. I know you are busy up there, but if you get a chance, help me too. I could go on and on about all the things I would say to you if you were still here, but this is all I can say now: I love you, and miss you, Alex, and I am sorry. I know I don't deserve to be forgiven. I miss those summer days when we would stay out all day and into the night making forts and tents, putting on a Cinderella play for everyone. Every time I see Cinderella I think of you and how we did that play with Graham in your backyard. Your mom and sister are happy in their new lives and their next journey in life, and I know that is because you are with them to protect them. And Graham is happy with his next chapter in his life. Graham, if you are reading this-I am so happy for you and proud of you. I hope you go after your dreams and great things will come. Dream big, and do bigger. I miss you all. Well, now that I have the courage to write this, I will be back more. Take care pal, and I hope you know how sorry I am and how much you are missed. Thanks for everything,

Alyssa

~

Alyssa Carlson,

Nashville, Tennessee

Alyssa Carlson - September 21, 2005 at 12:00 AM

AC

Alex,

Where do I start? It's been a long time since I've been on here, for some reason I couldn't bring myself to write. There are just too many unsaid words than ring through my head. Things that I wish I had said to you while you were still with us, things I will now regret for the rest of my life. I regret that I let my life get too busy to talk to you as much I wanted to. And now it's too late. I hope you can hear me and see this, because I want to apologize for not being the friend you always were to me. I miss you. I always remember how we used to run through the sprinklers, play football and baseball in the back yard--you always loved playing baseball. And jumping in leaf piles, having snow ball fights, going through my mom's garage sale stuff and rollerskating around the block...all these things I wish I could pull out and relive them all again. You were so full of energy and life. I don't know why this is so hard to write. Too many things to say, and not enough space to say them. You had so many people who love you, and I wish I could have told you that more. I wish I could have told you how much you meant to me, and still do. I know you are busy up there, but if you get a chance, help me too. I could go on and on about all the things I would say to you if you were still here, but this is all I can say now: I love you, and miss you, Alex, and I am sorry. I know I don't deserve to be forgiven. I miss those summer days when we would stay out all day and into the night making forts and tents, putting on a Cinderella play for everyone. Every time I see Cinderella I think of you and how we did that play with Graham in your backyard. Your mom and sister are happy in their new lives and their next journey in life, and I know that is because you are with them to protect them. And Graham is happy with his next chapter in his life. Graham, if you are reading this-I am so happy for you and proud of you. I hope you go after your dreams and great things will come. Dream big, and do bigger. I miss you all. Well, now that I have the courage to write this, I will be back more. Take care pal, and I hope you know how sorry I am and how much you are missed. Thanks for everything,

Alyssa

~

Alyssa Carlson,

Nashville, Tennessee

Alyssa Carlson - September 21, 2005 at 12:00 AM

BH

Hi honey,
Thinking about you today and wanted to let you know that we went down to see Graham on Wednesday. We went for lunch and saw his dorm room
like we did with you. It's about the same as yours was with bunk beds
and closets and desk areas and two
chairs. He seems to really like it
there. I brought your shoes down to
him so he has something of yours near. He asked me to keep them for
him and I have. I would have kept
them longer but somehow felt he needed to have them now. Maybe it
was a message from you that let me
know that. I'm sure he will do very
well in college and Shelby is doing
well too in school in San Antonio.
Isn't that great? Just sent an e-mail to Ms. Halcomb to see if she can meet with me and possibly Graham
so I can present a check to her for
$1800.00 for your Alex Marah Scholar
ship Fund at North High. My partners all donated their portion of monies we donate each year, $450.00 each, to your Scholarship. I was so very pleased about that.
I know you would be too. Love you
with all my heart, Alex. Gramma

~

Beverly Helgeson,

Willmar, Minnesota

Beverly Helgeson - September 18, 2005 at 12:00 AM

BH

Hi honey,
Thinking about you today and wanted to let you know that we went down to see Graham on Wednesday. We went for lunch and saw his dorm room
like we did with you. It's about the same as yours was with bunk beds
and closets and desk areas and two
chairs. He seems to really like it
there. I brought your shoes down to
him so he has something of yours near. He asked me to keep them for
him and I have. I would have kept
them longer but somehow felt he needed to have them now. Maybe it
was a message from you that let me
know that. I'm sure he will do very
well in college and Shelby is doing
well too in school in San Antonio.
Isn't that great? Just sent an e-mail to Ms. Halcomb to see if she can meet with me and possibly Graham
so I can present a check to her for
$1800.00 for your Alex Marah Scholar
ship Fund at North High. My partners all donated their portion of monies we donate each year, $450.00 each, to your Scholarship.
I was so very pleased about that.
I know you would be too. Love you
with all my heart, Alex. Gramma

~

Beverly Helgeson,

Willmar, Minnesota

Beverly Helgeson - September 18, 2005 at 12:00 AM

GM

Alex,
I dont know why, but I have never been able to sign this before, I am not sure why. I really just wanted to say thank you. This last summer has been one of the hardest, but at the same time, one of the best. I really wish my friends could have met you, I think that you would really like them and they would really like you. Thank you for helping me get moved into college, this was a very hard transition and I really wish you were here to help me move in, I remember how pumped you were to go to college and how much fun you had for the short time you were allowed to spend there. I also wanted to thank you for helping Shelby, I was afraid that the whole thing with her moving to Texas would be rough, but it seemed to go well, and it seems that she likes her school. Well, I really wish you were here, I miss you.
-Graham

~

Graham Marah,

Mankato, Minnesota

Graham Marah - September 06, 2005 at 12:00 AM

GM

Alex,
I dont know why, but I have never been able to sign this before, I am not sure why. I really just wanted to say thank you. This last summer has been one of the hardest, but at the same time, one of the best. I really wish my friends could have met you, I think that you would really like them and they would really like you. Thank you for helping me get moved into college, this was a very hard transition and I really wish you were here to help me move in, I remember how pumped you were to go to college and how much fun you had for the short time you were allowed to spend there. I also wanted to thank you for helping Shelby, I was afraid that the whole thing with her moving to Texas would be rough, but it seemed to go well, and it seems that she likes her school. Well, I really wish you were here, I miss you.
-Graham

~

Graham Marah,

Mankato, Minnesota

Graham Marah - September 06, 2005 at 12:00 AM

DA

Hi Baby,

You must be so busy helping with all the people from New Orleans and all the other areas hit by Katrina. I know you will be helping Jesus give them comfort. It's been hard watching all this death, destruction and tragedy unfolding. The pain of losing loved ones, especially children, teeters on insanity.

Your guardian angel status has been amazing. Tim was able to get your step-grandparents out of New Orleans yesterday and they are now safe with us. We send our praise and thankfulness to God for such a rich blessing. Hard to think that we were supposed to be in New Orleans this holiday weekend.

Thank you, also, for watching over Graham and Shelby. Graham seems so very happy to be in college. I miss him soooooo much, but am glad to see him enjoying it all. Shelby is thriving in her new school, as well as her church activities. I am so thankful to see them both happy and well.

I miss you, Bud...and love you the mostest everything. I'm sitting here wrapped up in the sheet from your dorm bed. I can smell you in it and it gives me some degree of comfort.

Can't wait to see that big grin again... the one you sent me in my dream.

All my Love,

Mom

~

Deb Marah Adler,

San Antonio, Texas

Deb Marah Adler - September 04, 2005 at 12:00 AM

DA

Hi Baby,

You must be so busy helping with all the people from New Orleans and all the other areas hit by Katrina. I know you will be helping Jesus give them comfort. It's been hard watching all this death, destruction and tragedy unfolding. The pain of losing loved ones, especially children, teeters on insanity.

Your guardian angel status has been amazing. Tim was able to get your step-grandparents out of New Orleans yesterday and they are now safe with us. We send our praise and thankfulness to God for such a rich blessing. Hard to think that we were supposed to be in New Orleans this holiday weekend.

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Can't wait to see that big grin again... the one you sent me in my dream.

All my Love,

Mom

~

Deb Marah Adler,

San Antonio, Texas

Deb Marah Adler - September 04, 2005 at 12:00 AM

DA

Good morning, baby,
I know I haven't written in a long time. Don't know exactly why, but it's been hard for me. I think about you constantly and hold you close in my heart and in my prayers, though.
What a summer this has been! The wedding was beautiful... but, I know you know... we all felt your presence that day. It's so nice to be with Tim full time! Shelby is doing better than I ever expected. She is keeping busy with new friends and loves her new room that she designed and painted all by herself. She started school today. Please stay with her and help her through this day... so many new things! She watched videos of you last night before she went to bed. We all miss you, honey and we all have the most wonderful memories.
Graham starts at Mankato State on Wednesday. I know he's excited and nervous. Please keep him in your prayers and be his guiding angel through this transitional time in his life. I'm sure he will do great. We are so proud of him! I'm looking forward to him visiting us down here and showing him this beautiful city.
I received a nice note from Ms. Halcomb yesterday. Your right.... she is amazing! We're going to get together next time I'm up in Minnesota.
Well, Alley, you have a busy week being the official guardian angel of your brother and sister... but I know you'll be awesome. I know how much you love them both. You told me 2 weeks before you left for Heaven... I'll never forget.
I love you, baby boy.... the mostest everything.
Hugs and Kisses,
Mom

~

Deb Marah Adler,

San Antonio, Texas

Deb Marah Adler - August 22, 2005 at 12:00 AM

DA

Good morning, baby,
I know I haven't written in a long time. Don't know exactly why, but it's been hard for me. I think about you constantly and hold you close in my heart and in my prayers, though.
What a summer this has been! The wedding was beautiful... but, I know you know... we all felt your presence that day. It's so nice to be with Tim full time! Shelby is doing better than I ever expected. She is keeping busy with new friends and loves her new room that she designed and painted all by herself. She started school today. Please stay with her and help her through this day... so many new things! She watched videos of you last night before she went to bed. We all miss you, honey and we all have the most wonderful memories.
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I received a nice note from Ms. Halcomb yesterday. Your right.... she is amazing! We're going to get together next time I'm up in Minnesota.
Well, Alley, you have a busy week being the official guardian angel of your brother and sister... but I know you'll be awesome. I know how much you love them both. You told me 2 weeks before you left for Heaven... I'll never forget.
I love you, baby boy.... the mostest everything.
Hugs and Kisses,
Mom

~

Deb Marah Adler,

San Antonio, Texas

Deb Marah Adler - August 22, 2005 at 12:00 AM

BH

Hi honey,
Just wanted to tell you that I love you with all my heart and miss you every day. Had lunch with Graham and Shelby two days ago. Shelby is
making new friends in San Antonio and Graham is heading off to Mankato
to college - a venture you were so
looking forward to also. Shelby is
becoming such a nice young lady and
your brother is a very special young man. We are hoping to go see his campus and dorm room like we did
yours and take he and Tony out for
dinner. Hoping too that we can see
Graham playing one of the intramural
sports he is counting on. Until we
meet again, Allie, I will send you a
hug and a kiss via this guest book.
Gramma

~

Beverly Helgeson,

Willmar, Minnesota

Beverly Helgeson - August 18, 2005 at 12:00 AM

BH

Hi honey,
Just wanted to tell you that I love you with all my heart and miss you every day. Had lunch with Graham and Shelby two days ago. Shelby is
making new friends in San Antonio and Graham is heading off to Mankato
to college - a venture you were so
looking forward to also. Shelby is
becoming such a nice young lady and
your brother is a very special young man. We are hoping to go see his campus and dorm room like we did
yours and take he and Tony out for
dinner. Hoping too that we can see
Graham playing one of the intramural
sports he is counting on. Until we
meet again, Allie, I will send you a
hug and a kiss via this guest book.
Gramma

~

Beverly Helgeson,

Willmar, Minnesota

Beverly Helgeson - August 18, 2005 at 12:00 AM

BH

Hello Allie,
Was just thinking about you, honey, and wanted to tell you how much I
love you and that I feel you near sometimes. I miss your sweet smile
and happy face more than you will
ever know. Please watch over Graham
and keep him safe. Help him to adjust to the changes in his life right now - Shelby too. They both
need to feel you close to them. I
know you want the best for both of
them so keep them close. Love and
hugs, Gramma

~

Beverly Helgeson,

Willmar, Minnesota

Beverly Helgeson - August 09, 2005 at 12:00 AM

BH

Hello Allie,
Was just thinking about you, honey, and wanted to tell you how much I
love you and that I feel you near sometimes. I miss your sweet smile
and happy face more than you will
ever know. Please watch over Graham
and keep him safe. Help him to adjust to the changes in his life right now - Shelby too. They both
need to feel you close to them. I
know you want the best for both of
them so keep them close. Love and
hugs, Gramma

~

Beverly Helgeson,

Willmar, Minnesota

Beverly Helgeson - August 09, 2005 at 12:00 AM

BH

Hi honey,
Boy, I sure think of you a lot lately. Have your pictures up all around the house and so I see you often and find pennies, nickels and sometimes dimes from you too. Have a jar sitting in the cupboard filled with money to bring down for your scholarship fund at North High. Will have to wait until school starts again and have lunch with Ms. Halcomb and give it to her. Graham did a super job of presenting the scholarship of $1500.00 to a student at North this year. I know it was hard for him to do without choking up but he did it. I hope he does well at Mankato State. It will be different for him this coming year. Also hope he can come out and visit us from time to time and we will do the same for him. He is such a fine young man - just like you and we are so very proud of all of you. We think of you and talk of you often. You were always such a delight and always so happy for everything. I love you, Alex, and miss you so much. Hugs, Gramma

~

Beverly Helgeson,

Willmar, Minnesota

Beverly Helgeson - July 04, 2005 at 12:00 AM

BH

Hi honey,
Boy, I sure think of you a lot lately. Have your pictures up all around the house and so I see you often and find pennies, nickels and sometimes dimes from you too. Have a jar sitting in the cupboard filled with money to bring down for your scholarship fund at North High. Will have to wait until school starts again and have lunch with Ms. Halcomb and give it to her. Graham did a super job of presenting the scholarship of $1500.00 to a student at North this year. I know it was hard for him to do without choking up but he did it. I hope he does well at Mankato State. It will be different for him this coming year. Also hope he can come out and visit us from time to time and we will do the same for him. He is such a fine young man - just like you and we are so very proud of all of you. We think of you and talk of you often. You were always such a delight and always so happy for everything. I love you, Alex, and miss you so much. Hugs, Gramma

~

Beverly Helgeson,

Willmar, Minnesota

Beverly Helgeson - July 04, 2005 at 12:00 AM

NM

My Dear Alex, I can't begin to tell you how you and Grandpa Larry are missed. I hope you are both seeing each other as he loved you so much, as we all do. You are one special guy Alex. God Bless,Gram Norma I have yours and Grampas picture in my room and give you both kisses. God only takes special people. Can't believe Graham is seeing the end of a school year and am so glad he is going to Mankato. Love you much---

~

Norma Marah,

Grand Rapids, Minnesota

Norma Marah - May 22, 2005 at 12:00 AM

NM

My Dear Alex, I can't begin to tell you how you and Grandpa Larry are missed. I hope you are both seeing each other as he loved you so much, as we all do. You are one special guy Alex. God Bless,Gram Norma I have yours and Grampas picture in my room and give you both kisses. God only takes special people. Can't believe Graham is seeing the end of a school year and am so glad he is going to Mankato. Love you much---

~

Norma Marah,

Grand Rapids, Minnesota

Norma Marah - May 22, 2005 at 12:00 AM

DM

It's not right, Alley, it's just not right. You should be here laughing and joking with us all. I hate this. I would give ANYTHING to have you here right now. Some days seem just too much to bear. Thank God for your brother and sister and Tim... they are what keep me going. My whole being aches for you... I love you so very, very much, Sweetie.
Hugs and Kisses,
Mom

~

Debra Marah,

S. Anthony, Minnesota

Debra Marah - May 19, 2005 at 12:00 AM

DM

It's not right, Alley, it's just not right. You should be here laughing and joking with us all. I hate this. I would give ANYTHING to have you here right now. Some days seem just too much to bear. Thank God for your brother and sister and Tim... they are what keep me going. My whole being aches for you... I love you so very, very much, Sweetie.
Hugs and Kisses,
Mom

~

Debra Marah,

S. Anthony, Minnesota

Debra Marah - May 19, 2005 at 12:00 AM

DM

Good morning, Sweetie,
It's Mother's Day... and all I can wish for is you. Some days it's all I can think of. I wish I could think of better words than "I miss you", but I can't... I just miss you, bud, so very, very much.
It was Shelby's birthday yesterday. She's an official teenager! She is really growing up. I have enjoyed her company so much lately. We had a blast in San Antonio. She started decorating her bathroom and has tons of plans for her bedroom! We found so many pennies that weekend!! Thanks, honey. You were on the rollercoasters at Sea World with her, weren't you?!
Graham and Sarah went to Prom last night. They both looked awesome. We had fun taking pictures of the gang at Scott's. They were so cute driving away in the limo! Can't wait for Gray to get home from Scott's so I can hear all about it.
Gray, Shelbs and I are going to the horseraces today. It'll be nice to spend time with both of them. I know you'll be there, too... cuz you're ALWAYS in my heart.
Love you the mostest everything,
Mom

~

Debra Marah,

St. Anthony, Minnesota

Debra Marah - May 08, 2005 at 12:00 AM

DM

Good morning, Sweetie,
It's Mother's Day... and all I can wish for is you. Some days it's all I can think of. I wish I could think of better words than "I miss you", but I can't... I just miss you, bud, so very, very much.
It was Shelby's birthday yesterday. She's an official teenager! She is really growing up. I have enjoyed her company so much lately. We had a blast in San Antonio. She started decorating her bathroom and has tons of plans for her bedroom! We found so many pennies that weekend!! Thanks, honey. You were on the rollercoasters at Sea World with her, weren't you?!
Graham and Sarah went to Prom last night. They both looked awesome. We had fun taking pictures of the gang at Scott's. They were so cute driving away in the limo! Can't wait for Gray to get home from Scott's so I can hear all about it.
Gray, Shelbs and I are going to the horseraces today. It'll be nice to spend time with both of them. I know you'll be there, too... cuz you're ALWAYS in my heart.
Love you the mostest everything,
Mom

~

Debra Marah,

St. Anthony, Minnesota

Debra Marah - May 08, 2005 at 12:00 AM

BH

Hi honey,
Just me again checking in with you.
Have had you on my mind so much lately. I am so happy that Graham
will be making the presentation of
your scholarship award at North High
this year. Can't believe he is graduating already either. So glad he has decided to go to and been
accepted at Mankato State. Education is so important. Shelby and your Mom are in San Antonio this
weekend. Maybe you can help her a
little as far as school and the move
is concerned. We pray that the move
will be a good one for her and that
Graham will enjoy his time at Mankato and his transition into adulthood. Going to be planning his
graduation party with him tomorrow I
hope. I have the list from yours and it will probably be much like that in the party room. I can still
feel your hug that day, Allie. You
have a huge spot in my heart that just keeps growing. I cherish the many memories of you and your sparkling personality. Love you so much. Gramma

~

Beverly Helgeson,

Willmar, Minnesota

Beverly Helgeson - April 29, 2005 at 12:00 AM

BH

Hi honey,
Just me again checking in with you.
Have had you on my mind so much lately. I am so happy that Graham
will be making the presentation of
your scholarship award at North High
this year. Can't believe he is graduating already either. So glad he has decided to go to and been
accepted at Mankato State. Education is so important. Shelby and your Mom are in San Antonio this
weekend. Maybe you can help her a
little as far as school and the move
is concerned. We pray that the move
will be a good one for her and that
Graham will enjoy his time at Mankato and his transition into adulthood. Going to be planning his
graduation party with him tomorrow I
hope. I have the list from yours and it will probably be much like that in the party room. I can still
feel your hug that day, Allie. You
have a huge spot in my heart that just keeps growing. I cherish the many memories of you and your sparkling personality. Love you so much. Gramma

~

Beverly Helgeson,

Willmar, Minnesota

Beverly Helgeson - April 29, 2005 at 12:00 AM

BH

Hi Sweetheart,
Just wanted to tell you the azalea we had for you in Church on Easter
Sunday was beautiful - just like you. I took it back to our condo after the services and we had it on
the coffee table for two weeks and
then it was time to come back to
Minnesota so we gave it to the cardiac rehabilitation unit to enjoy because it was still just full of
beautiful pink blossoms. Felt you
with us in church that day and know
you are close in so many little ways. Keep a good eye on Graham and
Shelby and help them make wise choices in their lives. You always did that, Alex. Even as a little boy you made wise choices in every little thing you did. It always did
my heart good to see how great you
were about so many things honey. I
miss you so much, Alex, but know that one day we will be together again. Keep close. Love always.
Gramma

~

Beverly Helgeson,

Willmar, Minnesota

Beverly Helgeson - April 13, 2005 at 12:00 AM

BH

Hi Sweetheart,
Just wanted to tell you the azalea we had for you in Church on Easter
Sunday was beautiful - just like you. I took it back to our condo after the services and we had it on
the coffee table for two weeks and
then it was time to come back to
Minnesota so we gave it to the cardiac rehabilitation unit to enjoy because it was still just full of
beautiful pink blossoms. Felt you
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my heart good to see how great you
were about so many things honey. I
miss you so much, Alex, but know that one day we will be together again. Keep close. Love always.
Gramma

~

Beverly Helgeson,

Willmar, Minnesota

Beverly Helgeson - April 13, 2005 at 12:00 AM

BD

Alex,
I went bowling the other night and remembered when you and nick were on a team and you guys beat my team! I looked in my old cell phone and noticed that I still have your cell phone #. Some memories just cannot be erased. I miss you a lot and hope you'll continue to help guide everyone in the right direction.

~

Brittany Dobbins,

Minneapolis, Minnesota

Brittany Dobbins - April 10, 2005 at 12:00 AM

BD

Alex,
I went bowling the other night and remembered when you and nick were on a team and you guys beat my team! I looked in my old cell phone and noticed that I still have your cell phone #. Some memories just cannot be erased. I miss you a lot and hope you'll continue to help guide everyone in the right direction.

~

Brittany Dobbins,

Minneapolis, Minnesota

Brittany Dobbins - April 10, 2005 at 12:00 AM

MF

Hey buddy
dude its been a long time. well i guess i can tell you whats been going on lately, i am going into the military and then i am going to be going to school for criminial justices and i got a new job working security at a homeless shelter (people severing people) it pays good. i am going to chruch now and god has opened my eyes to a lot of new things and i relized just how special and precious and that god has blessed us all just for having you in our lives. you are very special to everyone that you know. i am always going to remember the times that we all had hanging outside in the court yard for lunch at school and all the times we had going on field trips with eachother christina and nick and ann and all of us we were all good friends and clowns. i will always remember you each and every day. talk to you later. love always megan

~

megan ford,

mpls, Minnesota

Contact Me

megan ford - March 23, 2005 at 12:00 AM

MF

Hey buddy
dude its been a long time. well i guess i can tell you whats been going on lately, i am going into the military and then i am going to be going to school for criminial justices and i got a new job working security at a homeless shelter (people severing people) it pays good. i am going to chruch now and god has opened my eyes to a lot of new things and i relized just how special and precious and that god has blessed us all just for having you in our lives. you are very special to everyone that you know. i am always going to remember the times that we all had hanging outside in the court yard for lunch at school and all the times we had going on field trips with eachother christina and nick and ann and all of us we were all good friends and clowns. i will always remember you each and every day. talk to you later. love always megan

~

megan ford,

mpls, Minnesota

Contact Me

megan ford - March 23, 2005 at 12:00 AM

Alex, We all miss you like crazy. We know you watch over us. You are always on our thoughts and in our prayers. We love you.

March 22, 2005 at 12:00 AM

DM

Good morning baby boy. It's just not getting any easier, Hondo...my heart is so empty without you. Pre-holidays can be so hard. The holidays themselves are, most often, actually easier than the days leading up to them. I have your purple easter basket out and it reminds me of what fun Easter was with you. Remember how we'd have "practice" egg hunts for a couple weeks before Easter? I'd hide plastic eggs while you guys were at school. It was so much fun for me to see how much fun it was for you! Egg decorating just isn't the same without you hogging the purple dye.

