



Mrs. Nancy Ellen Sparano

October 5, 1963 - August 8, 2020

Sparano, Nancy Ellen (Massari) born October 5, 1963 to Barbara and James Massari in New Haven, Connecticut, passed away on August 8, 2020 after a courageous 3 1/2 year battle with brain cancer. Nancy joins her mother Barbara Massari [2017], mother-in-law Carmella Sparano [2019] and father-in-law Mario Sparano [2010] in heaven. She leaves behind to cherish her memory; husband, Mark; daughter, Evalena; son, Kaden; all of Edina MN; her father, James A. Massari; brother, James(Marie) P. Massari, both of Seymour, CT; sister, Lynne (Paul) Lesiw of Monroe, CT; sister, Cheryl (Joe) Dempsey of Oxford, CT; along with many nieces, nephews, aunts, uncles, cousins, and countless loving friends. She is also survived by many loving members of the Sparano family.

Nancy grew up in Seymour, CT and graduated in 1981 from Seymour High School. She graduated magna cum laude from the University of New Haven in 1987 with a Bachelor of Science degree in Dietetics and Nutrition. Nancy completed her Dietetic Internship at Danbury Hospital and became a Registered Dietitian in 1991. During that time, she also studied Public Health Education and received her Master of Science degree from Southern Connecticut State University. Nancy was awarded "Emerging Dietitian" from the Academy of Nutrition & Dietetics (Connecticut Chapter) in 1992. After completing her internship, she stayed on to work in the Danbury Hospital Nutrition Department until 2000.

Nancy then moved to the United Kingdom and studied Health Informatics at University College London. She repatriated to the USA in 2002 and married the love of her life, Mark. They had two children Evalena (2003) and Kaden (2005). The new family settled in New Canaan, CT. Career opportunities took the family to Sewickley, PA in 2006 and Edina, MN in 2010. Nancy was very active in her children's lives, volunteering at their schools and attending countless sporting events and dance competitions. She kept family traditions and at the same time created new memories for her family. Nancy was a communicant of

Our Lady of Grace Catholic Church in Edina, MN, serving in their faith formation and hospitality ministries.

A private Mass of Christian Burial will be held in Connecticut. Private interment at Mountain Meadows Cemetery in Seymour, CT.

Private services will also be held at Our Lady of Grace Catholic Church in Edina at a later date.

In lieu of flowers please consider donating in Nancy's memory to the Givens Brain Tumor Center c/o Abbott Northwestern Hospital, Mail Route 10105, 800 E. 28th Street, Minneapolis, MN 55407.

www.Washburn-McReavy.com

Edina Chapel 952-920-3996

Cemetery

Hillside Crematory

2610 19th Ave NE

Minneapolis, MN, 55418

Comments



“ Mark, Evalena, and Kaden—Nancy’s smile lit up rooms and other people’s faces. Her kindness made people do a double-take because she was so kind. She was a special person. One of the kindest people I knew. She helped me so much by bringing Josiah home from Normandale preschool when Daniel was first born w life-threatening food allergies and heath issues and I was struggling to figure out this new crazy norm. I was blessed to have known her, to call her friend, and to have been a recipient of her love. She was an amazing person. Her legacy is imprinted on all the lives she touched. Praying for you all in this season of great loss.

Mary March - August 26, 2020 at 10:48 PM



“ Gosh, we are so sorry to hear this. Our thoughts are with you. Please don’t hesitate to ask us to help out around your house or with Scout or in whatever way we can.
Deanna Harter and Adam Johnson

Deanna Harter - August 12, 2020 at 12:27 PM