Graham and Shelby are doing well. Well, at least I think Graham is... I never see him anymore! He's having a great senior year with all his friends. I know you are so proud of him. Didn't he and Sarah look great at Snow days?! Shelby is busy with lots of things, too. She's playing softball with Audubon again and has started practices. Her, Kimmy, Nancy and I had a great day Sunday.

Grandma and Grandpa will be back in Minnesota soon. They miss you so much, too. Please watch over all of us, honey... and thank you for being so very, very precious. I love you the mostest everything. I know you are an awesome angel in Heaven... just like you were my very special angel on earth.

All My Love,

Mom

~

Deb Marah,

St. Anthony, Minnesota

Deb Marah - March 22, 2005 at 12:00 AM

DM

Good morning baby boy. It's just not getting any easier, Hondo...my heart is so empty without you. Pre-holidays can be so hard. The holidays themselves are, most often, actually easier than the days leading up to them. I have your purple easter basket out and it reminds me of what fun Easter was with you. Remember how we'd have "practice" egg hunts for a couple weeks before Easter? I'd hide plastic eggs while you guys were at school. It was so much fun for me to see how much fun it was for you! Egg decorating just isn't the same without you hogging the purple dye.

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Grandma and Grandpa will be back in Minnesota soon. They miss you so much, too. Please watch over all of us, honey... and thank you for being so very, very precious. I love you the mostest everything. I know you are an awesome angel in Heaven... just like you were my very special angel on earth.

All My Love,

Mom

~

Deb Marah,

St. Anthony, Minnesota

Deb Marah - March 22, 2005 at 12:00 AM

Alex, We all miss you like crazy. We know you watch over us. You are always on our thoughts and in our prayers. We love you.

March 22, 2005 at 12:00 AM

BH

Hi Honey,
Have been thinking about you so much lately. Getting close to time when Graham graduates from high school and seems like only yesterday
that it was you. My biggest regret
is that I didn't go to your graduation ceremony instead of Bethie's. I wish with all my heart
that I had. I considered going down
to yours and leaving grandpa to go
to Beth's but now I have only regrets that I didn't do it that way. Will be so happy to do a party
for Graham in the party room like
you had. Glad we have those memories honey. Grandpa and I are doing the heart walk down here in
South Carolina on March 5th in your
name. You will have a big red heart
up with all the other names around
the walk area and we are donating to
the heart fund down here in your
name. Also have ordered an azalea
for church on Easter Sunday with your name on. Please take a look and know that it is there because we
love you with all our hearts and we
miss you beyond anything we can say
in words. You will always be in our
hearts and always on our minds. I
love you Alex. Gramma

~

beverly helgeson,

Willmar, Minnesota

beverly helgeson - February 28, 2005 at 12:00 AM

BH

Hi Honey,
Have been thinking about you so much lately. Getting close to time when Graham graduates from high school and seems like only yesterday
that it was you. My biggest regret
is that I didn't go to your graduation ceremony instead of Bethie's. I wish with all my heart
that I had. I considered going down
to yours and leaving grandpa to go
to Beth's but now I have only regrets that I didn't do it that way. Will be so happy to do a party
for Graham in the party room like
you had. Glad we have those memories honey. Grandpa and I are doing the heart walk down here in
South Carolina on March 5th in your
name. You will have a big red heart
up with all the other names around
the walk area and we are donating to
the heart fund down here in your
name. Also have ordered an azalea
for church on Easter Sunday with your name on. Please take a look and know that it is there because we
love you with all our hearts and we
miss you beyond anything we can say
in words. You will always be in our
hearts and always on our minds. I
love you Alex. Gramma

~

beverly helgeson,

Willmar, Minnesota

beverly helgeson - February 28, 2005 at 12:00 AM

AP

Al. It's been 3.5 years. That first kiss is still fresh on my lips. That first I love you is still fresh in my ear. That last kiss and last I love you, feel like yersterday. Remember I will forever love you.
Besos,
ALi

"We were merely freshman"

~

Ali Pickens,

St. Paul, Minnesota

Ali Pickens - January 26, 2005 at 12:00 AM

AP

Al. It's been 3.5 years. That first kiss is still fresh on my lips. That first I love you is still fresh in my ear. That last kiss and last I love you, feel like yersterday. Remember I will forever love you.
Besos,
ALi

"We were merely freshman"

~

Ali Pickens,

St. Paul, Minnesota

Ali Pickens - January 26, 2005 at 12:00 AM

DM

Hi Sweetie,
Don't know exactly why, but this has been a hard couple of days of missing you. Maybe it's finally sinking in... I just don't know. All I know is I miss you so very, very much. Lori and Tim have been great in letting me go on and on with stories about you. Last night Shelby sat at the table and made "bumper stickers"... All the ones you had on your car... Uffda!, SCSU and even the Ralph Nader one! I thought that was so sweet. I've been worried that she may forget parts of you, but I now know she holds you very close in her heart, too. You had such an impact on your brother and sister. You taught them a lot, honey. Thank you for that. I always was so proud of how close you 3 were. Siblings often don't appreciate each other. You 3 were awesome together. I really don't remember any fights between you. I remember all the laughter and silliness.... all the funny little ditties you 3 would make up.
Please watch over Graham and Shelby. I want them both to be happy and healthy and carry your goodness and kindness with them always. I love you the mostest everything, baby boy.
Hugs and kisses,
Mom

~

Debra Marah,

St. Anthony, Minnesota

Debra Marah - January 12, 2005 at 12:00 AM

DM

Hi Sweetie,
Don't know exactly why, but this has been a hard couple of days of missing you. Maybe it's finally sinking in... I just don't know. All I know is I miss you so very, very much. Lori and Tim have been great in letting me go on and on with stories about you. Last night Shelby sat at the table and made "bumper stickers"... All the ones you had on your car... Uffda!, SCSU and even the Ralph Nader one! I thought that was so sweet. I've been worried that she may forget parts of you, but I now know she holds you very close in her heart, too. You had such an impact on your brother and sister. You taught them a lot, honey. Thank you for that. I always was so proud of how close you 3 were. Siblings often don't appreciate each other. You 3 were awesome together. I really don't remember any fights between you. I remember all the laughter and silliness.... all the funny little ditties you 3 would make up.
Please watch over Graham and Shelby. I want them both to be happy and healthy and carry your goodness and kindness with them always. I love you the mostest everything, baby boy.
Hugs and kisses,
Mom

~

Debra Marah,

St. Anthony, Minnesota

Debra Marah - January 12, 2005 at 12:00 AM

BH

Hi Honey,
Happy New Year. It's hard to believe another year has gone by.
I miss you and think of you in so
many ways, Alex. Before we left
for down south, your Mom and I met
with Ms. Halcomb on your scholarship
fund. It was fun to visit with her.
She is such a lovely person. I know
why you and she got along so well.
Your fund is growing and doing well
so you will always be there to provide educational opportunities to many others. Graham is going to do
the presentations this year. Isn't
that neat?!! We had a good trip down south and if they have the same
balloon launching thing this year at
Valentine's Day, I will send up a
message to you. Remember always how
very much I love you. Gramma

~

beverly helgeson,

willmar, Minnesota

beverly helgeson - January 04, 2005 at 12:00 AM

BH

Hi Honey,
Happy New Year. It's hard to believe another year has gone by.
I miss you and think of you in so
many ways, Alex. Before we left
for down south, your Mom and I met
with Ms. Halcomb on your scholarship
fund. It was fun to visit with her.
She is such a lovely person. I know
why you and she got along so well.
Your fund is growing and doing well
so you will always be there to provide educational opportunities to many others. Graham is going to do
the presentations this year. Isn't
that neat?!! We had a good trip down south and if they have the same
balloon launching thing this year at
Valentine's Day, I will send up a
message to you. Remember always how
very much I love you. Gramma

~

beverly helgeson,

willmar, Minnesota

beverly helgeson - January 04, 2005 at 12:00 AM

DM

Happy New Year, Hon. It's hard to think of another year without you. I just need to keep reminding myself that we WILL be together again. I wish I could put into words just how much I miss you... guess I'll have to stick with your words that we've used all these years... I miss you "the mostest everything".
Love and Kisses,
Mom

~

Debra Marah,

St. Anthony, Minnesota

Debra Marah - January 01, 2005 at 12:00 AM

DM

Happy New Year, Hon. It's hard to think of another year without you. I just need to keep reminding myself that we WILL be together again. I wish I could put into words just how much I miss you... guess I'll have to stick with your words that we've used all these years... I miss you "the mostest everything".
Love and Kisses,
Mom

~

Debra Marah,

St. Anthony, Minnesota

Debra Marah - January 01, 2005 at 12:00 AM

DM

Merry Christmas, Baby Boy. I'm sorry I didn't get to write to you on Christmas Day, but Gray, Shelbs, Tim and I were at Grandma and Grandpa's for the weekend. We all missed you so much. I gave Grandma the turtles from you... you always "called" that gift first for you to get for Grandma! It was a little easier this year than last, but still so very empty without you and your fun personality. We all had a special memory of you that we carried in our hearts over the holiday. I truly felt your presence, honey. What makes it easier is knowing you spent Christmas with Christ, himself... it must be so very awesome! I'm looking forward to being with you again, Alley. I miss you and love you... the mostest everything.
Love Forever,
Mom

~

Debra Marah,

St. Anthony, Minnesota

Debra Marah - December 26, 2004 at 12:00 AM

DM

Merry Christmas, Baby Boy. I'm sorry I didn't get to write to you on Christmas Day, but Gray, Shelbs, Tim and I were at Grandma and Grandpa's for the weekend. We all missed you so much. I gave Grandma the turtles from you... you always "called" that gift first for you to get for Grandma! It was a little easier this year than last, but still so very empty without you and your fun personality. We all had a special memory of you that we carried in our hearts over the holiday. I truly felt your presence, honey. What makes it easier is knowing you spent Christmas with Christ, himself... it must be so very awesome! I'm looking forward to being with you again, Alley. I miss you and love you... the mostest everything.
Love Forever,
Mom

~

Debra Marah,

St. Anthony, Minnesota

Debra Marah - December 26, 2004 at 12:00 AM

BH

My dear Alex,
Little did we know, that day in September, that God would call your name. In life we loved you dearly,
in death we do the same. It broke
our hearts to lose you, you did not
go alone, for part of us went with
you, the day God called you home.
You left us peaceful memories, your
love is still our guide, and though
we cannot see you, you are always at
our side. Our family chain is broken and nothing seems the same, but as God calls us one by one, the
chain will link again.
I love you and miss you, Alex. Gramma

~

Beverly Helgeson,

Willmar, Minnesota

Contact Me

Beverly Helgeson - December 20, 2004 at 12:00 AM

BH

My dear Alex,
Little did we know, that day in September, that God would call your name. In life we loved you dearly,
in death we do the same. It broke
our hearts to lose you, you did not
go alone, for part of us went with
you, the day God called you home.
You left us peaceful memories, your
love is still our guide, and though
we cannot see you, you are always at
our side. Our family chain is broken and nothing seems the same, but as God calls us one by one, the
chain will link again.
I love you and miss you, Alex. Gramma

~

Beverly Helgeson,

Willmar, Minnesota

Contact Me

Beverly Helgeson - December 20, 2004 at 12:00 AM

CN

Hey Alex,
Happy Birthday!! I can't believe you're celebrating your 20th birthday without me. It's been a couple of days that I haven't written you on here for your birthday, I just didn't know how to express what I felt. I can't express how much I miss you. You always were the brightest thing of my day, and now you're gone, not here to better my days, whether they're good or bad. I sometimes just wonder why the lord took you from me, and the rest of the world. It almost seems like a punishment that the lord would take away someone so kind, generous, and like no one else I've ever met away; I think it's unfair. I still remember the day before you died like it happened yesterday. I couldn't feel worse about how we ended. I sometimes just pray to the lord to forgive me for my selfishness and not spending the last moments you were alive just rejoycing in your company. I don't know what else I can say, without getting too mushy; besides I know you hear me in my prayers. Just please, stick by me like you did when we were friends....and don't be afraid to show that you're there once in a while...
I'll write again before I visit you in december with your mom.
Take care in heaven hun...
Much love, always and forever,
Christina :)

~

Christina Norton,

Portland, Oregon

Christina Norton - December 07, 2004 at 12:00 AM

CN

Hey Alex,
Happy Birthday!! I can't believe you're celebrating your 20th birthday without me. It's been a couple of days that I haven't written you on here for your birthday, I just didn't know how to express what I felt. I can't express how much I miss you. You always were the brightest thing of my day, and now you're gone, not here to better my days, whether they're good or bad. I sometimes just wonder why the lord took you from me, and the rest of the world. It almost seems like a punishment that the lord would take away someone so kind, generous, and like no one else I've ever met away; I think it's unfair. I still remember the day before you died like it happened yesterday. I couldn't feel worse about how we ended. I sometimes just pray to the lord to forgive me for my selfishness and not spending the last moments you were alive just rejoycing in your company. I don't know what else I can say, without getting too mushy; besides I know you hear me in my prayers. Just please, stick by me like you did when we were friends....and don't be afraid to show that you're there once in a while...
I'll write again before I visit you in december with your mom.
Take care in heaven hun...
Much love, always and forever,
Christina :)

~

Christina Norton,

Portland, Oregon

Christina Norton - December 07, 2004 at 12:00 AM

KT

Alex I know for sure that you are in a safer and better place. You were one of the funniest people that I've ever known, and I'm pretty sure you won't have problems making friends in HEAVEN. God Bless you and your Family

~

Kammron Taylor,

Madison, Wisconsin

Contact Me

Kammron Taylor - December 05, 2004 at 12:00 AM

KT

Alex I know for sure that you are in a safer and better place. You were one of the funniest people that I've ever known, and I'm pretty sure you won't have problems making friends in HEAVEN. God Bless you and your Family

~

Kammron Taylor,

Madison, Wisconsin

Contact Me

Kammron Taylor - December 05, 2004 at 12:00 AM

AP

I miss you a lot. I brought you flowers tonight. I wish we were together celebrating our birthdays as we did in years past. Hasta Luego mi amor.
Ali

~

Ali Pickens,

St. Paul, Minnesota

Ali Pickens - December 03, 2004 at 12:00 AM

JG

Happy Birthday Alex! Keep shining your light on me and everyone else. Love Ya!
Love always, your friend,
Joy aka "OH JOY!"

~

Joytrese George,

Washington, District of Columbia

Contact Me

Joytrese George - December 03, 2004 at 12:00 AM

SB

Happy Birthday Alex, I know you're still watching over us with that big beutiful smile of yours. You will always be remembered.

~

Shiquita Baber,

Montgomery, Alabama

Shiquita Baber - December 03, 2004 at 12:00 AM

AT

Hey Alex,

I miss you deeply. I know you are in a better place and you are still with us in spirit! You are truly an angel.

Love Always,
Ashleigh Tillman

~

Ashleigh Tillman,

St. Paul, Minnesota

Ashleigh Tillman - December 03, 2004 at 12:00 AM

TG

Alex, I miss you so much!!! I remeber having a bad day in school all day, then seeing you in my last class of the day (A.P. Lit.) made the rest of my day better! i love you and miss you lots-you're always in my prayers.
Happy Birthday!

~

Tierza Groce,

Bloomington, Minnesota

Contact Me

Tierza Groce - December 03, 2004 at 12:00 AM

BH

Happy Birthday, Honey. My goodness but you are 20 today. I hope you are celebrating and waiting for us.
We treasure every birthday, Christmas, Easter, and all the time we had with you which was certainly not enough. Have been thinking of you all day and wishing I could give you a call and wish you a Happy Birthday, honey, or be with you to help you celebrate it. You were such a joy. Always so happy for everything. My partners surprised us by donating $1600.00 to your scholarship fund at North High. I have another $400.00 to add to it so it is growing and growing. You were always such a good student and so curious about everything. I know you will be so happy about the scholarship. Spent part of the day today making little ornaments for a tree I got you. It's just a little tree but you know my love and caring is all wrapped up in this tree. I will take it down on Monday when we go down for Shelby's concert. I do hope you enjoy it. Remember, Alex, how very much I love you and how very proud I was to be your grandma.
Hugs - big hugs - Gramma

~

Beverly Helgeson,

Willmar, Minnesota

Contact Me

Beverly Helgeson - December 03, 2004 at 12:00 AM

DM

Happy Birthday, Baby Boy...
You should be here for your 20th birthday, honey. It's just not right. We miss you deeply.
Are you and Grandma Jean celebrating together? I remember she told us you were the best birthday present she ever received. I just wish she would have told us more.
20 years ago, December 3rd, 1984 at 4:08p.m. you came into this world with a whimper and weighing 8lbs. 4oz. I never would have believed the joy of having a baby. Your dad and I waited over 7 years for you... we certainly weren't disappointed! You were the best baby and brought so much love to our lives. You continued on with your gifts of love, laughter, compassion and wonderment. What a blessing it has been for me to be your mother! And what a blessing for Graham and Shelby to have had you for their big brother and mentor. We have all learned so much from you.
Graham and I put your Christmas tree at the cemetary last night. I will add the ornaments after work today. I still can't get out our Christmas decorations, as it's just too painful, but I did get a small tree for Gray and Shelbs. And Shelby and I picked out a funky silver tree to be the "Alex tree". We have bright colored star ornaments on it and we're making a bunch of ornaments with pictures of you. You loved Christmas so much... you loved decorating. Our Christmas village will never be set up as perfectly as you would have done. So much time and thought went into your village. I miss your long Christmas wish list you'd make every year. It almost always consisted mainly of various lego sets! You were soooo enthusiastic. You always had to be Grandma's helper with handing out presents, even up to your last Christmas with us. I can just see your face all lit up... brighter than any Christmas tree!
Thank you for all the wonderful memories, sweetheart. They are so precious and it's what carries me through. I love you the mostest everything and can't wait to see you again.
Love Always,
Mom

~

Debra Marah,

St. Anthony, Minnesota

Debra Marah - December 03, 2004 at 12:00 AM

BH

Happy Birthday, Honey. My goodness but you are 20 today. I hope you are celebrating and waiting for us.
We treasure every birthday, Christmas, Easter, and all the time we had with you which was certainly not enough. Have been thinking of you all day and wishing I could give you a call and wish you a Happy Birthday, honey, or be with you to help you celebrate it. You were such a joy. Always so happy for everything. My partners surprised us by donating $1600.00 to your scholarship fund at North High. I have another $400.00 to add to it so it is growing and growing. You were always such a good student and so curious about everything. I know you will be so happy about the scholarship. Spent part of the day today making little ornaments for a tree I got you. It's just a little tree but you know my love and caring is all wrapped up in this tree. I will take it down on Monday when we go down for Shelby's concert. I do hope you enjoy it. Remember, Alex, how very much I love you and how very proud I was to be your grandma.
Hugs - big hugs - Gramma

~

Beverly Helgeson,

Willmar, Minnesota

Contact Me

Beverly Helgeson - December 03, 2004 at 12:00 AM

AP

I miss you a lot. I brought you flowers tonight. I wish we were together celebrating our birthdays as we did in years past. Hasta Luego mi amor.
Ali

~

Ali Pickens,

St. Paul, Minnesota

Ali Pickens - December 03, 2004 at 12:00 AM

TG

Alex, I miss you so much!!! I remeber having a bad day in school all day, then seeing you in my last class of the day (A.P. Lit.) made the rest of my day better! i love you and miss you lots-you're always in my prayers.
Happy Birthday!

~

Tierza Groce,

Bloomington, Minnesota

Contact Me

Tierza Groce - December 03, 2004 at 12:00 AM

SB

Happy Birthday Alex, I know you're still watching over us with that big beutiful smile of yours. You will always be remembered.

~

Shiquita Baber,

Montgomery, Alabama

Shiquita Baber - December 03, 2004 at 12:00 AM

AT

Hey Alex,

I miss you deeply. I know you are in a better place and you are still with us in spirit! You are truly an angel.

Love Always,
Ashleigh Tillman

~

Ashleigh Tillman,

St. Paul, Minnesota

Ashleigh Tillman - December 03, 2004 at 12:00 AM

JG

Happy Birthday Alex! Keep shining your light on me and everyone else. Love Ya!
Love always, your friend,
Joy aka "OH JOY!"

~

Joytrese George,

Washington, District of Columbia

Contact Me

Joytrese George - December 03, 2004 at 12:00 AM

DM

Happy Birthday, Baby Boy...
You should be here for your 20th birthday, honey. It's just not right. We miss you deeply.
Are you and Grandma Jean celebrating together? I remember she told us you were the best birthday present she ever received. I just wish she would have told us more.
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Thank you for all the wonderful memories, sweetheart. They are so precious and it's what carries me through. I love you the mostest everything and can't wait to see you again.
Love Always,
Mom

~

Debra Marah,

St. Anthony, Minnesota

Debra Marah - December 03, 2004 at 12:00 AM

DM

Good morning, Honey. It's Thanksgiving day and I wish so very, very much you were with us. You loved Grandma's dinners so much. She's making those pumpkin pies you and your brother and sister always looked forward to. Shelby and I baked apple pies last night to bring along and I'm making your green bean casserole. Holidays are so hard for me... don't know if I'll ever be able to get back in the "spirit". I think I'd like to fall asleep before Thanksgiving and wake up after New Years. But I do want to see Graham and Shelby be happy, so I'll continue to muddle along as best I can.

I received an e-mail from Chris McDougall yesterday from Iraq. He's right in the middle of all the fighting, and is grateful that he has you for his special angel watching over him. He said it made him smile thinking of all the fun you guys had when you were young. He said he's looking forward to the Marah and McDougall reunion in Heaven!

Well, baby boy, I need to get your brother and sister up and ready to go to Grandma's. Know that you will be on all our minds today and always. We all love you and miss you so very, very much. And we are all so THANKFUL to have had such an awesome young man like you, even for such a short time, in our lives. You touched us all in such a wonderful, positive and joyous way.

Thank you, Alex.

All my love,

Mom

~

Debra Marah,

St. Anthony, Minnesota

Debra Marah - November 25, 2004 at 12:00 AM

DM

Good morning, Honey. It's Thanksgiving day and I wish so very, very much you were with us. You loved Grandma's dinners so much. She's making those pumpkin pies you and your brother and sister always looked forward to. Shelby and I baked apple pies last night to bring along and I'm making your green bean casserole. Holidays are so hard for me... don't know if I'll ever be able to get back in the "spirit". I think I'd like to fall asleep before Thanksgiving and wake up after New Years. But I do want to see Graham and Shelby be happy, so I'll continue to muddle along as best I can.

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Thank you, Alex.

All my love,

Mom

~

Debra Marah,

St. Anthony, Minnesota

Debra Marah - November 25, 2004 at 12:00 AM

AL

*Well Alex, it's been too long. I miss you like crazy. And I just want to remind you that I stilll love you no matter what :**

~

Ali,

St. Paul, Minnesota

Ali - November 22, 2004 at 12:00 AM

AL

*Well Alex, it's been too long. I miss you like crazy. And I just want to remind you that I stilll love you no matter what :**

~

Ali,

St. Paul, Minnesota

Ali - November 22, 2004 at 12:00 AM

It's been awhile. I just got the Weezer Blue extended version today, and couldn't help but think of you. Any time that I hear them, I think of you. I remember how you were so excited to go to their concert, and even rubbed it in my face that I wasn't able to. I might go see Sparta in a few weeks in memory to you. You'll have a better view of the concert than I. I hope it's great up there. Know that we all miss you very much, and we carry on because of you.
I heart you sooo much.

st. paul, Minnesota

November 04, 2004 at 12:00 AM

It's been awhile. I just got the Weezer Blue extended version today, and couldn't help but think of you. Any time that I hear them, I think of you. I remember how you were so excited to go to their concert, and even rubbed it in my face that I wasn't able to. I might go see Sparta in a few weeks in memory to you. You'll have a better view of the concert than I. I hope it's great up there. Know that we all miss you very much, and we carry on because of you.
I heart you sooo much.

st. paul, Minnesota

November 04, 2004 at 12:00 AM

DM

Happy Halloween, honey! Been thinking about you so much today... and I know you know that cuz of the 2 quarters.. thanks, sweetie! I was thinking of how much fun you had every Halloween and how cute you were. All those cute costumes... bear, dragon, cowboy, ninja warrior, Barney (hehe), the halloween guy(we never did figure that one out, did we??)football player, Minnesota Twins fan... you were always so happy on Halloween. And always not ready to quit trick or treating when the time came! You'd come home and dump your huge stash of candy on the living room floor and separate it into categories and then try to make some tricky trades with your brother and sister! Shelby went out tonight with her friends. She wore your scream costume... we couldn't find the mask to it so had to get another one. We talked about you a lot. We all miss you so, so very much.

It's Grandma's birthday tomorrow. I sent her an e-card from you.. I know you want her to know how special a Grandma she is.

Well, off to bed... take care, hon...I love you with all my heart and miss you like crazy.

Love and Kisses,

Mom

~

Debra Marah,

St. Anthony, Minnesota

Contact Me

Debra Marah - October 31, 2004 at 12:00 AM

DM

Happy Halloween, honey! Been thinking about you so much today... and I know you know that cuz of the 2 quarters.. thanks, sweetie! I was thinking of how much fun you had every Halloween and how cute you were. All those cute costumes... bear, dragon, cowboy, ninja warrior, Barney (hehe), the halloween guy(we never did figure that one out, did we??)football player, Minnesota Twins fan... you were always so happy on Halloween. And always not ready to quit trick or treating when the time came! You'd come home and dump your huge stash of candy on the living room floor and separate it into categories and then try to make some tricky trades with your brother and sister! Shelby went out tonight with her friends. She wore your scream costume... we couldn't find the mask to it so had to get another one. We talked about you a lot. We all miss you so, so very much.
It's Grandma's birthday tomorrow. I sent her an e-card from you.. I know you want her to know how special a Grandma she is.
Well, off to bed... take care, hon...I love you with all my heart and miss you like crazy.
Love and Kisses,
Mom

~

Debra Marah,

St. Anthony, Minnesota

Contact Me

Debra Marah - October 31, 2004 at 12:00 AM

BH

Hi honey,
Just was checking to be sure they were continuing your guest book for
another year. I am so pleased that
so many of your friends check in here from time to time. You had so many wonderful friends, Alley. I
hope they will continue to write you
here for the coming year. Am putting in money to your scholarship fund so some student can benefit next spring. I know how important that would have been to you. Love
you always - Gramma

~

Beverly Helgeson,

Willmar, Minnesota

Beverly Helgeson - October 25, 2004 at 12:00 AM

BH

Hi honey,
Just was checking to be sure they were continuing your guest book for
another year. I am so pleased that
so many of your friends check in here from time to time. You had so many wonderful friends, Alley. I
hope they will continue to write you
here for the coming year. Am putting in money to your scholarship fund so some student can benefit next spring. I know how important that would have been to you. Love
you always - Gramma

~

Beverly Helgeson,

Willmar, Minnesota

Beverly Helgeson - October 25, 2004 at 12:00 AM

SM

Mr. Alex,
How's everything going up there in heaven? Im over here in Okinawa Japan now and it sucks but memories of home and all the fun we used to have back in high school keep me going. Hopefully ill get to see you again one day so we can team up and play some baseball against Babe Ruth and all those all stars up in heaven. Keep smilin down on us! We miss you man!

~

Shawn Manley,

Minneapolis, Minnesota

Contact Me

Shawn Manley - October 23, 2004 at 12:00 AM

SM

Mr. Alex,
How's everything going up there in heaven? Im over here in Okinawa Japan now and it sucks but memories of home and all the fun we used to have back in high school keep me going. Hopefully ill get to see you again one day so we can team up and play some baseball against Babe Ruth and all those all stars up in heaven. Keep smilin down on us! We miss you man!

~

Shawn Manley,

Minneapolis, Minnesota

Contact Me

Shawn Manley - October 23, 2004 at 12:00 AM

BH

Hi Sweetheart,
I love you, Alex. Early Happy Birthday - I just signed up for another year on Legacy for your 20th birthday. I think it helps your Mom and me to write you and also many of your friends who keep in touch with you this way. Your brother is doing well - likes his new job he says and will be playing tennis this spring. Glad we will be able to watch him play. Shelby made the best apple pie. You would have loved it! She made it from scratch. It was one of the best pies I have eaten. I miss you, honey, and think of you so often. I wish we would have had our weekend visits you would have made during school at St.Cloud. Sounds like Graham is planning on U of M now. Maybe best. We took him out for his birthday the other night - just him. It was good to have a chance to visit with him. We will be heading down to South Carolina again. Weather has gotten cold and the leaves are off the trees so we are ready to head south. Glad we will be able to visit with you here for another year. Found a penny today and put it in your fund. I know you are close by when I find them. Keep close and know how much I love you and always will. Gramma

~

Beverly Helgeson,

Willmar, Minnesota

Beverly Helgeson - October 20, 2004 at 12:00 AM

TH

Hey colgate kid,
I miss you a lot! For some reason I think you already knew this. I just hope you are doing ok.I will see you later and maybe we can do some of Mr. Johnson's homework that we never seemed to get done, either because you were sleep or i just was never in his class. You know he move to TN with his wife? Can you believe it we are alumni. Almost 2 years strong. Well A, I guess i'll see you on the other side!
Love you
CHU

~

Tamika Hill,

Jacksonville, Florida

Tamika Hill - October 20, 2004 at 12:00 AM

BH

Hi Sweetheart,
I love you, Alex. Early Happy Birthday - I just signed up for another year on Legacy for your 20th birthday. I think it helps your Mom and me to write you and also many of your friends who keep in touch with you this way. Your brother is doing well - likes his new job he says and will be playing tennis this spring. Glad we will be able to watch him play. Shelby made the best apple pie. You would have loved it! She made it from scratch. It was one of the best pies I have eaten. I miss you, honey, and think of you so often. I wish we would have had our weekend visits you would have made during school at St.Cloud. Sounds like Graham is planning on U of M now. Maybe best. We took him out for his birthday the other night - just him. It was good to have a chance to visit with him. We will be heading down to South Carolina again. Weather has gotten cold and the leaves are off the trees so we are ready to head south. Glad we will be able to visit with you here for another year. Found a penny today and put it in your fund. I know you are close by when I find them. Keep close and know how much I love you and always will. Gramma

~

Beverly Helgeson,

Willmar, Minnesota

Beverly Helgeson - October 20, 2004 at 12:00 AM

TH

Hey colgate kid,
I miss you a lot! For some reason I think you already knew this. I just hope you are doing ok.I will see you later and maybe we can do some of Mr. Johnson's homework that we never seemed to get done, either because you were sleep or i just was never in his class. You know he move to TN with his wife? Can you believe it we are alumni. Almost 2 years strong. Well A, I guess i'll see you on the other side!
Love you
CHU

~

Tamika Hill,

Jacksonville, Florida

Tamika Hill - October 20, 2004 at 12:00 AM

TW

I can't believe it's been a year already it seems like It happened yesterday when i get the call from a friend, Alex I know you put a smile on everyone's face and wishing that you were still here with us, you were a great freind, a great boyfreind to ali (despite i never knew her) and i know a great son and grandson to your family. Everyone wishees you were here and that's what will keep the memory of you alive in everyone's heart that you have touched.

~

Trish Winters,

Minneapolis, Minnesota

Contact Me

Trish Winters - October 19, 2004 at 12:00 AM

TW

I can't believe it's been a year already it seems like It happened yesterday when i get the call from a friend, Alex I know you put a smile on everyone's face and wishing that you were still here with us, you were a great freind, a great boyfreind to ali (despite i never knew her) and i know a great son and grandson to your family. Everyone wishees you were here and that's what will keep the memory of you alive in everyone's heart that you have touched.

~

Trish Winters,

Minneapolis, Minnesota

Contact Me

Trish Winters - October 19, 2004 at 12:00 AM

CB

I Alex. I just wanted to say that everyone still misses you dearly. Its so hard sometimes to put in a Weezer CD and not stop and think about you. I think the best of times that we ever had was when me, Abbey, you and Nick would blast Weezer and just randomly drive around.

I miss you a ton, and I am so sorry that when I got into college, we didnt really talk or hang out much. I feel like its one of my biggest regrets. I'm so sorry. Keep sending down those pennies from heaven, and keep smiling

~

Chrisina Baldwin,

Minneapolis, Minnesota

Contact Me

Chrisina Baldwin - October 17, 2004 at 12:00 AM

CB

I Alex. I just wanted to say that everyone still misses you dearly. Its so hard sometimes to put in a Weezer CD and not stop and think about you. I think the best of times that we ever had was when me, Abbey, you and Nick would blast Weezer and just randomly drive around.

I miss you a ton, and I am so sorry that when I got into college, we didnt really talk or hang out much. I feel like its one of my biggest regrets. I'm so sorry. Keep sending down those pennies from heaven, and keep smiling

~

Chrisina Baldwin,

Minneapolis, Minnesota

Contact Me

Chrisina Baldwin - October 17, 2004 at 12:00 AM

JG

Hey Alex! It's me Joy. As you know, I find a way to incorporate you into my schedule everyday. Because everyday I think about coming back home for the holidays, and I can't help thinking about the unfortunate possibility of not experiencing your heart-warming smile that will never be forgotten, ever. But as long as I have my yearbook, I can always depend on it to help me reminisce on the good times we shared, and of course that smile! Your presence is still here with me in D.C. while at school and especially at North whenever I visit, (special thanks to Ms. Halcomb, your picture greets everyone when they enter her office) and I do appreciate it. I thank God for giving me the opportunity to have made such good friends with such an angelic person. Also thanks to the family that raised him to be the fine young man that I knew so well, and for this chance to connect with Alex. I'll be home for Christmas. Later Alex!
Love Always and Remember,
Joy aka "OH JOY!"
p.s. Because I will always love and remember you :)

~

Joytrese "OH JOY" George,

Washington, District of Columbia

Contact Me

Joytrese "OH JOY" George - October 11, 2004 at 12:00 AM

JG

Hey Alex! It's me Joy. As you know, I find a way to incorporate you into my schedule everyday. Because everyday I think about coming back home for the holidays, and I can't help thinking about the unfortunate possibility of not experiencing your heart-warming smile that will never be forgotten, ever. But as long as I have my yearbook, I can always depend on it to help me reminisce on the good times we shared, and of course that smile! Your presence is still here with me in D.C. while at school and especially at North whenever I visit, (special thanks to Ms. Halcomb, your picture greets everyone when they enter her office) and I do appreciate it. I thank God for giving me the opportunity to have made such good friends with such an angelic person. Also thanks to the family that raised him to be the fine young man that I knew so well, and for this chance to connect with Alex. I'll be home for Christmas. Later Alex!
Love Always and Remember,
Joy aka "OH JOY!"
p.s. Because I will always love and remember you :)

~

Joytrese "OH JOY" George,

Washington, District of Columbia

Contact Me

Joytrese "OH JOY" George - October 11, 2004 at 12:00 AM

DM

God morning, Honey,
I miss you so very, very much. Some days are certainly harder than others. It's hard to watch the Twins play and not think of you and your love of baseball. Graham and I decided you need to be their Angel in the Outfield during this series!
I miss all the little things with you... especially the silly times. You could always make us laugh. I miss you coming to me when you were sad and just laying in the crook of my arm and talking. I miss how you would talk so fast and animated when you were excited about something. I even miss arguing with you.
I know it's so hard for Graham and Shelby. Please stay close to them and help them to be happy and healthy. They are both such great kids. I see so much of you in them... especially your kind and compassionate ways.
My friends have been so wonderful in helping me through this whole grief process... especially Nancy and Lori. It's so great to know TRUE friendship like that. Please watch over them both. Nancy may be called up to the army to go to Iraq. I'm so scared for her. Please, please be her very special guardian angel. I'm praying she won't have to go.
What a beautiful day you've helped make today. I'm looking forward to my walk with you. Shelby's soccer game is in an hour and I know you'll be there. I love you with all my being, baby... and am looking forward to eternity with you. Thank you for being you. You've left your mark on so many aspects of my life. There are a lot of people who are better off for having had you in their lives... what a legacy you have left!
Oh, and I can see why you were so enamored with Christina! What lovely, unselfish things she has said about you!
Grandma and Grandpa are traveling for the next week. Please watch over them. They both have been amazing in helping us all cope with our pain. They love you so very much.. but you know that!
Love You Forever,
Mom

~

Debra Marah,

St. Anthony, Minnesota

Debra Marah - October 09, 2004 at 12:00 AM

DM

God morning, Honey,
I miss you so very, very much. Some days are certainly harder than others. It's hard to watch the Twins play and not think of you and your love of baseball. Graham and I decided you need to be their Angel in the Outfield during this series!
I miss all the little things with you... especially the silly times. You could always make us laugh. I miss you coming to me when you were sad and just laying in the crook of my arm and talking. I miss how you would talk so fast and animated when you were excited about something. I even miss arguing with you.
I know it's so hard for Graham and Shelby. Please stay close to them and help them to be happy and healthy. They are both such great kids. I see so much of you in them... especially your kind and compassionate ways.
My friends have been so wonderful in helping me through this whole grief process... especially Nancy and Lori. It's so great to know TRUE friendship like that. Please watch over them both. Nancy may be called up to the army to go to Iraq. I'm so scared for her. Please, please be her very special guardian angel. I'm praying she won't have to go.
What a beautiful day you've helped make today. I'm looking forward to my walk with you. Shelby's soccer game is in an hour and I know you'll be there. I love you with all my being, baby... and am looking forward to eternity with you. Thank you for being you. You've left your mark on so many aspects of my life. There are a lot of people who are better off for having had you in their lives... what a legacy you have left!
Oh, and I can see why you were so enamored with Christina! What lovely, unselfish things she has said about you!
Grandma and Grandpa are traveling for the next week. Please watch over them. They both have been amazing in helping us all cope with our pain. They love you so very much.. but you know that!
Love You Forever,
Mom

~

Debra Marah,

St. Anthony, Minnesota

Debra Marah - October 09, 2004 at 12:00 AM

BH

To Christina,
Thank you, Christina, for your loving words in Alex's Legacy notes.
You sound very much like someone I
would love to meet. Alex had some
wonderful friends like you and he
was one of the most loving people.
I went to see him today at the cemetery and brought him some
flowers and talked to him. He has
such a lovely spot there and it was
so good to spend some time with him.
I will also keep you in my prayers
because your true love for him shows in your beautiful words about
him. Thank you for your message.
God bless - Beverly (Alex's grandma)

~

Beverly Helgeson,

Willmar, Minnesota

Beverly Helgeson - September 24, 2004 at 12:00 AM

BH

To Christina,
Thank you, Christina, for your loving words in Alex's Legacy notes.
You sound very much like someone I
would love to meet. Alex had some
wonderful friends like you and he
was one of the most loving people.
I went to see him today at the cemetery and brought him some
flowers and talked to him. He has
such a lovely spot there and it was
so good to spend some time with him.
I will also keep you in my prayers
because your true love for him shows in your beautiful words about
him. Thank you for your message.
God bless - Beverly (Alex's grandma)

~

Beverly Helgeson,

Willmar, Minnesota

Beverly Helgeson - September 24, 2004 at 12:00 AM

CN

Alex,
I don't even know where to begin. It's been a year since the lord took you into his hands and finally gave you the wings and the halo that you deserved! I miss you sooooo much Alex, I think about you all the time, and it never gets any easier. I sometimes get jealous thinking about how the lord gets to share everything with you now, and well, the people that love you so dearly are left with just the memories of you. I know your family is having a hard time now, and has been since you passed, but I know you are taking care of them, especially your mom and dad. I moved out to portland, OR for a year, and I have to say, Alex, you are lacking the signs out here...what happened?? Hehe, I know even though I might not see you around me, I know you are there, even if you don't throw a penny at my head to let me know :)
I talked to your mom, and hopefully this coming christmas, when I visit MN, I will get to visit with you wonderful family, I know it will be even harder though to see your brother, you two always looked so much alike; Your mom however said she would bring me to your site so I could visit with you. I miss you and love you soooo much Alex. Please comfort those that are in pain, visit them like you did me, and give them some reassurance that you are there. You will always be loved, never forgotten, and forever missed!
I'll see you when I get there!!!
Much love to ya Babyboy,
Ya girl,
Christina

And to Alex's family. I read Alex's guestbook all the time, to see every entry that is in there, and I love hearing the loving memories you have of him, however, I wish I could take away all of the greif in your lives! You all are in my prayers every night. God Bless everyone of you, especially you Deb and Beverly, because I know you two will see this!
Much Love always,
Christina

~

Christina Norton,

Portland, Oregon

Contact Me

Christina Norton - September 23, 2004 at 12:00 AM

AA

I miss you.

~

Abbey Ackerman,

Mpls, Minnesota

Abbey Ackerman - September 23, 2004 at 12:00 AM

CN

Alex,
I don't even know where to begin. It's been a year since the lord took you into his hands and finally gave you the wings and the halo that you deserved! I miss you sooooo much Alex, I think about you all the time, and it never gets any easier. I sometimes get jealous thinking about how the lord gets to share everything with you now, and well, the people that love you so dearly are left with just the memories of you. I know your family is having a hard time now, and has been since you passed, but I know you are taking care of them, especially your mom and dad. I moved out to portland, OR for a year, and I have to say, Alex, you are lacking the signs out here...what happened?? Hehe, I know even though I might not see you around me, I know you are there, even if you don't throw a penny at my head to let me know :)
I talked to your mom, and hopefully this coming christmas, when I visit MN, I will get to visit with you wonderful family, I know it will be even harder though to see your brother, you two always looked so much alike; Your mom however said she would bring me to your site so I could visit with you. I miss you and love you soooo much Alex. Please comfort those that are in pain, visit them like you did me, and give them some reassurance that you are there. You will always be loved, never forgotten, and forever missed!
I'll see you when I get there!!!
Much love to ya Babyboy,
Ya girl,
Christina

And to Alex's family. I read Alex's guestbook all the time, to see every entry that is in there, and I love hearing the loving memories you have of him, however, I wish I could take away all of the greif in your lives! You all are in my prayers every night. God Bless everyone of you, especially you Deb and Beverly, because I know you two will see this!
Much Love always,
Christina

~

Christina Norton,

Portland, Oregon

Contact Me

Christina Norton - September 23, 2004 at 12:00 AM

AA

I miss you.

~

Abbey Ackerman,

Mpls, Minnesota

Abbey Ackerman - September 23, 2004 at 12:00 AM

BH

One Year In Heaven Honey.
Dear Alex, you are such a loving joy
A caring and wonderful kind of boy.
So many tears that I have shed
Mostly when I go to bed.
I miss you and love you so much
If only you were here to touch.
To hug and to hold and to kiss
Is still my most fervent wish
But I know you can't be with us here
For you've been in heaven one full year.
May God keep you and hold you
And be with us all here too
Until we can join you and be with you there
You will always be in our every prayer.

Can't tell you how much you mean to me, Alley, and how much I love you
and miss you. Hugs and kisses,
Grandma

~

Beverly Helgeson,

Willmar, Minnesota

Beverly Helgeson - September 22, 2004 at 12:00 AM

AL

Alex... it's been such a long year and soo much has changed. But the one thing that will never change is how much I love you and how much I miss you. The last conversation I had with you was one of the best. We talked for hours and were on perfect terms... I just don't know somedays... I still question why... I still think about you daily. I know that you are up there watching over me and giving me hugs when I need them... I just miss you soooooooo much. I wish that this never happened. I wish that I was talking to you on the phone right now.. just like I did last year. I heart you so much.
Forever Your Girlfriend,
Ali

~

Ali,

St. Paul, Minnesota

Ali - September 22, 2004 at 12:00 AM

DM

Honey,
Such a sad day for us all. We wish you were with us... sharing your love and laughter, enjoying your time at St. Cloud State, being that wonderful big brother and awesome son. Tim and I brought flowers and balloons to the cemetary this morning and saw all your heart clouds.. thanks, baby.
I've been spending the day going through the hundreds of cards we received,looking at pictures and reading the journals from everyone at North. It has been the most horrendous year, Alley. Giving birth to you was the most joyous thing ever, and having you taken away so young just doesn't make sense. You touched so many, many lives in such a positive way.. and I am so very, very proud of you. In spite of the spats we did have, I know you knew (and still do) how much I loved you. I know I was a strict mother, and that I made mistakes but I couldn't love you and Graham and Shelby any more than I do. You will always be with us... and we will cherish our memories of you forever. You are our dear, special, precious and loving angel.
Love Forever,
Mom

~

Deb Marah,

St. Anthony, Minnesota

Deb Marah - September 22, 2004 at 12:00 AM

Alex, I can't believe that it has been one year. How have we gone a whole year without you in our lives? I hate this. I wish that I could be with you in heaven. I know you are watching down on us, but it just isn't enough. I need you, I need to feel you, hear you, see you. Honey, I miss you so much and I don't know what to do. I don't know if I can go another day without you. I love you so much.

~

Forever missing you....

September 22, 2004 at 12:00 AM

BH

One Year In Heaven Honey.
Dear Alex, you are such a loving joy
A caring and wonderful kind of boy.
So many tears that I have shed
Mostly when I go to bed.
I miss you and love you so much
If only you were here to touch.
To hug and to hold and to kiss
Is still my most fervent wish
But I know you can't be with us here
For you've been in heaven one full year.
May God keep you and hold you
And be with us all here too
Until we can join you and be with you there
You will always be in our every prayer.

Can't tell you how much you mean to me, Alley, and how much I love you
and miss you. Hugs and kisses,
Grandma

~

Beverly Helgeson,

Willmar, Minnesota

Beverly Helgeson - September 22, 2004 at 12:00 AM

AL

Alex... it's been such a long year and soo much has changed. But the one thing that will never change is how much I love you and how much I miss you. The last conversation I had with you was one of the best. We talked for hours and were on perfect terms... I just don't know somedays... I still question why... I still think about you daily. I know that you are up there watching over me and giving me hugs when I need them... I just miss you sooooooo much. I wish that this never happened. I wish that I was talking to you on the phone right now.. just like I did last year. I heart you so much.
Forever Your Girlfriend,
Ali

~

Ali,

St. Paul, Minnesota

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~

Forever missing you....

September 22, 2004 at 12:00 AM

DM

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Such a sad day for us all. We wish you were with us... sharing your love and laughter, enjoying your time at St. Cloud State, being that wonderful big brother and awesome son. Tim and I brought flowers and balloons to the cemetary this morning and saw all your heart clouds.. thanks, baby.
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Love Forever,
Mom

~

Deb Marah,

St. Anthony, Minnesota

Deb Marah - September 22, 2004 at 12:00 AM

MQ

Alex, I miss you man. I was just sitting around, remembering you and the positive influence that you had on me, on and off the field. I tried my best this year to play your old spot at first base, it's not as easy as you and Aaron made it look.

~

Marty Quist,

Minneapolis

Marty Quist - August 26, 2004 at 12:00 AM

MQ

Alex, I miss you man. I was just sitting around, remembering you and the positive influence that you had on me, on and off the field. I tried my best this year to play your old spot at first base, it's not as easy as you and Aaron made it look.

~

Marty Quist,

Minneapolis

Marty Quist - August 26, 2004 at 12:00 AM

DM

Oh, Alley, I need your help. Yesterday was 11 months and it just doesn't get easier... it actually seems harder. I've been going through your pictures. I'm glad we have so many of you! You are on my mind constantly and I miss you so very, very much. I just can't understand how someone so full of life and with so much to give this world can be taken away. I have to keep reminding myself that this time on earth without you will be like a snap of the fingers compared to time in eternity with you. It's what keeps me going, honey... that and your wonderful brother and sister. We talk about you often and keep you close to our hearts always. I know you are always with us, watching over us. I love you, bud.
~Mom
p.s. could you please thank our Lord face to face for bringing Tim into my life? ...just another example how the Lord guides us and protects us when we need it most.

~

Debra Marah,

St. Anthony, Minnesota

Debra Marah - August 23, 2004 at 12:00 AM

DM

Oh, Alley, I need your help. Yesterday was 11 months and it just doesn't get easier... it actually seems harder. I've been going through your pictures. I'm glad we have so many of you! You are on my mind constantly and I miss you so very, very much. I just can't understand how someone so full of life and with so much to give this world can be taken away. I have to keep reminding myself that this time on earth without you will be like a snap of the fingers compared to time in eternity with you. It's what keeps me going, honey... that and your wonderful brother and sister. We talk about you often and keep you close to our hearts always. I know you are always with us, watching over us. I love you, bud.
~Mom
p.s. could you please thank our Lord face to face for bringing Tim into my life? ...just another example how the Lord guides us and protects us when we need it most.

~

Debra Marah,

St. Anthony, Minnesota

Debra Marah - August 23, 2004 at 12:00 AM

> *Alex... I heart you soooo much. 3 years ago man... crazy to think about it now... That conversation was the best I've ever had... Those late night chats... The memories keep me going...*

July 26, 2004 at 12:00 AM

> *Alex... I heart you soooo much. 3 years ago man... crazy to think about it now... That conversation was the best I've ever had... Those late night chats... The memories keep me going...*

July 26, 2004 at 12:00 AM

DM

Well, baby boy, today is 10 months and it's been a very hard day. I think about you all the time and miss you like crazy. Thank you for our visit at the cemetary today. Your clouds have been awesome! I lost it at Gray's game last night... couldn't stop thinking you should have been playing... you loved baseball soooo much. Gray is wearing #18 in your honor. He and Shelbs miss you loads. I know you're watching over them and keeping them safe and well. Please watch over Grandma and Grandpa, too. They both have a very special place in their hearts for you. It was so nice of them to keep this guest book going for us. You know how Grandma loves to write to you! You would always get so excited to get your own special mail! What joy you have brought to your family over your 18 short years here. Thank you for being such a wonderful son, brother, nephew and grandson. You are deeply missed by us all. I'm looking forward to eternity in heaven with you... love you the mostest everything, bud. ~mom

~

Deb Marah,

St. Anthony, Minnesota

Deb Marah - July 22, 2004 at 12:00 AM

DM

Well, baby boy, today is 10 months and it's been a very hard day. I think about you all the time and miss you like crazy. Thank you for our visit at the cemetary today. Your clouds have been awesome! I lost it at Gray's game last night... couldn't stop thinking you should have been playing... you loved baseball soooo much. Gray is wearing #18 in your honor. He and Shelbs miss you loads. I know you're watching over them and keeping them safe and well. Please watch over Grandma and Grandpa, too. They both have a very special place in their hearts for you. It was so nice of them to keep this guest book going for us. You know how Grandma loves to write to you! You would always get so excited to get your own special mail! What joy you have brought to your family over your 18 short years here. Thank you for being such a wonderful son, brother, nephew and grandson. You are deeply missed by us all. I'm looking forward to eternity in heaven with you... love you the mostest everything, bud. ~mom

~

Deb Marah,

St. Anthony, Minnesota

Deb Marah - July 22, 2004 at 12:00 AM

AP

Dear Alex,

I haven't written in here in a long time. It's just too painful for me some days. It's so hard to just pretend that everything is ok, when all I really want is to talk to you one more time and ask for you advise on the many problems in my life. Oh Alex, why did God let me have you for such a short time? It makes it all the harder that we were on such perfect terms when you passed, planning on getting engaged, you planning on coming to Spain over spring break, and sophomore year, planning on getting married. This all has thrown things into a whirlwind for me. Some days are easier than others, today isn't one of them. I just can't stop thinking about you and your family, and hoping that it will all work out in the end, but knowing that we need divine entervention for that to happen (wanna pitch in?!). Well Alex. I do miss you a lot and I don't ever want you or anyone to think that I've forgotten about you. Please give us a hand down here, and make it all better. Thanks for all the pennies from Heaven, I know they are just pennies but they always put a smile on my face.

Love,

Ali

~

Ali Pickens,

Minneapolis, Minnesota

Contact Me

Ali Pickens - July 21, 2004 at 12:00 AM

AP

Dear Alex,

I haven't written in here in a long time. It's just too painful for me some days. It's so hard to just pretend that everything is ok, when all I really want is to talk to you one more time and ask for you advise on the many problems in my life. Oh Alex, why did God let me have you for such a short time? It makes it all the harder that we were on such perfect terms when you passed, planning on getting engaged, you planning on coming to Spain over spring break, and sophomore year, planning on getting married. This all has thrown things into a whirlwind for me. Some days are easier than others, today isn't one of them. I just can't stop thinking about you and your family, and hoping that it will all work out in the end, but knowing that we need divine entervention for that to happen (wanna pitch in?!). Well Alex. I do miss you a lot and I don't ever want you or anyone to think that I've forgotten about you. Please give us a hand down here, and make it all better. Thanks for all the pennies from Heaven, I know they are just pennies but they always put a smile on my face.

Love,

Ali

~

Ali Pickens,

Minneapolis, Minnesota

Contact Me

Ali Pickens - July 21, 2004 at 12:00 AM

BH

Hi honey, Have been thinking about you so much lately. I feel so badly that we never got our trip to
New York in last Christmas. I am so
very sorry about that Alex. We would have had such a great time. I miss you so much and was so looking
forward to seeing you so much this
year since you were much closer to
us being in St. Cloud. Lunches, dinners, coming here to stay on weekend would have been great. Found
the penny you sent the other day. Have another batch in the jar along
with loose change to add to your scholarship fund. I love you with all my heart and soul sweetheart.
Grandma

~

Beverly Helgeson,

Willmar, Minnesota

Contact Me

Beverly Helgeson - July 20, 2004 at 12:00 AM

BH

Hi honey, Have been thinking about you so much lately. I feel so badly that we never got our trip to New York in last Christmas. I am so very sorry about that Alex. We would have had such a great time. I miss you so much and was so looking forward to seeing you so much this year since you were much closer to us being in St. Cloud. Lunches, dinners, coming here to stay on weekend would have been great. Found the penny you sent the other day. Have another batch in the jar along with loose change to add to your scholarship fund. I love you with all my heart and soul sweetheart.
Grandma

~

Beverly Helgeson,

Willmar, Minnesota

Contact Me

Beverly Helgeson - July 20, 2004 at 12:00 AM

BH

To Linda at St. Cloud State:
How nice of you to share your feelings about Alex with his family and friends. We wish with all our hearts that he could have been saved and wish we had known about his heart problem. Thank you for reading about him in his guest book.
He was one of the most kind and caring persons you will ever have crossed paths with. He was a very special grandson to us - always had a smile for everyone and always had a good word to say about everyone he met. He loved life and was so happy to be at St. Cloud State. We have a big hole in our heart and miss him each and every day. Thanks for your kind words of sympathy for those of us left to mourn his loss. You sound like a very special person yourself. Thank you again for sharing with us. Alex's Grandma

~

Beverly Helgeson,

Willmar, Minnesota

Beverly Helgeson - June 30, 2004 at 12:00 AM

BH

To Linda at St. Cloud State:
How nice of you to share your feelings about Alex with his family and friends. We wish with all our hearts that he could have been saved and wish we had known about his heart problem. Thank you for reading about him in his guest book.
He was one of the most kind and caring persons you will ever have crossed paths with. He was a very special grandson to us - always had a smile for everyone and always had a good word to say about everyone he met. He loved life and was so happy to be at St. Cloud State. We have a big hole in our heart and miss him each and every day. Thanks for your kind words of sympathy for those of us left to mourn his loss. You sound like a very special person yourself. Thank you again for sharing with us. Alex's Grandma

~

Beverly Helgeson,

Willmar, Minnesota

Beverly Helgeson - June 30, 2004 at 12:00 AM

LI

The family of Alex;
This may sound strange to you, but I go onto legacy to read one of my dear friend's guestbook and I check Alex's often. I am a student at St Cloud State and I work at Public Safety on campus. I was there the night that Alex was taken from your lives and it touched mine as well. I am so sorry for your grief and wish you did not feel any pain. All of the officers that responded to the call felt your pain and with that they could have done something to help, more than you can imagine. It has helped to read the stories about him and learn about the person that he was. Our thoughts and prayers are with you all.

~

Linda,

St. Cloud, Minnesota

Contact Me

Linda - June 29, 2004 at 12:00 AM

LI

The family of Alex;
This may sound strange to you, but I go onto legacy to read one of my dear friend's guestbook and I check Alex's often. I am a student at St Cloud State and I work at Public Safety on campus. I was there the night that Alex was taken from your lives and it touched mine as well. I am so sorry for your grief and wish you did not feel any pain. All of the officers that responded to the call felt your pain and with that they could have done something to help, more than you can imagine. It has helped to read the stories about him and learn about the person that he was. Our thoughts and prayers are with you all.

~

Linda,

St. Cloud, Minnesota

Contact Me

Linda - June 29, 2004 at 12:00 AM

BH

Dear Alex,
What a sweetheart you were to us. I can't tell you how much that meant
to both of us. Thanks for the pennies the last few days. I add them to my jar for your scholarship
fund at North, honey. It's such fun
to see one and say "Thanks, Alex" for sending us your love and we feel
you close to us and our love for you. I miss you and think of you each and every day. Andrew brought
his photo book from his younger days
for us to see and there were so many
pictures of you in it. We were all
amazed because it was as if you were
right there with us (I think you were). Ben and Kendra opened their gifts from the Colorado crew so we
had a little party at Auntie Leenie's party room. Aimee, Sara, Andrew, Terra, Mackenzie, Leen, Roxy
Gordy and Grandpa and I were all there as well as Ben and Kendra. I
know you were with us too honey. I
love you, Alley, and miss you each and every day. Love, Gramma

~

Bev Helgeson,

Willmar, Minnesota

Bev Helgeson - June 22, 2004 at 12:00 AM

BH

Dear Alex,
What a sweetheart you were to us. I can't tell you how much that meant
to both of us. Thanks for the pennies the last few days. I add them to my jar for your scholarship
fund at North, honey. It's such fun
to see one and say "Thanks, Alex" for sending us your love and we feel
you close to us and our love for you. I miss you and think of you each and every day. Andrew brought
his photo book from his younger days
for us to see and there were so many
pictures of you in it. We were all
amazed because it was as if you were
right there with us (I think you were). Ben and Kendra opened their gifts from the Colorado crew so we
had a little party at Auntie Leenie's party room. Aimee, Sara, Andrew, Terra, Mackenzie, Leen, Roxy
Gordy and Grandpa and I were all there as well as Ben and Kendra. I
know you were with us too honey. I
love you, Alley, and miss you each and every day. Love, Gramma

~

Bev Helgeson,

Willmar, Minnesota

Bev Helgeson - June 22, 2004 at 12:00 AM

DM

Hi Honey,
In 2 days you will have been gone from us for 9 months. I miss you with all my heart. Thank you for all the pennies this week... I know what you are trying to tell me and I thank you for that. It was hard going to Ben's wedding without you. You would have had so much fun with all your cousins and aunts and uncles... they all spoke of you... everyone misses you honey! It was a beautiful wedding. Grandma and Grandpa took all of Ben and Kendra's wedding gifts back to Colorado for them this weekend. They have been wonderful in helping me cope with everything, as well as keeping your memory alive. Today is Father's Day... Graham and Shelby have planned a picnic for your dad. I'd give anything for you to be there too. I'm sure Dad knows how much you love him and that he will feel you with him today.
Thank you, again, for every moment with you... I love you so very, very much.
Hugs and Kisses,
Mom

~

Debra Marah,

St. Anthony, Minnesota

Debra Marah - June 20, 2004 at 12:00 AM

DM

Hi Honey,
In 2 days you will have been gone from us for 9 months. I miss you with all my heart. Thank you for all the pennies this week... I know what you are trying to tell me and I thank you for that. It was hard going to Ben's wedding without you. You would have had so much fun with all your cousins and aunts and uncles... they all spoke of you... everyone misses you honey! It was a beautiful wedding. Grandma and Grandpa took all of Ben and Kendra's wedding gifts back to Colorado for them this weekend. They have been wonderful in helping me cope with everything, as well as keeping your memory alive. Today is Father's Day... Graham and Shelby have planned a picnic for your dad. I'd give anything for you to be there too. I'm sure Dad knows how much you love him and that he will feel you with him today.
Thank you, again, for every moment with you... I love you so very, very much.
Hugs and Kisses,
Mom

~

Debra Marah,

St. Anthony, Minnesota

Debra Marah - June 20, 2004 at 12:00 AM

BH

Hi Sweetheart,
How I miss your beautiful smile and
your cheery hello. Found another
penny from you yesterday. Keep adding them to the bowl that holds
all of our loose change that will go
to the Alex Marah Scholarship Fund.
You would have been so proud a few
weeks ago when your Mom presented
the Scholarship of yours to the student recipient. She did a great
job. Grandpa and I were there as
was your sister. There was also a
Scholarship presented from the Honor
Society in your name so you had two
scholarships presented. We were so
proud of you. You were always such
an inquiring and hungry for knowledge student. Well, wanted to
let you know how proud Grandpa and I
were of you and of your Mom's speech
at the Scholarship presentations.
I love you with all my heart, Alex.
Your Gramma

~

Bev Helgeson,

Willmar, Minnesota

Bev Helgeson - June 10, 2004 at 12:00 AM

BH

Hi Sweetheart,
How I miss your beautiful smile and
your cheery hello. Found another
penny from you yesterday. Keep adding them to the bowl that holds
all of our loose change that will go
to the Alex Marah Scholarship Fund.
You would have been so proud a few
weeks ago when your Mom presented
the Scholarship of yours to the student recipient. She did a great
job. Grandpa and I were there as
was your sister. There was also a
Scholarship presented from the Honor
Society in your name so you had two
scholarships presented. We were so
proud of you. You were always such
an inquiring and hungry for knowledge student. Well, wanted to
let you know how proud Grandpa and I
were of you and of your Mom's speech
at the Scholarship presentations.
I love you with all my heart, Alex.
Your Gramma

~

Bev Helgeson,

Willmar, Minnesota

Bev Helgeson - June 10, 2004 at 12:00 AM

DM

Hi baby... I finally went to St. Cloud today and went to Aaron's room. I'm so glad I did. It helped me relive your last moments on earth and made me feel closer to you. I miss you with all my being, honey... sometimes it just seems unbearable without you. But this "veil" you seem to have put over me helps... makes it all not seem quite so real. Maybe that's not the right way for me to feel, but it sure is a lot easier to deal with that way. I know you are with our Lord, but it's sometimes kind of nice to think you're just away at college and I'll hear from you or see you soon.

Oh, honey, you must be sooooo proud of Graham going to prom. Didn't he and Andrea both look so nice? I know a big part of why he went was because you had wanted him to... and I know he enjoyed it... just like you said he would. He misses you so much, too... he seems to look and act more like you every day. I am so very proud of all my kids. Today was Shelby's birthday... I know her thoughts were with you a lot... Please wrap your loving arms around her and keep her safe and on the right path. She is such a sweetie pie. I love that we can all talk about you and smile and laugh. We will always remember that special twinkle in your eyes and that wonderful smile and infectious laughter. Thank you for always remaining an inspiration to us all.

Loving You Forever, ~mom.

~

deb marah,

st. anthony, Minnesota

deb marah - May 08, 2004 at 12:00 AM

DM

Hi baby... I finally went to St. Cloud today and went to Aaron's room. I'm so glad I did. It helped me relive your last moments on earth and made me feel closer to you. I miss you with all my being, honey... sometimes it just seems unbearable without you. But this "veil" you seem to have put over me helps... makes it all not seem quite so real. Maybe that's not the right way for me to feel, but it sure is a lot easier to deal with that way. I know you are with our Lord, but it's sometimes kind of nice to think you're just away at college and I'll hear from you or see you soon.

Oh, honey, you must be sooooo proud of Graham going to prom. Didn't he and Andrea both look so nice? I know a big part of why he went was because you had wanted him to... and I know he enjoyed it... just like you said he would. He misses you so much, too... he seems to look and act more like you every day. I am so very proud of all my kids. Today was Shelby's birthday... I know her thoughts were with you a lot... Please wrap your loving arms around her and keep her safe and on the right path. She is such a sweetie pie. I love that we can all talk about you and smile and laugh. We will always remember that special twinkle in your eyes and that wonderful smile and infectious laughter. Thank you for always remaining an inspiration to us all.

Loving You Forever, ~mom.

~

deb marah,

st. anthony, Minnesota

deb marah - May 08, 2004 at 12:00 AM

BH

Hi Alex,
Thanks for the penny from heaven yesterday. Am keeping all the pennies you send us in a jar and also put spare change in there to add to your scholarship fund at North High School. Hey, hear your brother is going to Prom this year.
Isn't that neat. I know you wanted
him to do that. It's fun to look back and see all those neat pictures of you and Ali at Prom last
year and the year before. You looked like you were having such a great time. Hope Graham does too.
Grandpa and I will go down May 7th for Shelby's birthday and hope to watch Graham play ball that day too.
Hard to believe he only has one year
left in high school. Ben is getting
married June 5th. It doesn't seem like he is old enough either. Hard to realize you guys grow up so fast.
Sounds like most of the Colorado crew is coming up for the wedding and to spend some time at Uncle Tim's lake cabin. It will be fun to see everyone. Keep sending those
pennies honey and remember always
how very much we love you. Gramma

~

Beverly Helgeson,

Willmar, Minnesota

Beverly Helgeson - April 25, 2004 at 12:00 AM

BH

Hi Alex,
Thanks for the penny from heaven yesterday. Am keeping all the pennies you send us in a jar and also put spare change in there to add to your scholarship fund at North High School. Hey, hear your brother is going to Prom this year.
Isn't that neat. I know you wanted
him to do that. It's fun to look back and see all those neat pictures of you and Ali at Prom last
year and the year before. You looked like you were having such a great time. Hope Graham does too.
Grandpa and I will go down May 7th for Shelby's birthday and hope to watch Graham play ball that day too.
Hard to believe he only has one year
left in high school. Ben is getting
married June 5th. It doesn't seem like he is old enough either. Hard to realize you guys grow up so fast.
Sounds like most of the Colorado crew is coming up for the wedding and to spend some time at Uncle Tim's lake cabin. It will be fun to see everyone. Keep sending those
pennies honey and remember always
how very much we love you. Gramma

~

Beverly Helgeson,

Willmar, Minnesota

Beverly Helgeson - April 25, 2004 at 12:00 AM

BH

Hi honey,
It's Easter tomorrow and our thoughts are with you and your family at this time. We miss you so much and keep you close in mind and heart always. I'm glad that your Mom, Graham and Shelby will be
having Easter with Nancy, Dom and Carlos tomorrow. They are such good
friends and have been for many years. We hope to get down May 7th
to see Graham play baseball and to
celebrate Shelby's birthday. Hope
the weather is nice that day. Could
you arrange that for us, Alex?? Just
wanted to let you know we love you
and miss you but are enlightened by
the fact that we will all be together again one day. Big hug from your grandma and grandpa, honey.

~

Beverly Helgeson,

Willmar, Minnesota

Beverly Helgeson - April 10, 2004 at 12:00 AM

BH

Hi honey,
It's Easter tomorrow and our thoughts are with you and your family at this time. We miss you so much and keep you close in mind and heart always. I'm glad that your Mom, Graham and Shelby will be
having Easter with Nancy, Dom and Carlos tomorrow. They are such good
friends and have been for many years. We hope to get down May 7th
to see Graham play baseball and to
celebrate Shelby's birthday. Hope
the weather is nice that day. Could
you arrange that for us, Alex?? Just
wanted to let you know we love you
and miss you but are enlightened by
the fact that we will all be together again one day. Big hug from your grandma and grandpa, honey.

~

Beverly Helgeson,

Willmar, Minnesota

Beverly Helgeson - April 10, 2004 at 12:00 AM

ND

Alex,

I can't believe 6 months have passed already. I can't believe that you have been gone from your mom so long. It's so hard for me to think that you aren't here, and I would just expect to see you sometime soon, like Carlos' graduation coming up in June. Then I think back to yours and how happy you were and how happy and proud your mom was of you and for you. Alex, I don't understand why you were taken so young and with so much hope and promise and spirit. It isn't fair. I have a heavy heart so much for your mom, because I'm a mom and I know you and what a joy you were to your her. I remember when you and Graham and Carlos and Dom were little guys having your sleep overs, and watching wrestling or some professional sports game, and having your poker games with your dad. The four of you were like brothers and were so cute and innocent. Your mom and I always thought how all of you would grow up to become such nice young men. And you did, Alex. I know you were going to do so much in life. You had so many dreams. You always were so caring, and kind. You were so good to your mom. Alex, you were and are a blessing. I miss you. I am so sad for your mom and dad, and Shelby and Graham. I know you are watching over all of them, and guiding them. Please watch over Carlos and Dom, too. Make sure they always do the right thing, the kind thing. And, say, 'hi' to their dad. He was a good guy, too.

~

Nancy Davis-Ortiz,

Minneapolis, Minnesota

Nancy Davis-Ortiz - March 28, 2004 at 12:00 AM

ND

Alex,

I can't believe 6 months have passed already. I can't believe that you have been gone from your mom so long. It's so hard for me to think that you aren't here, and I would just expect to see you sometime soon, like Carlos' graduation coming up in June. Then I think back to yours and how happy you were and how happy and proud your mom was of you and for you. Alex, I don't understand why you were taken so young and with so much hope and promise and spirit. It isn't fair. I have a heavy heart so much for your mom, because I'm a mom and I know you and what a joy you were to your her. I remember when you and Graham and Carlos and Dom were little guys having your sleep overs, and watching wrestling or some professional sports game, and having your poker games with your dad. The four of you were like brothers and were so cute and innocent. Your mom and I always thought how all of you would grow up to become such nice young men. And you did, Alex. I know you were going to do so much in life. You had so many dreams. You always were so caring, and kind. You were so good to your mom. Alex, you were and are a blessing. I miss you. I am so sad for your mom and dad, and Shelby and Graham. I know you are watching over all of them, and guiding them. Please watch over Carlos and Dom, too. Make sure they always do the right thing, the kind thing. And, say, 'hi' to their dad. He was a good guy, too.

~

Nancy Davis-Ortiz,

Minneapolis, Minnesota

Nancy Davis-Ortiz - March 28, 2004 at 12:00 AM

DM

Hi baby,
Today is 6 months since you went to heaven. It's been a hard day for me. I miss you with all my being, honey. I'd give anything to see your face, feel your hugs and hear your laughter just one more time. Graham started baseball practice today. You must be so proud of him.. just like we are. It's impossible to think of baseball and not think of you. You loved the sport soooo much. I know you'll be rooting Graham on from your special cheering section!
Please watch over your brother and sister... they both miss you so much. We talk about you all the time... we even laugh about things we'd know you'd say or do in certain situations. You are always with us, bud... and you always will be.
Love you forever,
Mom

~

Deb Marah,

St. Anthony, Minnesota

Deb Marah - March 22, 2004 at 12:00 AM

DM

Hi baby,
Today is 6 months since you went to heaven. It's been a hard day for me. I miss you with all my being, honey. I'd give anything to see your face, feel your hugs and hear your laughter just one more time. Graham started baseball practice today. You must be so proud of him.. just like we are. It's impossible to think of baseball and not think of you. You loved the sport soooo much. I know you'll be rooting Graham on from your special cheering section!
Please watch over your brother and sister... they both miss you so much. We talk about you all the time... we even laugh about things we'd know you'd say or do in certain situations. You are always with us, bud... and you always will be.
Love you forever,
Mom

~

Deb Marah,

St. Anthony, Minnesota

Deb Marah - March 22, 2004 at 12:00 AM

BH

Hi Alley,
Thinking about you and decided to drop you a note and tell you how very special you were to us. We miss you so very much but I have your picture right where we see it
every day and I can talk to you any time I want to and I know you will hear me and help us all to know you
are safe and happy in your everlasting life. We will all be with you again some day. I have gotten all the pennies you have sent
down and am keeping them to add to your scholarship fund. Keep sending them down honey. Love you Alex. You will always be a shining
example of a perfect grandson. Gramma

~

Beverly Helgeson,

Willmar, Minnesota

Contact Me

Beverly Helgeson - March 09, 2004 at 12:00 AM

BH

Hi Alley,
Thinking about you and decided to drop you a note and tell you how very special you were to us. We miss you so very much but I have your picture right where we see it
every day and I can talk to you any time I want to and I know you will hear me and help us all to know you
are safe and happy in your everlasting life. We will all be with you again some day. I have gotten all the pennies you have sent
down and am keeping them to add to your scholarship fund. Keep sending them down honey. Love you Alex. You will always be a shining
example of a perfect grandson. Gramma

~

Beverly Helgeson,

Willmar, Minnesota

Contact Me

Beverly Helgeson - March 09, 2004 at 12:00 AM

LG

Alex-
You will always be remembered in everyone's heart. Your smiling face and your wonderful personality will always be in memory. I remember seeing you at your graduation looking as happy as could be, you had a permanent smile throughout that entire day. That is the smile I will remember. You will be my in heart forever. I love you Alex. Love Lori.

~

Lori Green,

Richfield, Minnesota

Lori Green - February 18, 2004 at 12:00 AM

LG

Alex-
You will always be remembered in everyone's heart. Your smiling face and your wonderful personality will always be in memory. I remember seeing you at your graduation looking as happy as could be, you had a permanent smile throughout that entire day. That is the smile I will remember. You will be my in heart forever. I love you Alex. Love Lori.

~

Lori Green,

Richfield, Minnesota

Lori Green - February 18, 2004 at 12:00 AM

BH

Hi Sweetheart,
Such a love you were. Always so happy to see us or talk to us on the phone or in person. I still talk to you honey and I know you still hear. I wanted to let you know you can look for a message on February 11th. We are gathering down here on Hilton Head where they will be having a memorial service and sending up Valentines to those we love in a basket attached to a weather balloon. Watch for it! I
love you and miss you. Gramma

~

beverly helgeson,

Willmar, Minnesota

beverly helgeson - February 04, 2004 at 12:00 AM

BH

Hi Sweetheart,
Such a love you were. Always so happy to see us or talk to us on the phone or in person. I still talk to you honey and I know you still hear. I wanted to let you know you can look for a message on February 11th. We are gathering down here on Hilton Head where they will be having a memorial service and sending up Valentines to those we love in a basket attached to a weather balloon. Watch for it! I
love you and miss you. Gramma

~

beverly helgeson,

Willmar, Minnesota

beverly helgeson - February 04, 2004 at 12:00 AM

AP

Alex,

I remember the first time I met you. I think I was a lil much for your taste at the time. I met you at Audubon Park one Friday night when we were going to play pool, Ann and Laura dragged me along. Us girls drove one car, and you and Nick drove another. I think I probably lost that game of pool, but that one night at the pool hall lead to many many more. On the night of July 25th I got up the nerve to tell you that I like you, and I was sooo worried that the new revelation would ruin our friendship, but by the early morning hours of the 26th, we were boyfriend and girlfriend. I don't know how we managed to make such a great couple... since we were sooo different at the start. But by our 2 year anniversary we had become soo similar in soo many ways. On our 1 year anniversary we went to Valley Fair, it was soo fun. And on our 2 year anniversary we went to your family reunion, and to Mall of America. We got to go to Underwater World, which was a first for me, and I even got you to touch one of the sharks! The memories of those two years and nearly two months, are the best I have. You were the one person that I could tell anything to. You were the one person that could always put a smile on my face. You were the one person that wanted to spend all of his spare time with me. You were the one person that I knew would ALWAYS be there for me, no matter what. You were the best boyfriend I could ever have asked for. I am sooo lucky to have had you in my life. But Alex, beyond that you were the best friend I've ever had in my life... I miss you soo much, and on this, what would have been our 2.5 year anniversary, I wanted to write a little bit about our relationship and tell you one more time that I still love you with all my heart.

Much Love,

Ali

~

Ali Pickens,

Minneapolis, Minnesota

Contact Me

Ali Pickens - January 26, 2004 at 12:00 AM

AP

Alex,

I remember the first time I met you. I think I was a lil much for your taste at the time. I met you at Audubon Park one Friday night when we were going to play pool, Ann and Laura dragged me along. Us girls drove one car, and you and Nick drove another. I think I probably lost that game of pool, but that one night at the pool hall lead to many many more. On the night of July 25th I got up the nerve to tell you that I like you, and I was sooo worried that the new revelation would ruin our friendship, but by the early morning hours of the 26th, we were boyfriend and girlfriend. I don't know how we managed to make such a great couple... since we were sooo different at the start. But by our 2 year anniversary we had become soo similar in soo many ways. On our 1 year anniversary we went to Valley Fair, it was soo fun. And on our 2 year anniversary we went to your family reunion, and to Mall of America. We got to go to Underwater World, which was a first for me, and I even got you to touch one of the sharks! The memories of those two years and nearly two months, are the best I have. You were the one person that I could tell anything to. You were the one person that could always put a smile on my face. You were the one person that wanted to spend all of his spare time with me. You were the one person that I knew would ALWAYS be there for me, no matter what. You were the best boyfriend I could ever have asked for. I am sooo lucky to have had you in my life. But Alex, beyond that you were the best friend I've ever had in my life... I miss you soo much, and on this, what would have been our 2.5 year anniversary, I wanted to write a little bit about our relationship and tell you one more time that I still love you with all my heart.

Much Love,

Ali

~

Ali Pickens,

Minneapolis, Minnesota

Contact Me

Ali Pickens - January 26, 2004 at 12:00 AM

SL

Dear Deb, Greg, Graham and Shelby,
It's been many years since I lived
next-door to you on Tyler St. in the
mid 1980's, and we'd lost touch since moving in 1988, but I've never forgotten how much I appreciated having such thoughtful, caring neighbors. My heartfelt sympathy
is with you all, and Alex's friends
and loved ones everywhere. He was
just a little boy, maybe 3 or 4 when
we moved away.. but I still can see
his sweet smile and remember his gentle spirit, especially the day he
sat on the porch watching his Mom make clover wreaths for Sarah and
Alyssa... how the girls loved being
crowned like princesses.. and playing with little Alex. I also remember having a hard time as a single mom going to college, but Deb
and Greg were always there to lend a
hand or help when I needed support.
Though I didn't have the privilege or opportunity to see Alex, Graham or Shelby grow up, it's clear that
the example shown by their loving parents became ingrained in the fine
young man Alex grew into. I have no doubt that Alex must've been as proud of his family as you are of him. I pray that God will bless you
all with strength and peace as you
adjust to life without his physical
presence, and that Alex's spirit and
loving energy surrounds you always.
His sudden leaving reminds us all of
how precious life is. And Alex, you
have inspired me to do something I
swore I'd never do.. go on E-Bay to
find a special ornament I want to give your Mom.. "The Light

Within"..
"Let the light within you shine on
and on and on!" From all I have read in your book Alex, I know you saw the light in everyone with your
eyes of love. What a beautiful gift you have left those whose lives you touched. May God bless you all.
Achievement
"That man is a success who has lived
well, laughed often and loved much; who has gained the respect of intelligent men and the love of children; who has filled his niche and accomplished his task; who leaves the world better than he found it, whether by an improved poppy, a perfect poem or a rescued
soul; who never lacked appreciation
of earth's beauty or failed to express it; who looked for the best in others and gave the best he had."
- Robert Louis Stevenson

With sympathy and love,
Susan, Greg, Mike and Sarah
Robert and Max

~

Susan Lindholm,

Chapel Hill, North Carolina

Susan Lindholm - January 25, 2004 at 12:00 AM

SL

Dear Deb, Greg, Graham and Shelby,
It's been many years since I lived
next-door to you on Tyler St. in the
mid 1980's, and we'd lost touch since moving in 1988, but I've never forgotten how much I appreciated having such thoughtful, caring neighbors. My heartfelt sympathy
is with you all, and Alex's friends
and loved ones everywhere. He was
just a little boy, maybe 3 or 4 when
we moved away.. but I still can see
his sweet smile and remember his gentle spirit, especially the day he
sat on the porch watching his Mom make clover wreaths for Sarah and
Alyssa... how the girls loved being
crowned like princesses.. and playing with little Alex. I also remember having a hard time as a single mom going to college, but Deb
and Greg were always there to lend a
hand or help when I needed support.
Though I didn't have the privilege or opportunity to see Alex, Graham or Shelby grow up, it's clear that
the example shown by their loving parents became ingrained in the fine
young man Alex grew into. I have no doubt that Alex must've been as proud of his family as you are of him. I pray that God will bless you
all with strength and peace as you
adjust to life without his physical
presence, and that Alex's spirit and
loving energy surrounds you always.
His sudden leaving reminds us all of
how precious life is. And Alex, you
have inspired me to do something I
swore I'd never do.. go on E-Bay to
find a special ornament I want to give your Mom.. "The Light

Within"..
"Let the light within you shine on
and on and on!" From all I have read in your book Alex, I know you saw the light in everyone with your
eyes of love. What a beautiful gift you have left those whose lives you touched. May God bless you all.
Achievement
"That man is a success who has lived
well, laughed often and loved much; who has gained the respect of intelligent men and the love of children; who has filled his niche and accomplished his task; who leaves the world better than he found it, whether by an improved poppy, a perfect poem or a rescued
soul; who never lacked appreciation
of earth's beauty or failed to express it; who looked for the best in others and gave the best he had."
- Robert Louis Stevenson

With sympathy and love,
Susan, Greg, Mike and Sarah
Robert and Max

~

Susan Lindholm,

Chapel Hill, North Carolina

Susan Lindholm - January 25, 2004 at 12:00 AM

JM

Dear Deb and Graham and Shelby (and Greg too),
I know I am late in writing an entry in Alex's guest book. I am absolutely thrilled that I got to see all of you in November (what a weekend that was!) and to see, in person again, what a wonderful family you all are--kindness and love just overflow in your home. It was just such a privilege to be a part of it. And, sweet, sweet , Alex....what a dear, just like the rest of you. He was his own self, he walked his own path, and touched so many along the way. Family was so important to him, and his mama was his close confidante. Those that are left behind have the hardest road. We know Alex is with the Lord, his life in eternity has begun. He is in a very good place-it is those who now are going to move on without his wonderful presence here on earth. But, you are keeping his memory alive, you are continuing to show your great love for him------he must be so puffed up to hear all of these wonderful things that folks are saying about him, those he touched, those he cared for! He was such a good person, not bending to the usual choices that teenagers make...but standing firm in his own beliefs. Alex, you were the first person to throw up in my new house though!! and as I am remembering why, it was because you became so upset that you had to leave cause you wanted to keep playing. Oh, the memories of you guys when you were little, playing together----toys everywhere. When you got together with my kids, there was an intensity about the way you played, the way you did anything--that is how you approached life I think. Nothing was just surface, nothing was just the bare necessity----you put your whole self into it. Thank you Alex, for being such a wonderful son to your mom and dad, for being such a special brother to Alex and Graham, for being such a solid witness to your friends and all you met.
Deb,Graham,Shelby,Greg,you are all constantly in my prayers and my prayer is that you walk close with Him who will hold you tight through this life, who mourns when you mourn and cries when you cry, who comforts in all our afflictions.
Love always, Jean McDougall

~

Jean McDougall,

Redding, California

Jean McDougall - January 19, 2004 at 12:00 AM

JM

Dear Deb and Graham and Shelby (and Greg too),
I know I am late in writing an entry in Alex's guest book. I am absolutely thrilled that I got to see all of you in November (what a weekend that was!) and to see, in person again, what a wonderful family you all are--kindness and love just overflow in your home. It was just such a privilege to be a part of it. And, sweet, sweet , Alex....what a dear, just like the rest of you. He was his own self, he walked his own path, and touched so many along the way. Family was so important to him, and his mama was his close confidante. Those that are left behind have the hardest road. We know Alex is with the Lord, his life in eternity has begun. He is in a very good place-it is those who now are going to move on without his wonderful presence here on earth. But, you are keeping his memory alive, you are continuing to show your great love for him------he must be so puffed up to hear all of these wonderful things that folks are saying about him, those he touched, those he cared for! He was such a good person, not bending to the usual choices that teenagers make...but standing firm in his own beliefs. Alex, you were the first person to throw up in my new house though!! and as I am remembering why, it was because you became so upset that you had to leave cause you wanted to keep playing. Oh, the memories of you guys when you were little, playing together----toys everywhere. When you got together with my kids, there was an intensity about the way you played, the way you did anything--that is how you approached life I think. Nothing was just surface, nothing was just the bare necessity----you put your whole self into it. Thank you Alex, for being such a wonderful son to your mom and dad, for being such a special brother to Alex and Graham, for being such a solid witness to your friends and all you met.
Deb,Graham,Shelby,Greg,you are all constantly in my prayers and my prayer is that you walk close with Him who will hold you tight through this life, who mourns when you mourn and cries when you cry, who comforts in all our afflictions.
Love always, Jean McDougall

~

Jean McDougall,

Redding, California

Jean McDougall - January 19, 2004 at 12:00 AM

BH

Hi Honey,
A new year is beginning and we will all have to go into it without your
smile and sweet face. It has been a
terrible loss for all of us in 2003
and we hope the coming year will give us peace. Keep close to us
and receive our messages to you and
know we love you and think of you
each and every day and pray for you
and with you as we know you do with
us. Keep strong honey. I love you.
Gramma

~

Beverly Helgeson,

Willmar,, Minnesota

Beverly Helgeson - January 02, 2004 at 12:00 AM

BH

Hi Honey,
A new year is beginning and we will all have to go into it without your
smile and sweet face. It has been a
terrible loss for all of us in 2003
and we hope the coming year will give us peace. Keep close to us
and receive our messages to you and
know we love you and think of you
each and every day and pray for you
and with you as we know you do with
us. Keep strong honey. I love you.
Gramma

~

Beverly Helgeson,

Willmar,, Minnesota

Beverly Helgeson - January 02, 2004 at 12:00 AM

DM

Happy New Year, honey... you are always on my mind,Alex. Keep watch over all of us this year...thank you for all the happiness you brought to us in 2003. So much happened for you this past year... graduation from high school, start of college and then going to be with our Lord. You are so missed, baby... I miss our talks. I miss your laughter. I even miss arguing with you! Ali made me a wonderful scrapbook of pictures and all the entries into this guestbook. I appreciate her so much. She's being a great big sis to Gray and Shelbs. I have been thinking about heaven so much lately...it's so hard to be your mother and not know exactly what is going on with you... I just have to trust you are happy. Hope you've got your music in heaven!!
Take care, honey...you know how much I love you.
Hugs and Kisses, Mom

~

Deb Marah,

St. Anthony, Minnesota

Deb Marah - January 01, 2004 at 12:00 AM

DM

Happy New Year, honey... you are always on my mind,Alex. Keep watch over all of us this year...thank you for all the happiness you brought to us in 2003. So much happened for you this past year... graduation from high school, start of college and then going to be with our Lord. You are so missed, baby... I miss our talks. I miss your laughter. I even miss arguing with you! Ali made me a wonderful scrapbook of pictures and all the entries into this guestbook. I appreciate her so much. She's being a great big sis to Gray and Shelbs. I have been thinking about heaven so much lately...it's so hard to be your mother and not know exactly what is going on with you... I just have to trust you are happy. Hope you've got your music in heaven!!
Take care, honey...you know how much I love you.
Hugs and Kisses, Mom

~

Deb Marah,

St. Anthony, Minnesota

Deb Marah - January 01, 2004 at 12:00 AM

DM

Hi baby,
It's been so hard trying to have Christmas without you...we miss you so very, very much...even though we know you are celebrating Christmas with Christ, himself in the most wonderful way. Oh, honey...you are soooooooo loved! Graham and Shelby have been great. Graham came home with me tonight..it was so sweet of him. You two are so much alike! I look at him and see so much of you...it's nice. Thank you for being such a great brother.. and an awesome son. We feel so blessed to have had you in our lives...you will always be in our lives, honey...forever. No one can ever take away our wonderful memories and our forever love for you. We promise to keep your special light shining, sweetheart. Enjoy your celebration of the birth of our Savior.
Love Always, Mom

~

Deb Marah,

St. Anthony, Minnesota

Contact Me

Deb Marah - December 25, 2003 at 12:00 AM

DM

Hi baby,
It's been so hard trying to have Christmas without you...we miss you so very, very much...even though we know you are celebrating Christmas with Christ, himself in the most wonderful way. Oh, honey...you are soooooooo loved! Graham and Shelby have been great. Graham came home with me tonight..it was so sweet of him. You two are so much alike! I look at him and see so much of you...it's nice. Thank you for being such a great brother.. and an awesome son. We feel so blessed to have had you in our lives...you will always be in our lives, honey...forever. No one can ever take away our wonderful memories and our forever love for you. We promise to keep your special light shining, sweetheart. Enjoy your celebration of the birth of our Savior.
Love Always, Mom

~

Deb Marah,

St. Anthony, Minnesota

Contact Me

Deb Marah - December 25, 2003 at 12:00 AM

EL

Merry Christmas Alley!! Its me Auntie Leenie, just thinkin about you and how much i miss you...was plannin on emailing with you alot while you were at St.Cloud, but...instead i must just email you here..miss you love you always and as Christmas approaches this week, we all will say a prayer for you and your Mom and Dad and sister and brother to keep smiling and feel better day by day and to know how much they are loved as well! So bye for now Alley. Love, Auntie Leenie

~

Eileen Laib,

Lakewood, Colorado

Eileen Laib - December 21, 2003 at 12:00 AM

EL

Merry Christmas Alley!! Its me Auntie Leenie, just thinkin about you and how much i miss you...was plannin on emailing with you alot while you were at St.Cloud, but...instead i must just email you here..miss you love you always and as Christmas approaches this week, we all will say a prayer for you and your Mom and Dad and sister and brother to keep smiling and feel better day by day and to know how much they are loved as well! So bye for now Alley. Love, Auntie Leenie

~

Eileen Laib,

Lakewood, Colorado

Eileen Laib - December 21, 2003 at 12:00 AM

BH

Hi Sweetheart,
Christmas is just around the corner and I just hung an ornament with your name on it on the "grandchildren tree". We will all be here at our house this year and I know you will be here with us. Keep smiling down on us and feel all of our love reaching up to you. Your gift this year, Alley, is a check to the Alex G. Marah Scholarship Fund at North High. I know you would like that and be so proud that someone will benefit from it as your gift to them. You will never be forgotten, Alley, and you will live in our hearts forever. I love you so much, honey.
Have a Merry Christmas with the all the other angels in heaven.
Grandma

~

Beverly Helgeson,

Willmar, Minnesota

Beverly Helgeson - December 20, 2003 at 12:00 AM

BH

Hi Sweetheart,
Christmas is just around the corner and I just hung an ornament with your name on it on the "grandchildren tree". We will all be here at our house this year and I know you will be here with us. Keep smiling down on us and feel all of our love reaching up to you. Your gift this year, Alley, is a check to the Alex G. Marah Scholarship Fund at North High. I know you would like that and be so proud that someone will benefit from it as your gift to them. You will never be forgotten, Alley, and you will live in our hearts forever. I love you so much, honey.
Have a Merry Christmas with the all the other angels in heaven.
Grandma

~

Beverly Helgeson,

Willmar, Minnesota

Beverly Helgeson - December 20, 2003 at 12:00 AM

LK

Hey Alex,
I'm sorry that this wont be a long feelingful letter…I really don't know what to say…I'm not even sure where to start…needless to say, you've been a unbelievable friend to everyone…I'm glad I got to be part of your life…much love and respect always
lee

~

Lee Khang,

minneapolis, Minnesota

Lee Khang - December 11, 2003 at 12:00 AM

LK

Hey Alex,
I'm sorry that this wont be a long feelingful letter…I really don't know what to say…I'm not even sure where to start…needless to say, you've been a unbelievable friend to everyone…I'm glad I got to be part of your life…much love and respect always
lee

~

Lee Khang,

minneapolis, Minnesota

Lee Khang - December 11, 2003 at 12:00 AM

BH

Hi honey,
Just sitting here thinking about you and wondering if you know how much we have you in our thoughts and on our minds. Your love surrounds us and we feel it and feel
your love for all of us. Love you,
sweetheart, and miss you. Gramma

~

beverly helgeson,

willmar, Minnesota

beverly helgeson - December 08, 2003 at 12:00 AM

BH

Hi honey,
Just sitting here thinking about you and wondering if you know how much we have you in our thoughts and on our minds. Your love surrounds us and we feel it and feel
your love for all of us. Love you,
sweetheart, and miss you. Gramma

~

beverly helgeson,

willmar, Minnesota

beverly helgeson - December 08, 2003 at 12:00 AM

AC

Alex,

I don't know where to start, what to say. You were one of my best friends growing up nextdoor in NE Mpls. I still remember playing softball in your backyard with you and Graham, riding our bikes down our block, your mom making clover jewelery and kool aids in the summer, going trick-or-treating, and so many other memorable things that I could never forget and that hurt now to think about. You had the brightest smile, and the world just doesn't seem the same without you here. I am so sorry I let so many years go by without getting to know the person you became. I will live with that regret for the rest of my life. I am so sorry, Alex. I just wanted you to know that you made a difference in my life, and that you were always close to my heart. I wish you were still here, I want to talk to you again and see your smile again. I miss that smile, and I miss you. I am sorry I didn't get to say goodbye. I know you are up there watching us, so I hope you can hear me when I say how sorry I am, and that there will always be s special place in my heart just for you. Thank you for everything you taught me growing up, and for being a great friend, and a huge part of my life. I will never forget you.

~

Alyssa Carlson,

Osceola, Wisconsin

Alyssa Carlson - December 06, 2003 at 12:00 AM

AC

Alex,

I don't know where to start, what to say. You were one of my best friends growing up nextdoor in NE Mpls. I still remember playing softball in your backyard with you and Graham, riding our bikes down our block, your mom making clover jewelery and kool aids in the summer, going trick-or-treating, and so many other memorable things that I could never forget and that hurt now to think about. You had the brightest smile, and the world just doesn't seem the same without you here. I am so sorry I let so many years go by without getting to know the person you became. I will live with that regret for the rest of my life. I am so sorry, Alex. I just wanted you to know that you made a difference in my life, and that you were always close to my heart. I wish you were still here, I want to talk to you again and see your smile again. I miss that smile, and I miss you. I am sorry I didn't get to say goodbye. I know you are up there watching us, so I hope you can hear me when I say how sorry I am, and that there will always be s special place in my heart just for you. Thank you for everything you taught me growing up, and for being a great friend, and a huge part of my life. I will never forget you.

~

Alyssa Carlson,

Osceola, Wisconsin

Alyssa Carlson - December 06, 2003 at 12:00 AM

DM

Happy Birthday baby boy... This is so hard not having your smiling face here. Shelbs is having a hard time and misses you so much. Graham is trying so hard to be the stoic one... I know he's hurting, honey. Please be with us all today and comfort us with the knowledge you are celebrating in a much better place. Your friends are coming over for your favorite cake tonight and to decorate a tree for the cemetary for you. Nancy gave me a beautiful ring with your birthstone... she has been great, honey. Please help me through all this... I so want to make you proud of me. I am so, so proud to be your mom. I've been thinking of the moment you were born and how much joy you have brought to us... thank you for your wonderful life with us... Missin' you like crazy, honey... and looking forward to that awesome smile and your big hugs when we meet again. I love you forever.

~

Deb Marah,

St. Anthony, Minnesota

Contact Me

Deb Marah - December 03, 2003 at 12:00 AM

DM

Happy Birthday baby boy... This is so hard not having your smiling face here. Shelbs is having a hard time and misses you so much. Graham is trying so hard to be the stoic one... I know he's hurting, honey. Please be with us all today and comfort us with the knowledge you are celebrating in a much better place. Your friends are coming over for your favorite cake tonight and to decorate a tree for the cemetary for you. Nancy gave me a beautiful ring with your birthstone... she has been great, honey. Please help me through all this... I so want to make you proud of me. I am so, so proud to be your mom. I've been thinking of the moment you were born and how much joy you have brought to us... thank you for your wonderful life with us... Missin' you like crazy, honey... and looking forward to that awesome smile and your big hugs when we meet again. I love you forever.

~

Deb Marah,

St. Anthony, Minnesota

Contact Me

Deb Marah - December 03, 2003 at 12:00 AM

BH

Dear Alex,
Your birthday is coming up in 2 days and I wanted to wish you a blessed birthday and let you know we will all be thinking about you and missing you soooo much. We must
be comforted by all the birthdays we
were able to share with you and how
wonderful it was that we could have
18 of them with you. Some families
are not allowed that many and some are allowed many, many more but we
are thankful for having spent those
18 years together. You will always
be a beautiful bright light in our
lives. Your light will burn brightly forever in our hearts and
while you are not here to share your
special day with us, we feel your
warmth and love surrounding us and
letting us know you are in good hands with our Loving Father. Until we are together again, we send our
love and hugs to you, Alley.
Grandma and Grandpa

~

Beverly Helgeson,

Willmar,, Minnesota

Beverly Helgeson - December 01, 2003 at 12:00 AM

BH

Dear Alex,
Your birthday is coming up in 2 days and I wanted to wish you a blessed birthday and let you know we will all be thinking about you and missing you soooo much. We must
be comforted by all the birthdays we
were able to share with you and how
wonderful it was that we could have
18 of them with you. Some families
are not allowed that many and some are allowed many, many more but we
are thankful for having spent those
18 years together. You will always
be a beautiful bright light in our
lives. Your light will burn brightly forever in our hearts and
while you are not here to share your
special day with us, we feel your
warmth and love surrounding us and
letting us know you are in good hands with our Loving Father. Until we are together again, we send our
love and hugs to you, Alley.
Grandma and Grandpa

~

Beverly Helgeson,

Willmar,, Minnesota

Beverly Helgeson - December 01, 2003 at 12:00 AM

AP

Alex,
Two months ago at this time I was saying good night to you for the last time, you were getting ready for an evening out with Aaron. These have been the hardest two months of my life... I just keep thinking of all the good time you and I had together, like watching the lunar eclipse and the meteor shower, all the school dances, driving around, playing pool, all the movies and plays, the beach, your family gatherings studying together. You taught me so much about life, and I thank you for that. You were the best boyfriend and the best friend I could have ever asked for. There are so many things that I wish I could talk to you about and get you advice on... I know you are proably trying to send me messages from Heaven... Thank-you for watching out for me, my friends, and family over the past two months. You are so greatly missed. I love you Alex. Please continue to watch out for everyone.
xoxo,
Ali

~

Ali Pickens,

Madrid, Spain

Contact Me

Ali Pickens - November 22, 2003 at 12:00 AM

AP

Alex,
Two months ago at this time I was saying good night to you for the last time, you were getting ready for an evening out with Aaron. These have been the hardest two months of my life... I just keep thinking of all the good time you and I had together, like watching the lunar eclipse and the meteor shower, all the school dances, driving around, playing pool, all the movies and plays, the beach, your family gatherings studying together. You taught me so much about life, and I thank you for that. You were the best boyfriend and the best friend I could have ever asked for. There are so many things that I wish I could talk to you about and get you advice on... I know you are proably trying to send me messages from Heaven... Thank-you for watching out for me, my friends, and family over the past two months. You are so greatly missed. I love you Alex. Please continue to watch out for everyone.
xoxo,
Ali

~

Ali Pickens,

Madrid, Spain

Contact Me

Ali Pickens - November 22, 2003 at 12:00 AM

SM

Hi Alex, I wish you were here. I need you right here right now.I hope your standing right next to me now because you always stand up for me. I really love how you always play with me and help me with stuff and i really miss you. I really need you for computer stuff homework too. ok bye bye xxxxxooooo
Love,Shelby

~

Shelby Marah,

St. Anthony, Minnesota

Shelby Marah - November 21, 2003 at 12:00 AM

SM

Hi Alex, I wish you were here. I need you right here right now.I hope your standing right next to me now because you always stand up for me. I really love how you always play with me and help me with stuff and i really miss you. I really need you for computer stuff homework too. ok bye bye xxxxxooooo
Love,Shelby

~

Shelby Marah,

St. Anthony, Minnesota

Shelby Marah - November 21, 2003 at 12:00 AM

AS

Alex,
Even though I didn't know you that well I know that you made many people around you very happy. The few times that I did meet you, you always seemed to be happy and having fun. I remember this summer when a group of us went over to Audobon park and played softball and we had so much fun. The memories will always be here with us even if you aren't. We miss you and always will!

~

Anna Stark,

St.Anthony, Minnesota

Anna Stark - November 09, 2003 at 12:00 AM

BH

Dear and sweet Grandson,
How we miss you and your loving way.
You were such a blessing to us all.
You are in our thoughts constantly
and hopefully our love and talks meet up with you in your heavenly home. We know you are with our
Heavenly Father and he has a special
mission there for someone like you.
Know that we love you with all our
hearts and souls. Gramma

~

Beverly Helgeson,

Willmar, Minnesota

Contact Me

Beverly Helgeson - November 09, 2003 at 12:00 AM

BH

Dear and sweet Grandson,
How we miss you and your loving way.
You were such a blessing to us all.
You are in our thoughts constantly
and hopefully our love and talks meet up with you in your heavenly home. We know you are with our
Heavenly Father and he has a special
mission there for someone like you.
Know that we love you with all our
hearts and souls. Gramma

~

Beverly Helgeson,

Willmar, Minnesota

Contact Me

Beverly Helgeson - November 09, 2003 at 12:00 AM

AS

Alex,
Even though I didn't know you that well I know that you made many people around you very happy. The few times that I did meet you, you always seemed to be happy and having fun. I remember this summer when a group of us went over to Audobon park and played softball and we had so much fun. The memories will always be here with us even if you aren't. We miss you and always will!

~

Anna Stark,

St.Anthony, Minnesota

Anna Stark - November 09, 2003 at 12:00 AM

DM

Alley,
I miss you so very, very much. I'd give anything to hear your laughter again, to see your smiling face or to get one of your special hugs. Thanks for watching over your brother and sister... it was great news from the heart doctor yesterday! Please keep watching over them, Ali, Grandma and Grandpa, your dad and aunts, uncles, cousins and friends. We are all missin' you like crazy, honey.
Thanks for all the pennies from heaven! Love you the mostest everything.....
Forever, Mom

~

Debra Marah,

St. Anthony, Minnesota

Contact Me

Debra Marah - November 07, 2003 at 12:00 AM

NK

hi alex you are the best bro ever
and you rock the house!!!!! well thats all for now! bye buddy!!!!!

~

natalie knauff,

minneapolis, Minnesota

natalie knauff - November 07, 2003 at 12:00 AM

CT

Alex, it's great to know you for four years in high school. From Mr. Buzsta class to NHSC. No matter what You will always be remember to me as a great person that you are: the President of the National Honor Society Clubs. You will never be forget.
Chue Neng Thor

~

Chue Thor,

Minneapolis, Minnesota

Contact Me

Chue Thor - November 07, 2003 at 12:00 AM

CT

Alex, it's great to know you for four years in high school. From Mr. Buzsta class to NHSC. No matter what You will always be remember to me as a great person that you are: the President of the National Honor Society Clubs. You will never be forget.
Chue Neng Thor

~

Chue Thor,

Minneapolis, Minnesota

Contact Me

Chue Thor - November 07, 2003 at 12:00 AM

NK

hi alex you are the best bro ever
and you rock the house!!!!! well thats all for now! bye buddy!!!!!

~

natalie knauff,

minneapolis, Minnesota

natalie knauff - November 07, 2003 at 12:00 AM

DM

Alley,
I miss you so very, very much. I'd give anything to hear your laughter again, to see your smiling face or to get one of your special hugs. Thanks for watching over your brother and sister... it was great news from the heart doctor yesterday! Please keep watching over them, Ali, Grandma and Grandpa, your dad and aunts, uncles, cousins and friends. We are all missin' you like crazy, honey.
Thanks for all the pennies from heaven! Love you the mostest everything.....
Forever, Mom

~

Debra Marah,

St. Anthony, Minnesota

Contact Me

Debra Marah - November 07, 2003 at 12:00 AM

KW

Alex was a beautiful person. He had a smile that made a sad person happy. He was always a joy to be around. I can say that I have never met a person quite like him. He was always so positive. I am so happy to have had him as my classmate and friend through out my four years of high school.
I know that Alex is in a better place. Though none of us quite understand why God took him at this time, we can say that we did get to experience one of God's angels on earth. Alex taught me what it meant to be a leader and true friend. I can never forget him.

I pray that his family is holding on strong. Know that his physical pressence may not be here but his spirit is. Let God give you guidance, strength and understanding.

To Alex, you are missed dearly by more people than you could have ever imagined. See the legacy that you have left? You have touched our lives. I hate that you had to go, but the Bible says,"there is a time for every thing,a time to every purpose under heaven. A time to laugh and a time cry." We had many times where we laughed. Sad to say it is now my time to cry. Know this though Alex, I cried but then remembered your sweet smile and all the fun we had, and I needed to cry no longer for I was blessed to have known you.

I love you and miss you. You are my brother in Christ.

~

Kandis Williams,

Atlanta, Georgia

Contact Me

Kandis Williams - October 30, 2003 at 12:00 AM

KW

Alex was a beautiful person. He had a smile that made a sad person happy. He was always a joy to be around. I can say that I have never met a person quite like him. He was always so positive. I am so happy to have had him as my classmate and friend through out my four years of high school.
I know that Alex is in a better place. Though none of us quite understand why God took him at this time, we can say that we did get to experience one of God's angels on earth. Alex taught me what it meant to be a leader and true friend. I can never forget him.

I pray that his family is holding on strong. Know that his physical pressence may not be here but his spirit is. Let God give you guidance, strength and understanding.

To Alex, you are missed dearly by more people than you could have ever imagined. See the legacy that you have left? You have touched our lives. I hate that you had to go, but the Bible says,"there is a time for every thing,a time to every purpose under heaven. A time to laugh and a time cry." We had many times where we laughed. Sad to say it is now my time to cry. Know this though Alex, I cried but then remembered your sweet smile and all the fun we had, and I needed to cry no longer for I was blessed to have known you.

I love you and miss you. You are my brother in Christ.

~

Kandis Williams,

Atlanta, Georgia

Contact Me

Kandis Williams - October 30, 2003 at 12:00 AM

MC

To Alex's Family, Ali and Friends:
I have been trying to find the right words to express my feelings about Alex and the influence his life has had on all of us. So many of you have written such beautiful memories and stories that have touched all of us. I saw Alex as a kind and loving boy who grew into a kind and loving young man. I just received an e-mail from a friend that probably explains my feelings best about Alex and his family.
"WHEN YOU THOUGHT I WASN'T LOOKING (Written by a former child)
A message every adult should read, because children are watching you and doing as you do, not as you say.

When you thought I wasn't looking, I saw you hang my first painting on the refrigerator, and I immediately wanted to paint another one.

When you thought I wasn't looking I saw you feed a stray cat, and I learned that it was good to be kind to animals.

When you thought I wasn't looking, I saw you make my favorite cake for me and I learned that the little things can be the special things in life.

When you thought I wasn't looking I heard you say a prayer, and I knew there is a God I could always talk to and I learned to trust in God.

When you thought I wasn't looking, I saw you make a meal and take it to a friend who was sick, and I learned that we all have to help take care of each other.

When you thought I wasn't looking, I saw you give of your time and money to help people who had nothing and I learned that those who have something should give to those who don't.

When you thought I wasn't looking, I saw you take
care of our house and everyone in it and I learned
we have to take care of what we are given.

When you thought I wasn't looking, I saw how you handled
your responsibilities, even when you didn't feel good
and I learned that I would have to be responsible
when I grow up.

When you thought I wasn't looking, I saw tears come from
your eyes and I learned that sometimes things hurt,
but it's all right to cry.

When you thought I wasn't looking, I saw that you cared
and I wanted to be everything that I could be.

When you thought I wasn't looking, I learned most of life's lessons that I need to know to be a good and productive person when I grow up.
When you thought I wasn't looking, I looked at you and wanted to say, "Thanks for all the things I saw when you thought I wasn't looking."
I think this is what Alex is thinking now and I would like to say a special thank you to Alex's family - Parents, Grandparents, Aunts and Uncles and Ali for all you did to make Alex so special to all of us. He was looking and we are so blessed!
Maribelle

~

Maribelle Cushman,

Roseville, Minnesota

Maribelle Cushman - October 27, 2003 at 12:00 AM

MC

To Alex's Family, Ali and Friends:
I have been trying to find the right words to express my feelings about Alex and the influence his life has had on all of us. So many of you have written such beautiful memories and stories that have touched all of us. I saw Alex as a kind and loving boy who grew into a kind and loving young man. I just received an e-mail from a friend that probably explains my feelings best about Alex and his family.
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When you thought I wasn't looking I saw you feed a stray cat, and I learned that it was good to be kind to animals.

When you thought I wasn't looking, I saw you make my favorite cake for me and I learned that the little things can be the special things in life.

When you thought I wasn't looking I heard you say a prayer, and I knew there is a God I could always talk to and I learned to trust in God.

When you thought I wasn't looking, I saw you make a meal and take it to a friend who was sick, and I learned that we all have to help take care of each other.

When you thought I wasn't looking, I saw you give of your time and money to help people who had nothing and I learned that those who have something should give to those who don't.

When you thought I wasn't looking, I saw you take
care of our house and everyone in it and I learned
we have to take care of what we are given.

When you thought I wasn't looking, I saw how you handled
your responsibilities, even when you didn't feel good
and I learned that I would have to be responsible
when I grow up.

When you thought I wasn't looking, I saw tears come from
your eyes and I learned that sometimes things hurt,
but it's all right to cry.

When you thought I wasn't looking, I saw that you cared
and I wanted to be everything that I could be.

When you thought I wasn't looking, I learned most of life's lessons that I need to know to be a good and productive person when I grow up.
When you thought I wasn't looking, I looked at you and wanted to say, "Thanks for all the things I saw when you thought I wasn't looking."
I think this is what Alex is thinking now and I would like to say a special thank you to Alex's family - Parents, Grandparents, Aunts and Uncles and Ali for all you did to make Alex so special to all of us. He was looking and we are so blessed!
Maribelle

~

Maribelle Cushman,

Roseville, Minnesota

Maribelle Cushman - October 27, 2003 at 12:00 AM

RB

Alex, we miss you. You are always remembered and NEVER FORGOTTEN. Stay sweet like always in heaven, besides you have even more love in heaven plus the love on earth.

~

R'ea Buckney,

St. Paul, Minnesota

R'ea Buckney - October 24, 2003 at 12:00 AM

TH

Alex Marah,/
is what I called my Colgate kid because no matter what we were doing in class he alway had smile on his face.It was a smile that would let the world know that everything was going to be ok.It was our comfort zone in mrs.Rasterres class. It was joy to have known you Mr.Marah..That is what our history teacher use call him when he would fall asleep in his class.You were a great person inside and out and I know you are in better place smiling down on your loves ones... Remember while you are smiling down we R all smiling up at you.. Bless you and your Family.....

~

Tamika Hill,

Minneapolis, Minnesota

Tamika Hill - October 24, 2003 at 12:00 AM

RB

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R'ea Buckney,

St. Paul, Minnesota

R'ea Buckney - October 24, 2003 at 12:00 AM

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~

Tamika Hill,

Minneapolis, Minnesota

Tamika Hill - October 24, 2003 at 12:00 AM

CC

Alex was so sweet, kind, and loving. Everytime I saw him he had a smile on his face. I never told him that everytime I saw him he would put a smile on my face. I remember coming back to school one year and I was in the football office he walked over and I just stared at him, he was huge... the year before I think I might have been taller than him. It was cute. We had so many classes together... especially being in summatech. Thanks for being there whenever I needed help. You were my Angel then and now forever. Another memory was when we were in science club we had secret santa and he was mine. He gave me this really cute pooh bear dressed up as a bee. It was funny because pooh bear was my favorite. I still have that bear in my dorm room... everytime I look at it it reminds me of his smile. I just want you to know that you will always be in my heart forever Alex. You are in the best place anyone can be now. Look out for me. God said that there is a purpose for everyone, I think that yours was to be so sweet, helpful, loving and just being you. You led people to the right paths and everything. You are a very special person and every one knew that. Isn't it wonderful that everyone thought so HIGHLY of YOU!! God Bless you and your family.

Cicely Carr
c/o 2003

~

Cicely Carr,

minneapolis, Minnesota

Contact Me

Cicely Carr - October 22, 2003 at 12:00 AM

SE

Alex,
The memories of you are still fresh. Your laughter in Buzta's class, in Mr. Rushings where you were the "Wheel of Fortune" King... I can remember our times at Emerson- you and Dustin always hanging out... and Mathias, and Star and Camille... I remember talking to you about having fun with the elevator and how you and Dustin broke it. It's so hard to think that you are no longer here. That you are not out there somewhere laughing and having fun.

Even though after graduation our chats were few, they were still filled with humor and joy. I don't think I ever saw you sad. Even when we'd talk about how much we had left to do on a Buszta assignment- you never seemed worried.

I always thought, you were that one kid that I knew would make it. No matter what life threw at you, I thought you would handle it and come out on top. Still, even now, you are not a shadow in the world. Your memory is a light that reminds us all how we should live: with laughter and hope and friendship.

Alex, I know you cannot be here in person to help us through the hard times that come with life, but I know you're there and will always be there to help guide us and keep us strong.

You are missed terribly.

Sara

~

Sara Engen,

Minneapolis, Minnesota

Sara Engen - October 22, 2003 at 12:00 AM

MX

Alex, it's been so great knowing you for the past 4 years in the Summatech Magnet Program at NHS.
I'll miss you because you've been a great president at school and a good friend.

Your friend and classmate,

MaiKao Xiong

~

MaiKao Xiong,

Minneapolis, Minnesota

Contact Me

MaiKao Xiong - October 22, 2003 at 12:00 AM

JD

I want to send my deepest condolonces to Alex's family. Alex was a cool guy, he had a peaceful demeanor about him you know, one of those people who is like quiet in a world full of thunder and will be greatly missed, I didn't know him as well as everyone else but I knew him well enough to know that he was a sweet kid.
"After the rain the sun shines, then a brighter day, after the rain change comes nothing stays the same after the rain things gonna change, theres no more pain after the rain."
Jami Leigh Dixon

~

Jami Dixon,

Orlando, Florida

Jami Dixon - October 22, 2003 at 12:00 AM

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Cicely Carr
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minneapolis, Minnesota

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Orlando, Florida

Jami Dixon - October 22, 2003 at 12:00 AM

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I'll miss you because you've been a great president at school and a good friend.

Your friend and classmate,

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MaiKao Xiong,

Minneapolis, Minnesota

Contact Me

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Alex, I know you cannot be here in person to help us through the hard times that come with life, but I know you're there and will always be there to help guide us and keep us strong.

You are missed terribly.

Sara

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Sara Engen,

Minneapolis, Minnesota

Sara Engen - October 22, 2003 at 12:00 AM

HR

Dear Alex

Unfortunately I did not get to know you in the way that some of your closest friends did. I remeber you as the silly, sweet, quiet, and incredibly intelligent kid in my Spanish class. I remember you and Abbey cracking jokes about Mr. Fresco when he would give you guys the last ten minutes of the class for the level four lectures. I always saw you sitting under the window near Spanish class in the morning and I made an effort to say a shy hello. You always returned it with a friendly smile. Although I did not get to know you as well as I would have liked to I know that you touched so many people. Abbey and Christina always used to tell me how you were such a great friend and a wonderful person to be around. I send my love out to all of those who loved Alex in so many ways. He will be truly missed by me and so many others. I know you are smiling down on us.

~

Heather Rawson,

Minneapolis, Minnesota

Contact Me

Heather Rawson - October 21, 2003 at 12:00 AM

KV

Alex,
You've been the best, the greatest and there was never a day that you'll ever let my smile fall. I miss you my friend, very much. You'll always be remembered and remained in all of our hearts, your friends and families. I don't know what to say because there's no word to explain how much joy you have brought to me and other people around you. We'll always be missing you.

And to everyone out there never give-up, never surrender. Always have faith and always believe.

-With Love and Respect-
Ka Vang

~

Ka Vang,

Minneapolis, Minnesota

Contact Me

Ka Vang - October 21, 2003 at 12:00 AM

JG

Dear Alex,
First I want to thank your family, especially mom, for bringing up such a great young man. Back to you....Thanks for being the great friend that you were. Remember when we first met in Ms. Dietzler's class? I know you do, because you mentioned it in my yearbook. But I will never forget the great times we shared, which was anytime we were together. I remember each time you entered Braaten's class, the tension and frustration from calculus would ease, because of your extremely bright smile and sense of humor. And who can forget about Ms. Sylwester's class? Boy did we have a blast in there or what?! What about that hot North High Letterman's jacket that you wore so well, I still have yet to get mine. Oh, congrats on not only being in the NHS, but also being the co-president, way to go! But just to let you know, I wake up every morning with you on my mind. Maybe because I know that you're watching over me, but I am sure that it is because I truly miss you. There is so much that I want to express to you and your family, but not enough words can handle the tedious job. Most of all I just want to say how grateful I am to have had the pleasure of you being my friend. I love you Alex, I always have and I always will. Best wishes to you up there and all of your family and friends down here. It's hard to deal with not seeing you anymore, but we all know that you are with us at all times.
Love Always,
"OH JOY!"
p.s. Yeah I know your job is to watch over everyone now because of your angelic status, but don't forget to give me a little privacy every here and there. j/k! Love Ya!

~

Joytrese George,

Minneapolis, Minnesota

Contact Me

Joytrese George - October 21, 2003 at 12:00 AM

AA

ALex,
WHat can I say...You have to be one of the greatest guys I've ever met. You're compassion towards others, the way you made everyone smile, a great ear to listen to all my problems, and of course I will never forget your sense of humor. You always had the ability to make me laugh or cheer me up when I was feeling down. You were my spanish buddy, because we were always the "advanced" kids in Fresco's class meaning we just sat in the hall most of the time talking when were supposed to be doing our work. I won't forget the hours we spent talking on the phone or online or the good times we had in Nicks car driving around in circles listening to weezer. Or how I always wanted to beat you at bowling and Pool but you'd never let me win, but I compensated by always getting higher test scores than you in spanish. I won't forget the good times we had when I visited you while you were working at the park, playing catch or pool or just talking. I could always count on you to go to chipotle with me, and making me feel like a pig because i would always finish my burrito first. I will always remember you as not only a great guy, but as a wonderful friend...and although your life ended way too soon, your memories will never be forgotten. I loved you like a brother and will definately miss you dearly. I know you're in heaven smiling down on all of us with that great smile of yours. Love always,
Your friend,
Abbey

~

Abbey Ackerman,

Mpls, Minnesota

Contact Me

Abbey Ackerman - October 21, 2003 at 12:00 AM

CB

I first met Alex in Mr.Fresco's spanish class about 4 years ago. We talked, like normal classmates do, and we didn't actually start to hang out until I had math with Nick. I'm so thankful to have Alex and Nick to help me out with my homework! I wouldn't have made it without ya guys. The summer before I entered college was the best. I remember Me Abbey and Nick driving around aimlessly, Playing dingdonditch with Mr.Fresco, playing catch with you at the park, practicing softball/baseball together, working on school projects at the park, beating you in Tekken, blwoing up "illegal" fireworks in the park, getting lost on the way to me and Abbeys dorm, and listening to Weezer non-stop are just some of the memories I am glad to have shared. Your smile will stay with me forever. "...What they did while the sun was out will last with us forever"-Bill Clinton,
Christina

~

christina baldwin,

minneapolis, Minnesota

Contact Me

christina baldwin - October 21, 2003 at 12:00 AM

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Your friend,
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Abbey Ackerman,

Mpls, Minnesota

Contact Me

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Love Always,
"OH JOY!"
p.s. Yeah I know your job is to watch over everyone now because of your angelic status, but don't forget to give me a little privacy every here and there. j/k! Love Ya!

~

Joytrese George,

Minneapolis, Minnesota

Contact Me

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And to everyone out there never give-up, never surrender. Always have faith and always believe.

-With Love and Respect-
Ka Vang

~

Ka Vang,

Minneapolis, Minnesota

Contact Me

Ka Vang - October 21, 2003 at 12:00 AM

JL

Alex,
I think it takes a long time for most people to figure out how to be themselves, all of that came naturally to you. You wore your heart on your sleeve and because of that I have known you well. As time goes by I will think of the gentle impressions that you left with me. Our mutual love of collecting bridged the age difference between us. You were always so knowledgeable about the various memorabilia that you collected, I was always so impressed with your attention to detail; even at such a young age. You had a wonderful power of concentration and even the littlest things could make you happy or consume your curious mind. You chased your dreams Alex, I'm proud of the person you had been and the very bright path that you have traveled.
Know that you have a very loving family and extended family thinking of you often.
Deb, Greg, Graham and Shelby, I love you all. My thoughts are with you as always.
Love,
Jonathan

~

Jonathan Laib,

Brooklyn, New York

Jonathan Laib - October 20, 2003 at 12:00 AM

JL

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Love,
Jonathan

~

Jonathan Laib,

Brooklyn, New York

Jonathan Laib - October 20, 2003 at 12:00 AM

BH

Alex,
Thank you for teaching us all about patience and kindness. You are as genuine a person as they come. The love you have for your family and friends was evident in all you did. We've shared many great memories at birthday parties, at Grandma and Grandpa's on the lake, and so many places in between. Your great smile and warm heart left its imprint on each of those great memories. The loss felt by so many now is testament to the many lives you have touched and made better by your friendship, patience, and kindess. We will all miss you!
Your cousin,
Ben

~

Ben Helgeson,

Spicer, Minnesota

Ben Helgeson - October 19, 2003 at 12:00 AM

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Your cousin,
Ben

~

Ben Helgeson,

Spicer, Minnesota

Ben Helgeson - October 19, 2003 at 12:00 AM

AK

i only knew alex for the two years he was dating Ali, and i really only saw him when i hung out with emily, ali, gwenyth, ann, etc. but for the time i did know him and hang out with him, they were always good times, alex always made us laugh, i remember one time when we all squished into the little room with the computer in it in his old house and burned cds, it was very uncomfortable cause six of us were in this tiny little space, but alex would crack some joke about nick or graham and for a moment it didnt matter how squished we were cause we were together having fun, chillin...alex we'll miss you and we'll see you someday up there

~

amanda kubik,

minneapolis, Minnesota

amanda kubik - October 18, 2003 at 12:00 AM

RG

To you all
There are no words that can truly convey my feelings. I never got the chance to meet Alex, but spoke to him on the phone and online, along with his brother and sister and although we have never met you are all a part of my life. The friendship of the whole family always has been and always will remain dear to me, although oceans seperate us, you are all in my heart and in my thoughtsand i know that the love that you all share will see you through this most difficult of times. If it is possible to miss somebody that you have never met, I can certainly say that I will miss Alex, but feel richer for the short time I had to get to know him and his wonderful family and friends. Take care of eachother always and know that there is a small part of a country many miles away that is thinking of you all.

~

Rob Green,

Swansea

Rob Green - October 18, 2003 at 12:00 AM

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~

amanda kubik,

minneapolis, Minnesota

amanda kubik - October 18, 2003 at 12:00 AM

SR

Dearest Alex,
Oh the many memories I have of you growing up from every summer when we would travel from Colorado to Minnesota. I don't even know where to begin. I will never forget the time when you wanted me to put Graham in the laundry basket to take him for a ride around the house! That image still puts a smile on my face. All the baseball games we would have in the front yard on Tyler St. and the walks to the little convenience store behind the house to get junk food. Oh who could forget all the fun times spent at Grandma and Grandpas house on Green Lake especially when they'd take us out to the water. I am so proud of you and all you have accomplished. You will forever be in my heart! I love you all Deb, Greg, Graham and Shelby!

Love, your Colorado cousin Sara

~

Sara Rollins,

Highlands Ranch, Colorado

Sara Rollins - October 17, 2003 at 12:00 AM

SR

Dearest Alex,
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Love, your Colorado cousin Sara

~

Sara Rollins,

Highlands Ranch, Colorado

Sara Rollins - October 17, 2003 at 12:00 AM

SM

Alex was a great brother to me. We would play playstation 2 and when i was 6 or 7 we played Sega. I remember when we played at the park alot when i was little. We would go sledding alot. One time we were playing playstation 2 and we were playing 007. It was a shooting game and he figured out something like how to use a jet thing and i never figured out how to do that. It was funny. The day before he had to leave to St.Cloud me and him went to target to go get Stitch the movie so i got to spend time with him before he left.I remember when we were at the graduation party Alex got thrown into the pool by Nick,Jason,and Graham.That was funny too. Lots of things have happend before this. Lots of things have changed after. WE MISS YOU ALEX.

~

Shelby Marah,

St. Anthony, Minnesota

Shelby Marah - October 16, 2003 at 12:00 AM

SM

Alex was a great brother to me. We would play playstation 2 and when i was 6 or 7 we played Sega. I remember when we played at the park alot when i was little. We would go sledding alot. One time we were playing playstation 2 and we were playing 007. It was a shooting game and he figured out something like how to use a jet thing and i never figured out how to do that. It was funny. The day before he had to leave to St.Cloud me and him went to target to go get Stitch the movie so i got to spend time with him before he left.I remember when we were at the graduation party Alex got thrown into the pool by Nick,Jason,and Graham.That was funny too. Lots of things have happend before this. Lots of things have changed after. WE MISS YOU ALEX.

~

Shelby Marah,

St. Anthony, Minnesota

Shelby Marah - October 16, 2003 at 12:00 AM

AG

Deb, Greg, Graham and Shelby,
We sat a long time at the computer, thinking and remembering while tears rolled down our cheeks. All the memories were good one like swinging at pinatas in Grampa Larry's backyard by lake Como,or swimming in the pool in our backyard at the Rosedale house. We remembered your Mom and I dressing Alex and Laura in twin outfits because they looked so much alike. People would stop and ask us if they were twins and we would giggle and say no they are cousins. Those were the good times. We will miss you Alex but you will always be in our heart.

~

Auntie Deb and Uncle Gene,

Centennial, Colorado

Auntie Deb and Uncle Gene - October 15, 2003 at 12:00 AM

BB

My memory of Alex will always be a pleasant one. Actually, I never got the chance to meet Alex, but the times I talked to him on the phone or chatted with him on line, he was always polite and fun-loving. I have a picture on my computer of Alex at last year's prom, but my memory of Alex will last longer than any picture. Thank you Deb for raising a great kid and being part of my life.

~

Brent Brunnemer,

Indianapolis, Indiana

Brent Brunnemer - October 15, 2003 at 12:00 AM

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Auntie Deb and Uncle Gene,

Centennial, Colorado

Auntie Deb and Uncle Gene - October 15, 2003 at 12:00 AM

MP

My deepest sympathy to all who loved Alex and are now trying to deal with his great loss.
Greg and Deb, what a wonderful job you did in raising such a fine young man. Graham and Shelby, he often talked about you; you made him so proud. Gramma and Grampa, I remember him coming in your car to pick Ali up for the prom. They were so excited! He had many role models to form him into the caring, loving person he became.
I feel fortunate to have known him, even though for such a short time. When Ali And Alex first started dating I was a bit nervous at first, but as I got to know him I realized what a true gem Ali had found. If only there were more Alex's in this world, what a better place this would be.
Alex, your bright smile is terrribly missed by many people. Thank you so much for being such an important part of Ali's life. Thank you for the love and kindness you showed her. I enjoyed your presence in our home and loved that you were a Twins fan, even when they were not doing well! (I wish you would have given them a little boost during the playoffs!) As we all try to live with our sadness, know that you will not be forgotten. You truly were a most wonderful person and made so many people happy with your presence and smile. Keep smiling down on those who loved you so much. I know you are in God's hands and jumping in to take on the new jobs he has planned for you. Help guide everyone who loved you as they try to carry on with their lives.

~

Mitzi Pickens,

Mpls, Minnesota

Contact Me

Mitzi Pickens - October 14, 2003 at 12:00 AM

MF

To Alex and his family
I have know alex for 4 years and he has made a big impact in my life and i will always remember all the fun times we had together. You were one of my good friends and i will miss you very much. man did we have some fun time at north. To the family and his girlfriend i am sorry for you loss i know how much he met to you and acually all of us. he was one to light up a room with his smile. but thank you for bringing alex in this world.
Alex i will miss you and love ya rest in peace

~

Megan Ford,

mpls, Minnesota

Contact Me

Megan Ford - October 14, 2003 at 12:00 AM

DC

I knew Alex in a moment in time of Christmas 2001, when I was generously invited by Deb to spend that special time with the Marah family. Alex struck me as those impressions do, not just a boy but a man. His undoubted caring, maturity, intelligence and sense of humour, shone like the northern star guiding ships to safe harbour. Alex, you are a special soul and I know that your star shines bright upon us.

By your loss you have taught again the simple lesson of all our lives. How precious and fragile our time is on this planet. How each day should be lived as a gift never taken for granted with each moment enjoyed. I know that you would want those you have left behind happiness, to remember you with fond memories and that you are not forgot, but celebrated as a testament to life.

~

David Crone,

London, UK

David Crone - October 14, 2003 at 12:00 AM

AD

Alex, what can I say about such a great guy? I knew Alex for 5 years I met him on the baseball team and I knew he was a great guy in high school. Then Alex told me that he was going to go to St. Cloud State and I was excited to know that I would have another friend at College. Alex came up and we didn't really hang out at first then he called me up and wanted to play catch. After that day we were always hanging out. He came with many times to go buy movies, and every night we had a movie night. Just hanging out in my room, eating Pizza and having a great time. Alex and I were always hanging out. I introduced him to some friends I had and Alex just being who he was fit in perfectly, and my friends accepted him just like they did me. To his Parents: you did an excellent job bringing him up into the man he was. He was a brother to me and an answer to prayer, thank you for sharing him with us.
Alex from us at St. Cloud we will miss you...

~

Aaron Dowzak,

Minneapolis, Minnesota

Contact Me

Aaron Dowzak - October 14, 2003 at 12:00 AM

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Alex, your bright smile is terrribly missed by many people. Thank you so much for being such an important part of Ali's life. Thank you for the love and kindness you showed her. I enjoyed your presence in our home and loved that you were a Twins fan, even when they were not doing well! (I wish you would have given them a little boost during the playoffs!) As we all try to live with our sadness, know that you will not be forgotten. You truly were a most wonderful person and made so many people happy with your presence and smile. Keep smiling down on those who loved you so much. I know you are in God's hands and jumping in to take on the new jobs he has planned for you. Help guide everyone who loved you as they try to carry on with their lives.

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Mitzi Pickens,

Mpls, Minnesota

Contact Me

Mitzi Pickens - October 14, 2003 at 12:00 AM

JE

Alex,
although i didn't know you very well, you always seemed to be happy and make the other people around you very happy too. when i would talk to you when i was at The pickens house or a school dance you would always make me laugh, and it looked like you were always having a good time. i also know how much of an impact you have had on peoples lives who knew you, and they all loved you very much. every one will miss you very much!

~

Jami Erickson,

Minneapolis, Minnesota

Jami Erickson - October 13, 2003 at 12:00 AM

MC

to the Marah family,
All of my thoughts (when i'm not thinking about school) are with you all. Hoping and praying that you make it through this tragidy. I will always be here for anything that you need, if you wanna go to a movie graham, we'll go, but you're still paying for yourself haha, Shelby if you need somebody to pick on, you've always done that to me anyways so i guess you still can. Deb and Greg, always remember that people never really die, as long as you have memories of them in your heart, they live on forever.
To Alex,
You will be missed by everybody so so much, Kip is making me pitch this season, so help me out. it is really tough without you here. whenever friends of mine are here, or of nicks, and we are in the basement, it will never be the same without you there....or the wrestling matches...i will always remember wrestling you in Mr Braatens class and all the times everybody in the basement made me wrestle everybody, Alex you're always on my mind and i'll always remember you, North High baseball is going to win at least one game just for you.
Love,
Matt Clarity (and family)

~

Matt Clarity,

Minneapolis, Minnesota

Matt Clarity - October 13, 2003 at 12:00 AM

DM

Alley,

Oh, honey, i am so lost without you. I just feel so empty inside. I don't know how to do this, Bud.

I've been trying to pick out my favorite memory of you, and I can't...there are just too many! Finding out I was finally pregnant with you after waiting so long was such a joyous occasion...and then the day you were born...WOW! i remember saying to your dad, why isn't this on national news?? You brought so much joy to my life from that very moment you were born. You were the best baby! Your dad and I have never gotten a better Christmas gift than you, hon. Oh, and the day you started kingergarten...you were so excited and so brave. I was a nervous wreck!! I drove to the school to peek in the classroom to make sure you got there safely and then drove back again and hid up in the library window to make sure you got on the right bus home...then hurried home to watch the happiest little boy get off the bus and tell us all about his first day. You loved school...and made friends so easily. I remember when the reading bug hit you in 2nd grade...and from then on you always had a book going. Then you discovered legos... some of your biggest smiles were from receiving a new lego set for Christmas or your birthday! And how excited you were when your brother and sister were born...you truly were a special brother. You were not only Graham and Shelby's brother, you were their best friend as well. Our family times were so much fun... oh, the laughter! I can hear you now. Our dinner table laughs were the best...forget about manners...we had FUN! The friends you gathered along your way were all wonderful...I realized early on that I never had to worry about you choosing the wrong friends. You knew the true meaning of friendship from an early age. I have always been so proud of that. Joey, Ian E, Ian F, Zach, Matthias, Ann, Emily, Jason, Laura, Gwynneth...they've all been special friends. And then there's Nick and Ali... I can't tell you how much i love those two and how grateful I am that they were both in your life. And to see the pride in your face when you talked about them both..awesome!

You were always there for me, Alley...always! Through some pretty rough times, too. You were so understanding when your dad and I

divorced...thank you for that. And thank you for taking charge when we moved and making it a positive experience for all of us...I have such happy memories of our year here in St. Anthony, when they could have been sad times. Our first time we sat down to dinner....the four of us...i thought it was going to be so sad...but you made us all laugh and I can never thank you enough for that. For our family swim times, bocce ball, music, computer cartoons...I thank you, honey, for making everything special and fun. Thank you for just laying with me and talking for hours. Thank you for making Tim feel so welcomed. Thank you for applauding every pound I lost. I have always felt super close to you, but never more so than this past year. Thank you for ALL the memories.
Ok, I think my best memories are the times your smile has shown the brightest...you could get so excited about things...the days your brother and sister were born,your first day of school, your first airplane ride, Disneyworld, the day Laura and Tom gave you your car, the day you came home and told me you had a girlfriend, your graduation, and going off to college...these are all things that stick out in my mind as bringing on the biggest smile from you. There are a zillion more...thank you for every memory and every smile...i love you, babykins...the mostest everything.
Forever, Mom

~

Deb Marah,

St. Anthony, Minnesota

Contact Me

Deb Marah - October 13, 2003 at 12:00 AM

BH

Alex,
I definately miss your smile and laugh... Thanks for all the games.... cards, monopoly, Scotland Yard at the cabin, lots of kickball in the backyard.... GREAT memories that I know I could never forget! I'm so blessed to have gotten to be your cousin... We had lots of laughs and I am so greatful for all those times... Love ya, miss ya and can't wait to see you again...

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Beth Helgeson,

Spicer, Minnesota

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Love,
Matt Clarity (and family)

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Matt Clarity,

Minneapolis, Minnesota

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Jami Erickson,

Minneapolis, Minnesota

Jami Erickson - October 13, 2003 at 12:00 AM

RD

Dear Alex,I didn't know you well, but I know that you were a good kid. You were always respectful and personable, when so many kids aren't at that age. The first summer I met you, your mom brought you and your brother to visit us in Colorado. I remember taking you and Graham to the top of Mount Evans. I told you it would be cold at that altitude. You wore shorts anyway. You just gritted your teeth and grinned through the goosebumps. I remember how excited you and Graham, you city boys, were to see an elk up close as it browsed on an aspen tree by the road as we came back down the mountain. I only saw you a few times after that, when we visited your grandparents in Minnesota and your family would come up to join us there. You always seemed genuinely happy to visit with us older folks. Even if it wasn't what you would have chosen to do, you weren't one to mope.Alex, your mom is having a hard time getting through this. She misses you so terribly. Please do what you can to help her through each day and to ease her grief. Your brother and sister, your dad, your aunts, uncles, cousins, friends--everyone feels the loss. It is so hard to understand why sometimes the best and brightest are taken from us at such a young age.Deb, Graham and Shelby,There are no words to express my sorrow for your loss. I have been struggling for weeks to find some. All I can say is please, if there is anything I can do to help, please let me know.

~

Roxanne DelAngel,

Lakewood, Colorado

Roxanne DelAngel - October 12, 2003 at 12:00 AM

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MA

Alex,
When I visited MN this past September, I was a bit nervous. I thought I was going to feel kind of out of place not knowing anyone. You made me feel so welcome. You were truly wonderful to me and I had a great time hanging out with you and your family. The world is at a loss without you Alex. You were one of the most selfless, loving, and caring people I've ever known: as a brother, as a son, and as a friend. I am privileged to have met you. But I think we can all live in comfort with the fact that we'll "be with you again someday in Heaven."
- Going Home(Alex's Song)

Matt Adler

~

Matt Adler,

San Antonio, Texas

Contact Me

Matt Adler - October 11, 2003 at 12:00 AM

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Matt Adler,

San Antonio, Texas

Contact Me

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CC

Alex I'm so glad my daughters got to know you. You were always happy and smiling. We are all going to miss you at the house with the rest of gang. My heart goes out to your family. Until we meet again...

~

Cindy Clifford,

Mpls, Minnesota

Cindy Clifford - October 10, 2003 at 12:00 AM

BH

Dear Allie,
I stopped by North High School on Wednesday to see Ms. Halcomb. No wonder you loved it there. Such caring teachers and it was very evident that they felt the same way
about you. I know now why you picked that school to attend. You were such a positive and upbeat guy,
Allie, and made your mark in all the
schools you attended. What lovely
tributes have been given you. We
knew all the time you were very, very special and had so much to offer the world. I don't know why
God chose to take you from us but we
must rely on our faith that one day
we will see you again - face to face
in heaven. Until then, sweetheart,
remember how much we all love you and miss you. Gramma

~

beverly helgeson,

Willmar, Minnesota

beverly helgeson - October 10, 2003 at 12:00 AM

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~

Cindy Clifford,

Mpls, Minnesota

Cindy Clifford - October 10, 2003 at 12:00 AM

AW

Alex,

I remember you and Graham growing up on Tyler St, playing football and baseball. And I would always watch you guys. You were the cool older kid who was like my older brother. Tristan and I looked up to you. Finally, after almost all the kids were gone on the block, you came to Tristan and me to play with. We were glad, me especially. I couldn't wait for you to call me up to hang out. I remember us playing two hand touch in the streets, you would always teach me something. I remember when you would babysit us, I would get excited because I've always looked up to you. I remember falling asleep with my brother and me laying on you, and you'd be fine. You always thought of something else we could do, like when we marched around the house with our toy guns. Alex you made it exciting for us, and those fun times may not be as happy and not mean as much to you, but for me it meant a lot. I will miss you, you were smart, fun, and always happy. But most of all, my friend and older brother.

~

Adrian Waters,

Minneapolis, Minnesota

Adrian Waters - October 08, 2003 at 12:00 AM

BH

Dear Alex,
God must have needed you for a very special mission in heaven. Our hearts are so heavy and will be for
eternity. We miss you so very much.
I can't pick up the phone and call
you any more so this is my only way to communicate with you except through prayer which we have done each and every day. Grandpa and I
talk about you all the time and what
a blessing you were in our lives. We
were so lucky to have had you with us for 18 years. You were a shining
example to everyone who had the privilege to know and meet you. Such love you had for others! I love you, Alex, and miss you with all my heart and being. I pray that
our family will heal from this shock of losing you. Hugs, Gramma

~

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Willmar, Minnesota

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were so lucky to have had you with us for 18 years. You were a shining
example to everyone who had the privilege to know and meet you. Such love you had for others! I love you, Alex, and miss you with all my heart and being. I pray that
our family will heal from this shock of losing you. Hugs, Gramma

~

Beverly Helgeson,

Willmar, Minnesota

Beverly Helgeson - October 08, 2003 at 12:00 AM

AW

Alex,

I remember you and Graham growing up on Tyler St, playing football and baseball. And I would always watch you guys. You were the cool older kid who was like my older brother. Tristan and I looked up to you. Finally, after almost all the kids were gone on the block, you came to Tristan and me to play with. We were glad, me especially. I couldn't wait for you to call me up to hang out. I remember us playing two hand touch in the streets, you would always teach me something. I remember when you would babysit us, I would get excited because I've always looked up to you. I remember falling asleep with my brother and me laying on you, and you'd be fine. You always thought of something else we could do, like when we marched around the house with our toy guns. Alex you made it exciting for us, and those fun times may not be as happy and not mean as much to you, but for me it meant a lot. I will miss you, you were smart, fun, and always happy. But most of all, my friend and older brother.

~

Adrian Waters,

Minneapolis, Minnesota

Adrian Waters - October 08, 2003 at 12:00 AM

AF

alex , family and ali
*I wish you could be here now. i miss you so much your family and friends also Ali are in so much pain. I'm gonna miss you picking on me every chance you had to in the hall ways or at nicks or when it was just us hanging out and talking. I relize that Ali never really liked me because we were friends but you were right shes wonderful. You guys were perfect for eachother now that i think about it i know noone who fit together as well as the two of you. Im going to miss your hugs and your great smile that used to brighten everyone of my days. The thing i will always remember is the time when you completely rescued me from zeke(inside joke) i never got to thank you for that so now im saying thank you for that and everything youve done for me. *****I love and miss you so much****

~

Amy Ford,

mpls, Minnesota

Contact Me

Amy Ford - October 07, 2003 at 12:00 AM

DM

My Precious Son,

oh, honey....i am missing you so very, very much. i just can't make sense of this! you were my rock...why did God take you away from me???? why didn't he take me instead???? i can't describe the pain to you. i know that you know how much i love you...the mostest everything, right? and i always will. you made me so proud, alex...it was a joy to be your mom. i was telling someone today how lucky i was... how every time i got you to myself i felt sooooo special, even if it was just driving to Kinko's to make copies! we could talk about anything...i loved that! i loved your humor, your compassion, your drive (no, not your driving!), your sense of family and that winning smile that got me every time! i'm so sorry for the times i got upset at you...the past few months probably held our biggest spats. i now know the things i was upset about really didn't matter in the grand scheme of things...that you would always accomplish things your way. please forgive me for being the nagging mom. and i'm kinda sorry for making you a "mama's boy", but then i'm kinda not...you know what i mean. ohhh, and you know what i said about accomplishing things your way?? well, i don't like that this is the way you got ali and me lovin' each other...but it did work! and you were right, honey, she is a great person. she's been a true comfort to me. i love all your friends, baby. you've always been a great judge of character. i think i just had a hard time sharing you!

well, bud, i need your help in getting through this. i know you're with me...i feel you. (oh, and everyone says thanks for the great weather!) i promise to do my best with graham and shelbs...they've been so blessed to have you in their lives. please, help them and your dad through this, as well. help us all to carry on your kindness and goodness. your "love of life" has inspired us all. thank you for every moment.

love you forever, mom.

~

Deb Marah,

St. Anthony, Minnesota

Contact Me

Deb Marah - October 07, 2003 at 12:00 AM

KP

Alex , or Stephen, as my dad mentioned at the funeral, will be deeply missed. I will never forget him coming up to me at Ali's open house. He was so excited because my dad actually called him Alex instead of Stephen. It was so funny because my dad and others in my family refered to Alex as Stephen so much that Alex actually answered to the name. It was kind of like an inside joke that worked so well mainly because Alex would respond , without hesitaion, to Stephen. His sense of humor was fantastic. Something I will always remember about him.

~

Kristi Pickens,

St. Louis Park, Minnesota

Kristi Pickens - October 07, 2003 at 12:00 AM

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oh, honey....i am missing you so very, very much. i just can't make sense of this! you were my rock...why did God take you away from me???? why didn't he take me instead???? i can't describe the pain to you. i know that you know how much i love you...the mostest everything, right? and i always will. you made me so proud, alex...it was a joy to be your mom. i was telling someone today how lucky i was... how every time i got you to myself i felt sooooo special, even if it was just driving to Kinko's to make copies! we could talk about anything...i loved that! i loved your humor, your compassion, your drive (no, not your driving!), your sense of family and that winning smile that got me every time! i'm so sorry for the times i got upset at you...the past few months probably held our biggest spats. i now know the things i was upset about really didn't matter in the grand scheme of things...that you would always accomplish things your way. please forgive me for being the nagging mom. and i'm kinda sorry for making you a "mama's boy", but then i'm kinda not...you know what i mean. ohhh, and you know what i said about accomplishing things your way?? well, i don't like that this is the way you got ali and me lovin' each other...but it did work! and you were right, honey, she is a great person. she's been a true comfort to me. i love all your friends, baby. you've always been a great judge of character. i think i just had a hard time sharing you!

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love you forever, mom.

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mpls, Minnesota

Contact Me

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~

Kristi Pickens,

St. Louis Park, Minnesota

Kristi Pickens - October 07, 2003 at 12:00 AM

TA

Alex: I am very proud to have known you; you have left an impression on me and on everyone you touched that is amazing! And I only first met you in February of this year! You leave a legacy that belies your short 18 years. I learned so much from you; your joyous outlook on life made me appreciate life soooo much more. I can never thank you enough for your friendship and kindness. I am a better person for having known you. Your Mom, Dad and their wonderful families laid the foundation for your awesome character, and you made them all proud. I'm sure you are making all the angels in Heaven laugh just like you made all of us laugh. I will remember you forever.

~

Tim Adler,

San Antonio, Texas

Contact Me

Tim Adler - October 06, 2003 at 12:00 AM

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~

Tim Adler,

San Antonio, Texas

Contact Me

Tim Adler - October 06, 2003 at 12:00 AM

YJ

Wow - Al, where do I even begin? It's been a crazy ride these past two years. Between seeing you practically every weekend with Ali in your arms - to talking to you online about American Idol - you were, are and always will be one of the sweetest guys I could ever have met. You have no idea how lucky I feel to have had you in my life. Monday afternoon when I talked to you and you told me that you missed arguing with me about Clay and Ruben I just felt so happy inside - because nothing made me happier than to see you get so worked up about it! You're smile is something that I will never forget - you could brighten up even the darkest day. Alex, thank you for making Ali so happy for so long - I remember sitting with her online for hours when she'd talk about how much she loved you and how much you meant to her - then there were all the notes passed thoughout the school day telling me of every little fight and every time you'd make her heart melt. Seeing the two of you together with so much love between you, made each one of your STA girls happy to be in your presence. I wish I could have been home to say goodbye to you but as you said I "had to be at this All-Girls' school far from home." We'll see you soon buddy - and until then you'll be our angel forever. We all love you and miss you so much. Take care of us and help Ali get through this - we're doing what we can to make it a little easier.... I know you'll never leave us so I'm not saying goodbye. Love you Al, this rain's for you Mr. Meteorology!

~

Yamini Jha,

St. Anthony, Minnesota

Contact Me

Yamini Jha - October 04, 2003 at 12:00 AM

ST

Debbie, Greg, Graham, and Shelby,
I have been thinking of you these past days. I am so sorry for your loss of Alex. I feel that I have gotten to know him a bit through the wonderful tributes in the guestbook. Keeping you in my thoughts and prayer. . .
Suzie Thomas

~

Suzie Thomas,

Billings, Montana

Contact Me

Suzie Thomas - October 04, 2003 at 12:00 AM

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~

Yamini Jha,

St. Anthony, Minnesota

Contact Me

Yamini Jha - October 04, 2003 at 12:00 AM

JH

Alex, Axle, Axle J Wattson, Big Al, Ax! I'm sure glad we got to make as many wonderful memories as we did. looking back over all the times my family drove to visit yours and yours mine i can just smile and think of the baseball, wrestling, tubing, videogames, biking down grammas n grampas hill, and so many great memories. i sure wish we could have had more, but i cannot be thankful enough for the things we did get done. you will always be in my thoughts, and everytime i laugh about the time your dad fell in the lake, you'll be right there with me laughing! ill miss you ax! love your cousin jake

~

Jake Helgeson,

Spicer, Minnesota

Jake Helgeson - October 03, 2003 at 12:00 AM

JH

Alex, Axle, Axle J Wattson, Big Al, Ax! I'm sure glad we got to make as many wonderful memories as we did. looking back over all the times my family drove to visit yours and yours mine i can just smile and think of the baseball, wrestling, tubing, videogames, biking down grammas n grampas hill, and so many great memories. i sure wish we could have had more, but i cannot be thankful enough for the things we did get done. you will always be in my thoughts, and everytime i laugh about the time your dad fell in the lake, you'll be right there with me laughing! ill miss you ax! love your cousin jake

~

Jake Helgeson,

Spicer, Minnesota

Jake Helgeson - October 03, 2003 at 12:00 AM

KS

Debbie, Greg, Graham, and Shelby:

Our hearts go out to you and all of our extended family! Please know you will continue to be in our prayers, and that our thoughts are with you. May God's comfort and peace be with you all during this time.

Love, (cousin)Karin --and John Shovic

~

Karin (Thomas) Shovic,

Fountain Hills, Arizona

Contact Me

Karin (Thomas) Shovic - October 02, 2003 at 12:00 AM

EL

This is for my very sweet and loving nephew Alex! Oh honey you are so missed!! When you were little I would call you little Al and you would call me big Al...cuz my middle name is Alice and as you grew soooooo very tall I called you Big Al and I became little Al..this I shall never forget as our own little specialness between the two of us. You are without a doubt so very loved by your whole family and I have been in awe of your friends..so young but so caring and they have shown such strength over the past week or so..such wonderful friends you have had Alex, not that that surprises me!! Hugs and kisses to you sweetie..Love, Auntie Leenie

~

Eileen Laib,

Lakewood, Colorado

Contact Me

Eileen Laib - October 02, 2003 at 12:00 AM

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Debbie, Greg, Graham, and Shelby:

Our hearts go out to you and all of our extended family! Please know you will continue to be in our prayers, and that our thoughts are with you. May God's comfort and peace be with you all during this time.

Love, (cousin)Karin --and John Shovic

~

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Contact Me

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~

Eileen Laib,

Lakewood, Colorado

Contact Me

Eileen Laib - October 02, 2003 at 12:00 AM

JA

The words are hard to come by, Alex we have known you and your family since you and my son Joey were in tiny tots. You were both such little guys and every year we watched you both grow the memory of tiny tots was always fresh in Deb and my hearts. You were just like my own, we watched you grow and we are truely saddened by your loss.
We will think about you always and pray for you and your family. You and your family will always be a special part of our lives and we thank you for all the good times our two families shared together. Deb Greg Graham and Shelby, you are very special people and we love you and will be there for you always. There is nothing anyone can say to ease such horrific pain but just know that our love and thoughts and prayers are with you forever.
Jackie, Joey and David

~

Jackie,

Mpls, Minnesota

Jackie - October 01, 2003 at 12:00 AM

BH

My dear Alex,
You were my gentle, caring and kind
grandson of whom I was sooo proud!
You always loved and were excited
about everything - big or small - it
interested you. You had a thirst for knowledge that got you into the National Honor Society. You were friend to all, barring none. I am so sorry, Alex, that our trip to
New York over Christmas break never
materialized. We would have had a
great time together, you, Graham and
I. I love you and you will remain
in my heart always. Until we meet
again, my precious one, may God hold
you close. Your loving Grandma
P.S. I guess it's your other Grandma's turn to enjoy your great smile for a while. We know you are
in good hands.

~

Bev Helgeson,

Willmar, Minnesota

Bev Helgeson - October 01, 2003 at 12:00 AM

CB

Dear Greg and Family - I was shocked and saddened to hear of the death of your son Alex. May it comfort you to know that many of us at the U hold you in our thoughts and prayers. With love and peace- Carol

~

Carol Bjorklund,

Minnetonka, Minnesota

Carol Bjorklund - October 01, 2003 at 12:00 AM

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We will think about you always and pray for you and your family. You and your family will always be a special part of our lives and we thank you for all the good times our two families shared together. Deb Greg Graham and Shelby, you are very special people and we love you and will be there for you always. There is nothing anyone can say to ease such horrific pain but just know that our love and thoughts and prayers are with you forever.
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P.S. I guess it's your other Grandma's turn to enjoy your great smile for a while. We know you are
in good hands.

~

Bev Helgeson,

Willmar, Minnesota

Bev Helgeson - October 01, 2003 at 12:00 AM

MT

Greg and Family,
My heart absolutely aches for all of you. I have such great memories of Alex running around the Student Center and was amazed at how fast he was growing up and always enjoyed hearing about his latest sports activity. I cannot imagine what you are going through and just wanted to let you know that my heart grieves for all of you and though no words can take away your pain, I'm thinking and praying for you today and always. Take care, Maggie & Family

~

Maggie Towle,

St. Paul, Minnesota

Maggie Towle - September 29, 2003 at 12:00 AM

SM

Wow, when I heard about this, it hit me like a ton of bricks. My heart goes out to your family in this time of rememberance. Im going to miss you Alex. All of the good times we had just sitting outside at lunch, laughing and joking, and playing crazy games. From playing baseball with you for 3 years, even though we weren't that great, we always had fun. I know your up in heaven now watching us and helping to keep us safe. Rest In Peace Brother. Sincerly Your Friend Shawn

~

Shawn Manley,

Minneapolis, Minnesota

Contact Me

Shawn Manley - September 29, 2003 at 12:00 AM

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Wow, when I heard about this, it hit me like a ton of bricks. My heart goes out to your family in this time of rememberance. Im going to miss you Alex. All of the good times we had just sitting outside at lunch, laughing and joking, and playing crazy games. From playing baseball with you for 3 years, even though we weren't that great, we always had fun. I know your up in heaven now watching us and helping to keep us safe. Rest In Peace Brother. Sincerly Your Friend Shawn

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~

Maggie Towle,

St. Paul, Minnesota

Maggie Towle - September 29, 2003 at 12:00 AM

EC

Alex, we miss you so much, whether we knew you like a brother, or just an acquaintance. You will forever remain in our hearts. The memories shared, and the most genuine smile one could ever see, will always be remembered.
Dear family and close friends, my sympathy toward you cannot be expressed through words. Remember that you will see Alex another day in heaven and the wait will all be worth while. He is watching over all of us now, and is happier than ever in God's hands. Stay strong, you'll be in our prayers.

Love Emily Clifford (Ann's sister)

~

Emily Clifford,

Minneapolis, Minnesota

Emily Clifford - September 29, 2003 at 12:00 AM

CN

Hey Alex,
Man, so much to say and so little room in this guestbook. You were my brother, my confidant, my partner in crime, and now you are my angel! I can't believe that this would happen so suddenly to a guy that had so much going for him. Heck, I saw you two days before you past, and now I won't be able to look foward to you stopping by my job to harass me, or even by my house to bless me with your bright smile that could light up any room. I would almost say it was a mistake that the lord took you into his hands, but I know he was really just missing an angel in heaven (boy, your going to give him a run for his money!) Honestly though, you were one of the most genuine, intelligent, kindest and caring individuals I have ever met, I am really going to miss all of the magnificent qualities you had that affected anyone you ever met. Remember all of the good times in Braatens, Frescos, or even in Buszta's class? Or even the chillie-cheese burritos, or the numerous hours we spent in the hallways during, before, and after school, or the time we had at nicks and your house? I will never forget all of those wonderful memories. I just wish you were here so I could hit you in the arm, and you poking me in my side, followed by the warm bear hugs you always used to give me. Even though you are not here physically, I know you are here spiritually, and don't think that is going to stop me from telling you everything like I used to :) (and soon I will tell it all to you in spanish...hehehe)I will always miss you, and we will meet again, trust me! Hope you are having fun giving us all of this rain! I know you are not only going to be able to look and examine the weather, you are probably making it, just don't make the winters too bad :) Take care up in heaven, and please continue to look down upon all of us that love you so much, you will forever be in my heart and mind!

To the Family, Debbie, Greg, Thank you so much for bringing such a wonderful man into this world, He had the biggest impact on us all and I know he still will! Graham and Shelby, you both are so wonderful, I know it will be hard not having Alex with you, but if you ever need anything, don't be afraid to ask! I will be here for you all

always....

R.I.P Alex, I will love you always:)
Your Partner in Crime and Friend,
~Christina J. Norton

~

Christina Norton,

Minneapolis, Minnesota

Contact Me

Christina Norton - September 29, 2003 at 12:00 AM

AW

Our deepest condolenances to the Marah family and friends. I did not know Alex well, only through my close friend Ali Pickens. I am deeply sadden by your loss. Alex, please watch over your family, and wrap your arms around Ali, she need you too. Blessing to all of you.

Amanda and Donna West

~

Amanda West,

Minneapolis, Minnesota

Contact Me

Amanda West - September 29, 2003 at 12:00 AM

RB

Alex,

I know I haven't seen you since you were just a little guy, but Uncle Walt had kept me posted on how you were growing up into a fine young man. It seems so unfair for you to be taken with so much of your life left to live.

Greg and Deb, I really don't know what to say...words can't begin to express my sorrow for your loss. May God be with you all. You'll be in my thoughts and prayers.

Love,

Cousin Bob

~

Robert Ball,

St. Louis Park, Minnesota

Robert Ball - September 29, 2003 at 12:00 AM

AP

What can I say about Alex other than the fact that he was the best guy I have ever know? Well besides being the best guy, he was the best boyfriend. He and I were pretty much engaged... after dating eachother for two years we both knew that only this would seperate us. He was president of NHS, a Varsity baseball player, varsity foodball player, student at SCSU, and worked at Audubon Park. Alex had a smile that would like up the darkest room, and brighten the saddest heart. He loved life, it is so sad to see his end so early. A lot of people were touched deeply by his life. I made sure that everyone was always alright, and always tried to stop people's arguments by being the peace-maker. At times this didn't make him very popular, but in the end we all thanked him.

He always made me know how much he loved me. The hugs he gave me were the tightest I have ever felt, and his kisses were always meaningful. We would often just lay down and listen to the beating of each other's hearts, and it was one of my favorite sounds in the world... a sound that I will never be able to hear again.

Alex Marah, I love you with all my being, and I can't wait to be with you again someday. Have fun in Heaven, and keep sending the rain. You will never be forgotten. I love you sooo much!

~

Ali Pickens,

Mpls. and Madrid, Minnesota

Contact Me

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AW

Our deepest condolenances to the Marah family and friends. I did not know Alex well, only through my close friend Ali Pickens. I am deeply sadden by your loss. Alex, please watch over your family, and wrap your arms around Ali, she need you too. Blessing to all of you.

Amanda and Donna West

~

Amanda West,

Minneapolis, Minnesota

Contact Me

Amanda West - September 29, 2003 at 12:00 AM

CN

Hey Alex,
Man, so much to say and so little room in this guestbook. You were my brother, my confidant, my partner in crime, and now you are my angel! I can't believe that this would happen so suddenly to a guy that had so much going for him. Heck, I saw you two days before you past, and now I won't be able to look foward to you stopping by my job to harass me, or even by my house to bless me with your bright smile that could light up any room. I would almost say it was a mistake that the lord took you into his hands, but I know he was really just missing an angel in heaven (boy, your going to give him a run for his money!) Honestly though, you were one of the most genuine, intelligent, kindest and caring individuals I have ever met, I am really going to miss all of the magnificent qualities you had that affected anyone you ever met. Remember all of the good times in Braatens, Frescos, or even in Buszta's class? Or even the chillie-cheese burritos, or the numerous hours we spent in the hallways during, before, and after school, or the time we had at nicks and your house? I will never forget all of those wonderful memories. I just wish you were here so I could hit you in the arm, and you poking me in my side, followed by the warm bear hugs you always used to give me. Even though you are not here physically, I know you are here spiritually, and don't think that is going to stop me from telling you everything like I used to :) (and soon I will tell it all to you in spanish...hehehe)I will always miss you, and we will meet again, trust me! Hope you are having fun giving us all of this rain! I know you are not only going to be able to look and examine the weather, you are probably making it, just don't make the winters too bad :) Take care up in heaven, and please continue to look down upon all of us that love you so much, you will forever be in my heart and mind!

To the Family, Debbie, Greg, Thank you so much for bringing such a wonderful man into this world, He had the biggest impact on us all and I know he still will! Graham and Shelby, you both are so wonderful, I know it will be hard not having Alex with you, but if you ever need anything, don't be afraid to ask! I will be here for you all

always....

R.I.P Alex, I will love you always:)
Your Partner in Crime and Friend,
~Christina J. Norton

~

Christina Norton,

Minneapolis, Minnesota

Contact Me

Christina Norton - September 29, 2003 at 12:00 AM

EC

Alex, we miss you so much, whether we knew you like a brother, or just an acquaintance. You will forever remain in our hearts. The memories shared, and the most genuine smile one could ever see, will always be remembered.
Dear family and close friends, my sympathy toward you cannot be expressed through words. Remember that you will see Alex another day in heaven and the wait will all be worth while. He is watching over all of us now, and is happier than ever in God's hands. Stay strong, you'll be in our prayers.

Love Emily Clifford (Ann's sister)

~

Emily Clifford,

Minneapolis, Minnesota

Emily Clifford - September 29, 2003 at 12:00 AM

SP

I knew Alex for a short time, but I'm glad to have had that experience. I will always remeber him and Aaron watching the twins and me complaining about baseball but still sitting there and watching it anyways. I'll remeber friday before when we dragged him along to the gardens with us. He enjoyed himself. I will never forget our movie nights, everynight, no matter what time. Most of all I will remeber the first time I met him, he joked with me and was completely comfortable. We had lunch with Aaron and it was fun. Bye Alex

~

Sarah Pflipsen,

St Cloud, Minnesota

Contact Me

Sarah Pflipsen - September 27, 2003 at 12:00 AM

EL

Alex,
Hey buddy, you have brought so much love into my life. I don't think you knew how much your friendship ment to me. I would be writing forever if I tried to fit all the memories in here but i won't ever forget the trips down that one hill in your car, or your three string bass, or the nights we would stay up talking about baseball and the latest band, you will always be my dashboard buddy, and of course I will always call you, I just gotta figuer out my long distance plan...
May angels lead you in, hear you me my friend, on sleepless roads the sleepless go, may angels lead you in.

~

Emily Lynch,

Mpls, Minnesota

Emily Lynch - September 27, 2003 at 12:00 AM

EP

Alex-
Its been a blessing to have known you for these past 2 years. You've brought so much joy to my sisters life and I can never thank you enough for that. It's gonna be weird not having you at my house all the time, but I know you'll be here in spirit. You brought so much joy and happiness to everyone around you, always laughing and having a smile on your face. Even though I never told you, you were like a big brother to me, and I love you. So keep smiling down on us from heaven, and help my sister get through this. Remember that you are loved by so many and we will never forget you :)

Love,
Riki

~

Erika Pickens,

Minneapolis, Minnesota

Erika Pickens - September 27, 2003 at 12:00 AM

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Love,
Riki

~

Erika Pickens,

Minneapolis, Minnesota

Erika Pickens - September 27, 2003 at 12:00 AM

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May angels lead you in, hear you me my friend, on sleepless roads the sleepless go, may angels lead you in.

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Emily Lynch,

Mpls, Minnesota

Emily Lynch - September 27, 2003 at 12:00 AM

FW

God bless, you'll be missed. We're so glad that you shared your time with us in the SENIOR RBI League for the past two years.

~

Frank White,

St. Paul, Minnesota

Frank White - September 26, 2003 at 12:00 AM

EH

Alex, I wasn't really a close friend of yours but I was a close friend of Ali's. I remember my junior prom, Gwyeneth and I double dated with you and Ali to the Mall of America for dinner. You were a great guy and will be missed.

~

Eric Hanson,

St Anthony, Minnesota

Eric Hanson - September 26, 2003 at 12:00 AM

AW

Alex, I am going to miss the times we got a chance to speak in the hall and class. I always looked up to you because you were a leader and very smart. I will miss all the fun we had in class with Jason, Chris, and Nick. I now know you are in god hands and in a better place.
I will always miss you.

your friend, Andre Walker

~

Andre Walker,

Columbia Heights, Minnesota

Andre Walker - September 26, 2003 at 12:00 AM

LD

My condolences goes to everyone in the Marah family. Alex was a very nice and humble person. I'm going to miss Alex very much. I remember when we use to always talk about the yankees and the twins. (The Yankees are better though) Well to make a long story short, I'm going to Miss you Alex. (R.I.P.)

Lonnie

~

Lionel Dunbar,

Minneapolis, Minnesota

Lionel Dunbar - September 26, 2003 at 12:00 AM

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~

Frank White,

St. Paul, Minnesota

Frank White - September 26, 2003 at 12:00 AM

PW

Alex you were always there on the bus for me when i was having troubles with people you were such a great listener. Love ya lots
Patricia
C/O 2002

~

Patricia Winters,

Minneapolis, Minnesota

Contact Me

Patricia Winters - September 25, 2003 at 12:00 AM

CH

Dear Alex & Family,
I pray for your family as you go through this sad time. I was in his A+ Class (Computer relted) last year at North High School... he was a great person to be around even if I didn't know him very much I'm still impacted on his sudden death. I wish we didn't have to deal with death, it's just so sad. I know your in a better place.. God has a plan for you Alex even though it wasn't here. If there is anyone current or former students at North High School that would like to have a prayer service or something like that e-mail me at ThyMrrrrysterys@aol.com, or call me (Cell: 612-868-3457) please leave a message if I'm not there. God bless...
Christopher Hoff "05" but will always keep "03" close.

~

Christopher Hoff,

Minneapolis, Minnesota

Contact Me

Christopher Hoff - September 25, 2003 at 12:00 AM

AC

hey alex-
i dont know why ive decided to write in this guestbook, i guess i just need to write. ill never forget high school,jounior year expecially...you, me and nick were inceperable..i swear we were joined at the hip. all the trips to tcb, that blinking booking football, el schorcho, that time when nick was chasing graham with the pop bottles and it was in slow motion, good times. also all those lunch periods where you and nick beat me up all the time..that was the best! remember how bad you were at battle ship...but how good you were at jippis pool, we used to play online all the time. all the memories at the park, playing catch in the setting sun and when you got the new tv and pool table. and even the time up at your cabin and that drive to 'sconsin where we were all packed into the escort. also the time you first told me about jimmy, and how excited we were when we found out they were coming here. i also remember sitting on that really uncomfterble exercise bike watching you burn cds and showing us new things online. then when we all helped you move into your apartment and me and ali were in charge of putting the table and chairs together. also when we went to ground round and you ate the shrimp at little fast...anyone ever see dr. gonzo after some red salmon and mescline, it was like that. haha, you remember when kamron would always ask us if we went out? that was pretty funny, ohh and that time you came over cuz you had just gotten the lamanze. im so greaful to you for always being there for me, i remember how lost i would be with out you on the bus..and then to sit outside frescos room with in the morning. there are sooooooo many more awesome memories that i have with you...you know what they are tho, you were there. you are, and always will be in all my memories of high school life. you are my best friend and ill never forget you..no one will. hope your enjoying heaven, babe ruth give you any pointers yet? love you alex.

~

Ann Clifford,

Minneapolis, Minnesota

Ann Clifford - September 25, 2003 at 12:00 AM

NB

Alex, I always looked up to you, and I will always miss your enthusiasm, leadership, and character.

~

Nathaniel Brandt,

Minneapolis, Minnesota

Nathaniel Brandt - September 25, 2003 at 12:00 AM

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Christopher Hoff "05" but will always keep "03" close.

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Contact Me

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Contact Me

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RE

I didn't know Alex, but I wanted to express my deepest sympathy to his family. My son is the same age and is also in his first year at SCSU. I read the news and called, worrying that it could have been him.

My heart just breaks for Alex's family, so much hope and love and future, taken away in the blink of an eye. Only another parent who has lost a child can really understand the shock and pain that changes your life and your heart forever, and it makes my heart heavy to know that another family is now enduring that nightmare.

I'm so very sorry... words just seem so inadequate right now. You and your angel Alex are in my thoughts and prayers.

~

Rebecca,

Wisconsin

Rebecca - September 25, 2003 at 12:00 AM

SA

Alex,
I'm going to miss that smile that was as bright as the sun.

~

Shanika Alston,

Minneapolis, Minnesota

Shanika Alston - September 25, 2003 at 12:00 AM

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~

Rebecca,

Wisconsin

Rebecca - September 25, 2003 at 12:00 AM

MQ

Alex, it was way to early, but I know you're in a better place

~

marty quist,

mpls, Minnesota

Contact Me

marty quist - September 24, 2003 at 12:00 AM

BD

Alex, we had a lot of fun in high school. You were one of the nicest people I've ever met and it hearts my heart that you are not here. I will miss you a lot. You will always be remembered by the NHS Class of 2003.

~

Brittany Dobbins,

Minneapolis, Minnesota

Contact Me

Brittany Dobbins - September 24, 2003 at 12:00 AM

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